

Fairfax County Retired Employees Association

HOT FLASHES

FCREA Officers

Chairman:

Pam Martin 703-323-4929

Vice Chairman:

Kay Wintermoyer

Secretary:

Chuck Higdon

Treasurer:

Bobbie Deegan 301-937-7070

Joseph Blackwell—Immediate Past Chairman

Board Members

Joyce Gerhart Dorris Medlin

Barbara Miskimmin

Retirement Board: John Yeatman

Travel Coordinator: Betty Powell

Rita Kayn: Editor Hot Flashes

fairfaxhotflashes@yahoo.com

Dues Payment

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4316 Knott Street
Beltsville, MD 20705

Sunshine

Dolores Testerman 703-273-1295

Address Changes

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Vienna, VA 22181
703-938-1869

Retirement Agency

10680 Main Street, Suite 280
Fairfax, VA 22030
1-800-333-1633 or 703-279-8200

FCREA Website: retiredfairfaxcounty.com

Chairman's Message

Welcome, Daylight Savings Time! I am so glad the longer days are back. Your Board has come up with ways to fill them!

Our **Annual Meeting** will be Wednesday, **May 7**, 2014 in the Government Center's Conference Center. Scheduled speakers include Sharon Bulova, Chairman of the Board of Supervisors; John Clough, the benefits manager in the Department of Human Resources; Jeffrey Weiler, the new executive director to the retirement boards (Bob Mears will be sitting on our side of the podium this year!) and Joe Thomas, President/CEO of the Fairfax County Federal Credit Union and a long-time supporter of Fairfax's retirees. Our July cost-of-living increase will be announced, so come get the information first hand! We also hope to elect three new members of the Board of Directors, including a president and treasurer. Please consider serving your fellow retirees by taking a turn serving on the Board. We have term limits to ensure a rotation in Board members and thereby prevent the association from dying off due to entrenched leadership and stale ideas. But this only works if everyone is willing to do his or her part! **If you are interested in serving your fellow retirees** in this capacity, please **let me or Bobbie Deegan know**. You can contact us by email at Pamela.Martin@fairfaxcounty.gov or BobbieDeegan@aol.com. If you prefer, you can call Bobbie at 301-937-7070.

On **Wednesday, May 21**, we will host our 4th annual **Information for Seniors Fair** at American Legion Post 177, 3939 Oak Street in Fairfax, 10 AM – 2 PM. (This will replace the KIT luncheon that would normally take place that day). I am thrilled to announce that Inova Hospital System will be there again this year to provide a variety of free health screenings. Inova is facing the same financial constraints that many of us are, but they have agreed to devote considerable resources to providing these screenings at no cost to the retiree association. Please take advantage of this great opportunity to update your health screenings and have your general questions answered by a health care professional! Representatives from Human Resources, Retirement, Transportation and other County agencies will be there as well, to share information and answer your questions. A Fairfax County Federal Credit Union representative will have information on such topics as reverse mortgages and financial planning. Have some gold or silver jewelry you want to sell? Bring it with you. A vendor at the Info Fair will make you an offer, no strings attached. There will be a 50/50 drawing and a bake sale, so bring some cash, too! You also can buy a delicious lunch at a very reasonable cost downstairs in the Legion Hall. The fair is open to all, so invite your friends and neighbors to join you. This will be a great opportunity for them to take advantage of the free health screenings.

The coming months should be both informative and fun. I hope to see you at the annual meeting on May 7th and the Information for Seniors Fair on May 21st.

Sincerely,

Pam Martin, Chairman

Fairfax County Retired Employees Association

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April 2014

HOT FLASHES TRANSITIONS TO NEW EDITOR

I have enjoyed being the Hot Flashes Editor for last five years but the time has come to transition due to my term ending in July. I am happy to inform you that we have a new volunteer, Laurie Eytel, who will be taking on the task this fall after she relocates to Pennsylvania. She will introduce herself when she produces the Hot Flashes once she is settled in her new home.

Due to this transition, the June issue will consist only of a summary of the Annual Meeting that will be held on May 7th in the Government Center in Rooms 2 and 3. We hope you can attend.

I will continue to serve in other capacities with the FCREA.

Fondly,

Rita Kayn

Annual Meeting

May 7, 2014

10 AM—12PM

Government Center—Rooms 2&3

Speakers

Pam Martin—Chairman, FCREA

Sharon Bulova—Chair, BOS

Susan Woodruff—DHR

John Clough, Benefits Manager

Jeffrey Weiler—Retirement

Joe Thomas, Credit Union

**John Yeatman—Trustee,
Retirement Board**

Senior Info Fair

American Legion

Oak St., City of Fairfax

May 21, 2014

10AM—2PM

Inova Health System—screenings

Retirement

DHR

Transportation

AARP

Health Department

Fairfax County Credit Union

Other County agencies

50/50 Raffle & Door Prizes



Keep In Touch Luncheon

(Third Wednesday of each month 11:30AM)
Old Country Buffet, Fair City Mall
9650 Main Street, Fairfax

Traveling East from Fairfax City on Main Street (Rt. 236), turn left at the light at Fair City Mall sign, which is across from Woodson H.S. Restaurant is on left side next to Marshall's.

Lunch at the Old Country Buffet will cost **\$9.00** per person. Please call Dorris Medlin at 703-256-6379, if you plan to attend.

Welcome New Members!

- Patricia Batcheler, Police
- Linda Farby, FCPS
- E. Laura Golberg, DIT
- Victor Garcia, Finance
- Joan Shoemaker, FCPS



VOLUNTEERS NEEDED !!!!!

The terms of four members of your Board will be expiring in June. The following key positions need to be filled:

- Chairman
- Treasurer
- Membership Coordinator

Please don't let these positions remain vacant so we can continue the success of the FCREA.

If anyone is interested in volunteering and needs more information, please contact Bobbie Deegan and/or Rita Kayn at:

Fairfaxhotflashes@yahoo.com

FROM YOUR TREASURER.....

A friendly reminder – If you want the Hot Flashes newsletter mailed to you, you must send \$5 to cover the cost of printing and mailing annually. Thank you if you have already paid. If you have any questions, please give Bobbie a call at 301-937-7070 or email her at BobbieDeegan@aol.com or mail your payment to:

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Beltsville, MD 20705

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10035 Glencroft Ct.
Vienna, VA 22181

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*Serving Fairfax County Employees,
Retirees and their families since 1958*

The advertisement for Adult Day Health Care. It features a photo of an elderly couple smiling, a heart graphic with text, and a blue banner with the program name and contact information.

Imagine having peace of mind.

Affordable quality care.
Meaningful activities.
New friendships.
Peace of mind.

Fairfax County Health Department

[Adult Day Health Care]

5 locations in Fairfax County
Mon. - Fri., 7:00 a.m. - 5:30 p.m.

Schedule a visit today.
703-750-3316 TTY 711
fairfaxcounty.gov/hd/ADHC

 A program of the Fairfax County Health Department.

Call Now to Get 2 Weeks FREE!