

## **Forum on Optometry Sep 6 & 7, 2025**

### **Marriott hotel 625 North Road Mystic CT**

Each day is worth 10.0 COPE hours

The overall program runs roughly from 7:30am to 5:00 pm

Tentative Agenda (subject to change) Courses Listed in Order of Presentation

#### **SATURDAY COURSES – 8:00AM TO 12:20PM**

##### **COPE: pending 2hr Greg Caldwell**

##### **Latest Advances in Eye Care Technology - Innovations in Early Detection and Management**

This course focuses on recent advances in technology and their clinical applications so that optometrists can better diagnose and manage ocular disease.

##### **COPE 96449-GO 1hr Greg Caldwell**

##### **Nutrition in Ocular Disease Beyond Carotenoids – A Comprehensive Approach**

This course will review carotenoid levels and the comprehensive antioxidant network needed, how to assess their levels, and identify the patients that would benefit from diet, lifestyle, and macula and full retina supplementation.

##### **COPE 96916-PH 2hr Greg Caldwell**

##### **Complications of Pharmaceuticals Every Optometrist Should Know**

Optometrists use topical and oral (systemic) pharmaceuticals for the treatment of a variety of ocular conditions in patient care. These treatments or pharmaceutical agents can produce adverse side effects and systemic complications.

#### **SATURDAY COURSES – 12:50PM TO 5:10PM**

##### **COPE 98260 - SD 1hr Pinakin Davey**

##### **A Guide to Thyroid and Thyroid Eye Disease**

This course focuses on thyroid disease and thyroid eye disease. For both, we will discuss diagnosis, management, and the optometrist's role in managing these patients.

##### **COPE 98261-PH 1hr Pinakin Davey**

##### **The Role of Nutrition in Managing Ocular Disease**

Early detection, prevention, and wellness is not only trending but is now expected by our patients. This course will introduce integrative and complementary medicine and provide clinical pearls for nutraceutical and therapeutic opportunities.

##### **COPE 95588-GL 2hr and COPE 98258-GL 1hr P Davey**

##### **Glaucoma Advances and Updates**

##### **Glaucoma Management**

This course will discuss in detail about the clinical evaluation of the patient suspected of having glaucoma. It will discuss the latest in technology which can be used to properly diagnose patients with glaucoma. It will include a discussion of

optic nerve analysis, nerve fiber layer evaluation, and visual field testing. The management portion will discuss when to start treatment as well as what to do with patients who progress.

### **SUNDAY COURSES – 7:45AM TO 12:15PM**

#### **COPE 95288-PO – 2hr D Gupta**

##### **Ocular Surgery: When the Scalpel is Needed**

This course will discuss surgical procedures such as cataract surgery, pterygium, corneal transplant, glaucoma surgeries and more. For each, there will be a discussion of patient selection, overview of procedures, and the optometrist's role in preop and postop management.

#### **COPE 97356-TD T Earley 2hr**

##### **AMD From A to Z – 2025 Edition**

This course will discuss the diagnosis and management of patients with AMD. Both preventative and treatment modalities will be discussed.

#### **COPE 93352 – TD T Early 1hr**

##### **Addressing Structural Puzzles in Diabetic Eye Disease**

This lecture will take attendees on a journey that reviews the many advances in structural and functional testing for the diagnosis and management of diabetic eye disease. It will delve into the benefits, increased level of patient care, and the quality of patient referrals facilitated by structural and functional testing.

### **SUNDAY COURSES – 12:45PM TO 5:05PM**

#### **COPE 95289-TD 2hr D Gupta**

##### **Ocular Disease: Mistakes Not To Make**

This live course will provide a comprehensive review and update on properly diagnosing and managing patients with common ocular and systemic conditions.

#### **COPE 98313-PH 1hr D Gupta**

##### **An Optometrist's Guide to Prescribing Opioids and Managing Pain**

This course will emphasize opioid medications in terms of risk versus benefit, with attention to pain levels and the potential for addiction. The course will describe how to appropriately choose a pain medication based upon clinical presentation.

#### **COPE 95191-TD 2hr D Gupta**

##### **Ocular Disease: Conditions Every Optometrist Should be Treating**

This course will provide a comprehensive guide to optometrists looking to add the art of diagnosing and managing keratoconus into their practices. It will include contact lens options, surgery, as well as proper diagnosis and management.