

LCYBL - Pitch Count Log sheet
LCYBL pitch Count Log v02.15.24v1

Lancaster County Youth Baseball League - Pitch count log
New - If this is new sheet when was your last game? _____

Section _____

Team _____ Age _____

Date	Pitches / Innings	Pitchers Name	Uniform Number	Team Managers Signature	Opposing Manager's Signature	Game of rest required?	Eligible to pitch again on (date) if requirement for game rest is met
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	

1-25 pitches in a day = NO calendar day of rest, 26-35 pitches in a day = (1) calendar day of rest
 36-50 pitches in a day = (2) calendar days of rest, 51-65 pitches in a day = (3) calendar days of rest, 66+ pitches in a day = (4) calendar days of rest
 **If game is called before complete, the number of pitches counts
 ***For more than one game in a day you can use the maximum pitch count limit
 ****There are no Catcher restrictions

Pitch count limits 8u = 50, 10u = 65 or 9 outs, 12u = 85, 14u = 95

Penalty for pitch count violation: Forfeit, one game suspension, and \$50 Fine. You must have this log at your game!