



Empowering Parents Workshop: Behavior Management Strategies

A FREE interactive VIRTUAL workshop discussing strategies to address negative teen behaviors

Open to ANY interested parent or caregiver of adolescents or teens

Access to a working camera and microphone will help get the most out of this workshop!



Benefits



Free Home Drug Test

Parent participants will be given a FREE home drug test upon completion of the workshop to use with their new skills!



Parent Incentives

Parents of **Probation-involved youth** can earn a \$10 gift card for gas or groceries.



Interventions Workbook

Parents will receive a copy of an interventions workbook that includes usable documents discussed in the workshop.



One-on-one Consultation

Parents can schedule a follow up meeting with workshop family therapists to discuss how to implement strategies discussed, review plans developed by parents, or generally feel supported.



Youth Incentives

Probation-involved youth who submit to a home drug test administered by caregivers will earn an incentive through Probation.

Save the Date!

THURSDAY

6PM -7:30PM

3rd Thursday of the month

Register by scanning the QR code below.

Workshop hosted via Zoom

Learn Strategies to:

- Encourage behavior change
- Address teen drug use
- Increase parental consistency
- Decrease parental exhaustion

Build Parenting Skills to:

- Identify warning signs
- Reinforce behavior
- Monitor and supervise effectively

Register Using the QR Code or Link

<https://forms.gle/NtMb6RdXoYh9mBfL9>

SCAN ME



Presented by the Strong Roots Family Therapy Program - DuPage County Juvenile Probation

Questions? Email:
familytherapy@dupageco.org