## 2024 Summer Junior Tennis



Session 1: May 29 – June 26

Session 2: July 1 – July 31

LANGFORD FARMS CLUB

10 sessions, Designated Make-ups 6/21, 6/24, 6/26

10 sessions, Designated Make-ups, 7/26, 7/29, 7/31

Ages	Days	Time	Member	Non-Member
Ages 5 – 6, Red Aces I (Beg) / II (Int)	MWF	9:00 – 9:45 AM	\$115	<b>\$135</b>
Ages 7 – 8, Orange Lobbers I (Beg) / II (Int)	MWF	9:45 – 10:45 AM	\$170	\$200
Ages 9-12 Green Spinners I (Beg) / II (Int)	MWF	10:45 – 12:00 PM	\$220	\$255
Intermediate Future Stars	MWF	9:00 – 10:30 AM	\$265	\$300
Advanced A-Team	MWF	10:30 - 12:00 PM	\$265	\$300

<sup>1</sup>st Time tennis students are STRONGLY encouraged to enroll in Session 1, as session 2 starts at the current level of Session Listudents (see FAQs) Prices are per session

Ages 5-6 Red Aces: Proportionate sized racquets, low compression (red) balls and mini-courts are used in order to introduce kids to the fundamentals of tennis, learning to play real points and having fun in the process. Courts are divided between beginner (I) and those who are starting to rally (II) Ages 7-8 Orange Lobbers: Lessons will be taught following the United States Tennis Association 10 and under teaching format, utilizing shorter court dimensions, low compression balls (orange) and propersized racquets. Courts are divided between beginners (I) and those able to sustain a rally and serve (II) Ages 9+ Green Spinners: Clinics utilize full sized court, but with developmental balls (Green dot) with emphasis on building fundamental strokes and mechanics. The goal is to advance players to competitive play. Courts are divided between beginners (I) and those able to maintain a rally and serve (II) Intermediate/Advanced A-Team, Requires coach invite: This clinic is for year-round tennis players with whom tennis is a focus sport. This session is ability (and focus) based, not aged based, as students range from 9yrs to High schoolers. This session is targeted at players committed to schoolastic match and tournament play.

What to Bring: Proper athletic shoes, hat or visor, tennis racquet and a water bottle (loaner racquets available upon request).

PLAYER REGISTRATION:			PLAYER 2 REGISTRAT	ΓΙΟΝ: (15% Discount for 2 <sup>nd</sup> child)
Child's Name:			Child's Name:	
Date of Birth:	Age:	Sex: M/F	Date of Birth:	Age: Sex: M / F
Street Address:			_ Street Address:	
City, State, Zip:				
T-shirt Size	_		T-shirt Size	
Group:	Session 1.	2	Group:	Session: 1 2
PARENT/GUARDIAN INFORMATION: Parent/Guardian Name: Relationship to Child:		Checks can be made payable to the Langford Farms Club.  If you would like to pay via credit card, please provide the following		
			— Card#	Exp.
Street Address: City, State, Zip:			Name on card	
Contact Number:			— CVV #	
Email Address:			<u></u>	VISA MaszerCard PERSON Corte

I grant permission for the above named child(ren) to participate in all planned clinic activities, and absolve the LFC and its personnel from any liability for injury or loss sustained by the child while engaged in such activities. I authorize the staff to provide emergency medical care at my expense. The LFC is not responsible for lost, stolen or damaged personal property.

Signature of Parent or Guardian

Date

5219 Rustic Way Old Hickory, TN 37138

www.langfordfarmsclub.com email: langfordfarmsclub@tds.net (615) 754-8650 Phone (615) 807-3737 fax

## Instructors and Student/Coach Ratios:

We maintain a maximum of 8 students per court (generally averaging 6 per court) with a student to teacher ratio of ~5 to 1.

Brad Herrington: USPTR L1 Certified Tennis Instructor, Lipscomb Acad. Head Coach Maggie Burke, USPTR L1 Certified Tennis Instructor, Green Hills HS Head Coach Sacha Colomban, 4 Year starter, Cumberland University

Coach Brad can be reached by text at (615) 681-6754.

## **FAQs**

Q: My 7 year old child has taken some tennis, will they start in Orange II

A: Not necessarily. We will figure it out based on where they are in their tennis development and their focus. Kids graduate to level II when they demonstrate ability to maintain rallies and serve. We keep spots open in level II for those students who show progress even mid-session.

Q: We have a family vacation in the middle of a session – can you prorate for a partial session.

A: We will try, but there is more demand than we have coaches or courts and offering a partial session takes a spot for a student available for the full session. We will attempt to accommodate if there are openings.

Q: Complete Beginner but due to circumstances we can't start until session 2

A: We can accommodate you so long as you sign up for 2-3 private (or semi-private) lessons as a means to get your child caught up with the beginners who started with session I. Contact Coach Brad to arrange.

Q: 13 year old is a complete beginner and wants to try tennis, but may be uncomfortable joining a group with much younger children

A: It is not unheard of to begin tennis (at any age). We suggest contacting the coach for either private lessons as a means to rapidly get them caught up, or we may have a separate group in the same age range

Q: What weather conditions require cancellation and will we be notified.

A: Whenever the courts are damp, it is unsafe to play. We will always try to send a text alert within 90 minutes of the start time, but pop-up showers can occur resulting in cancelation on short notice.

Q: What is the difference between private lessons and Jr Clinics.

A: In a group session, we teach to the "mean" of the group but try our best to make individual adjustments based on the player's ability/needs. In a private session, we are able to progress based upon the individual's specific ability. If a student in a group session gets "stuck" on a specific tennis concept that the group has mastered, a private session can often get them over the hump.

## About Tennis and Our Philosophy:

Tennis is a rewarding life-long pursuit as there is no limit to what you can learn. It's a great gift to give to your child. The catch is that there is a learning curve. Tennis requires basketball footwork, the hand-eye of baseball, the endurance of soccer, and the individual mental focus of chess. Progress occurs breaking down a complicated game into simpler components, and progressions that build upon a student's success. We keep the game fun and provide a positive experience that will benefit the student regardless of what sport(s) they settle on. It is our experience that not all kids will progress to becoming tennis players (its much more difficult than it looks) but ALL kids will benefit from learning to work as a team, follow instructions, and gain athletic skills and awareness that will help them in any sport.

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