



GROWING YEARS

Free ~ Programs ~ Resources ~ Supports for Families with Children 0-6 Years of Age

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OPEN ~ MONDAY  **WEDNESDAY**  **THURSDAY**  **FRIDAY**

9:00am-noon & 1:00-4:00pm (CLOSED for noon hour)


CLOSED ~ Tuesdays & all Holidays

MAY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29 April Open PLAY 10:00-11:30am CLOSED PM Staff Training NO afternoon Open Play	30 April CLOSED	1 May Whole BABY Love 10:00-11:30am ♦ Lactation Consultant/ Public Health Nurse Open PLAY 1:30-3:00pm	2 Open PLAY 10:00-11:30am Whole BABY Love 1:30-3:00pm	3 Whole TODDLER Love 10:00-11:30am ♦ Neurodiversity Consultant Open PLAY 1:30-3:00pm	4
5	6 Open PLAY 10:00-11:30am CLOSED PM Staff Training NO afternoon Open Play	7 CLOSED	8 Whole BABY Love 10:00-11:30am Open PLAY 1:30-3:00pm	9 Open PLAY 10:00-11:30am Whole BABY Love 1:30-3:00pm ♦ Pelvic Floor Physiotherapist ♦ Public Health Nurse	10 Whole TODDLER Love 10:00-11:30am ♦ Survivor's Hope Support & Healing Advocates Open PLAY 1:30-3:00pm	11

 Follow us on Facebook/Instagram for program changes & cancellations

 No registration required for weekly programs
 For safety, no hot beverages allowed in groups

 Please do not visit if anyone in your family is sick (even mild symptoms)

 Growing Years values the importance of school attendance. School age children cannot be at GY during regular school hours, except kindergarteners on their scheduled day off school

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
12	<p>13</p> <p>Open PLAY 10:00-11:30am</p> <p>CLOSED PM Staff Training</p> <p>NO afternoon Open Play</p>	<p>14</p> <p>CLOSED</p>	<p>15</p> <p>Whole BABY Love 10:00-11:30am</p> <p>Open PLAY 1:30-3:00pm</p>	<p>16</p> <p>Open PLAY 10:00-11:30am</p> <p>Whole BABY Love 1:30-3:00pm ♦ Public Health Nurse</p>	<p>17</p> <p>Whole TODDLER Love 10:00-11:30am ♦ Anxiety Outreach Worker</p> <p>Open PLAY 1:30-3:00pm</p>	18
19	<p>20</p> <p>CLOSED Victoria Day</p>	<p>21</p> <p>CLOSED</p>	<p>22</p> <p>Whole BABY Love 10:00-11:30am ♦ Lactation Consultant/ Public Health Nurse</p> <p>Open PLAY 1:30-3:00pm</p>	<p>23</p> <p>Open PLAY 10:00-11:30am</p> <p>Whole BABY Love 1:30-3:00pm ♦ Dietitian ♦ Public Health Nurse</p>	<p>24</p> <p>Whole TODDLER Love 10:00-11:30am ♦ Pediatric Physiotherapist</p> <p>Open PLAY 1:30-3:00pm</p>	25
26	<p>27</p> <p>Open PLAY 10:00-11:30am</p> <p>CLOSED PM Staff Training</p> <p>NO afternoon Open Play</p>	<p>28</p> <p>CLOSED</p>	<p>29</p> <p>Whole BABY Love 10:00-11:30am ♦ Lactation Consultant/ Public Health Nurse</p> <p>Open PLAY 1:30-3:00pm</p>	<p>30</p> <p>Open PLAY 10:00-11:30am</p> <p>Whole BABY Love 1:30-3:00pm ♦ Public Health Nurse</p>	<p>31</p> <p>Whole TODDLER Love 10:00-11:30am ♦ Speech Language Pathologist</p> <p>Open PLAY 1:30-3:00pm</p>	1 June

Follow us on social media for program changes/cancellations & weekly topics/professionals updates

Facebook: <https://www.facebook.com/growing.years.5>

Instagram: www.instagram.com/growing.years/