

Bromley Well



Information, support and workshops for people with Learning Difficulties or Disabilities

Bromley Well is a service that can offer support and information for people aged 18 years and over, who do not receive services from the London Borough of Bromley.



- Information, support and advocacy
- Monthly workshops
- Weekly drop-in sessions
- Outreach support
- Emotional support

Training and information on life skills such as:

- Healthy lifestyles
- Wellbeing
- Debt and managing money
- Assistive technology
- Planning for the future

If you would like to join Bromley Well please call or email the **Single Point of Access** on **0300 3309 039** or email **spa@bromleywell.org.uk**
www.bromleywell.org.uk

Once we receive your referral from the SPA one of our Information and Support Officers will contact you directly to invite you in for a one to one meeting.

Delivered by:



Bromley Third Sector Enterprise

Funded by:



Bromley
Clinical Commissioning Group