

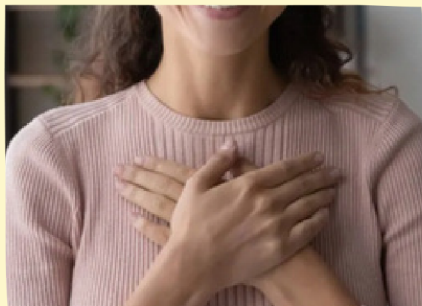
CUP OF JOY WOMEN™

Listen to a 15-minute Podcast and get together weekly for coffee and an hour of thanksgiving, prayer, and discussion with friends.



DIRECTIONS FOR FACILITATOR-HOSTS

Small Group Facilitator



Become a Facilitator. A Cup of JOY Women's small group is designed to accompany the WRAP Yourself in JOY Podcasts. For Spring 2024, you can choose Esther For This Time: Prayer, Reversals & Joy OR Joyful & Battle Ready-focused on JOY and putting on the Armor of God. Each podcast series is eight weeks and based on one of the JOY books written by Karen Dwyer, and all have imprimaturs.

Podcast. Small group members will listen to the accompanying 15-minute podcast on their own before the weekly meeting

Grow Together. Hosting a Cup of Joy Women's small group is a beautiful way to involve others in the study of Scripture and to gently evangelize. Your small group will grow together in faith, hope, love, and JOY.

Coffee & Discussion Format



Cordial and Casual. As a host/facilitator, you invite others for coffee and a short study. The coffee and discussion format will make your invitation seem friendly and casual. As a facilitator, you will follow the handouts for each meeting. The format is easy to use, and the Agenda includes:

Opening Prayer. Open the meeting with the Cup of Joy Prayer, asking the Holy Spirit to guide the study.

Thanksgiving. Invite each woman to offer a one-sentence thanksgiving.

Discussion & Scripture. Using the Cup of Joy handout, read the commentary and questions. Then, invite the women who offer to respond to read the Scriptures and answer the discussion questions.

Prayer & Petitions. End the hour by inviting each one to offer a one-sentence petition, followed by *For this, I pray to the Lord.* All respond: *Lord, hear our prayer.* Close with the "Our Father."

One Hour Per Week



Only One Hour. The weekly one-hour format encourages women to know the meeting will be focused and timely. Discussing the content will help the Scriptures come alive. As facilitator, you will help keep the discussion from getting side-tracked by the news, diet, problems, etc.

Sign up. You can host your group in church or at home. Download invitations and sign up to be a facilitator/ host at WrapYourselfinJOY.com.

Handouts Provided. Weekly, the agenda, questions and commentary will be emailed to the host in a one-page front and back PDF worksheet with verses and agenda. The host will print copies for each woman.

Wrapyourselfinjoy.com
WrapyourselfinjoyPodcast.com

For more information, email
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