

Shuri-Ryu Karate 9th Kyu to Shodan

Black Strip (Youth Only)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)
5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)
5 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, & Hi-shu Barai)
3 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri)
8 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi,
Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, & Ni-ko Dachi)
Count to ten in Japanese

Yellow Tip (Youth Only)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)
5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)
5 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, & Hi-shu Barai)
4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)
8 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi,
Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, & Ni-ko Dachi)
Count to ten in Japanese
Tai-Yoko Ich
5 Ippons (1-5)
Basic Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means &
11 Characteristics of Shuri-ryu, etc.)

Yellow Belt

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)
5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)
5 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, & Hi-shu Barai)
4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)
8 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi,
Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, & Ni-ko Dachi)
Count to ten in Japanese
Tai-Yoko Ich
Tai-Yoko Ni (Adults Only)
Tai-Yoko San (Adults Only)
5 Ippons (1-5)
5 Kihons (Adults Only)
1 Taezu
Wunsu Kata
Wunsu Kata Bunkai (Adults Only)
6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)
5 Releases
Basic Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means &
11 Characteristics of Shuri-ryu, What Tai-yoko ich &
Wunsu Katas mean, etc.)

Blue Belt

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

7 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, & Mawashi Uke)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

12 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi, Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi, Ko Ni-ko Dachi, Sanchin Dachi, Sodo Dachi, & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

7 Ippons (1-7) w/Attackers

7 Kihons (1-7) w/Attackers

2 Taezus (1-2)

Wunsu Kata

Wunsu Kata Bunkai

Anaku Kata

Anaku Kata Bunkai

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

5 Releases & Locks

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms & What Tai-Yoko, Wunsu, & Anaku Katas Mean etc.)

Green Belt

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

7 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, & Mawashi Uke)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

12 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi, Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi, Ko Ni-ko Dachi, Sanchin Dachi, Sodo Dachi, & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

8 Ippons (1-8) w/Attackers

8 Kihons (1-8) w/Attackers

3 Tazusus (1-3) w/Attackers

Wunsu Kata

Wunsu Kata Bunkai

Anaku Kata

Anaku Kata Bunkai

Niahanchi Kata

Niahanchi Kata Bunkai

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

7 Releases & Locks

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, & Niahanchi Katas Mean etc.)

Purple Belt

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

7 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, & Mawashi Uke)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

12 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi, Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi, Ko Ni-ko Dachi, Sanchin Dachi, Sodo Dachi, & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

8 Ippons (1-8) w/Attackers

8 Kihons (1-8) w/Attackers

5 Tazusus (1-5) w/Attackers

Wunsu Kata

Wunsu Kata Bunkai

Anaku Kata

Anaku Kata Bunkai

Niahanchi Kata

Niahanchi Kata Bunkai

Sanchin Kata

Empi-Sho Kata

Empi-Sho Bunkai

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

7 Releases, Locks, & Takedowns

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, Niahanchi, Sanchin & Empi-Sho Katas Mean etc.)

Brown Belt (San Kyu)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

8 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, Mawashi Uke, & Chudan - Gedan)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

16 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi,

Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi,

Ko Ni-ko Dachi, Kokutso Dachi, Sanchin Dachi, Sonchin Dachi, Hungetsu

Dachi, Sodo

Dachi, Tsuru Dachi, & Misturin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

10 Ippons (1-10) w/Attackers

10 Kihons (1-10) w/Attackers

8 Tazus (1-8) w/Attackers

Wunsu Kata

Wunsu Kata Bunkai (Performance & Verbal Interpretation)

Anaku Kata

Anaku Kata Bunkai(Performance & Verbal Interpretation)

Niahanchi Kata

Niahanchi Kata Bunkai(Performance & Verbal Interpretation)

Sanchin

Empi-Sho Kata

Empi-Sho Bunkai(Performance & Verbal Interpretation)

Bassai-Dai Kata

Bassai-Dai Bunkai(Performance & Verbal Interpretation)

Tsue-Sho Kata

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

8 Releases ,Locks, & Takedowns

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, Niahanchi, Sanchin, Empi-Sho, Bassai Dai, & Tsue-Sho Katas Mean etc.)

Brown Belt (Ni Kyu)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

8 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, Mawashi Uke, & Chudan - Gedan)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

16 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi, Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi, Ko Ni-ko Dachi, Kokutso Dachi, Sanchin Dachi, Sonchin Dachi, Hungetsu

Dachi, Sodo

Dachi, Tsuru Dachi, & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

15 Ippons (1-15) w/Attackers

15 Kihons (1-15) w/Attackers

10 Tazusus (1-10) w/Attackers

Wunsu Kata

Wunsu Kata Bunkai (Performance & Verbal Interpretation)

Anaku Kata

Anaku Kata Bunkai(Performance & Verbal Interpretation)

Niahanchi Kata

Niahanchi Kata Bunkai(Performance & Verbal Interpretation)

Sanchin

Empi-Sho Kata

Empi-Sho Bunkai(Performance & Verbal Interpretation)

Bassai-Dai Kata

Bassai-Dai Bunkai(Performance & Verbal Interpretation)

Tsu-Sho Kata

Tsue-Sho Bunkai

Go-Pei Sho Kata

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

10 Releases, Locks, & Takedowns

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, Niahanchi, Sanchin, Empi-Sho, Bassai Dai, Tsue-Sho & Go-Pei Sho Katas Mean

etc.)

Brown Belt (E Kyu)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

9 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai,
Morotei Shuto Uke, Mawashi Uke, Chudan – Gedan, & Jodan-Seiken)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

16 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi,
Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi,
Ko Ni-ko Dachi, Kokutso Dachi, Sanchin Dachi, Sonchin Dachi, Hungetsu

Dachi, Sodo

Dachi, Tsuru Dachi, & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

15 Ippons (1-15) w/Attackers

15 Kihons (1-15) w/Attackers

10 Tazusus (1-10) w/Attackers

Wunsu Kata

Wunsu Kata Bunkai (Performance & Verbal Interpretation)

Anaku Kata

Anaku Kata Bunkai(Performance & Verbal Interpretation)

Niahanchi Kata

Niahanchi Kata Bunkai(Performance & Verbal Interpretation)

Sanchin

Empi-Sho Kata

Empi-Sho Bunkai(Performance & Verbal Interpretation)

Bassai-Dai Kata

Bassai-Dai Bunkai(Performance & Verbal Interpretation)

Tsue-Sho Kata

Tsue-Sho Bunkai

Go-Pei Sho Kata

Dan-En Sho Kata

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

10 Releases, Locks, & Takedowns

3 Kumite Matches

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, Niahanchi, Sanchin, Empi-Sho, Bassai Dai, Tsue-Sho, Go-Pei Sho, &

Dan-En Sho Katas Mean, etc.)

Black Belt (Sho Dan)

5 Animal Hand Forms (Snake, Tiger, Leopard, Crane, & Dragon)

5 Hand Strikes (Shuto, Tettui, Hidaken, Tate, & Shotei)

9 Blocks (Jodan Uke, Nagashi Barai, Chudan Uke, Gedan Barai, Hi-shu Barai, Morotei Shuto Uke, Mawashi Uke, Chudan – Gedan, & Jodan-Seiken)

4 Kicks (Mai Geri, Mawashi Geri, & Yoko Geri, & Ushiro Geri)

Combination Kicks

17 Stances (Hesiko Dachi, Masuba Dachi, Hachichi Dachi, Kiba Dachi, Zenkutso Dachi, Han-Mai Kiba Dachi, Kake Dachi, Ni-ko Dachi, Ko Ni-ko Dachi, Kokutso Dachi, Sanchin Dachi, Sonchin Dachi, Hungetsu

Dachi, Sodo

Dachi, Tsuru Dachi, Haku Tsuru Dachi & Mitsurin Dachi)

Knowledge to count in Japanese (1-100)

Tai-Yoko Ich

Tai-Yoko Ni

Tai-Yoko San

15 Ippons (1-15) w/Attackers

15 Kihons (1-15) w/Attackers

10 Tazusus (1-10) w/Attackers

8 Performance Categories

Wunsu Kata

Wunsu Kata Bunkai (Performance & Verbal Interpretation)

Anaku Kata

Anaku Kata Bunkai(Performance & Verbal Interpretation)

Niahanchi Kata

Niahanchi Kata Bunkai(Performance & Verbal Interpretation)

Sanchin

Empi-Sho Kata

Empi-Sho Bunkai(Performance & Verbal Interpretation)

Bassai-Dai Kata

Bassai-Dai Bunkai(Performance & Verbal Interpretation)

Tsue-Sho Kata

Tsue-Sho Bunkai

Go-Pei Sho Kata

Go-Pei Sho Bunkai

Dan-En Sho Kata

Dan-En Sho Bunkai

6 Punches (Seiken, Tate, Ura, Aga, Mawashi, & Kage)

10 Releases, Locks, & Takedowns

5 Kumite Matches

Written Test

Knowledge (Gi, Obi, Dojo, Pine Tree, What Shuri-ryu means & 23 Characteristics of Shuri-ryu,

Japanese Terminology For Hand forms, Blocks, & Stances & What Tai-Yoko, Wunsu,

Anaku, Niahanchi, Sanchin, Empi-Sho, Bassai Dai, Tsue-Sho, Go-Pei Sho, &

Dan-En Sho Katas Mean, etc.)

Here is the list of what was required as I came through (as best I can recall)... I would very much like not to dip below these standards with the students.

Yellow (5 Ippon, 5 Kihon, 1Taezu, 5 SD), Wansu and 3 levels of Taikyoku

Blue (7 Ippon, 7 Kihon, 3 Taezu, 7 SD), Anaku

Green (8 Ippon, 8 Kihon, 5 Taezu, 10 SD), Naihanchi Sho, Sanchin

Purple (10 Ippon, 10 Kihon, 7or 8 Taezu, 10 SD), Empi Sho

Brown (10 Ippon, 10 Kihon, 10 Taezu, 10 SD), Bassai Dai

I would also love to add form sparring to the tests. I know that this would take a bit of time, but it would be a chance to require the students to demonstrate blocks, punches, kicks, and strikes in a more combative mode than kumite. We could have a minimum performance requirement of 2 different punches, 2 different strikes, 1 elbow, one knee, 3 different blocks and 2 different kicks demonstrated over a 3 minute form sparring period.