



# Every desire I have is achievable

## **Every desire I have is achievable.**

I have big goals for my life. I am a confident and capable person. While my goals might be big, I believe with all of my heart that I am able to achieve all of my desires.

## **I possess complete certainty that my success is guaranteed.**

I know what I want. I clarify my goals and divide them into easily achievable steps that lead to reaching those goals.

Each day brings me closer to attaining all of my goals. I make good decisions and take the appropriate actions to bring those decisions to life every single day. I know that this is the recipe for success.

## **I can achieve everything I want with this process.**

I am a goal-oriented person. Much of my day is spent happily working on my goals. This type of work is both motivating and rewarding. **I love the feeling of taking control of my life.** My confidence increases with each step I take toward my desires.

I am aware of the obstacles I am likely to face. I am confident in my ability to easily overcome all of these obstacles. Obstacles only serve to make me more determined and committed. I welcome the challenge.

I know that victory is already mine!

Today, I am even more confident that I can achieve everything I dream about achieving.

**My desires are well within my reach.** I am making huge strides today.

## **Self-Reflection Questions:**

1. What do I want to accomplish? What are the biggest obstacles I face?
2. What doubts do I have about accomplishing these goals? What could I do to feel more confident?
3. What are my greatest successes to date? How do I feel when I think about those successes?