

Pos	Forename	Surname	Club	Age	Gender	Time
1	RICHARD	JOHNSON	MYNYDD DU	V40	M	1.01.43
2	JIM	MASTERS	WYE VALLEY RUNNERS	S	M	1.3.03
3	GARY	JONES	PONTYPOOL	V50	M	1.10.20
4	JEREMY	JEHAN	WYE VALLEY RUNNERS	V40	M	1.11.35
5	ANDREW	BLACKMORE	MDC	V40	M	1.12.01
6	IESTYN	RHODES		S	M	1.12.08
7	ANDY	CREBER	CHEPSTOW	V50	M	1.12.32
8	RICCI	WATTS	PONTYPOOL	S	M	1.14.24
9	PETER	WILLIAMS	MDC	V50	M	1.15.34
10	CHRIS	SMITH	WEST 4 HARRIERS	V40	M	1.15.42
11	ALEX	KENDLE	QUANTOCK ORIENTEERS	S	M	1.16.58
12	STEVE	HARRHY	LLISWERRY	V50	M	1.17.19
13	STEPHEN	MORLIAN	FAIRWATER RUNNERS	V40	M	1.17.27
14	NIKI	MORGAN	CHEPSTOW	V40	F	1.17.30
15	NEIL	GRANT	CHEPSTOW	V60	M	1.17.59
16	MATT	ELPHICK		V40	M	1.18.23
17	SAMMI	TOOP	MYNYDD DU	S	F	1.19.29
18	ALAN	GILLARD	HARLEQUINS	V50	M	1.19.48
19	ROSEMARY	MOOREHOUSE-GANN	MDC	S	F	1.20.25
20	DAVE	SMOUT	MYNYDD DU	V60	M	1.20.38
21	PHILIP	HOLDER	HARLEQUINS	V50	M	1.22.12
22	RICHARD	REGAN		V40	M	1.23.12
23	GARY	GUNNER	CROFT AMBREY	V60	M	1.24.44
24	JON	WARREN		V40	M	1.24.57
25	CARL	BRANCHER	MYNYDD DU	V50	M	1.25.28
26	WYN	DAVIES	MYNYDD DU	50	M	1.27.20
27	DAVE	LEWIS		V40	M	1.28.20
28	LOUISE	BRIGHT	PONTYPOOL	S	F	1.29.38
29	REBECCA	SMITH	WEST 4 HARRIERS	S	F	1.30.47
30	CARL	ROBERTS	PONTYPOOL	S	M	1.33.32
31	DANIELA	GORMLEY	MYNYDD DU	V40	F	1.34.05
32	SUE	TAGG	PARC BRYN BACH	V40	F	1.37.41
33	NADINE	DONOVAN	PONTYPOOL	V40	F	1.39.25*
34	SARA	WAKEFIELD	PONTYPOOL	S	F	1.45.0
35	SIMON	BROWN		S	M	1.56.02
DNF	BUNNY	WHEEZE	BRYCHEINIOG	V50	M	

