

		Cereals containing Gluten	Egg	Milk	Mustard	Sulphur Dioxide	Fish	Crustcean	Peanuts	Other nuts	Molluscs	Soya	Sesame	Celery	Lupin
Breakfast Buffets															
Mini Pastries	x	x	x												
Blueberry Muffins	x	x	x												
Granola Muffins	x	x	x												
Banana & Chocolate Chip Muffins	x	x	x												
Mixed Berry Yoghurt Pots			x												
Fruit Platter															
Sandwiches		Cereals containing gluten	Egg	Milk	Mustard	Sulphur Dioxide	Fish	Crustcean	Peanuts	Other nuts	Molluscs	Soya	Sesame	Celery	Lupin
Bread - Granary	x										x				
Bread - white	x										x				
Bread - Baguette	x										x				
Bread - Ciabatta	x														
Bread - rolls	x														
Bread - wraps	x														
Fillings															
Chicken															
Ham															
Jerk Chicken															
Tuna Mayo	x		x	x											
Chicken Tikka		x													
BLT															
Sweet Chilli Chicken															
Chorizo			x												
Chimichurri Chicken															

This list is not exhaustive - please check before ordering for any specific allergen information

PLEASE NOTE: All items are made in a kitchen where all allergens are used (egg/fish/milk/mustard/cereals containing gluten/ sesame/peanuts/soya/tree nuts/molluscs/celery/lupin/sulphur dioxide (sulphites)/ crustaceans) and whilst every care is taken when catering for special dietary requirements, we cannot guarantee any item is entirely allergen free, please ensure any allergy sufferers are aware of this when you order

