

Archana Borthakur
 Founder and President of Priyobondhu
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ঘিমেৰ কাৰ্ভেৰে সঘনাই, সচোৰে অহা ঘোৰা কৰা, ঘিমেৰ
 কাৰ্ভেৰে তুলনামূলকভাৱে 'সাম্ৰেষ্ঠ' গল্প; সেই সকলোৰে কাৰ্ভেৰে
 এৰি ইটো এটা নতুন কাৰ্ভেৰে কাৰ্ভেৰে সেই কাৰ্ভেৰে 'মেজু
 কাৰ্ভেৰে' লেখাৰ এটা পৰিকল্পনা 'প্ৰিয়বন্ধু' এদিন
 কৰি থকা সকলোৰে কাৰ্ভেৰে বিপৰীত অন্য কিছু কাম
 কৰাৰ দুৰ্দৈ হাবিয়াসে এটাৰ জন্ম হৈছিল, নিয়মিতকৈ
 কাৰ্ভেৰে এটা নিৰ্জুই কাৰ্ভেৰে সেইসকল গল্পৰ কাৰ্ভেৰে
 প্ৰে 'প্ৰিয়' দিয়াৰ প্ৰয়োজনীয়তাৰে মেজনে এটা নিৰ্জুই
 পৰাই শুনিছিলো, ঘিমেৰে গল্পৰ কাৰ্ভেৰে প্ৰিয় দিয়াৰ
 গাৰে প্ৰয়োজন আছে। সেই মেজনেৰে মাতিবলৈ জন্ম
 হৈল 'প্ৰিয়বন্ধু'ৰ, আৰ্জিৰ পৰা চিক তিনি বছৰ
 আগতে। ন-কৈ কাৰ্ভেৰে কাৰ্ভেৰে হেং, জীবৰ শুভাৰলৈ,
 মন্য বন্ধুৰে সন্মান কৰিবলৈ চকুৰে মূৰে পোহৰ
 লৈ জাকি মাৰি গুলাই গৈছিল একাক গল্প, আৰ্জি
 একেলগে তিনিবছৰে আগুৱাইছো, সমৰ্থই পৰালৈকে
 দুৰ্গতজনৰ কাৰে উপলক্ষ্যে একাং হোৱাৰে যত্ন কৰিছো,
 ইয়াই হেৰাই ঘোৰা মূৰাৰেৰে এটিকুই ইয়াই দিবলৈ,
 পোহৰে দুকাই ঘোৰা পৰাৰলৈ পোহৰেৰে সন্ধান
 এটি দিবলৈ আৰ্জি ঘোৰা তিনিবছৰে একেলগে
 কাৰ্ভেৰে বুলিছো। আৰু বহু মেজনে কাৰ্ভেৰে ঘোৰালৈ আছে।
 আৰ্জি তৃতীয় বৰ্ষ সন্মপ্ত কৰি চতুৰ্থ বছৰত
 ত্ৰি দিবলৈ লৈ এমন্তেকৰে চৰ্চতি চাইছো ঘোৰা
 তিনিটা বৰ্ষত কৰি অহা কামোৰলৈ।
 এই কিতাপখনৰ জৰিয়তে 'সম্পোনালোকেও
 একাৰে চকু দুকাই চাব পাৰিব তিনিবছৰে মেজনে

স্বাধীনতা কলে জেছিল, লগতে অন্তিবিষ্ঠ কৰা হৈছে
একাঁজুলি শুভেচ্ছা কৰা, জেলীৰাদেৰ একম্ৰাৰ
অথবা প্ৰিয়বন্ধুৰ অনৰ কৰ্ম,

আমি সকলোৰেই একেলগে ডালে থাকিবলৈ
ডালেপোৰা অনুহ। সেয়েহে হাতে হাতে ধৰি
আপ্নকটিব মুক্তিহো বিশ্বাসৰ বাটে

ডালেপোৰাৰে

অৰ্ণাবৰাচকুৰ

১৯/১১/১৮



TESTMONIALS

ড° হিমন্ত বিশ্ব শৰ্মা, এল এল বি
মন্ত্ৰী, অসম



বিস্ত, স্বাস্থ্য আৰু পৰিয়াল কল্যাণ, ৰূপান্তৰণ আৰু
উন্নয়ন, গড়কাপ্টানি বিভাগ

**শুভেচ্ছাবাণী**

বেচৰকাৰী সন্থা 'প্ৰিয়বন্ধু'-এ অহা ১৯ নৱেম্বৰ, ২০১৮ ইং তাৰিখে প্ৰতিষ্ঠাৰ তৃতীয় বৰ্ষ উদ্‌যাপনৰ যো-জা কৰা বুলি জানিবলৈ পাই অতিকৈ আনন্দিত হৈছো। ইয়াৰে লগত সংগতি ৰাখি এখনি স্মৰণিকাও প্ৰকাশ পাব বুলি জানি সুখী হৈছো।

'প্ৰিয়বন্ধু'-এ প্ৰতিষ্ঠা কালৰে পৰা ৰাজ্যৰ গ্ৰামাঞ্চল তথা মহিলা আৰু শিশুৰ উন্নয়নৰ হকে বিভিন্ন কল্যাণমূলক কাম-কাজ কৰি আহিছে বুলি জানিব পাৰিছো। সংগঠনটিয়ে আগন্তুক সময়তো এই ধৰণৰ হিতকৰ কাম অব্যাহত ৰাখিব বুলি আশা প্ৰকাশ কৰিলোঁ। আশা ৰাখিছো প্ৰতিষ্ঠা দিবস উদ্‌যাপন অনুষ্ঠানৰ বিভিন্ন কাৰ্যসূচীয়ে সংগঠনটিৰ বিগত তিনি বছৰীয়া যাত্ৰাৰ বিভিন্ন দিশ যুকিয়াই চোৱাৰ লগতে আগন্তুক সময়ত সমাজ তথা ৰাজ্যৰ উত্তৰণৰ হকে অধিক সৱল ভূমিকাৰে অগ্ৰসৰ হ'বলৈ সংশ্লিষ্ট সকলোকে অনুপ্ৰাণিত কৰিব।

সদৌ শেষত স্মৰণিকাখনিত প্ৰকাশিত লিখনিসমূহ পঢ়ুৱৈ সমাজৰ দ্বাৰা সমাদৃত হ'ব বুলি আশা প্ৰকাশ কৰিলোঁ।

(ড° হিমন্ত বিশ্ব শৰ্মা)



ই-ব্লক, তৃতীয় মহলা, জনতা ভৱন, দিছপুৰ, গুৱাহাটী- ৭৮১০০৬ (অসম)

দূৰভাষ নং : (০৩৬১) ২২৩৭৩১৫, ফেক্স : ০৩৬১-২২৩৭০১২

ই-মেইল : himantab@hotmail.com/ himantabsarmaoffice@gmail.com



VIRENDRA MITTAL, IAS

Deputy Commissioner &
District Magistrate
Kamrup Metropolitan District

CERTIFICATE OF APPRECIATION

I express my heartfelt admiration and congratulation to Priyobondhu on completing 3 years of extensive service to mankind. I came to know Archana during an awareness camp at Sibsagar back in 2016. Since then, I feel glad to support her in her various programs from flood relief operations to social awareness programs.

There are some unique projects of Priyobondhu which I feel worth mentioning. Breakfast for a Child is one of those; where a healthy breakfast, before school, consisting of a variety of foods, especially high-fiber and nutrient-rich whole grains, fruits, and dairy products is provided to around 100 students daily.

Another remarkable program is the Food, Clothes and Educational equipment Bank. The purpose of the bank is to serve families, children, seniors and others at risk of hunger, collect usable second hand, new clothes and distribute throughout the year to the less fortunate people who are short of adequate clothing. They established an educational items bank for Children to distribute it among the needy and less fortunate children throughout the year.

Some other essential community awareness programs they are running is the Menstrual Hygiene Management awareness camps, awareness camps on Safe-Unsafe touch, Sexual harassment and Post traumatic stress disorder management, Mother and Child Health Care camps, Know Cancer etc. all across Assam.

Archana Borthakur
Chief functionary and President,
Priyobondhu
House No. 45, Opposite Ajanta Path,
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(Virendra Mittal)

SHRI BHASKAR JYOTI MAHANTA, IPS
ADDL. DIRECTOR GENERAL OF POLICE

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অসম চৰকাৰ
সঞ্চালক
অগ্নি আৰু আপদকালীন সেৱা
অসম, পানবজাৰ,
গুৱাহাটী - ৭৮১০০১
GOVERNMENT OF ASSAM
DIRECTOR
FIRE & EMERGENCY SERVICES,
ASSAM, PANBAZAR,
GUWAHATI-781001

MESSAGE

I congratulate Priyobondhu on completing 3 years of their selfless service for the underprivileged. Priyobondhu, Social welfare society, led by Archana Borthakur, as I know, has been relentlessly working in rural, women and child development works. Some projects, like Breakfast for a Child is one of them which indeed is exemplary. From humanitarian relief in natural disasters to regular program like the Food, Clothes and Educational equipment bank, Priyobondhu has disseminated awareness on Mother and Child Health Care, Menstrual Hygiene Management, Safe-Unsafe touch, Sexual harassment in workplace, Cancer etc. all across Assam. Stepping out of the kitchen, which is designed for Promoting livelihood and self-reliance through niche marketing for Women is indeed remarkable.

I once again convey my best wishes to Archana and carry on her mission of social development.

(B. J. Mahanta, IPS),

Sri Kampa Borgoyari

Deputy Chief

BODOLAND TERRITORIAL COUNCIL

Bodofa Nwgwr, Kokrajhar-783370
BodolandPhone : 03661 - 286759 (O)
286707 (Fax)

Email : kampab@rediffmail.com

Ref. No.

Date

Dear Anelama Bonthakur,



I am not in a position to attend the Foundation Day Celebration of Priyobondhu. However, I would like to express my gratitude to you for what you have done in my area for upliftment of education, economy as well as awareness among the illiterate people on health issues. The poor people get light to live by your guidance and help in terms of knowledge and materials in the times of calamity.

Sri Kampa Borgoyari*Deputy Chief***BODOLAND TERRITORIAL COUNCIL****Bodofa Nwgr, Kokrajhar-783370
Bodoland**Phone : 03661 - 286759 (O)
286707 (Fax)Email : kampab@rediffmail.com*Ref. No.**Date*

I hope you will continue to render your services as well as energy for the welfare of poor and uneducated people. May God help you and the policymakers in their endeavor.

Thanking you,
Kampa Borgoyari

14/11/18

Deputy Chief
Bodoland Territorial Council
Kokrajhar

Sri Robinson Mochahari IAS
Addl. Principal Secretary
BODOLAND TERRITORIAL COUNCIL
 Bodofa Nwgr, Kokrajhar



BODOLAND TERRITORIAL COUNCIL
 Bodofa Nwgr, Kokrajhar, Assam
 Pin : 783370
 Phone No.: 03661-286755 (O)
 094350-27043 (M)
 Website : www.bodoland.in
rmuchahari@gmail.com




MESSAGE

On the occasion of publication of Souvenir for successful completion of three years of NGO "PRIYOBONDHU", I take the opportunity to convey my heartfelt greetings for their service to the society to create awareness and educate the community on Mother and Child Health (MCH) Care and also Immunization and Vaccination, Education of Infant care, Creating awareness on cleanliness and hygiene etc in Chirang district of BTC area.

I believe, through this souvenir people will become more conscious and responsible to their society.

Place : Kokrajhar
Date : 12/11/2018


 (Robinson Mochahari IAS)
 Addl. Principal Secretary
 Bodoland Territorial Council
 Kokrajhar
Addl. Principal Secretary
Bodoland Territorial Council
Kokrajhar

Sri Paniram Brahma,
Ex-Speaker,
Bodoland Territorial Council,

Kajalgaon,Chirang,BTC.
M.No- 99542 87320

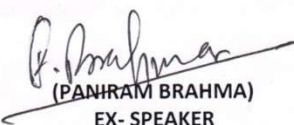
MESSAGE



I am very glad to know that NGO **PRIYO BONDHU** "*The Heart of the poor people*" have completed 3 years of their Journey for which I heartedly congratulate them and it gives me immense pleasure to learn that they are going to its Celebrate foundation day on 19th November 2018 for which I wish a grand success.

The initiative to organize this event annually will definitely encourage the youth and will provide an excellent message/awareness and platform for them who desires to devote for the wellbeing of the society.

Lastly I convey my best wishes to the NGO for the occasion a grand success and also I hope the souvenir to be brought out will be useful and informative to all.


(PANIRAM BRAHMA)
EX- SPEAKER
BODOLAND TERRITORIAL COUNCIL
Ex-Speaker
Bodoland Territorial Council
Legislative Assembly
Kokrajhar



OFFICE OF THE
YOUTH, BODOLAND PEOPLES FRONT

Chirang District Committee

H.Q & H.O.- Kajalgaon

Dist.- Chirang, BTC

President
Jibanta Narzary

Gen. Secretary
Suresh Kr. Hasda

Ref. No.....

Date.....

MESSAGE



It gives me immense pleasure to know that "PRIYOBONDHU" 'The Heart of the Poor People' is going to celebrate their Three Years Successful Completion this year on 19th Nov. 2018 on the occasion of its Foundation Day. I specially convey my heartfelt greetings to the members of PRIYOBONDHU for their tireless hard work for the people of Chirang District of BTC enthusiastically. I believe that PRIYOBONDHU has benefited our people in the sector of Health-Care, Economic Empowerment, Disaster Management Awareness and especially provided their hand towards the flood victim people in the district.

I wish PRIYOBONDHU will shine towards achieving their goal and further play the active role in every aspects for the benefit of the society.

Jibanta Narzary
President, Youth BPF
Chirang District Committee

President
Youth BPF
Chirang District Committee
Date

Shri Debabrata Saikia
 Leader of the Opposition
 Assam Legislative Assembly
 Dispur, Guwahati-781006.



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Dated: 15-11-2018.

MESSAGE

I am extremely happy to know that the social welfare society 'Priyobondhu' is organizing a function on 19th November, 2018 to commemorate its third Foundation Day. Any organisation which pursues the vocation of rendering help and succour to the underprivileged members of society in this materialistic age, as Priyobondhu has been doing since its inception, deserves unequivocal commendation.

I have noted that Priyobondhu strives to serve society in general and women and children in particular. Activities such as collecting clothes, including serviceable used ones, along with educational items such as books for distribution to the needy not only serve an important purpose but also spread the message of charity among those who are otherwise weighed down by the pressures of day-to-day life. Another praiseworthy activity of Priyobondhu is the provision of a nutritious breakfast to around 100 students every day. This apart, the organisation has spearheaded several awareness campaigns to cover issues like menstrual hygiene, prevention of sexual predation of minors, sexual harassment in general, mother-child health care, Post-Traumatic Stress Disorder management, tackling cancer etc. throughout Assam.

I wish the Foundation Day celebration a grand success and feel sanguine that Priyobondhu will grow from strength to strength in the time to come.

Debrata Saikia
 (DEBABRATA SAIKIA)

I convey my heartiest congratulations to "Priyabandhu" on its completion of three years of service to the society. For the last two years I have been associated with this organisation and witnessed its tireless and dedicated service to the needy and downtrodden sectors of the society.

From health awareness programme to flood relief operations and the rescue of destitutes, "Priyabandhu" has given its best possible service to the community.

Wish, "Priyabandhu" and its founder Archana Borthakur will continue their relentless service for the years to come.

Place - Guwahati

Date - 14/11/2018



A handwritten signature in black ink, followed by the date '14.11.18' written below it.

(Ratul Pathak)

Addl. Deputy Commissioner
Kamrup Metropolitan District
Guwahati.



SRI RAHUL CHANDRA DAS, ACS



DEPUTY SECRETARY,
TRANSPORT DEPARTMENT,
DISPUR, GUWAHATI-6

Dated 14th November, 2018


LETTER OF APPRECIATION

Its indeed a pleasure on my part to write something about an organisation which is so dear to me, yes, its “priyobondhu” rendering selfless service for the underprivileged basically with the poor women folk / childs etc. for the last 3 years in Assam.

Congratulations and hearty wishes for completing these 3 years with pride, infact 3 years is not such a big time to create such a huge impact to the society as “Priyobondhu” did, by their mission of social development leded by the dedicated Archana.

I wish Archana and her team all success in their future endeavours and would be glad to support in their noble cause.

Archana Borthakur
Priyobondhu


Rahul Chandra Das



ସ୍ତ୍ରୀମାନଙ୍କୁ ଶ୍ରମିକମାନଙ୍କ ସହ ଏକିତ୍ର ଭାବେ
 ଅନ୍ତର୍ଭୁକ୍ତ କରିବା ପାଇଁ ସମସ୍ତ ସମ୍ଭାଷଣ-ସମ୍ମିଳନୀରେ ଏହା
 ନିମନ୍ତେ ସାମ୍ମୁଖିକ ଲଢ଼ାଏତ ହେଉ ।
 ଏହାଛଡ଼ା ଶ୍ରମିକମାନଙ୍କ ସମାଜିକସମ୍ବନ୍ଧକୁ
 ସ୍ତ୍ରୀମାନଙ୍କ ଦ୍ଵାରା ଯେଉଁମାନେ ସାମ୍ମୁଖିକ
 କାର୍ଯ୍ୟକ୍ରମ ଗଠନ କରିଛନ୍ତି ।
 ଏହାଛଡ଼ା ଦିନକୁ ଚୋରୀ ଚୋରୀ
 ଆନ୍ଦୋଳନ କରିବାକୁ ସମସ୍ତଙ୍କୁ କିମ୍ପାନ
 କାର୍ଯ୍ୟକ୍ରମ ଗଠନ କରିବାକୁ ଅନୁରୋଧ କରା
 ହେଉ । 19 ନଭେମ୍ବର 2020 ରୁଜୁପ
 ବର୍ଷ ଗଠନ କରାଯାଇ ଶ୍ରମିକମାନଙ୍କୁ ଏକିତ୍ର ।

ଦିନାଙ୍କ
 22-22-20

ସମସ୍ତଙ୍କୁ ଅନୁରୋଧ ।
 ଅଧିକାରୀ- ଶ୍ରମିକମାନଙ୍କ
 ସମାଜିକସମ୍ବନ୍ଧ ।
 ଅଧିକାରୀ - 32.

Kunjalata Lachon
District Social Welfare Officer
Kamrup Metropolitan District
Government of Assam
Department of Social Welfare



MESSAGE

I am glad to know that Priyobondhu is going to complete their three years of tireless services to the underprivileged group of the society. I would like to congratulate Ms Archana Borthakur for her initiative and I extend my moral support, blessings and best wishes for her future activities.

Lachon.
Kunjalata Lachon



Message from the Vice Chancellor, Cotton University

I am happy to learn that the volunteers of *Priyobondhu* are doing a lot of activities in the field of rural development, sanitation, health awareness, flood relief, helping the underprivileged women & children since the day of its inception in 20th November, 2015. Due to population explosion & industrial developments, the difference in lifestyle, facilities, knowledge, education have been widened in our present society. To lessen this gap, the efforts taken by this group of young enthusiasts are really laudable.

The activities compiled in this booklet will certainly reach out and inspire more young minds to come forward and join this NGO to achieve its vision. It would be heartening to see if *Priyobondhu* may take the initiative in creating motivation among people to get habituated with the traditional food of the region, so that the young generation would not be deprived of the essential nutrients & minerals in our daily food. This step would considerably bring down the percentage of various kinds of diseases that affects our Assamese people, and help in building a healthy environment.

My best wishes to the entire team and wish them success for their endeavour.

A handwritten signature in blue ink, which appears to read 'B C Goswami'.

(Prof B C Goswami)
Vice Chancellor
Cotton University

Dr. Bijit Kumar Saikia
M.B.B.S. Regd. Medical Practitioner
AMC – 22968



I am pleased to extend my sincere congratulations to the members of team P R I Y O B O N D H U on completing 3 glorious years of selfless and untiring service to the society.

This year I was associated with a project named as S E T O N A of Priyobondhu. It was really a noteworthy project undertaken by Priyobondhu on Mother and Child Health Care involving 87 villages of Bengtol in Chirang district.

We reached the remotest village and conducted awareness and health camps where we disseminated knowledge on care of mother during pregnancy, importance of proper nutrition in mother and children, the important role of immunization and many more topics relevant for a safe motherhood and childhood. The prime feature of the program was distribution of a Mother and Child Health Care booklet which contained all the relevant information related to safe motherhood and childhood in a very interactive manner. I appraise the team's effort in successfully executing the project. It was indeed commendable.

It was indeed a wonderful experience working with Priyobondhu.

Once again I would like to convey my best wishes to P R I Y O B O N D H U for achieving this milestone.

Bijit Kumar Saikia

Dr. Bijit Kumar Saikia

नॉर्थ ईस्टर्न डेवलपमेंट
फायनेंस कॉर्पोरेशन लिमिटेड
North Eastern Development
Finance Corporation Ltd.


नेडफी NEDFI
(An ISO 9001 · 2008 Company)



Testimonial

12.11.2018

I Congratulate 'Priyobondhu' on completion of three (3) successful years of eventful continuance. I am fortunate to be associated with Archana and team from concept to date.

'Priyobondhu' is doing exemplary work in the field of 'menstrual' hygiene among village women/ girls and, also in the field of nutrition supplement through complimentary breakfast in a school.

I shall be too happy to continue my association with 'Priyobondhu'.

Wish Archana and team very best wishes


(MANOJ K DAE) DGM

Mr. Shyamkanu Mahanta

Social Entrepreneur, Political Analyst,
Founder of North East Festival, Rongali etc.
Infrastructure Professional

Priyobondhu, an exciting journey.

I got associated with Priyobondhu two years back. Archie Borthakur I know as a writer and media personality. She and her husband Siddhartha is known to me for quite sometime. Archie briefed me about Priyobondhu and what they plan to do. After the meeting the "Team Priyobondhu" I felt Priyobondhu as an organization is needed in our State and can make a mark in society. I saw a Missionary zeal amongst the team to work hard and work for the society.

Two years ago, a devastating flood engulfed Assam rendering many people homeless. Priyobondhu team sprang into action. During the relief process, I had contacted many respected personalities for support in those areas and all of them gave a very positive feedback about Priyobondhu's performance during the relief programmes.

What I understand that last few months, Priyobondhu team is working tirelessly amongst the most underprivileged people and the feedback from the ground is very good. It gives me immense pleasure to know that BTC is considering to engage "Priyobondhu" in many other activities.

In between, Priyobondhu team worked with us in organizing Food Festival and competition of Traditional Foods during Rongali Festival organized by us for two consecutive years. The Food Festival was a big hit and plenty of foreign tourists visited the food exhibitions.

As a whole, my experience with Priyobondhu has so far been very good. The major strength of the organization is a leadership. Archie is very committed and determined professional who have the capacity to lead and to go through the various barriers. They have been able to develop a committed team with plenty of foot soldiers. With that commitment I am confident that Priyobonhu will be able to walk many a miles.

As a whole I see a bright future for Priyobondhu. It can be a real bondhu to many distressed people. With a dynamic leadership, committed manpower, Team Priyobondhu should march ahead and set new benchmark of Service.

I am happy to offer very little support so far and will be with Priyobondhu in the years ahead. On this Anniversary, I would like to wish all associated with Priyobondhu and wish all the very best.



BASISTHAPUR BYE-LANE-3 FLAT & HOUSE OWNERS' ASSOCIATION

(Estd. 19th November 2006)

Temporary office : Arunojoi Apartments (G.M.C. House No.- 4)
Basisthapur Bye Lane-3, Beltola, Guwahati- 781028

- Smti. Nilima Kagti
- Dr. Alaka Sarma
- Patron
- Sri. P. L. Senapati**
- President
- Dr. Kalpana Sarma
- Vice President
- Sri. Deepak Barthakur**
- Secretary
- Sri Nagen Kalita**
- Jt. Secretary
- Sri.P.Bordoloi**
- Treasurer
- Executive Members**
- Sjt.R.M.Hazarika
- Sjt.Nabin Barua
- Mrs.Punya Barua
- .Madhushmita Pathak
- Dr.K.P.Kalita
- Sjt.P.C.Deka
- Sjt.Anup Kakoti.
- Dr. M.M. Borah
- Sjt.H.K.Barua
- Mrs.Nibedita Bordoloi
- Sri Girish Gogoi
- Smti. S.Chutia
- Sri D.N.Konwar
- Sri.Prabin Barua
- Dr.N.Chetri
- Sri T.C.Dhekial
- Sri Mrigen Hazarika
- Sri Ganesh Kalita
- Sri Rupjyoti Saikia
- Comdr.U.K.Bora
- Kalpa Bhattacharjee
- Womens' Forum**
- Mrs.Anjali Das
- President
- Mrs.Anu Sarma
- Secretary

Ref:

Date 22-12-2020

উপক্রমণিকা
"প্ৰিয়বন্ধু" নামটো - আকৰ্ষণীয়

প্ৰতিষ্ঠাপক - আৰ্চনা বৰঠাকুৰ নিৰ্বাচিত হোৱাৰ
মোৰ আশত প্ৰজাতি - হোৱাৰ লগে লগে - অসম
দেখিব পৰা নাই - প্ৰতিষ্ঠা - প্ৰজাতি প্ৰেৰণাৰ
পৰিণত, প্ৰকোপকাৰীৰ প্ৰতিষ্ঠা নুকাই হ'ল
কেৱল সুখোপা - সুখোপা লাগে,
আৰ্চনাৰ নিয়মিত - নিয়মিত আৰু - সুখ
চাকৰি এটা যোগাৰ কৰাত অসুবিধা নহ'ল হ'লে,
শিকলি - শুভৰ প্ৰমাণ - প্ৰমাণ বাটত - অৰ্থ হেতু
"প্ৰিয়বন্ধু" পথ এটা বৰি লৈ,
প্ৰমাণৰ দুৰ্ভাগ্যৰ হৈ প্ৰমাণ আশাৰ
যাবলৈ এটা - প্ৰমাণ, প্ৰমাণ কৰি
কৰিবলৈ বুলি প্ৰমাণ "প্ৰমাণ যুগল টাই"
প্ৰিয়বন্ধুৰে প্ৰমাণ কৰিছে - প্ৰতিষ্ঠাপক
প্ৰমাণীৰ প্ৰমাণ - প্ৰমাণ আশত - আশত
প্ৰমাণৰ প্ৰমাণ - প্ৰমাণ আৰু প্ৰমাণ
কিয়ামত আশাৰ প্ৰমাণ প্ৰমাণ
আৰু প্ৰমাণ আশাৰ প্ৰমাণ
মোৰ প্ৰমাণ প্ৰমাণ প্ৰমাণ
প্ৰমাণ - প্ৰমাণ, মোৰ আশাৰ প্ৰমাণ -

President, Basisthapur Byelane-3
Flat & House Owners' Association, Beltola



ଅନୁଭବକୁ- ଅକାଳୀନେକ ସୋକ-
 ଭୁବନ- ରାଧା ପ୍ରଦୀପନା-ଜଗନ୍ନାଥ
 ହୃଦୟ- ପ୍ରାଣ- ହୃଦୟ- ତଳ- ତଳ
 ଅନୁ- ହୃଦୟ- ସାହିତ୍ୟ- ତିନିଆ-
 ହୃଦୟ- ତାହା- ଅନୁଭବ-

ଅନୁଭବ-
 ହୃଦୟ
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About Us

Priyobondhu (Social welfare society), a voluntary organization in Guwahati, Assam, India was founded in 20th, November, 2015 for improving standard of life and economic welfare

of people living in Rural areas, liberating Women and bringing smiles to the faces of deprived Children.

Profile of the Organization

- a. **Name of the Organization**- Priyobondhu
- b. **Address**- 45-Survey, Basistha Road, Beltola, Guwahati-781028, Assam
- c. **Legal status**- Registered under Societies Registration Act XXI of 1860 Vide RS/KAM (M)/263/L/456 of 2015-16 Dated- November 20, 2015
- d. Email- priyobondhuinfo@gmail.com
- e. Website- www.priyobondhu.org
- f. Contact nos. - 9864061115/ 8472063628

Founder and President of the Society

Archana Borthakur

Survey, Basistha Road, Beltola, Guwahati, AS 781028 IN

Contact number(s) 98640-61115/ 84720-63628

email- archanabarthakur@gmail.com



The objectives for which the Society is established are- Rural Development and Women and Child development

The objectives of the society are-

1. Rural Development-

- a. Improve the quality of life and economic well-being of people living in rural areas.
- b. Reduce poverty by enabling the poor households to access gainful self-employment and skilled wage employment opportunities resulting in appreciable improvement in their livelihoods on a sustainable basis.
- c. Facilitating skill and capacity building, soft skills, access to credit, knowledge dissemination, access to marketing, entrepreneurship development training to unemployed youths and access to other livelihoods services.
- d. Provide health care facilities by improving the level of health care.
- e. Provide instruction and assistance in developing good environmental practices
- f. Provide education quality to underprivileged by increasing the amount of learning materials and facilitating modern technologies available to students and teachers.
- g. Provide financial, technical support and developing infrastructures etc.
- h. Implementing integrated child development services comprising supplementary nutrition, immunization, health check-up and referral services, pre-school non- formal education

- i. Support traditional artisans.
- j. Assist Central and State Government in implementing rural development schemes and projects.
- k. Betterment of Tribal and Backward communities in rural areas.
- l. Fortify against social injustice to Women and Children.
- m. Pre and post disaster mitigation initiatives.

2. Women and Child development-

- a. Impart skills to women for income generating activities.
- b. Integrated services consisting of awareness, immunization, health check-ups, nutrition and health education and refreshment services to child and pregnant women.
- c. Provide new skills and knowledge to poor asset less women in agriculture, animal husbandry, dairying, fisheries, sericulture, handlooms, handicrafts and khadi and village industry sectors of employment.
- d. Provide training and skills to women to enable them to obtain employment or become self- employed.
- e. Provide day care services to children that include sleeping and day care facilities, recreation, supplementary nutrition, immunization and medicine.
- f. Support and help to street children with initiatives drop-in shelters, night shelters, nutrition, healthcare, sanitation, hygiene, safe drinking water, education, recreational facilities and protection against abuse and exploitation etc.
- g. Provide quality education to underprivileged girls.
- h. Awareness for child and maternal mortality and provide access to food and nutrition and public health care services etc.
- i. Fortify against social injustice to Women and Children.
- j. Children and Adolescent Integrated Services.
- k. Empowerment of adolescent girls.
- l. Support to women victim of difficult circumstances so that they could live their life with dignity.

Activities timeline since inception

November 20, 2015 to November 19, 2018

December 13, 2015- Warm clothes distribution to 120 poor destitute people (Men, Women, Children) in front of Sukreswar temple, Guwahati



December 20, 2015- Warm clothes distribution to 70 poor destitute people (Men, Women, Children) in Narengi slums, Guwahati



January 3, 2016- Warm clothes and food distribution to 55 poor destitute people dwelling in front of Siva dol, Sivsagar.



January 10, 2016- Warm clothes distribution, meal program and free dental check-up at Kalyan ashram (Old age home), Moran. There are 22 inmates in the ashram.



January 26, 2016- Warm clothes and food distribution to 170 poor destitute people and color pencils, notebooks to children at Fancy Bazar, Gate no 4 slums, Guwahati.



February 7, 2016- Meal program at Seneh- Old age home, Kahilipara, Guwahati.



February 14, 2016- Felicitating Veteran Artist Neelpawan Baruah and Veteran Singer Dipali Borthakur

February 21, 2016- Donating 100 kg of food items to Destination- Mentally challenged people home, during food crisis, Bhagadattapur, Kahilipara, Guwahati.

February 23, 2016- Bijulee - A little girl stays with her two elder brothers. After the death of her mother, her father abandoned them leaving them to strive alone for their livelihood. Priyo Bondhu took the responsibility to educate her and provide her with all essentials. She was admitted in Rajdhani primary school.



February 28, 2016- Priyobondhu started an open air school with 31 children of Navodaya basti. Every evening our resource person goes to the basti and teaches them for 3 hours. After intervention it was observed that the inclination to lousy activities has been receded.



March 6, 2016- Environmental awareness and cleanliness program at Navodaya path basti, Hatigaon, Guwahati.



March 8, 2016- In association with FICCI ladies organization and IIE, Sewing machines have been provided to 3 beneficiaries viz. 1.Himani Baishya, Guwahati 2. Jaya Tanti, Nagaon and 3. Marami Murmu, Nagaon.

March 13, 2016- Community mobilization and clothes distribution program at Medhipara village, Mangaldoi, Darrang. 120 persons attended the program.



March 20, 2016- Awareness program on psychosocial development of children and clothes distribution at Satimapara, Mohkhuli, Bahjani mouza, Nalbari, Assam.



April 3, 2016- Distribution of Educational equipment (School bags, pencils etc.) to 80 fire effected children at Bishnupur, Athgaon, Guwahati.



April 10, 2016- Launching of Priyobondhu's CLOTHES BANK and FOOD BANK.



April 17, 2016- Donated food items to Mother old age home, Jyotinagar, Guwahati, Assam, India.

May 1, 2016- Health awareness program K N O W C A N C E R at Basisthapur bylane-3, Guwahati especially for women on Breast, Ovarian and Cervical Cancer. The program was conducted by Dr. S.M.Bhagawati, Preventive Oncology, MBBS, MD, from Dr. B.Barooah, Cancer Institute.



May 8, 2016- Donated 400kg of food items to Upper Assam Handicapped Centre and Bokakhat Children Home during food crisis, Bokakhat.



May 12, 2016- Priyobondhu launched its official website www.priyobondhu.org at Guwahati Press Club on 12-05-2016. The portal was inaugurated by IIE Diector Manoj K. Das, Santikam Hazarika and Debabrata Das.



May 15, 2016- Jewellery making and training cum workshop on 14th and 15th, May, 2016. 5 marginalized girls were trained. The program was conducted by PTAH headed by Sruti Baruah.



May 22, 2016- General awareness program, Clothes and Food items distribution to 30 families below poverty line and distribution of Educational equipment to Children at village Sonapani, Paneri, Udalguri.



May 28, 2016- General awareness program (Educational), Educational equipment (School bags, Notebooks, Pencils etc.) and Clothes distribution to 56 students of Rajgarh Shramik Primary School, Rajgarh, Chandrapur, Kamrup.



June 5, 2016- Plantation of saplings in different parts of Assam viz. Guwahati, Nalbari, Barpeta, Morigaon, Dibrugarh on the occasion of World Environment Day.

June 12, 2016- Health awareness program K N O W C A N C E R in association with Matrix-DNA at Sibsagar college auditorium, Joisagar. The event was conducted by Dr. Gayatri Gogoi, Asst. Professor, Pathology and Cancer Researcher and Dr. Jolly Rabha, Asst. Professor paediatric Haematoncology, of AMCH, Dibrugarh.

June 19, 2016- General awareness program (Health, Hygeine), clothes, educational equipment distribution program to 90 people at Narengi carbon gate slums.



July 3, 2016- General awareness program (Educational), Educational equipment (School bags, Notebooks, Pencils etc.) and Clothes distribution to 58 students of Ramsingh Nabajagaran Lower Primary School, Ramsingh village, Boonda.



July 10, 2016- Health awareness program K N O W C A N C E R, was organized at Lanka High School on 10-7-2016. The program was organized in collaboration with Himanta Bishwa Sarma Fans Club. Around 100 people participated in the program. Kaberi Borkakoti Sharma, Deputy Commissioner of Hojai, Munin Chamuah, Officer-in-charge, Lumding Police Station, Chao Biton Devi, Principal, Lanka High School, Ashima Mahanta, Advocate, Madan Mohan Dey Teacher and Social activist and Surjya Jyoti Goswami, President, Himanta Bishwa Sarma Fans Club were present in the event.



July 17, 2016- Meal program at Forest gate slums, Narengi, Guwahati feeding around 50 people.



July 19, 2016- Meal Program for 40 inmates at Mother Old Age Home, Jyotinagar, Guwahati.



July 23, 2016- Women skill building program on Baking Cake, Muffin and Chocolate at Gyankonika Apartment, Basisthapur bylane-3, Beltola Guwahati. 50 women participated in the program.



July 24, 2016- Cancer awareness program- Know Cancer and distribution of girl child undergarments at Bogajuli village, Baksa. SP of Baksa District, SDPO of Tamulpur, Gajen Narzary-Principal of UN Academy and Dr. Dipankar Deb Deka were present in the meeting.



July 31,-2016- Flood relief to various villages at Majuli, Jorhat (Digholi, Dakhinpat, Alimur) . Food items and emergency necessities were distributed to 260 flood affected families.

1. Food items (Rice- 15 quintal, Dal- 10 quintal, M.Oil-45 ltr, Sugar, Cidwa, Soyabean, Puffed Rice, Jaggery, Biscuits, Oats, Milk, Tea, Mineral Water etc.) 2. Insect repellents and disinfectants (Bleaching powder, Dettol, Pheneol etc.) 3. Clothes 4. Sanitary napkins and innerwear for women 5. Baby foods etc. 6. Bed sheet 7. Mosquito net and coil 8. Soaps and toothpastes 10. Medicines (ORS/PCM/Antacids/Norflor/B Complex etc.)



August 7, 2016- Health awareness and screening program on Cancer, in association with National Health Mission, Assam at Dhing Public High School, Dhing, Nagaon. 90 people were investigated for cancer potentials.



August 13, 2016- Flood relief to various villages of Morigaon (Mikir gaon, Mikir poschim, Kathoni, Tulasibori and Jatiabari.) Food items and emergency necessities were distributed to 350 flood affected families.

1. Food items (Rice-15 quintal, Dal-5 quintal, M.Oil-30 Itr, Sugar, Cidwa, Soyabean, Puffed Rice, Jaggery, Biscuits, Oats, Milk, Tea, Mineral Water etc.) 2. Insect repellents and disinfectants (Bleaching powder, Dettol, Pheneol etc.) 3. Clothes 4. Sanitary napkins and innerwear for women 5. Baby foods etc. 6. Bed sheet 7. Mosquito net and coil 8. Soaps and toothpastes 9. Educational equipments (Notebook, Pencils, Color Pencils, Eraser, Sharpner etc.) 10. Medicines (ORS/PCM/Antacids/Norflox/B Complex etc.)



August 19, 2016- Flood relief to Hatisar Camp and DEOSRI-VCDC Camp of villages in Chirang. 1. Food items (Rice-25 quintal, Dal- 7 quintal, M.Oil- 60ltr, Sugar, Cidwa, Soyabean, Puffed Rice, Jaggery, Biscuits, Oats, Milk, Tea, Mineral Water etc.) 2. Insect repellents and disinfectants (Bleaching powder, Dettol, Pheneol etc.) 3. Clothes 4. Sanitary napkins and innerwear for women 5. Baby foods etc. 6. Bed sheet 7. Mosquito net and coil 8. Soaps and toothpastes 9. Educational equipment (Notebook, Pencils, Color Pencils, Eraser, Sharpner etc.) 10. Medicines(ORS/PCM/Antacids/Norflox/B Complex etc.) were distributed to 112 flood affected families (total of 557 people).



August 21, 2016- Health awareness and screening program on Cancer in association with National Health Mission, Assam at Balitara High School, Nalbari. 69 people were investigated for cancer potentials.



September 4, 2016- Health awareness and screening program K N O W C A N C E R at Kharjan LP School, Salikihat, Golaghat. Above 200 people participated in the program of which 144 people were investigated. The screening was conducted by NHM team under District Program Co-ordinator(NCD), Dhruvajyoti Talukdar. The check up was done by Dr.Partha Gohain- Sr. M&HO, Kohora Model Hospital, Bokakhat and Dr.Nirmali Konwar- MO, NCD Clinic. They were assisted by Rupak Goswami-PSMRI-10, Sanjeevani(VHOP), Mouchumi Saikia- GNM Staff Nurse, Lakhimi Borah- Staff Nurse, Rume borah- Staff Nurse, Rekha Borah- Staff Nurse, Dergaon,CHC, Pranita Kachari-ANM, Bornali Medhi- LT,M.Begum- Pharmacist and 104 team. 7 suspected cases have been referred for further investigation. Medicines were distributed pertaining to general health ailments.

Medicines included-

PCH500mg/Antacid/ORS/NorfloxTZ/Amoxycillin1000mg/CoughSyrup/Antacid Gel/Atenolol50mg/Losartan/Cream Silver Sulfadiazine/Cream Framycetin/ OintmentPI/Syrup Salbutamol/Syrup Amoxycillin DS/B Complex/Diclofenac Sodium.



September 7, 2016- Post flood relief to three camps at Chirang 1. Hatisar,Dadgiri (Family-167, Member-835, 8Villages-Ambari, 1no and 2no Dharampur,Lakhiguri, Hatisar Adibasi, Hatisar Simalguri, Hatisar forest village and 1no Aiepowali) 2. Aiepowali (Family-47, Member-252) and 3. Nakedara (1no Kusungdvisa, 4no Samudwisa and 3no Samudwisa). 1. Food items (Rice-35 quintal, Dal- 250kg, M.Oil- 45ltr, Salt- 70kg, Sugar, Cidwa, Soyabean, Puffed Rice, Jaggery, Biscuits, Oats, Milk, Tea, Mineral Water etc.) 2. Insect repellents and disinfectants (Bleaching powder, Dettol, Pheneol etc.) 3. Clothes 4. Sanitary napkins and innerwear for women 5. Baby foods etc. 6. Bed sheet 7. Mosquito net and coil 8. Soaps and toothpastes 9. Educational equipment (Notebook, Pencils, Color Pencils, Eraser, Sharpner etc.) 10. Medicines(ORS/PCM/Antacids/Norflor/B Complex etc.)



September 18, 2016- Health awareness and screening program KNOW CANCER at Nokhola Grant Basti, Mayong, Jagiroad, Morigaon. 161 people attended the camp and all of them were investigated. The National Health Mission team included Dr.Bonsidhar Das(Sr.M&HO), Dr.Dichen Bordoloi(Sr.M&HO), Dr.B.Sharma(Sr.M&HO), Jufin Sultana,District Program Co-ordinator, NCD, Morigaon. Free medicines were distributed for general ailments. The drug list are- Antacid/Ofloxac/IFA/Paracetamol/TMP/Brufen/B Complex/Azithromycin/Amoxycillin/In.Paracetamol/Inj.Amikaci/In.Tramadol/ORS/In.The ophylline/Folic acid.



September 24, 2016- '16 CAKE CHALLENGE- Priyobondhu in association with Panasonic organized a NOVELTY and INNOVATIVE CAKE MAKING competition at Queen Electronics, Chandmari (Opposite All India Radio), Guwahati on 24-September-2016 from 4 PM, in a motive to promote employment oriented skill developmental program and to encourage self employment. 14 amateur and professional women participated in the competition. Classic innovative and theme based tasty novelty cakes were prepared viz. Pumpkin slice cake, Riceflour (Pithaguri) Cake, Maan Dhania Cake etc. Priya Tamuli took away the first prize of a PANASONIC MICROWAVE OVEN by making the autumn woodland theme out of Pumpkin slice. Mridusmita Dutta Dowerah became the runner up and got a PRESTIGE INDUCTION COOKTOP by making Mint-Riceflour (Pithaguri) Eggless Basket themed Cake. Television show MASTER CHEF famed Jumi Ahmed and Chef Pallavi Das honored the judge's seat. Chef Rajib Bora, proprietor of Majulir Asanj and Entrepreneur and proprietor of Queen Electronics Mr. Nipen Mahanta was the special guest of the evening.



October 2, 2016- Health awareness program K N O W C A N C E R at Ouphulia, Tingkhang, District Dibrugarh, Assam.



October 3, 2016- General awareness and distribution program at 2-No. Digholia, Bamunbari, Dibrugarh. Clothes to women and children, Sanitary Napkins and Innerwear to 70 Women were distributed.



October 18, 2016- Clothes distribution program to 90 beneficiaries at Narengi carbon gate slums.



October 22, 2016- Post flood relief to 2 camps at Chirang 1. Hatisar, Dadgiri (Family - 167, Member- 835, and 2no Aaipowali (Family- 47, Member- 252). Items distributed- Cerelac/6+/Stage1/Wheat, Cerelac/12+/Stage4/Multigrain and Fruits, Cerelac/10+/Stage3/Wheat-Rice mixed fruit, Lactogen2, Whisper Choice/Wings(8pads), Whisper Choice/Regular/7pads, Whisper Choice/Extra long/6pads, Stayfree secure/Regular/Dry cover with wings/ 8+2 pads, Mortein Coil, Dettol Soap, Classmate Notepad , Classmate Pencils, Classmate Scale, Pencil Box, Sunfeast Bounce, Patanjali Nariyal, Patanjalee Namkeen, Patanjali Doodh, Nezone , ParleG, Sunfeast Glucose, Tops, Hifi, Milk Bikis, Saffola Oats , Maggie, Veg Atta Noodles, Bed Cover, Undergarments to women.



October 29, 2016- POSITIVE LIGHTS for the children living with HIV+. Priyobondhu celebrated Festival of lights with 17 children of Kasturi Children Care Home by lighting 1001 earthen lamps. By means of crowd funding and collection we donated food items and educational equipment to the Children Home suffering from shortage of food. A meal program was also arranged for the inmates. Food items distributed viz. Rice, Dal, Mustard Oil, Atta, Sugar, Milk, Biscuits, Maggi, Potato, Onion, Tea etc. Educational equipment viz. Notebook, Pencils, Colour pencils etc.



November 13, 2016- K N O W C A N C E R at Morigaon Shankar Madhav Madhyamik Vidyalaya, Morigaon. Above 175 people participated in the program and were investigated. The screening was conducted by National Health Mission, Government of Assam team comprising Dr. Biswajit Bayan, M&HO, Morigaon Civil Hospital and Dr. Bansidhar Das. They were assisted by Staff Nurses Mousumi Kurmi and Kabita Gogoi.



November 19, 2016- Naba Jyoti Borah of Kamarbandha, Golaghat; a brilliant student from an extremely poor background was struggling for course materials and examination fees. Priyobondhu provided one time financial assistance for pursuing higher education and was assisted with an amount of Rs. 5000 on the foundation day of Priyobondhu.



November 26-27, 2016- Promoting livelihood and self-reliance through niche marketing. A beauty and wellness program, providing guidance and advocacy to marginalized girls by facilitating access to work and livelihood opportunities, was organized at Gyankonika Apartment, Basisthapur bylane-3, Beltola, Guwahati on 26th and 27th November, 2016 from 10am to 5pm. The Niche marketing is aimed at satisfying specific customer needs, as well as the price range, service quality and the demographics that is intended to impact in a small market segment. The program will focus on satisfying customers with the lowest price range for services like Pedicure, Manicure, Fruit and Gold facial and Threading at their door step.



December 25, 2016- Meal Program (Lunch) at Amar Ghar (Old age home), Patharquarry, Narengi, Guwahati.



December 25, 2016- Meal Program (Dinner) at Kasturi Children care Home (Children living with HIV+), Six Mile, Guwahati.



January 7, 2017- Distribution program at Lakhipathar in Dhemaji district. Warm Clothes, Sanitary napkins, School equipment, Blanket, Undergarments etc. were distributed to 62 Male, Female and Children.



January 7, 2017- Distribution program at Batgharia, Singimari, in Dhemaji district. Warm Clothes, Sanitary napkins, School equipment, Blanket, Undergarments etc. were distributed to 80 Male, Female and Children.



January 8, 2017- Cancer awareness and screening camp at IIE, Dhemaji Zila Mohila Samity Bhawan, Dhemaji Assam. 56 people participated in the program and were investigated. The investigation was conducted by NHM team under Sr.M&HO, Dhemaji Civil Hospital, Dr. B.Boruah and Dr. Binod Kr. Gogoi. They were assisted by Mrinmoy Hazarika, MMO, Mrs. Nilima Chetia, ANM , Mrs. Phuleswari Gogoi, GNM. Medicines were provided for general ailments. The program was conducted in association with NHM (National Health Mission) and IIE Indian Institute of Entrepreneurship.



January 17, 2017- Revitalization and Meal Program at Aamar Ghar Old Age Home, Patharquarry, Narengi, Guwahati.



February 3-4-5, 2017- The Assamese culinary has always been unique as Assam's colorful life and rich culture. Assamese dishes are simple, flavored, fresh and healthy too. To make this art commercially viable Priyobondhu Social Welfare Society organized an ASSAMESE TRADITIONAL FOOD COMPETITION at Rongali Festival of Assam on February 3-4-5, 2017, in a motive to promote employment oriented skill developmental program and to encourage self employment to the people who are skilled with the art of cooking. Our objective is to encourage these traditional food-artisans so that they commercialize their art instead of confining it inside the kitchen. Television show MASTER CHEF famed Jumi Ahmed, Assamese traditional cuisines expert Rajib Bora and Geeta Dutta honored the judge's seat. The food competition was held on three segments Assamese sweet, Assamese vegetarian and Assamese non-vegetarian dishes.

The list of winners and prizes-

Assamese Sweet Dish

Winner- Kaberi Gogoi (Mixie sponsored by Bharali Brothers Pvt. Ltd.)

Runnerup- Sehnaz Ahmed (Assamese Traditional Jewellery sponsored by Prajapati)

Third – Daisy Ahmed, (Milton serving set)

Assamese Vegetarian Dish

Winner- Nilofar Hussain (Mixie sponsored by USHA international)

Runnerup- Mitali Kalita (Assamese Traditional Jewellery sponsored by Prajapati)

Third- Ranju saikia Gogoi (Milton serving set)

Assamese Non-vegetarian Dish

Winner- Tanishi Inam, (Mixie sponsored by Art and Industries)

Runnerup- Sayeda Nishat Sreen (Assamese Traditional Jewellery sponsored by Prajapati)

Third- Tanushree Das (Milton serving set)



February 9, 2017- Cancer awareness and distribution program at Kaliagaon under Bollamguri PHC, Chirang District. Blankets were distributed to 22 families.



6th and 7th of March, 2017- Legal awareness camp at 2 No. Aaipowali, Chirang (BTAD), Assam on 6th and 7th of March, 2017. The Program was conducted under the patronage of Forest Department, Bodo Territorial Council. The program was attended by 258 persons. The objective of the program is to aware several laws which have been enacted for the welfare protection and security of the citizens.



8th and 9th of March, 2017- Disaster Diminution Awareness Camp at 2 No. Aaipowali, Chirang (BTAD), Assam on 8th and 9th of March, 2017. The Program was conducted under the patronage of Forest Department, Bodo Territorial Council. The program was attended by 348 persons. The prime objective is to aware and train the rural community to deal with natural as well as manmade disasters minimizing and prevent loss of life, livelihood, property etc.



10th and 11th of March, 2017- Disaster Diminution Awareness Camp at Hatisar-Dadgiri, Chirang (BTAD), Assam on 10th and 11th of March, 2017. The Program was conducted under the patronage of Forest Department, Bodo Territorial Council. The program was attended by 604 persons. The prime objective is to aware and train the rural community to deal with natural as well as manmade disasters minimizing and prevent loss of life, livelihood, property etc.



April 14, 2017- Celebrated Rongali Bihu with the Children of *Destination- Home for Mentally retarded persons and Children*, Kahilipara, Guwahati. Food and clothes distribution and a meal program was arranged. Rice, Masur dal, Sira, Moori, Pitha, Narikol Laaru ,Moori Laaru, Goor, Amul Taaza Milk, Eggs, Cabbage, Cauliflower, Potato, Soaps, Pheneol, Girls innerwear etc. were distributed.



April 26, 2017- Meal program at *Destination Home for Mentally retarded persons and Children*, Kahilipara, Guwahati.



April 30, 2017- Revitalization and Meal program at Mother Old Age Home, Jyotinagar, Guwahati



May 13, 2017- Cloth distribution and Awareness Program on Menstrual Hygiene Management followed by a Meal Program at Hatisar-Dadgiri village of Chirang District, Bodoland Territorial Council, Assam on 13th-May-2017. Sanitary Napkins were distributed to 350 Girls and Women. Men and Children Summerwear, Women Clothing were distributed to 604 beneficiaries.



May 28, 2017- Awareness program on menstrual hygiene management was conducted at Dharigaon, Jorhat integrating 3 villages Dharigaon, Doh Kukurasuwa and Garowal Sungi, on the occasion of WORLD MENSTRUAL HYGIENE DAY on May 28, 2017. Archana Borthakur, Founder of Priyobondhu delivered the keynote address. A compelling interactive session and awareness speech was delivered by Dr. Binoy Kumar Borah, Asst. Professor, JMCH and he was assisted by Dr. Jyotirmoy Sarma, PRCA, JMCH. 175 Girls and Women participated in the program. A set of Sanitary napkin and Women innerwear were distributed to each participant.



June 25, 2017- Awareness program on menstrual hygiene management was conducted at Negheriting TE, Dergaon, Golaghat. Archana Borthakur, Founder of Priyobondhu delivered the keynote address. An awareness session speech was delivered by Dr. Ghiasuddin Ahmed, Medical Officer, Kamalabari BHPC, Majuli and Rumi Devi, District coordinator NHM, Sonitpur informed about the various health related government schemes. Special invitees Shri. Bhabendranath Bharali, MLA of Dergaon, Shri. Nurul Sultan, President of Dergaon Sahitya Sabha, eminent social worker Sri Abhijit Borah and journalist Kaju Robi Das, Reporter, Dainik Janambhumi etc. participated in the program. 400 Sanitary napkins and Women innerwear were distributed to each participant.



July 7, 2017- An ailing woman Tripti Roy aged 56, suffering from lower part paralysis severe open wounds, and her distressed poverty stricken family of Nizarapar, Kahilipara, Guwahati was rescued on July 7, 2017. The family is of 5 members and 3 children are differently able. The only source of income to the family was her husband, but lately he was also suffering from back pain. The Woman was admitted in Gauhati Medical College Hospital, bearing necessity expenses and services. Priyobondhu also took the initiative by referring her 3 children in a home for special children called destination. Her 3 children were sent to Destination a home for special children. She underwent 3 surgeries and was discharged from the hospital on November 20, 2017.



July 23, 2017- Flood response at Pub-telahi, North Lakhimpur district providing 15 tons of relief materials to 4200+ people integrating 7 villages. The relief kit included Rice, Pulses, Salt, Flattened rice, Jaggery, Biscuit, Water, Soaps, Pheneols, Bleaching powder, Sanitary napkins, Female undergarments, Medicines, Sugar, Wheat flour, Mosquito coil, Milk, Potato, Candles, Puffed rice, Tarpaulin, Water filters, Buckets, Mugs etc. A free health check-up camp was also set up for the people with health issues. The physical examination was done by Dr. Dhrubajyoti Borah and free medicines were administered.



July 24, 2017- Flood response at North Lakhimpur 1. Bowalguri Jorhatia, No. of beneficiaries- 36 families 2. Bogolijaan Jorhatia, No. of beneficiaries – 7 families. 3. Hatilung, No. of beneficiaries – 31 families. 4. Bogolijaan Chariali, No. of beneficiaries – 9 families. 5. Bogolijaan, No. of beneficiaries – 88 families. The 2 ton relief materials included Rice, Pulses, Salt, Flattened rice, Jaggery, Biscuit, Water, Soaps, Pheneols, Bleaching powder, Sanitary napkins, Female undergarments, Medicines, Sugar, Wheat flour, Mosquito coil, Milk, Potato, Candles, Puffed rice, Tarpaulin, Water filters, Buckets, Mugs etc.



August 20, 2017- 2nd phase of flood relief to 8 villages of Kaliabor, Nagaon.

1. Santipur- 31 families 2. Madhupur - 14 families 3. Senchowa - 24 families 4. Silabandha - 41 families 5. Balitika- 27 families 6. Bihdubi- 135 families 7. Keribakori- 107 families 8. Topahula Dakshin- 110 families

Relief materials included-

General kit- Rice, Pulses, Sugar, Salt, Jaggery, Biscuit, Water bottle, Flattened Rice, Puffed Rice, Bleaching powder, Mosquito coil, Candle, Matchbox, Soaps, Pheneol, Clothes, Undergarments for Women and Girls.

Pregnant Women and child kit- Rice, Pulses, Soyabean, Milk, Water bottle, Biscuit, Sabu, Flattened rice, Puffed rice, Soap, Sanitary napkin, Undergarments, Jhonson kit, New baby clothes, Baby napkins.



August 25, 2017- 3rd phase of flood relief to 4 villages of Chirang, BTC. 1. Block- Sidli a. Thaisoguri- 379 families b. Laukriguri- 269 families 2. Block- Borbori TD a. Dawabil- 104 families b. Kungkrajhora- 5 Families Relief materials included- General kit- Rice, Pulses, Sugar, Salt, Jaggery, Biscuit, Water bottle, Flattened Rice, Puffed Rice, Bleaching powder, Mosquito coil, Candle, Matchbox, Soaps, Pheneol, Clothes, Undergarments for Women and Girls. Pregnant Women and child kit- Rice, Pulses, Soyabean, Milk, Water bottle, Biscuit, Sabu, Flattened rice, Puffed rice, Soap, Sanitary napkin, Undergarments, Jhonson kit, New baby clothes, Baby napkins.



August 29, 2017- Commencement of project BREAKFAST FOR A CHILD- A breakfast program for children under project consultant nutritionist Gitima Saikia. The prime objective of the survival program is to eradicate child hunger and breakfast skipping by providing a healthy breakfast on a daily basis consisting of a variety of foods, especially high-fiber and nutrient-rich whole grains, fruits, and dairy products to children at risk of under nutrition. The first centre is Kailashpur LP School, Kahilipara, Guwahati. There are total 157 students.



September 10, 2017- 4th phase of flood relief to 3 villages of Morigaon 1. Kathani Palashguri- 72 families 2. Kathani Garakhahiakhuti- 20 families and Kathani Jatiabori+Tulsibori- 121 families. Relief materials included- Bucket, Rice, Pulses, Sugar, Salt, Jaggery, Biscuit, Water bottle, Flattened Rice, Puffed Rice, Bleaching powder, Mosquito coil, Candle, Matchbox, Soaps, Pheneol, Clothes, Undergarments for Women and Girls.



October 2, 2017- Public awareness program for Hospital cleanliness on 2nd October, 2017 at Gauhati Medical College Hospital. The prime objective of the program is to aware general public to adopt cleanliness and hygienic environmental practices inside the hospital campus.



October 29, 2017- Awareness program on menstrual hygiene management was conducted at Salana TE, Anjukpani, Nagaon. The awareness speech was delivered by Dr. Dharmananda Sarma, M.O. of Simonabasti BHPC, Salana , Nagaon, Ankita Borah, ANM of 2no Anjukpani sub-centre and Rekha Reddy, ASHA of Anjukpani TE. 200+ adolescent girls and women participated in the program. Sanitary napkins were distributed to each participant.



October 30, 2017- Rescued a homeless woman, staying in the streets with her 2 child (one is an infant), abandoned by her husband and family. The infant who was suffering from high fever was immediately rushed to Gauhati Medical College for treatment.



November 14, 2017- Childrens day celebrated at Kailashpur LP School, Kahilipara, Guwahati. Children activities competition like Drawing, Singing, Dancing, Fun games, Recitation etc. were conducted. 65 students participated and educational equipment such as pencil boxes, notebooks, pencils, sharpeners and wax crayons were distributed to the children. Breakfast was also provided to the students.



November 29, 2017- Relief to people of Amchang wildlife sanctuary eviction. Water, Biscuits and Puffed rice were distributed to around 375 families.



December 14, 2017- Clothes distribution program at Amtola, Jaingaon of North Lakhimpur district. Blankets, Warm Menswear, Womenwear and Childrenwear were distributed to 159 families.



December 15, 2017- Clothes distribution program at Pub Telahi of North Lakhimpur district. Blankets were distributed to 71 families.



January 10, 2018- The light of knowledge is more equally significant with health and livelihood in any rural society of India. Schools in rural areas are still struggling for infrastructures, facilities and proficient teachers.

Such is Pukarkata LP School (non-provincialised) of Lahorighat in Morigaon District which was established in 1982. But the 35 year infrastructure succumbed to unavailability of funds. There were no walls on all four sides. Only left was the bamboo poles, rusted roof, 4 pairs of desk and benches and one blackboard. The students cannot resist the winds, rains, the scorching sun and consequently school sessions became irregular.

Priyobondhu, with the help of UK based NRIs decided to reconstruct the school building providing all school supplies. From 16-12-2017 construction work begun with a plan of 2 rooms, Concrete floor and side walls (Half), corrugated roof top, Desks, Benches, Blackboards etc. The construction work was completed on 9-1-2018 and inaugurated on 10-1-2018 by Shri Hemen Das, Deputy Commissioner, Morigaon; Shri. Swapnaneel Deka, Superintendent of Police, Morigaon; Smt. Dyotiva Bora, Circle Officer, Morigaon and Shri. Akbar Ali, Officer in Charge, Bhuragaon, Morigaon It was a new dawn for Pukarkata LP School. New sessions started with a batch of 40 students.



January 19-20-21, 2018- In a motive to promote employment oriented skill development and to encourage gainful self employment to the people who are skilled with the art of cooking, specifically women Priyobondhu conducted ASSAMESE TRADITIONAL FOOD COMPETITION at RONGALI FESTIVAL , Srimanta Sankardev Kalakshetra, Guwahati, Assam on January 19-20-21, 2018 . Our objective is to encourage these traditional food-artisans so that they commercialize their art instead of confining it inside the kitchen. The competition was based on 3 categories- 1. Assamese Sweet Dishes (Jalpan) on January 19, 2018 where 22 contestants participated. 2. Assamese Vegetarian Dishes on January 20, 2018 where 23 contestants participated. 3. Assamese Non-Vegetarian on January 21, 2018 where 26 contestants participated. The judgment was served by Smt. Hiranmoyee Goswami, Shri. Rajib Bora, Smt. Jumi Ahmed and Smt. Geeta Dutta

Position holders and prizes-

Assamese Traditional Sweet Dishes (22 participants)

1st prize- Tanishi Inam- Prajapati Assamese Gold Jewelry

2nd prize- Kaberi Gogoi Deka- Milton Non Stick Cookware sponsored by Dalmia cement

3rd prize- Giriza Das- MIO Casserole Set sponsored by Dalmia cement

Assamese Traditional Vegetarian Dishes (23 participants)

1st prize- Rumi Dewan- Prajapati Assamese Gold Jewelry

2nd prize- Smita Das- Milton Non Stick Cookware sponsored by Dalmia cement

3rd prize- Hadiya Hayat Inam- MIO Casserole Set sponsored by Dalmia cement

4rd prize- Aradhana Baruah- Pigeon Handi sponsored by Dalmia cement

Assamese Traditional Non- Vegetarian Dishes (26 participants)

1st prize- Mridusmita Dutta Dowerah- Sony Camera sponsored by Dalmia cement

2nd prize- Rehana Khatoon- Prajapati Assamese Gold Jewelry

3rd prize- Pranita sharma- MIO Casserole Set sponsored by Dalmia cement

4rd prize- Hadiya Hayat Inam- Milton Non Stick Cookware sponsored by Dalmia cement



January 19-20-21, 2018- In addition to ASSAMESE TRADITIONAL FOOD COMPETITION at RONGALI FESTIVAL , Srimanta Sankardev Kalakshetra, Guwahati, Assam on January 19-20-21, 2018, 8 food stalls were allotted to 8 food artisans, prioritizing women, serving 100+ variety of traditional and fast foods. The motive was to encourage gainful self employment to the people who are skilled with the art of cooking. Our objective is to encourage these traditional food-artisans so that they commercialize their art of cooking.



January 19-20-21, 2018- In addition to ASSAMESE TRADITIONAL FOOD COMPETITION and Food stalls at RONGALI FESTIVAL , Srimanta Sankardev Kalakshetra, Guwahati, Assam on January 19-20-21, 2018, a traditional kitchen was constructed demonstrating various traditional foods of Assam.

Blogger partner "Foodie on the road" conceptualized the traditional kitchen ..



January 27, 2018- Resumed Breakfast for a Child program for academic year 2018 at Kailashpur LP School, Narakasur Pahar, Kahilipara, Guwahati, Assam. A total of 102 students are enrolled in 2018 academic year.

February 13, 2018- Looking at the alarming rise of child sexual abuse, molesting, groping etc. cases, an Awareness program on safe, unsafe, unwanted touch for girl child was commenced from February 13, 2018. The program is named LOUDLY NO. The objective of the program is teaching girls about limits to identify reasonable, safe and permissible ways for other people to behave towards them and how they will respond when someone passes those limits, empowering girls by respecting their choices and their right to say no and empowering girls by teaching self defense. The program was conducted with the support of SBIOA at SBOA Public School, Garchuck, Guwahati. A significant interactive session between our resource people Nimi Borgohain, Chief Clinical Psychologist of GNRC, Psychiatric Social Worker Dhruba Jyoti Kalita and the Girl students consequently revealed that 24% of girls out of total 120 girls were abused once or more during their lifetime and majority of them were an outsider. Subsequently counseling was done to the girls suffering from traumatic experience. Ms. Cynthia Nornha, CFO and DGM, Asish Kr. Biswas, CDO and DGM, Rupam Roy, General Secretary, SBIOA, Dilip Roychoudhury, President, SBIOA were present in program.



February 15, 2018- In addition to regular breakfast to the children of Kailashpur LP School, Kahilipara, Priyobondhu offered YOGA and SPOKEN ENGLISH classes from today by resource persons Vezotolu and Chayanika.

February 25, 2018- STEPPING OUT OF THE KITCHEN is the theme for Women who live with pride and dignity. In a motive to promote gainful self employability for Women, Priyobondhu, with the support of Panasonic cooking, conducted an authentic cake baking competition on 25-2-2018 at Chandmari, Guwahati. There were restrictions on the use of artificial edible colors, readymade gum paste, sugar paste, whip cream, artificial decorative items etc., and instead colors of fresh fruits and vegetables were encouraged. The judgment was based on taste, nutritious values and decoration. 26 entrants took part in the competition. Position holders and Prizes-

1st prize- Sayeda Somina Afrin Christie (Dalia sesame cake) - Panasonic Microwave Oven

2nd prize- Sonmani Phukan Baruah (Organic Chocolate Cake)- Panasonic Rice Cooker

3rd prize- I. Hussain (Banana Fruit cake)- Panasonic Rice Cooker

Judges special choice-

1. Mridusmita Dutta Dowerah 2. Daisy Ahmed 3. Jabin Akhtar 4. Tanishi Inam

Consolation prizes-

1. Farzana Begum 2. Ami Baruah 3. Jutika Baruah 4. Raktimala Adhyapak 5. Sandeep Das

The judgment was served by Jumi Ahmed and Shankar Ghosh. Rajib Bora, RJ Sujita and RJ Shubhankar Big 92.7 FM, Nripen Mahanta, Sachin Vishwakarma, Saman Singh, Siva Sarma etc. were the special guests to mention who were present on the occasion.



March 11, 2018- An awareness program on menstrual hygiene management was conducted at Nalapara slums, Narengi. Sanitary pads and toiletries were distributed to adolescent girls and women.



March 11, 2018- Clothes distribution program at Nalapara slums, Narengi.



March 12, 2018- In memory of Late Nandita Das, Priyobondhu came forward to support a girl Rupali Das of Balilecha village in Nalbari district. Her family was suffering from severe financial constraints and she was about to be married. The sole income of her family is her father who was a rickshaw puller. The marriage was solemnized on March 12, 2018. We provided her some essential belongings like clothes, gold ornaments, kitchen utensils, suitcase, blanket, bed sheets, mosquito nets, toiletries etc and an amount of cash. The bridal make-up and registered marriage was performed with the help of individual supports by Priyobondhu.



March 15, 2018- An awareness program on Sexual harassment and Post traumatic stress disorder management was conducted at Pragjyotish College on March 15, 2018. Subjects discussed were- Women sexual harassment, its forms, places of occurrence, its types, its effects, what to do, what not to do, Legal options and Post traumatic stress disorder management. 37 girls participated in the program. A significant interactive session between our resource people Nimi Borgohain, Chief Clinical Psychologist of GNRC, Psychiatric Social Worker Dhruba Jyoti Kalita and the Girl students consequently revealed that 43% among the girls were abused once or more during their lifetime and majority of them were an outsider. Subsequently counseling was done to the girls suffering from traumatic experience. Respected attendees of Pragjyotish College present in the program were Dr. Paramananda Rajbongshi, Principal; Dipika Roy Medhi, Associate Professor, Philosophy; Namita Das, Associate Professor, Economics; Manjula Dutta, Sr. Associate Professor, Anthropology; Niva Deka, Associate Professor, Philosophy; Indrani Kalita, Assistant Professor, Assamese; Karabi Khaklari Bodo, Assistant Professor, Assamese; Mridusmita Devi, Assistant Professor, Education.



April, 2018- Commenced S E T O N A project for Bengtol Circle (87 villages), Chirang District (BTAD) to create awareness and educate the community on maternal and child health (MCH) and procurement of MCH schemes and services provided by the Government . It is a comprehensive community health awareness program for mother and child health care.



June 9, 2018- Established a library for the Children of K A I L A S H P U R L . P . S C H O O L, Narakasur Pahar, Kahilipara, Guwahati, Assam. The Children Library Bookself with 100 Children books was donated by PTI journalist Mrs. Durba Ghosh and inaugurated by social activist Smt. Hiranmoyee Devi.



June 9, 2018- An awareness program on menstrual hygiene management was conducted at K A I L A S H P U R L . P . S C H O O L, Narakasur Pahar, Kahilipara, Guwahati, Assam.. Sanitary pads and toiletries were distributed to adolescent girls and women.



July 23, 2018- A Seminar on ' Menstruation management and understanding contemporary contexts ' was conducted at Khanapara State Dispensary, Guwahati. The purpose was to understand the real scenario of Menstrual Hygiene Management Scheme in rural areas. 5 Auxiliary Nurse Midwife (ANM), 12 Accredited Social Health Activist (ASHA), 1 Lady Health Supervisor (LHS) and 1 NGO worker participated in the seminar.



July 26, 2018- A Seminar on 'Menstruation management and understanding contemporary contexts' was conducted at Bhetapara PHC, Guwahati. The purpose was to understand the real scenario of Menstrual Hygiene Management Scheme.

1 Medical Health Officer (MHO), 2 Auxiliary Nurse Midwife (ANM), 9 Accredited Social Health Activist (ASHA), 1 Surveillance Worker, 1 Pharmacist, 1 Lab Technician, 4 Medical Staff and 2 Interns participated in the seminar.



August 12, 2018- Flood relief to 2 villages of Golaghat district (Bauri Gaon, Numaligarh 153 families and Arengapar, Golaghat 104 families). Items distributed-Buckets, Blankets, Mosquito nets and Repellents, Mattress and Pillow, Disinfectants, Soaps and Sanitizers, Sanitary Napkins, Milk and Sugar, Rice and Pulses, ORS and Mineral water etc.



September 20, 2018- A Seminar on 'Menstruation management and understanding contemporary contexts' was conducted at Kahilipara PHC, Guwahati. The purpose was to understand the real scenario of Menstrual Hygiene Management Scheme.



September 30, 2018- A social awareness program on Dokmoka, Karbi anglong lynching issue was organized to commemorate our lost brothers Nilotpal Das and Abhijeet Nath, titled- THE ORGANIC DREAM where a book was inaugurated- ' Abiswakhi Xomoy Stabdha Jiwan ' written on Nilotpal and Abhijeet, which was followed by a special program to promote organic instruments and traditional artists, featuring 1. Tezpuria Thespians- Folk repertoire
 2. The Hostel Boyz- Innovative handmade instruments performance.
 3. Lovita JR Morang- Flute Instrumental



11 October, 2018- Distributed sports equipment at Kailashpur LP School, Narakasur hills, Guwahati. Taybun Nissa, pride of Assam, athlete of yesteryears honored the program and encouraged the children. The program was supported by Parichay global works services Pvt. Ltd., Mumbai. Equipment distributed were Cricket set, Football, Badminton set, Skipping, Volleyball set.



IN MEDIA

খেমাজিত ককট বোগৰ স্বাস্থ্য পৰীক্ষা শিবিৰ
গুৱাহাটী, ১৬ জানুৱাৰী : খেছায়েসেবী সংগঠন প্ৰিয়বন্ধুৰ উদ্যোগত আৰু আই আই ই (হেথিয়ান ইনষ্টিটিউট অব এণ্ডোব্ৰিনিউবছিণ) আৰু ৰাষ্ট্ৰীয় স্বাস্থ্য মিন্ধন সহযোগত যোৱা সাত জানুৱাৰীত খেমাজি জিলাৰ মহিলা

দেশৰ ৬৯ শতাব্দে যৌন নিগ্ৰহৰ বলিয়ে গোপনে ৰাখে ঘটনা
আইন সজাগতা নিৰিন সম্পাদনা

কেঞ্চাৰ সজাগতা সভা সম্পন্ন
ময়কৰ

প্ৰিয়বন্ধুৰ বান সাহায্য বিতৰণ
গুৱাহাটী, ১১ মাৰ্চ : খেছায়েসেবী সংগঠন প্ৰিয়বন্ধুৰ উদ্যোগত যোৱা এটা সপ্তাহৰ ভিতৰত বান হিচাপে প্ৰিয়বন্ধুৰ বান সাহায্য বিতৰণ কৰা হৈছে।

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প্ৰিয়বন্ধুৰ উদ্যোগত মঙলাদৈত দুৰ্গতক বস্ত্ৰদান
মহানগৰ সৰ্বোদ, ১৫ মাৰ্চ : প্ৰিয়বন্ধুৰ উদ্যোগত ১০ মাৰ্চ দিনা দুৰ্গ জিলা মেধিপাৰ

এসোজ খাদ্য, এজাক শিশু আৰু শিক্ষা
গুৱাহাটী, ১০ মাৰ্চ : প্ৰিয়বন্ধুৰ উদ্যোগত ১০ মাৰ্চ দিনা দুৰ্গ জিলা মেধিপাৰ

Positive Lights for orphans battling HIV+
Gumthang, Oct 29 (PTI) A group of 17 orphaned children struggle with HIV+ virus, but their determination to lead a normal life is evident as they are one of the best students in the school.

শিশুক পুৰাৰ আহাৰ
গুৱাহাটী, ২৯ আগষ্ট : খেছায়েসেবী সংগঠন প্ৰিয়বন্ধুৰে নিজা উদ্যোগত আহাৰ পৰা আৰম্ভ কৰে এক বাতৰীমাৰী কাৰ্যসূচী।

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চিৰাং মৈ বাঢ় পীড়িৰীচ ৰাহত সামগ্ৰী বিতৰণ
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'প্ৰিয়বন্ধু' 'বেব'সাইট কাৰ্যসূচী
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THE TIMES OF INDIA

Breakfast initiative for marginalized children takes off



The initiative has been undertaken by Priyobondhu, a social welfare society

napkins for relief Lakhimpur, Jonai



The initiative has been undertaken by Priyobondhu, a social welfare society

দৈনিক অসম



পূৰ্বায়ত বে যোবা পোহাৰ।

দৈনিক অগ্রদূত



বানাক্রান্তক সাহায্য প্রদান

প্রতিদিন



শিশু পুষ্টিভাৰাল মুকলি

চাফাই ত



আবেগন চাফাই ত

The Sentinel



আবেগন চাফাই ত

নিয়মীয়া বাৰ্তা



বন্ধন উদ্যোগত খেলৰ সামগ্ৰী বিতৰণ

The Telegraph



বন্ধন উদ্যোগত খেলৰ সামগ্ৰী বিতৰণ

অসমীয়া প্রতিদিন



বেচ্ছাসেবী সংস্থা 'প্ৰিয়বন্ধু'ৰ উদ্যোগ

বিন্দ্যলয়ত খেলৰ সামগ্ৰী বিতৰণ



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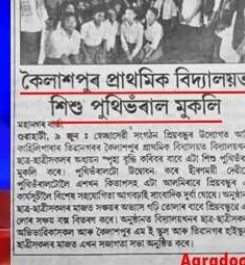
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কৈলাশপৰ প্ৰাথমিক বিদ্যালয়ত



শিশু পুষ্টিভাৰাল মুকলি

আমাৰ অসম



বেচ্ছাসেবী অনুষ্ঠান প্ৰিয়বন্ধুৰ উদ্যোগত পুষ্টিভাৰাল মুকলি

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প্ৰিয় বন্ধু'ৰ শিশু খাদ্য যোগান আচনিৰ এবছৰ



প্ৰিয়বন্ধু NGO's Breakfast Programme for

কৈলাশপৰ প্ৰাথমিক বিদ্যালয়ত



শিশু পুষ্টিভাৰাল মুকলি

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PROJECTS AND PROGRAMS OF PRIYOBONDHU

1. Food, Clothes and Educational Bank

Most of us possess more than what we need. In our present society, abundance is the tell-tale of our standard of living. But still then there are ones, hundreds, thousands, lakhs of people who are less fortunate. We have established a Food, Clothes and Educational equipment bank where people share a small part of their abundant possessions with the people who are in need of some assistance. We serve Families, Children, Seniors and others at risk of hunger. We collect usable second hand and new clothes and distribute throughout the year to the less fortunate people in rural areas who are short of adequate clothing. We have an Educational items bank for Children. We collect goods from donors and distribute it among the needy and less fortunate children all through the year.

2. Breakfast for a Child- Children breakfast program

Breakfast is considered to be the most important meal of the day. Children who didn't have a good breakfast in the morning were less attentive in school and less inclined to do well and suffered from fatigue. The prime objective of the survival program is to eradicate child hunger and breakfast skipping by providing a healthy breakfast daily consisting of a variety of foods, especially high-fiber and nutrient-rich whole grains, fruits, and dairy products. Therefore we cook and provide breakfast every morning before school for the poor children. Children who eat breakfast on a consistent basis tended to have superior nutritional profiles. After overnight fasting, nutritious breakfast consumption may improve cognitive function related to essential role of breakfast for optimal schooling, attention, memory, test grades, and school attendance. Breakfast as part of a healthful diet and lifestyle can positively impact children's health and well-being. The risk of hunger and nutrition is probably the most critical problem which affects Children. It reduces the ability to learn and grow. Children facing hunger tend to struggle in school and may be beyond. It can have serious implications on child's physical and mental health. They tend to become malnourished, sluggish and dreary. They can have delayed development and has the risk of chronic illness like asthma and behavioral problems like anxiety, hyperactivity, aggression etc. Children facing hunger often grow up in a family where a parent or parents also face hunger. A family faces hunger simply because they don't have money to buy enough food. They buy cheapest food instead of healthy food and as a consequence they experience developmental impairments in areas like language and motor skills and have more social and behavioral problems. They have the risk of chronic illness like asthma and behavioral problems like hyperactivity, anxiety, aggression etc. The program is now functional at K A I L A S H P U R L . P . S C H O O L, Narakasur Pahar, Kahilipara, Guwahati, Assam.

" The aim of survival program BREAKFAST FOR A CHILD is to put an end to breakfast skipping and encourage optimal schooling."

3. Setona- Mother and Child Health Care

The prime objective of S E T O N A Project is to create awareness and educate the community on Mother and Child Health (MCH) and procurement of MCH schemes and services provided by the Government . It is a comprehensive community health program for mother and child will provide primary health care consciousness and services.

The objectives of the project are-

1. Reduce incidence of Infant Mortality, Neo-natal Mortality Rate & Post Neo-natal Mortality, Under Five Mortality, and Maternal Mortality and arouse consciousness on Antenatal Care, Post-Natal Care and Immunization services.
2. Enhance capability of mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.
3. Aware Public health supervisor, Traditional birth attendant, Village community members, Family members etc. to enhance their skill and their respective rules towards service to be delivered.
4. Educating the community on adapting family planning methods.
5. Integrating Traditional and Western systems of health care.
6. Creating awareness on cleanliness and hygiene.
7. Informing various MCH schemes and services provided by the Government to the community and how to procure it.

4. Let us Talk- Menstrual Hygeine Management

Menstruation is a natural biological process faced by all adolescent girls and women. People still get embarrassed to talk openly. Every adolescent girl and woman must have easy access to sufficient, affordable and hygienic menstrual absorbents during menstruation. Every adolescent school girl must have access to a separate toilet with private space for cleaning, washing. This includes access to adequate and sustained water supply and soap. Every adolescent girl must have access to infrastructure for disposal of used menstrual absorbent, and should know how to use it. The purpose of the program is to educate the G I R L S about menstruation prior to menarche and understanding the biological change, educate adolescent Girls and Women on safe menstrual practices and liberalization from social taboos and providing access to knowledge and information, safe menstrual absorbents, water, sanitation, hygiene and safe disposal of used menstrual absorbents.

5. Loudly NO- Awareness program on Sexual harassment and Post traumatic stress disorder management

The objective of the program LOUDLY NO is to educate girls about limits to identify reasonable, safe and permissible ways for other people to behave towards them and how they will respond when someone passes those limits, empowering girls by respecting their choices and their right to say no and empowering girls by teaching self defense. The program helps to understand Women sexual harassment, its forms, places of occurrence, its types, its effects, what to do, what not to do, Legal options and Post traumatic stress disorder management.

6. Humanitarian Relief

Every year unprecedented flood hits almost all parts of Assam. It creates a huge devastation and many lives are being lost. Villages get submerged. Properties, animals etc. all gets washed away. People lay stranded. People suffer from severe food and water shortages and other essentials. They are in desperate need of food primarily. When flood strikes, the immediate impact is food supply shortage resulting to hunger. Flood causes death of animals and dead animal bodies contains bacteria and having these bacteria in the water causes different kinds of waterborne diseases. Since inception we are providing relief to flood affected people all across Assam.

1. Special kits were made for pregnant woman and child included -

Pregnant Women and child kit- Rice, Pulses, Soyabean, Milk, Water bottle, Biscuit, Sabu, Flattened rice, Puffed rice, Soap, Sanitary napkin, Undergarments, Jhonson kit, New baby clothes, Baby napkins

2. Special kits were made for girls and women included -

Sanitary napkins, Undergarments etc.

7. Know Cancer

The dreaded disease Cancer affects one and all of us in multiple ways, and the devastating impact that cancer has on individuals, families and communities stays forever. Most of the time it is seen that people ignore and tend to get away from the thought or word Cancer. This act of ignorance often proves fatal. Adequate knowledge on the disease can save many lives. Therefore it becomes our social responsibility to enlighten the people to combat the disease Cancer. Know Cancer- is a program of Priyobondhu, raising awareness and educate people about the disease. The program persuades the need of proper and timely diagnosis and treatment. How creating a healthy environment, making healthy lifestyles and make understand that early detection save lives.

8. Sustainable livelihood

In a nation like ours women are treated as second class citizens and seen as someone to look after the home and bear children. Women and girls are mostly involved in household chores. They do not have a say in household affairs. They have to be dependent on the male counterparts. In view of the financial constraints that a family faces, Priyobondhu skill building and gainful self employment programs and events strives to empower the women and community at large. Priyobondhu vocational training programs and events enable marginalized women and girls to learn and enhance their skills and confidence by making themselves self reliant.

9. Other short term programs include

9.1- Priyobondhu revitalization program is a holistic approach for Old aged people who either have been abandoned by families or who has no relatives to take care of. It is often seen that the isolation of being away or deprived from the loved ones becomes a prime psychological issue for the old people. A few kind motivational words, a meal together, a little amusement together etc. can make a big difference. Gifting some good things, clothes etc. can feel them being cared.

9.2- Supporting women victim of difficult circumstances.

9.3- Intervention at Navoday path basti situated at Hatigaon, Guwahati, Assam for-

1. Substantial development of health and hygiene, livelihood, education, proper sanitation facilities etc.
2. Setting up open air school daily evening.
3. Organizing motivational interactive sessions against gambling, alcohol and drug abuse.
4. Sensitizing parents and guardians for sending their children to school.
5. Organizing health awareness group discussions.

9.4- Instruction and assistance in developing good environmental practices- Sapling plantation programs to aware the people of the alarming threat of global warming and deforestation.

9.5- Educational- Priyobondhu, with the help of London based NRIs constructed a school building at Pukarkata LP School (non-provincialised), Lahorighat in Morigaon District providing all school supplies.

Activities timeline

From November 20, 2018 to November 19, 2020

November 22, 2018- Daily we come across many families who struggle to feed themselves and have a difficult time providing the school essentials to their school going children which is essential to academic success. Education has always been in the backseat due to other greater family needs. Our program, 'School Kit for a Child' as we name it, will provide the students with a school kit containing School Bags, Notebooks, Pencils and other essentials for an academic year. The objective is - The children must go to School, have self-worth, self-confidence and must not stay back due to unavailability of school supplies. The program serves the families who are unable to purchase school supplies for their Children. The program commenced from JSVN School, Paschim Killing, Khetri.



November 24, 2018- Mother and Child Health Care awareness camp at 2 no Aiepowali, Chirang District (BTAD) to create awareness and educate the community on maternal and child health (MCH) and procurement of MCH schemes and services provided by the Government. It is a comprehensive community health awareness program for mother and child health care. 184 people participated in the program.



November 25, 2018- Conducted Mother and Child Health Care awareness camp at Hatisar VCDC, Chirang District on November 25, 2018, to create awareness and educate the community on maternal and child health (MCH) and procurement of MCH schemes and services provided by the Government. It is a comprehensive community health awareness program for mother and child health care. 313 people participated in the program.



January 12, 2019- Warm clothes and Sanitary napkins distribution to 50 families and 142 individuals at Hatisar FV, Chirang District, BTC



February 28, 2019- Awareness camp on MHM (Menstrual hygiene management), MCH (Mother and child health care) and Importance of Education by Priyobondhu in the slums of Narengi carbon gate, Guwahati. A young group of students from Assam Downtown University, NERIM and Shrimanta Shankar Academy extended their support to the program. Sanitary napkins to Women, Menswear, Women garments and Childrewear were also distributed.



March 7, 2019- Conducted a free oral cancer screening camp at Narengi slums, Guwahati in association with Dr. B. Borooah Cancer Institute and Tata Trusts. 40 persons including 25 females and 15 males were investigated by a team of 13 health professionals from Dr.B.Booroah Cancer Institute and Tata trusts.The team of BCCI Tata Trusts included Dr. Satirtha Barman, Head Consultant, Dr, Debasis Das Bharali, Oral Surgeon, Dr. J. Patowary, Oral Surgeon, Dr. M.Zaman, Dental Surgeon, R. Buragohain, Consultant, N. Barman, Consultant, Tanushree Yadav, JRF, DBI, Dipika Dey, JRF, DBI, Arpana Saikia, Consultant, Barasha Ray, Consultant, Pallabi Keot, Consultant, Rita Buragohain, Consultant and Rodali Kalita, Consultant.



March 8, 2019- An awareness program on menstrual hygiene management was conducted at Fancy Bazar Gate-4 slums on March 8, 2019. Sanitary pads and toiletries were distributed to 49 girls and women.



April 26, 2019- Awareness program on Safe and Unsafe touch at Kailashpur LP School, Narakasur Hills, Kahilipara, Guwahati. The objective of the program is to disseminate knowledge about limits to identify reasonable, safe and permissible ways for other people to behave towards them and how they will respond when someone passes those limits, empowering children by respecting their choices and their right to say no and empowering girls by teaching self defense. In the interactive session guardians too participated along with the children. A compelling interactive session and awareness speech was delivered by Nimi Borgohain, Chief Clinical Psychologist of GNRC.



April 26, 2019- Awareness program on Importance of Education at Kailashpur LP School, Narakasur Hills, Kahilipara, Guwahati. The awareness speech was delivered by Shri. Mrinal Kr. Gogoi, Department head of Social work, Mahapurusha Srimanta Sankaradeva Viswavidyalaya.



May 1, 2019- Feeding 200+ Children residing in Paschim Boragaon Dump yard slums. Clothes were distributed to Men, Women and Children.



June 12, 2019- Single meal program on June 12, 2019 at Kasturi Child Care Home for Orphan, Semi Orphan and Destitute Children, Six mile and Destination, a home for children with special needs, Bhagadattapur.

June 20, 2019- Single meal program at Kasturi Children Home, Helping Hand Old Age Home and Narengi Carbon Gate Slums.

June 21, 2019- Single meal program at Narengi Carbon Gate Slums.

July 1, 2019- Implemented Priyobondhu's Flagship Integrated Program for Welfare of Women and Children (IPWWC) at Hanuman Nagar Basti (Slums), Narengi, Guwahati. The program is designed to benefit disadvantaged Women and Children residing in slums. We are assisting Women and Children with limited accessibility to improve their quality of life. The program was inaugurated by Kamrup(M) Additional Deputy Commissioner Shri. Ratul Pathak, Smt. Juri Goswami, Smt. Alaka Goswami and Smt. Juli Saikia, Teacher, Assam Jatiya Bidyalyay, Noonmati, Guwahati.



July 22, 2019- First phase of Flood Relief begins from Diffloo Pathar, Kaziranga. Almost 187 families were provided with a relief kit with food and basic essential supplies that can last for at least 10-15 days. Along with the never untiring PB team, young singers Vreegu Kashyap, Montumoni Saikia and Rakesh Riyan came forward and volunteered for Priyobondhu.

The basic Flood Relief Kit contains ..

1. Food items per Family
(Rice 7 kgs, Dal 2kgs, M.Oil- 1 litre, Salt, Puffed Rice, Flattened Rice, Biscuits, Tea, Sugar, Jaggery, Soya Bean, Chickpeas)
2. Water 5 litre
3. Toiletries - Soap, Toothpaste, Toothbrush, Detergents
4. Disinfectants- Bleaching Powder, Phenyl
5. Baby Essentials- Enfa Grow/ Cerelac/ Nestum/ Milk
6. Women essentials- Sanitary Napkins and Undergarments
7. Basic Essentials- Mosquito Net, Candles and Matches, Mosquito repellents.



July 24, 2019- 2nd Phase of Flood Relief at Dikhowmukh Pukarkata, Lahorighat, Morigaon. Almost 82+ families were provided with a relief kit with food and basic essential supplies that can last for at least 10-15 days.



July 24, 2019- 2nd Phase of Flood Relief at Gorapar Santipur, Lahorighat, Morigaon. Almost 190+ families were provided with a relief kit with food and basic essential supplies.



July 24, 2019- 2nd Phase of Flood Relief at Kushatoli Barangoni, Lahorighat, Morigaon. Flood affected families were provided with a relief kit with food and basic essential supplies



July 24, 2019- 2nd Phase of Flood Relief at Geruwa Gakhir Than, Patrabori, Lahorighat, Morigaon. Flood affected families were provided with a relief kit with food and basic essential supplies



July 30, 2019- 3rd Phase of Flood Relief at Camp no. 1 at Janpaar and Komarbari, Morigaon. 199 Flood affected families were provided with a relief kit with food and basic essential supplies.



July 30, 2019- 3rd Phase of Flood Relief at Camp no. 2 at Tinsukia Mohmaari, Morigaon. 74 Flood affected families were provided with a relief kit with food and basic essential supplies.



July 30, 2019- 3rd Phase of Flood Relief at Camp no. 3- Saagoli Panikhowa, Morigaon. 43 Flood affected families were provided with a relief kit with food and basic essential supplies.



July 30, 2019- 3rd Phase of Flood Relief at Camp no. 4- Paarjari, Morigaon. 115 Flood affected families were provided with a relief kit with food and basic essential supplies.



August 6, 2019- Flood relief Phase-4 at Malowpaam, Malowkhat, Malowpathar Village of Jorhat. Provided relief materials to 406+ families ..



August 15, 2019- 5th phase of Flood relief. New Clothes for Children, Women and Men were distributed in the North-west region of Jorhat at Gendhali, Namgorumora, Balichapori, Dorikamari, Mohemaari to 1500+ persons of 400+ families, 472+ families at Janjimukh, Jopong Village and 123 Primary School children of Baanhfola village.



August 18, 2019- Keeping in view of certain health problems that occur after a flood in a region, a Post Disaster Health Camp for Women and Children was arranged at Hajongbari, Chandrapur. The free general health check up was conducted by Dr. Rajarshi Deori, Nemcare Hospital and necessary medicines were distributed accordingly. Sanitary napkins and undergarments for Women, Clothes and Diapers for Children were distributed to 182+ Women and Children.



August 31, 2019- Started our Adult Literacy Program for Women under IPWWC of Priyobondhu at Hanuman Nagar Basti, Narengi. The mission statement is to become literate and obtain basic skills for employment and self sufficiency; and to obtain basic educational skills for the educational development of their children.

September 26, 2019- Commenced our daily breakfast program for the second time at 2 No. Mathgharia Lower Primary School on experimental basis for 3 months. Number of students enrolled in the LPS is 133.

September 28, 2019- Menstrual hygiene management awareness camp at Nizarapar, 2 no. Mathgharia, Guwahati, Kamrup(M)



November 20, 2019- Warm clothes distribution at Hanuman Nagar Basti, Narengi.

December 29, 2019- Warm clothes, children food items, blanket, sanitary napkins distribution to Women and Children of Baikunthapur, Guwahati.



January 16, 2020- Distribution of basic items at Khowang, Dibrugarh



January 27, 2020- Distribution of School kit viz. Bag, Tiffin, Water sipper, Pencils, Erasers, Sharpeners, Crayons along with other basic essentials like Toiletries(Toothbrush, Toothpaste, Soap), Warm Children clothes, Shoes etc. at Jeevan Sadhana Bidya Niketan (2 no. Robin gaon and Dharbam) Khetri. Presently there are 25 students at 2 no. Robin gaon and 38 students at Dharbam school.



February 16, 2020- Installation of Safe drinking water tank, Toilet and Bathroom at Hanuman basti slums, Narengi.

No more open defecation .. No more open bath for women .. No more impure drinking water.



March 13, 2020- Environmental hygiene program at Basistha Mandir, Guwahati. The mandir premises were cleaned by the student volunteers of NERIM under the supervision of Priyobondhu.



March 23, 2020- In a response to COVID-19 outbreak epidemic, which resulted major concern for the people of Hanuman Nagar Basti, Narengi who are dependent on daily wage resulting severe food crisis onset, we provided groceries and basic essentials to deal hunger during lock down along with awareness.



April 6, 2020- COVID-19 relief to 152 families of Panikhaiti during lock down.



April 9, 2020- COVID-19 crisis response .. Distributed relief materials to 61 families at Man Sing Sing Nagar, Noonmati (Hill top). The survival pack contains (Per family) 10 kgs Rice, 2 kgs Masur Dal, 1 ltr M.Oil, 2 kgs Potato, Salt, Soap, Sanitary napkins for Women. Thanks again to Smart Protection Unit, Assam Police personnel for their co-operation and special mention to Shri Bhaskar Jyoti Mahanta, IPS, Director General of Police, Assam and people who helped us by providing relief materials.



April 11, 2020- COVID-19 crisis response .. Distributed food items to 75 families of Gopal Nagar area, Noonmati.

Thanks again to Smart Protection Unit, Assam Police personnel for their co-operation and special mention to Shri. Bhaskar Jyoti Mahanta, DGP, Shri. I.H.Bora, Dy. IGP, Assam, Shri. Bishon Sonar.



April 26, 2020- COVID-19 crisis response .. Distributed food items to 62 families of Hengerabari Lichubagan Hilltop and 25 families of Hanuman Nagar Basti, Narengi. Relief materials included Rice, Dal, Oil, Potato, Onion, Soaps and Sanitary Napkins to Women etc. Thanks again to Smart Protection Unit, Assam Police personnel led by Premananda Kakoty for their co-operation and special mention to Shri Bhaskar Jyoti Mahanta, IPS, Director General of Police, Assam.



June 12, 2020- COVID-19 crisis response .. Distributed food items to 200 families of Narengi and Mathgharia area with relief materials support from Delhi Public School, Guwahati. The package included Rice, Dal, Oil, Potato, Onion, Salt, Puffed Rice, Flattened Rice, Detergent powder, Soaps etc. and Sanitary Napkins to Women.



July 18, 2020- COVID-19 crisis response .. Distributed food items to 40 families of Noonmati Sector 3 area to Autorickshaw drivers, Rickshaw pullers, Asha workers, with relief materials. The package included Rice, Dal, Soaps etc. and Sanitary Napkins to Women.



July 24, 2020- Flood response. Distributed dry ration basic essentials to 89 flood affected families of Hajongbari village, Chandrapur.



July 30, 2020- COVID-19 crisis response .. Distributed food items in collaboration with DPS to 130 housemaids and sweeper families of Basisthapur bylane 3, Beltola. The package included Dry ration with basic essentials and Sanitary Napkins to Women.



July 31, 2020- COVID-19 crisis response .. Distributed food items in collaboration with DPS to 62 families of Boonda.



August 1, 2020- COVID-19 crisis response .. Distributed food items in collaboration with DPS to 70 families of Mathgharia.



August 1, 2020- COVID-19 crisis response .. Distributed food items in collaboration with DPS to 20 families of Narengi Hanuman Nagar Slums.



August 8, 2020- Reached 3 flood affected villages of Bhuragaon revenue circle, Morigaon (Borbori, Shantipur and Haariabil) on 8th_August_20 and distributed relief to almost 500 families abiding all safety protocol. We distributed relief kit that included Dry ration, Toiletries, Disinfectants etc.



August 9, 2020- Relief to almost 600 flood affected families of Difloo, Gukhanibari and adjacent area villages of Kaziranga, Assam on 9th August, 2020. The flood relief program was supported by Assam Association Bangalore (AAB) and special mention to Rajdeep Kar, Pallavi Dutta and Her friends and above all Shri Alakananda Kakati, Shri Manoj Gogoi, Shri. Vivek Shyam Sir, ADC and SDO of Bokakhat and our never tiring volunteers for their extended support in carrying on the activities smoothly.



August 21, 2020- The energetic team of Priyobondhu distributing Sanitizer, Masks, Soaps, Sanitary napkins, other basic essentials etc. with briefing sessions on health and safety during pandemic, to 600 families of 9 flood affected villages of Dhemaji (2no. Ghiyari gaon, Dalungkan gaon, 1no. Ali bhojo gaon, Hesuli gaon, Pabhomari gaon, Salmari gaon, Goroimari gaon, Bor dhekera gaon, Bor dolopa gaon)



August 29, 2020- Flood relief at Pathshala. The relief kit included Rice, Pulses, Potato, M.Oil, Biscuits, Puffed Rice, Tea, Sugar, Salt, Turmeric, Soap, New T-shirts, Sanitizer, Masks and Sanitary Napkins for Women



September 16, 2020- Flood relief to 250+ families of village No.2 Aipowali, No. 2 Burijhar, Tukrajhar in Chirang District. The relief kit included Rice, Pulses, Potato, M.Oil, Biscuits, Puffed Rice, Tea, Sugar, Salt, Turmeric, Soap, New T-shirts, Sanitizer, Masks and Sanitary Napkins for Women





Priyobondhu's Flagship Program

Priyobondhu Integrated Program for
Welfare of Women and Children



Priyobondhu's Flagship Integrated Program for Welfare of Women and Children (IPWWC) is designed to benefit disadvantaged Women and Children residing in slums and remote village areas. We assist Women and Children with limited accessibility to improve their quality of life.

Key features of the program

Nutrition

Daily Breakfast and Lunch and Dinner for Children and Women

Education

Non-Formal Basic Education for Children, Life Skills, Vernacular Education, Extra Academic Activities for Children

Women Empowerment

Skills and Employability Training for Women

Women and Children Health

Health Literacy, Mother and Child Health, Health Check-ups and referrals

Community Awareness

Importance of Education
Environmental
Water sanitation and Hygiene
Social
Legal

Supplies

Basic essential supplies
Clothes
School Kit for Children

Introduction



It all began on a chilly winter day in December 2015 when we stepped at Hanuman Nagar Basti (Slum), Narengi, Guwahati in a motive to distribute warm clothing to the disadvantaged Children, Women and Men. As you might imagine the unhealthy living conditions, ramshackle houses, impoverished people, using drain water, open defecation, Alcoholism, Substance abuse, amoral behaviors etc. Subsequently, we visited numerous times and conducted community awareness programs on WASH, MHM, Importance of Education etc. and organized several health camps. Gradually we came to know of their livelihood through household surveys and interactive sessions. Children living in the Slum were found with certain behavioral disorders and most of them were found to be School dropouts or never been to school. Most of the Children were engaged in waste picking and household activities. Since then we began intervention for the development of the Women and Children in the Slum. We began single meal programs and serve a single regular 'Full Course Meal' to satisfy them who desire to eat a Nutrient-rich and delicious meal. But the motive behind the program is an enticement to attract people to learn life skills for full involvement in their daily life. We often conducted open air school sessions and saw Children being attracted to education one after another.



Consequently, on July 1, 2019 we formally announced and launched our Integrated Program for Welfare of Women and Children, where we opened a Non-formal Education Centre to assist Women and Children with limited accessibility to improve their quality of life. The Program focuses on Nutrition, Education, Women Empowerment, Women and Children Health, Community Awareness and providing Basic essential supplies. A makeshift room for regular classes is constructed temporarily.

Then we had 11 regular students initially whom we provided daily breakfast, educational supplies, clothes and uniforms, daily basic essentials etc.

Being activity based learning, experiential learning and Life skills the topmost priority, Education on Basic Assamese, Basic English, Basic Maths, Environmental Studies, GK and Current Affairs, Drawing, Performing Arts etc. are also imparted.

It's a mission to make Children HAPPY, HEALTHY and LEARNED.

After 6 months, number of regular students increased to 15. Along with daily breakfast, lunch and dinner (occasionally) under essential diet rules, educational supplies, clothes

and uniforms, daily basic essentials etc., special care of their health were also being taken care of by regular care and checkups. Apart from regular amusements, the Children were taken on day out trips to amusement parks away from their regular environment, and the primary reason is to create social responsibility through communication and interpersonal relationship process among the Children.

The major achievement in these 6 months came, when 4 of our Children of NFE Centre got selected in Government School at 2 no Mathgharia LP School on 3rd, Jan. '20. These are the once street Children (Sunil, Rekha, Sunita and Sita) who could never make their way to School due to poverty, ignorance of parents, other engagements such as rag picking to name a few, are now happy learners who enthusiastically waits for the School bell to ring.

We converted the slum wasteland into a productive vegetation land. Our aim was to engage the womenfolk of the slum in the process of garden cultivation and management. The garden came as a boon to the people of the slum in times of food crisis during Covid-19 pandemic.



Another big issue of the slum was clean drinking water, open bathing, open defecation in nearby railway tracks, ditches, wasteland etc. To resolve these issues we installed a water reservoir for clean and safe drinking water, semi concrete bathroom and semi concrete lavatory.



After 1 year, we are contented to observed several positive outcomes. The number of Children has increased from 11 to 53, and now we are satisfied to provide them 3 complete meals every day (Breakfast, Lunch and Dinner).



Apart from engaging the womenfolk in gardening activities, they were trained to make bamboo brooms with a little investment from our side to start off the business. The Women who previously use to sell local liquor etc. are now self sufficient with dignity and pride. They make and sell 100+ bamboo brooms daily on an average.



We are fortunate enough that our non formal education center has been enlisted as Special Training Centre under National Child Labour Project (NCLP), Kamrup(M). 3 new areas- Dharbam, 2no Robingaon and Paschim Killing of Khetri, Kamrup district has been also included in our flagship program IPWWC. As a part of our curriculum we are engaging the staff and students in the process of garden cultivation and management inside the school campus. Recently we started training student on food processing, art and crafting, dance and drama and life skills.

We are happy to announce that that these 3 schools of Dharbam, 2no Robingaon and Paschim Killing are also enlisted as Special Training Centre under National Child Labour Project (NCLP), Kamrup(M)

- Archana Borthakur, Founder

Program Summary

Nutrition

Daily Breakfast, Lunch and Dinner for Children and Women

Breakfast is considered to be the most important meal of the day. Children who didn't have a good breakfast in the morning were less attentive in school and less inclined to do well and suffered from fatigue. The risk of hunger and nutrition is probably the most critical problem which affects Children. It reduces the ability to learn and grow. Children facing hunger tend to struggle in school and may be beyond. It can have serious implications on child's physical and mental health. They tend to become malnourished, sluggish and dreary. They can have delayed development and has the risk of chronic illness like asthma and behavioral problems like anxiety, hyperactivity, aggression etc. Children facing hunger often grow up in a family where a parent or parents also face hunger. A family faces hunger simply because they don't have money to buy enough food. They buy cheapest food instead of healthy food and as a consequence they experience developmental impairments in areas like language and motor skills and have more social and behavioral problems. They have the risk of chronic illness like asthma and behavioral problems like hyperactivity, anxiety, aggression etc.

After overnight fasting, nutritious breakfast consumption may improve cognitive function related to essential role of breakfast for optimal schooling, attention, memory, test grades, and school attendance.

The prime objective of the survival program is to eradicate child hunger and breakfast skipping by providing a healthy breakfast, lunch and dinner daily consisting of a variety of foods, especially high-fiber and nutrient-rich whole grains, fruits, and dairy products. Children who eat a complete meal on a consistent basis tended to have superior nutritional profiles.

We cook and provide breakfast, lunch and dinner every day for the children.



The Daily Diet Menu

The Daily Diet Menu as suggested by Nutritionist
Mrs. Gitima Saikia, Msc.(Food and Nutrition) A.A.U.
Sr. Dietician, Hayat Hospital, Guwahati

Breakfast diet list

Diet type-1/ Day1(Monday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Bread	40gm(2 pieces)	140	4	
2	Butter	5gm	45		
3	Jam	5gm	13.9		
4	Banana	100gm(1 medium)	40		
5	Milk	200ml	136	6.4	
		<i>Total</i>	374.9	10.4	

Diet type-2/ Day2(Tuesday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Bread	40gm(2pieces)	140	4	
2	Jam	5gm	13.9		
3	Butter	5gm	45		
4	Egg	1 pc.	70	7	
5	Fruit Juice	200ml	79.2		
		<i>Total</i>	348.1	11	

Diet type-3/ Day3(Wednesday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Cornflakes	30gm	108	2.10	
2	Milk	250ml	170	8	
3	Dates	20gm	55.4	0.6	
		<i>Total</i>	333.4	10.7	

Diet type-4/ Day4(Thursday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Chocos	30gm	105	2.64	
2	Milk	250ml	170	8	
3	Peanut	10gm	56.7	2.6	
		<i>Total</i>	331.7	13.24	

Diet type-5/ Day5(Friday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	
1	Roti	40gm	140	4	
2	Egg	1pc.	70	7	
3	Oil/ Butter/ Ghee	5gm	44		
4	Fruit juice	200ml	79.2		
5		Total	333	11	

Diet type-6/ Day6(Saturday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	
1	Roti	40gm	140	4	
2	Seasonal vegetables	50gm	30	1	
3	Oil	5ml	45		
4	Milk	200ml	136	6.4	
		Total	351	11.4	

Lunch diet list

Diet type-1/ Day1(Monday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Rice	50gm	178	3.96	
2	Moong dal	25gm	83.2	5.75	
3	Leafy vegetables(Spinach)	20gm	4.6		
4	Potato(Mashed)	75gm	45		
5	Brinjal fry	50gm	13		
6	Egg(Boiled)	1pc.	70	7	
7	Lemon	1pc.	9		
8	Oil	5gm	44		
		Total	446.8	16.71	

Diet type-2/ Day2(Tuesday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Rice	50gm	178	3.96	
2	Moong dal	30gm	100	7	
3	Gourd	50gm	20	1	
4	Fish	50gm	87.5	8.75	

5	Bean	30gm	11	1.1	
6	Lemon	1pc.	9		
7	Oil	5gm	44		
		Total	449.5	21.8	

Diet type-3/ Day3(Wednesday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Rice	50gm	178	3.96	
2	Chicken curry	75gm	100	10.5	
3	Potato	25gm	15		
4	Brinjal fry	50gm	13		
5	Papad fry	1pc.	29	1.3	
6	Lemon	1pc. small	9		
7	Salad	100gm			
	Carrot	30gm	15		
	Cucumber	30gm	5.25		
	Tomato	30gm	6.03		
	Onion	10gm	4		
8	Oil	5gm	44		
		Total	418.28	15.7	

Diet type-4/ Day4(Thursday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Rice	50gm	178	3.96	
2	Chana dal	30gm	26.2	6.3	
3	Papaya	70gm	8.4		
4	Butter	5gm	45		
5	Labra bhaji/Mix vegetable				
	Carrot	20gm	10		
	Potato	25gm	15		
	Pumpkin	30gm	6.9		
	Cauliflower	25gm	6.2		
6	Lemon	1nos.	9		
7	Oil	5gm	44		
8	Egg	1nos.	70	7	
		Total	418.7	17.26	

Diet type-5/ Day5(Friday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)

1	Rice	50gm	178	3.96	
2	Soyabean sabji	15gm	57	5.2	
3	Pumpkin	50gm	11.5	0.41	
4	Potato	50gm	31.2		
5	Moong Dal	30gm	100	7	
6	Tomato	20gm	4.02		
7	Khutura saak	20gm	4.6	0.58	
8	Lemon	1pc.	9		
9	Oil	5gm	44		
		Total	439.3	17.5	

Diet type-6/ Day6(Saturday)					
Sl.	Items	Amount	Energy(Kcal)	Protein(gm)	Amt(Rs.)
1	Rice	50gm	178	3.96	
2	Fish curry	80gm	140	14	
3	Potato	20gm	12.5		
4	Brinjal (mashed)	50gm	13		
5	Salad	100gm			
	Tomato	30gm	6.03		
	Carrot	30gm	15		
	Cucumber	30gm	5.25		
	Onion	10gm	4		
	Lemon	1pc.	9		
	Oil	5gm	44		
		Total	426.78	17.96	





Education

Non-Formal Basic Education for Children

Education has always been in the backseat due to other greater family needs. Daily we come across many families who struggle to feed themselves and have a difficult time to send their Children to school.

Millions of people lack the most basic education, which includes literacy, baseline mathematical understanding, and general life skills. Education is also a bare necessity of life that no one can ignore. It is one of the best predictor of success in Children. But there are millions of them in this world who are struggling to have a proper education or no education at all. Children are devoid of education and essential life skills, and without it they can never even think of participating in the mainstream race of development.

According to UNESCO, Education that is institutionalized, intentional and planned by an education provider. The defining characteristic of non-formal education is that it is an addition, alternative and/or a complement to formal education within the process of the lifelong learning of individuals. It is often provided to guarantee the right of access to education for all. It caters for people of all ages, but does not necessarily apply a continuous pathway-structure; it may be short in duration and/or low intensity, and it is typically provided in the form of short courses, workshops or seminars. Non-formal education mostly leads to qualifications that are not

recognized as formal qualifications by the relevant national educational authorities or to no qualifications at all. Non-formal education can cover programs contributing to adult and youth literacy and education for out-of-school children, as well as programs on life skills, work skills, and social or cultural development.

Priyobondhu Non-Formal Education (NFE) Centre for Children living in slums and remote villages

There are some common known factors for school dropouts or Children never been to school.

1. Boys dropout to work to support the family.
2. Girls to get engaged in household chores.
3. Ignorance about the importance of Education.
4. Some stay at home to take care of their younger brothers and sisters where parents work every day.
5. There are also students who find difficult maintaining the syllabus

Consequently the need for Non-formal education becomes necessary and the reasons being-

1. NFE has various independent learning methods and structures which is out of any syllabus, has no test grades, has no certifications etc.
2. Individual needs are fostered and taken care of primarily.
3. Experiential learning.
4. Has the scope of personal development including life skills.
5. Encourages self employment.
6. Teaching is learner-centered and student-directed.
7. Flexible in what is taught and how it is taught.
8. Encourages understanding the importance of education and go to school for formal education.

The methodology-

1. Participatory
2. Open air school classes in a natural environment every day.
2. Education is offered through daily classes, workshops, courses etc.

The Daily Routine

Priyobondhu NFE Centre , under IPWWC
Hanuman Nagar Basti, Narengi, Guwahati, Assam.
2019 Daily Routine for Children from 9 AM

Time	Monday	Tuesday	Wednesday	Thursday	Friday
20 minutes	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
5 minutes	Prayers	Prayers	Prayers	Prayers	Prayers
20 minutes	As you like	As you like	As you like	As you like	As you like
20 minutes	Physical Exercise	Physical Exercise	Physical Exercise	Physical Exercise	Physical Exercise
20 minutes	Assamese (Language)	Assamese (Poem)	Assamese (Stories)	Assamese (Language)	Assamese (Poem)
20 minutes	Basic Mathematics	Basic Mathematics	Basic Mathematics	Basic Mathematics	Basic Mathematics
10 minutes R E C E S S					
20 minutes	Environmental Studies	Environmental Studies	Environmental Studies	Environmental Studies	Environmental Studies
20 minutes	Basic English (Language)	Basic English (Poem)	Basic English (Language)	Basic English (Language)	Basic English (Poem)
20 minutes	GK n Current Affairs	GK n Current Affairs	GK n Current Affairs	GK n Current Affairs	GK n Current Affairs
20 minutes	Drawing	Drawing	Drawing	Drawing	Drawing
20 minutes	Life Skills	Life Skills	Life Skills	Life Skills	Life Skills

20 minutes	Performing Arts	Performing Arts	Performing Arts	Performing Arts	Performing Arts
20 minutes	Games	Games	Games	Games	Work Experience
Lunch					

Life Skills

Today's Students are tomorrow's Citizens who build a healthy and prosperous nation. Motivating and helping them to see life in the right outlook is a social responsibility for all of us we must take part into.

Skills are abilities. Our *Life skill* session focuses on the following basic areas of Life skills as identified by WHO viz. Decision-making and problem-solving, Creative thinking and critical thinking, Communication and interpersonal skills, Self-awareness and empathy, Coping with emotions and coping with stress.

WHO considered that life skills are essential for -

1. The promotion of healthy child and adolescent development.
2. Primary prevention of some key causes of child and adolescent death, disease and disability.
3. Socialization.
4. Preparing young people for changing social circumstances.

Life skills education contributes to -

1. Basic education
2. Gender equality
3. Democracy
4. Good citizenship
5. Child care and protection
6. Quality and efficiency of the education system
7. The promotion of lifelong learning
8. Quality of life
9. The promotion of peace.

Areas of primary prevention for which life skills are considered essential include-

1. Adolescent pregnancy
2. HIV/AIDS
3. Violence
4. Child abuse
5. Suicide
6. Problems related to the use of alcohol, tobacco and other psychoactive substances
7. Injuries
8. Accidents
9. Racism
10. Conflict
11. Environmental issues.

It has been noted that following reasons why life skills are essential for primary prevention-

1. Demands of modern life
2. Poor parenting
3. Changing family structure
4. Dysfunctional relationships
5. New understanding of young people's needs
6. Decline of religion
7. Rapid socio cultural change

Source- WHO

Our Motivational session on *Personal development* of a person, we look at five areas of development viz. Spiritual, Mental, Emotional, Social and Physical Development.

As Wikipedia defines, Personal development covers activities that improve awareness and identity, develop talents and potential, build human capital and facilitate employability, enhance the quality of life and contribute to the realization of dreams and aspirations. Personal development takes place over the course of a person's entire life.

Among other things, personal development may include the following activities -

1. Improving self-awareness
2. Improving self-knowledge
3. Improving skills and/or learning new ones
4. Building or renewing identity/self-esteem
5. Developing strengths or talents
6. Improving a career
7. Identifying or improving potential
8. Building employability or (alternatively) human capital
9. Enhancing lifestyle and/or the quality of life and time-management

10. Improving health
11. Improving wealth or social status
12. Fulfilling aspirations
13. Initiating a life enterprise
14. Defining and executing personal development plans (PDPs)
15. Improving social relations or emotional intelligence spiritual identity development and recognition

Source- Wikipedia

Vernacular Education

The main objective of Vernacular education program is to connect our strong literary traditional roots by educating in Assamese language, its history and culture, folk dances and music of Assam.



Extra Academic Activities for Children

Paper and Recycled Crafts
Jewelry Crafts
Painting and Drawing
Toy making
Stitching, Embroidery, Fashion Arts and Fabric Works
Dance
Music
Drama
Singing
Exercise and Yoga
Construction and Sculpture
Children Cooking
Science projects
Gardening
Makeup
Basic Computer
Animation and Graphics
Abacus
Announcing Speaking and Presentation Skills
Value based Education
Photography
Creative Writing
Handwriting

School Kit for Children

Our program, 'School Kit for a Child' as we name it, will provide the students with a school kit containing School Bags, Notebooks, Pencils and other essentials for an academic year. The objective is - The children must go to School, have self-worth, self-confidence and must not stay back due to unavailability of school supplies. The program serves the low income families who are unable to purchase school supplies for their Children and raise awareness on the importance of education.

The prime objective of the program -

- 3.1. Low income families Children should not stay back due to unavailability of school supplies.
- 3.2. Reduce absenteeism.
- 3.3. Encourage self esteem and self confidence.
- 3.4. Raise and spread the importance of education for social change.

Women Empowerment

Skills and Employability Training for Women

In a nation like ours women are treated as second class citizens and seen as someone to look after the home and bear children. Women and girls are mostly involved in household chores. They do not have a say in household affairs. They have to be dependent on the male counterparts. In view of the financial constraints that a family faces, Priyobondhu skill building and gainful self employment programs and events strives to empower the women and community at large. Priyobondhu vocational training programs and events enable marginalized women and girls to learn and enhance their skills and confidence by making themselves self reliant.

The prime objective of the training is to-

1. Impart skills to women for income generating activities and sustainable employment.
2. Provide new skills and knowledge to poor asset less women.
3. Provide free training and skills to women to enable them to obtain employment or become self-employed.

The Women can live financially independent lives and live with pride and dignity through vocational skill building, placement support creation and gainful self employability.

Women and Children Health

Health Literacy

Health literacy is program intended to engage the children in the process as the representative of behavior change and disseminate healthy habits in the society. We are investing on children because educating children on health education is advantageous, as it will reach more recipients with minimal resources. Children are generally eager to learn and disseminate positive behavioral change in the community too. Children also play key roles in their household related to health and hygiene, and steer change in their families and the society. People living in poverty stricken area suffer from poor environmental health related problems too. These children will be the parents of the future generation who will pass on the good health and hygiene practices that they have learnt in their own childhood.

Core aspects of the program-

Educating Children on Personal Health, Nutrition, Mental and Emotional Health, Physical Activity, Environmental Health, Injury and Accident Prevention and Safety, Prevention and Control of Disease, Community Health, Consumer Health, Alcohol and Other Drug Free Lifestyle.

Mother and Child Health

The objective of the program is to create awareness and educate the community on maternal and child health (MCH) and procurement of MCH schemes and services provided by the Government. It is a comprehensive community health awareness program for mother and child.

Exclusive Care to Mother during pregnancy and after delivery is the best possible care for the new born

People are ignorant and cannot understand or do not urge the need of safe health management system. They are ignorant of consciousness on Antenatal Care, Post-Natal Care and Immunization services. They are ignorant of adapting family planning methods. In India out of every 1000 newborn babies, 70 die during the first year of life. Most crucial phase is the 0-4 weeks of life (called the neonatal period), since two third of all newborn deaths occur during the first week of life. Infant mortality has significantly dropped over the last one decade, but it is still very high. Main Causes of Death among the Newborn are Infection, Lack of oxygen to fetus and new born baby, Premature deliveries, Complications at the time of delivery, Birth defects etc. They are ignorant of various MCH schemes and services provided by the Government to the community and how to procure it. They are often unaware of hygienic environmental practices. People are prone to infectious diseases. Existing local quacks are not trained and have limited knowledge. As a result they cannot understand high risk pregnancies. There also exist certain religious beliefs and superstitions which often lead to Maternal and Child health hazards.

Aspects and Salient features-

1. Awareness session on Mother and Child Health Care.
2. Education on Low cost Nutrition, Food preparation and Diet for expecting Mothers and Children.
3. DO's and DONT's during Pregnancy
4. Information on Immunization and Vaccination.
5. Education on Infant care.
6. Creating awareness on cleanliness and hygiene.
7. Informing various MCH schemes and services provided by the Government.

Objectives-

1. Reduce incidence of Infant Mortality, Neo-natal Mortality Rate & Post Neo-natal Mortality, Under Five Mortality, Maternal Mortality and arouse consciousness on Antenatal Care, Post-Natal Care and Immunization services.
2. Enhance capability of mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.
3. Aware Public health supervisor, Traditional birth attendant, Village community members, Family members etc. to enhance their skill and their respective rules towards service to be delivered.
4. Educating the community on adapting family planning methods.
6. Creating awareness on cleanliness and hygiene.
7. Informing various MCH schemes and services provided by the Government to the community and how to procure it.

Activities gallery

Children having breakfast



Children having lunch



Children having dinner



Classroom activities





Garden cultivation and management by the children and teachers



Children cleaning their campus



Game sessions



Food processing training



Crafting session



Skill development



Artificial jewelry making



Clothes distribution to children



Water supply from water van.



Children washing their own dishes after meals



Women engaged in garden cultivation and management



Adult literacy session



Monthly distribution of Toiletries to women and children



Monthly distribution of clothes and other wearing items to women and children.



Children washing hands before meals.



Food for lunch and dinner



Women making brooms



Community feasts under single meal program



Regular physical fitness sessions



Story telling sessions



Celebrating festivals



Menstrual hygiene management and monthly sanitary napkin distribution.



Sanitization of the campus



Crafting

