



**Thousands of residents.
Hundreds of organizations.
Eighteen neighborhoods.**



One Northside Coronavirus Resource Guide

Together, We are One.

We are in unprecedented times with the coronavirus, but we are still here to help our neighbors. Northside partners are banded together to help provide resources to those that are in need in this time of social distancing. A lot is in the works and we will continue to keep you updated as additional resources become available.

Thrive18

Thrive18 has been working diligently to connect Northside residents to much needed resources and collecting information on COVID-19's impact in an effort to better serve residents in the community. A program of Project Destiny, Thrive18 works with trusted service providers, grassroots organizations, and community change agents who are dedicated to respectful, consistent care and support for individuals and families. Please direct any inquiries or requests for assistance to Project Destiny – Thrive18 at 412-231-1258.

COVID-18 Updates

For up-to-date information and resources, please [visit Allegheny Health Department](#) or call 1-888-856-2774

United Way 2-1-1 Assistance

Those seeking help dealing with the Coronavirus crisis can dial 2-1-1, text their zip code to 898-211, or visit pa211sw.org. A United Way resource navigator can help connect you with essential services in your area. Sign up to receive up-to-date information via text at pa211sw.org/text-alerts

Give

Give to the emergency action fund at <https://pittsburghfoundation.org/emergencyactionfund>

Food

- The Department of Human Services has published a searchable map of food resources available during this unprecedented time which will be updated as often as needed. Listings will include available school 'grab & go' sites, food pantries and other options. [Food distribution sites can be found here.](#)
- Any senior citizens requesting help for food please call the senior line at 412-350-5460 to get connected to food options.
- In Service to Seniors is offering individuals in Allegheny County over the age of 60 are eligible for free food pantry and grocery delivery by program volunteers. For more information or to volunteer to help, contact 412-345-7420 or ISOS@wfspa.org.

Health

- Visit [UPMC](#), [AHN](#) and [Central Outreach Wellness Center](#) for more information on their testing sites and policies.
- North Side Christian Health Center is offering health services Monday through Friday, 8:30am - 5:00 pm at 816 Middle Street, Pittsburgh, PA 15212. Special hours at their Northview Heights site at 525 Mt. Pleasant Rd, Pittsburgh, PA 15212.

-
- If you are having behavioral health issues, please contact your behavioral health provider or if necessary, the resolve crisis hotline at 1-888-796-8226.
 - [Pittsburgh's Steel Smiling organization](#) has launched a free virtual mental health program for those in need.
 - If you're feeling anxious or depressed, there are resources to help, such as resolve Crisis Services and the [Peer Support & Advocacy Network](#).
 - [For people in recovery](#): Alcoholics Anonymous is offering [virtual meetings online](#). Narcotics Anonymous is [doing the same](#). The Substance Abuse and Mental Health Services Administration has a hotline — 1-800-662-HELP (4357) — for anyone who needs it.
 - Frontline workers can find mental health support for COVID-19 [with this listing of local therapists offering free appointments](#).
 - Pittsburgh Parks Conservancy asks that residents be safe in #PittsburghParks: practice physical distancing (6-8 feet), wash your hands before and after a park visit, avoid surfaces: benches, railings, fences, exercise equipment, playgrounds are closed, no contact sports, no play dates in parks for kids, no pavilions, park facilities and amenities will be closed, no restrooms, water fountains, etc. and if you are experiencing symptoms - stay home! **As a reminder:** Due to the increase in confirmed COVID-19 cases and the increasing risk of exposure, the City of Pittsburgh has temporarily closed all playgrounds until further notice. Learn more here: www.pittsburghparks.org/COVID-19

Childcare

For resources and more information on childcare, please visit the Early Learning Resource Center at <https://elrc5.alleghenycounty.us/> or call 412-350-3577.

Internet

- Comcast is offering free Internet Essentials to New Customers during the COVID-19 emergency. You will be sent a free self-install kit that includes a cable modem with a Wi-Fi router. There will be no term contract or credit check and no shipping fee. To sign up, applicants can simply visit www.internetessentials.com. The accessible website also includes the option to video chat with customer service agents in American Sign Language. There are also two dedicated phone numbers 1-855-846-8376 for English and 1-855-765-6995 for Spanish.

-
- For eligible university students who live in our service areas and need internet service, a Visa prepaid card worth about two months of internet service. No upfront fees, no installation costs. All they have to do is sign up at [www.xfinity.com/student for this select offer](http://www.xfinity.com/student-for-this-select-offer), and within a few days they'll get an internet self-install kit, and then in just a few weeks later they'll receive a \$150 Visa prepaid card with a value of about two months of internet service. This offer is available to college students who live in households that are not already Xfinity customers, through June 1st.
 - Charter Communications is offering free internet access for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription and at any service level up to 100 Mbps. To enroll call 1-844-488-8395. Installation fees will be waived for new student households.

Learning

Below are several free resources that can be accessed for student learning:

- [Carnegie Science Center Activities and Resources](#)
- [PPS Grade Level Packets](#)
- [PPS Online Activities](#)
- [Montessori tutor list](#)
- [Great Minds Recorded Lessons](#)
- [Scholastic](#)
- [Nat Geo](#)
- [ABCYA](#)
- [Fun Brain](#)
- [Starfall](#)
- [Highlights Kids](#)
- [ABC Mouse](#)
- [Wonderopolis](#)
- [Learning A-Z](#)
- [Brainpop](#)
- [Phonics Hero](#)
- [Kids Discover](#)
- [Time for Kids](#)
- [Go Noodle](#)
- [150 Enrichment Activities](#)

-
- [Virtual Field Trips](#)
 - [Free online Ivy League courses](#)

Employment

- Resources on filing for unemployment [can be found here](#).
- Neighbors in Need Crisis Fund provides financial assistance to people in our community who are going through an unexpected crisis and cannot find assistance from any other source. The program primarily serves residents of the City of Pittsburgh who are at risk of homelessness, job loss, or severe loss of fundamental needs due to unexpected circumstances. More information [can be found here](#).
- [The Emergency Fund for Artists](#) provides up to \$500 in assistance to western Pennsylvania artists experiencing a loss of income due to the COVID-19 outbreak.
- [Pittsburgh's Financial Empowerment Center](#) is offering free financial counseling remotely. Call 1-800-298-0237 to schedule a session.

Housing

- Beginning Monday, March 23, the URA will be offering a Housing Stabilization Program, in partnership with [Urban League of Greater Pittsburgh](#), that will assist households who are struggling with rent payments due to COVID-19-related losses in work and wages. City of Pittsburgh residents can call the Urban League at 412.227.4164. Read details of the program [here](#).
- The PA Housing Alliance is keeping an updated [list of housing resources](#) that includes mortgage loss mitigation and financial bridge loans, among other information.
- If you are experiencing homelessness or a housing crisis concern, please contact Allegheny Link at 1-866-730-2368.
- [Know your rights](#). Eviction proceedings have been temporarily halted.
- [Shutoffs of utilities](#) like gas, water and electric have been halted until further notice.

Small Business

- URA recognizes the potential hardships and needs small businesses are facing and may face due to COVID-19. They want to reassure small business borrowers that they are here to work

with you. URA small business borrowers should contact their URA loan officer via email or phone.

- Small businesses that are not URA borrowers can reference the U.S. Small Business Administration Guide to plan and respond to COVID-19 at this [link](#).
- The Hebrew Free Loan Association of Pittsburgh has announced a [Coronavirus Financial Bridge Loan Program](#) to provide interest-free loans on a nonsectarian basis for up to \$5,000 to residents of Allegheny, Beaver, Butler, Westmoreland, Washington, and Armstrong counties who are facing financial challenges caused by COVID-19.
- [Relief loans of up to \\$50,000](#) are available through local crowdfunding investor platform Honeycomb Credit.