

Fairfax County Retired Employees Association

HOT FLASHES

FCREA Officers

Chairman:

Pam Martin 703-323-4929

Vice Chairman:

Kay Wintermoyer

Secretary:

John Harold

Treasurer:

Bobbie Deegan 301-937-7070
Joseph Blackwell—Immediate Past Chairman

Board Members

John Harold Dorris Medlin
Barbara Miskimmin

Retirement Board: John Yeatman

Travel Coordinator: Betty Powell

Rita Kayn: Editor Hot Flashes

fairfaxhotflashes@yahoo.com

Dues Payment

Bobbie Deegan
4316 Knott Street
Beltsville, MD 20705

Sunshine

Dolores Testerman 703-273-1295

Address Changes

Rita Kayn
10035 Glencroft Court
Vienna, VA 22181
703-938-1869

Retirement Agency

10680 Main Street, Suite 280
Fairfax, VA 22030
1-800-333-1633 or 703-279-8200

Chairman's Message

Are you ready for the holidays? It's hard to believe they are here already! As a reminder, our Holiday Keep-In-Touch Luncheon will be December 19 at 11:30 am. Barbara Miskimmin has kindly arranged for American Legion Post 177 to host us again this year so we can accommodate everyone who wants to attend. Post 177 is located at 3939 Oak Street in the City of Fairfax. The cost of this special luncheon is \$25 per person. We must give the Legion a firm head count at least a week before the event so they know how many meals to prepare. Once we do, we are financially committed to that number. So if you plan to attend, the Board asks that you pay in advance. **Please mail your check (payable to FCREA) to Dorris Medlin, 7705 Weber Street, Annandale, VA 22003.** In January, we will return to Old Country Buffet at Fair City Mall for the monthly KIT luncheons.

At the December luncheon, we will be collecting canned and packaged goods for a local food bank. So please remember to bring along some items to help those in need. The number of hungry families in our area continues to grow.

Soon after, some of our fellow retirees and their families will depart the Port of Baltimore for a New Year's Cruise to the Caribbean. *Bon voyage*, Enchantment of the Seas! Take lots of photos, travelers, because we'd love to share some of them in the next Hot Flashes.

Your Board has already started planning next year's activities. The Retirees Association will host the 3rd annual Information for Seniors Fair on Wednesday, May 15, 10 AM – 2 PM. (This event will replace the KIT luncheon that would normally take place that day). As you know, numerous organizations attend our event to share information that might be of interest to seniors in general, and to our retirees in particular. Past participants have included County agencies (such as the Retirement Office and the Benefits staff from the Department of Human Resources), private insurance providers, Fairfax County Credit Union, Everly Funeral Home, and a representative of the Osher Lifelong Learning Institute, among others. INOVA generously provides free health screenings and general information about common health conditions, such as diabetes and hypertension. We even have some retiree entrepreneurs selling their wares! We plan to make next year's event even better. We are exploring the possibilities of providing free "bulk shredding while you wait" for attendees (so you can have old papers destroyed without having to worry about identity theft) and a means of getting rid of old medicines without polluting the environment. What organizations or services would you like to have invited? Please share your ideas with a board member or email them to FairfaxHotFlashes@yahoo.com.

Sincerely,

Pam Martin, Chairman

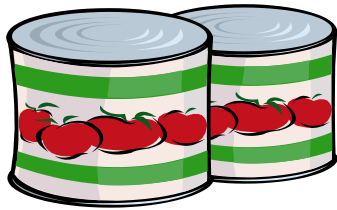
Fairfax County Retired Employees Association

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December 2012

Food Donations

Bring non-perishable foods to the Holiday Luncheon on December 19th.



The collected food items will be donated to a local food pantry.

FCREA WEBSITE

Our new website was unveiled at the annual meeting. Important messages to members, Hot Flashes and other information will be highlighted on the page. Kay Wintermoyer and Rita Kayn have volunteered to maintain the website with the help of Randy Cartwright and Robin Randall of the County. The website address is: <http://www.retiredfairfaxcounty.com>.

“Investing for Retirement”

Estate Planning Session
March 7th, 2013, at 6:00 PM
Members Way Branch in Fairfax.
Registration can be made by calling
(703)218-900 x1163, or
e-mail at memberstrust@fairfaxcu.org

Guest speaker: Sheldon Reynolds, CFA,
Vice President Trust and Investments with
MEMBERS Trust Company

A discussion of the unique investment needs of retirees and those soon-to- retire. Topics discussed will include:

- Overview of potential investments for retirement
- Investing for retirement income
- Inflation’s impact on your retirement income needs
- “Do I have enough to retire” - evaluating your financial resources
- Asset allocation for retirees

DECEMBER 19TH—11:30 AM HOLIDAY LUNCHEON AMERICAN LEGION CITY OF FAIRFAX

**\$25 COST TO BE PAID IN
ADVANCE TO DORRIS MEDLIN—
7705 Weber Street, Annandale,
VA 22003**

**If you are interested in making
desserts for the luncheon, please
contact Betty Powell—
703-273-3216.**

Annual dues

**If annual members do not pay dues,
they will no longer receive Hot
Flashes via mail or email.**

**New membership cards will be sent
to annual and lifetime members who
have paid their dues.**



Keep In Touch Luncheon

(Third Wednesday of each month 11:30AM)
Old Country Buffet, Fair City Mall
9650 Main Street, Fairfax

Traveling East from Fairfax City on Main Street (Rt. 236), turn left at the light at Fair City Mall sign, which is across from Woodson H.S. Restaurant is on left side next to Marshall's.

Lunch at the Old Country Buffet will cost **\$9.00** per person. Please call Dorris Medlin at 703-256-6379, if you plan to attend.

Welcome New Members!

- **Brenda Mason, CSB**
- **Kathy Froyd, DFS**
- **Linda Gifford, Library**
- **Patricia Schlener, Housing**
- **Kim McCarthy, Juv. Ct.**

Thinking of You



Speedy Recovery to:

- **John Harold**

Condolences to:

- **The family of Mary Doyle**
- **Nancy Hylton on the death of her mother**
- **Libby Hutchison on the death of her brother**

HOLIDAY ACTIVITIES

Below are links to websites with lots of holiday happenings.

<http://www.fxva.com/yourfairfax/seasonal-holidays/winter/>

<http://www.fxva.com/yourfairfax/seasonal-holidays/new-years/>

<http://www.washingtonpost.com/holiday-activities>



**FCREA
10035 Glencroft Ct.
Vienna, VA 22181**

**PRST. STD. Mail
US Postage
PAID
Merrifield, Va.
Permit #566**



**SAVE THE DATE
MAY 15TH 10 AM —2PM
INFORMATION FOR SENIORS
FAIR
AMERICAN LEGION
CITY OF FAIRFAX**

www.fairfaxcu.org (703) 218-9900
*Serving Fairfax County Employees,
Retirees and their families since 1958*

