

Forum on Optometry

Sep 6 & 7, 2025

Marriott hotel 625 North Road Mystic CT

Each day is worth 10.0 COPE hours
The overall program runs roughly from 7:30am to 5:00 pm
Tentative Agenda (subject to change)

SATURDAY COURSES - AM

COPE 96449-GO 1hr Greg Caldwell

Nutrition in Ocular Disease Beyond Carotenoids – A Comprehensive Approach

This course will review carotenoid levels and the comprehensive antioxidant network needed, how to assess their levels, and identify the patients that would benefit from diet, lifestyle, and macula and full retina supplementation.

COPE: pending 2hr Greg Caldwell

Latest Advances in Eye Care Technology - Innovations in Early Detection and Management

This course focuses on recent advances in technology and their clinical applications so that optometrists can better diagnose and manage ocular disease.

COPE 97282-NO 2hr Greg Caldwell

Neurotrophic Keratitis & Thyroid Eye Disease Key Disorders, and Management Strategies

Biologic drugs, derived from or containing components of living organisms, are often created using recombinant DNA technology. Biosimilars, while not identical, are highly similar to biologic medicines. In contrast, traditional drugs are chemically synthesized by combining specific ingredients in a precise, ordered process. Each year, new biologics and biosimilars are approved for the treatment of ocular diseases, including conditions like neurotrophic keratitis and thyroid eye disease, which can be treated with biologic agents.

SATURDAY COURSES - PM

COPE pending 1hr Pinakin Davey

A Guide to Thyroid and Thyroid Eye Disease

This course focuses on thyroid disease and thyroid eye disease. For both, we will discuss diagnosis, management, and the optometrist's role in managing these patients.

COPE pending 1hr Pinakin Davey

The Role of Nutrition in Managing Ocular Disease

Early detection, prevention, and wellness is not only trending but is now expected by our patients. This course will introduce and review concepts of integrative and

complementary medicine and provide clinicians with clinical pearls for recently approved nutraceutical and therapeutic opportunities.

COPE 95588-GL 2hr P Davey

COPE pending – GL 1hr P Davey

Glaucoma Advances and Updates

This interactive course will discuss in detail about the clinical evaluation of the patient suspected of having glaucoma. It will discuss the latest in technology which can be used to properly diagnose patients with glaucoma. It will include a discussion of optic nerve analysis, nerve fiber layer evaluation, and visual field testing.

SUNDAY COURSES - AM

COPE 95288-PO – 2hr D Gupta

Ocular Surgery: When the Scalpel is Needed

This course will discuss surgical procedures such as cataract surgery, pterygium, corneal transplant, glaucoma surgeries and more. For each, there will be a discussion of patient selection, overview of procedures, and the optometrist's role in preop and postop management.

COPE 89609 – TD T Earley 2hr

AMD From A to Z: Innovations in Management and Treatment

This course will discuss the diagnosis and management of patients with AMD. Both preventative and treatment modalities will be discussed.

COPE 89339 – TD T Early 1hr

The Management and Treatment of Vitreous Pathology: What's New?

Attendees will become familiarized with the largest area of the human eye, the vitreous cavity, and learn about the numerous causes of vitreous disease and the treatments available to eye care providers.

SUNDAY COURSES - PM

COPE 95289-TD 2hr D Gupta

Ocular Disease: Mistakes Not To Make

This live course will provide a comprehensive review and update on properly diagnosing and managing patients with common ocular and systemic conditions.

COPE 95191-TD 3hr D Gupta

Ocular Disease: Conditions Every Optometrist Should be Treating

This course will provide a comprehensive guide to optometrists looking to add the art of diagnosing and managing keratoconus into their practices. It will include contact lens options, surgery, as well as proper diagnosis and management.