

## Rainbow Kraut Salad

1 jar of Hoganville Family Farms sauerkraut

Cut up  $\frac{1}{4}$  c. to  $\frac{1}{2}$  c. of the following:

Carrot

Celery

Pepper, any color

Onion

Combine everything in a bowl, mix, and put back in the jar to let it marinate. Eat a little each day. Top with peanuts, if desired.

**Hello crunchiness and yumminess!**

