

## Coety Fell Race Results 2019

No.	Surname	Forename	Club	Cat.	M/F	Pos.	Time
449	Parry	Ollie	Mercia	U/40	M	1	00:38:09
439	Turner	Matthew	N/A	U/40	M	2	00:40:37
451	Ford	Jonathan	Fairwater	U/40	M	3	00:42:47
441	Sandford	Dan	Forest Of Dean AC	O/40	M	4	00:44:11
442	Brown	Helen	Mynydd Du	O/40	F	5	00:45:14
463	Coe	Neil	Mynydd Du	U/40	M	6	00:45:48
481	Lloyd	Dewi	Klwyn	u/23	M	7	00:46:12
435	Rees	Gareth	Ponty-Pwl-District Runners	U/40	M	8	00:46:19
471	Murkin	Adrian	Pontypool District Runners	O/50	M	9	00:46:45
446	Harden	David	Pontypridd Roadents	U/40	M	10	00:46:59
443	Horney	Nigel	Keswick AC	O/60	M	11	00:47:28
450	Woodier	James	Mynydd Du	U/40	M	12	00:47:33
458	Loughrey	Duncan	Mynydd Du	O/50	M	13	00:49:05
460	Haynes	Matthew	N/A	O/40	M	14	00:49:28
453	O'Brien	Chris	Fairwater	O/40	M	15	00:49:35
459	Stenner	Debbie	Forest Of Dean AC	O/40	F	16	00:50:15
457	Law	Naomi	Mynydd Du	O/40	F	17	00:51:02
440	Turner	Adam	N/A	U/23	M	18	00:51:24
473	Fowler	Cherry	Forest Of Dean AC	O/50	F	19	00:51:39
465	Edwards	Barri	Pontypridd Roadents	O/40	M	20	00:52:14
477	Stott	Andy	MDC	O/60	M	21	00:52:51
444	Hagley	Kevin	SWRR	O/50	M	22	00:53:13
461	Howard	Damian	Blaenafon Joggers	O/40	M	23	00:53:33
452	Rehman	Nud	Fairwater	O/40	M	24	00:54:06
480	Smith	Andrew	Pontypool District Runners	U/40	M	25	00:54:30
455	Lloyd	Gwyn	Pontypridd Roadents	O/60	M	26	00:54:43
454	Austin	Dave	Chepstow Harriers	O/40	M	27	00:54:52
436	Edwards	Jan	Pontypridd Roadents	O/50	F	28	00:55:53
437	Edwards	Carl	Pontypridd Roadents	O/50	M	29	00:57:08
470	Brancher	Carl	Mynydd Du	O/60	M	30	00:57:50
462	Darling	Rae	N/A	O/40	F	31	00:58:15
466	Jenkins	Jeanette	Fairwater	O/50	F	32	00:58:28
476	Gwilliam	Adrian	Fairwater	O/50	M	33	00:58:32
464	Holmes	Jennet	Pontypridd Roadents	O/40	F	34	00:58:36
467	Jenkins	Martyn	Fairwater	O/50	M	35	01:12:00
448	Bayliss	Emma	Mynydd Du	U/40	F	36	01:16:00
438	Gunner	Gary	Croft Ambrey	O/70	M	37	01:01:15
431	Knight	Jonathan	Ponty-Pwl-District Runners	O/50	M	38	01:01:38
447	Davies	Llinos	Mynydd Du	U/40	F	39	01:01:44
456	Morgan	Stacey Anne	Ponty-Pwl-District Runners	O/50	F	40	01:02:44
475	Bowie	Richard Martin	Fairwater	O/60	M	41	01:02:54
472	Francis	Stephanie	Forest Of Dean AC	O/50	F	42	01:03:26
432	Warner	Darren Griffiths	Pontypridd Roadents	O/50	M	43	01:04:25
433	Barnes	Michael	Fairwater	U/40	M	44	01:04:35
478	Williams	Amanda	N/A	O/40	F	45	01:05:34

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479	Frost	Gwenllian	N/A	O/40	F	46	01:05:48
468	Harris	Aislinn	Blaenafon Joggers	U/40	F	47	01:05:57
469	Harris	Mac	Blaenafon Joggers	U/40	M	48	01:05:58
474	Creber	Andy	Mynydd Du	O/60	M	49	01:06:01
430	Tibke	Jon	Blaenafon Joggers	O/50	M	50	01:07:38
434	Baker	Nigel	Ponty-Pwl-District Runners	O/70	M	51	01:08:36
445	Jenkins	Cerrienne	Liswerry	O/40	F	52	01:09:21

### Prizes

	Men			Women		
<b>Race</b>						
1st	Ollie	Parry	00:38:09	Helen	Brown	00:45:14
2nd	Matthew	Turner	00:40:37	Debbie	Stenner	00:50:15
3rd	Ford	Jonathan	00:42:47	Law	Naomi	00:51:02
<b>V40</b>						
1st	Dan	Stanford	00:44:11	Rae	Darling	00:58:15
2nd	Matthew	Haynes	00:49:28	Jennet	Holmes	00:58:36
3rd	Chris	O'Brien	00:49:35	Amanda	Williams	01:05:34
<b>V50</b>						
1st	African	Murkin	00:46:45	Cherry	Fowler	00:51:39
2nd	Duncun	Loughrey	00:49:05	Jan	Edwards	00:55:53
3rd	Kevin	Hagley	00:53:13	Jeanette	Jenkins	00:58:28
<b>V60</b>						
1st	Nigel	Horney	00:47:28			
2nd	Andy	Stott	00:52:51			
3rd	Gwyn	Lloyd	00:54:43			
<b>V70</b>						
1st	Garry	Gunner	01:01:15			
<b>Team</b>	Mynydd Du			Mynydd Du		
	Neil	Coe		Helen	Brown	
	James	Woodier		Naomi	Law	
	Duncun	Loughrey		Emma	Bayliss	
<b>Spot Prizes</b>						
	Dave	Austin				
	Jeanette	Hines				
	Nigel	Baker				