











# rand Estates Properties - Belize

**Guest Services** 



Belize is a wonderful place to enjoy fun in the warm, turquoise-blue waters of the Caribbean. Rent a jet ski and explore the coastline, ride the wake behind a wakeboarding boat, kitesurfing, Waterskiing, or take a parasail ride and get a bird's eye view of the whole island from 300 feet in the air!



We highly recommend jotting down a list of excursions or day goals. Upon your arrival, we will look at the the forecast and help you decide which day to do what activity.

# But most importantly....

Leave your watch and to-do lists behind.

Relax and Let Us Take Care of All the Details!









## Jet Ski WaveRunner Rental

Rent one of our brand new 2017 Yamaha Waverunners in the beautiful setting and water of Ambergris Caye. Experienced riders can also rent tubes to pull behind the Jet Skis.

Experience the Magical Waters of the Caribbean in this Gorgeous, Safe and Amazing Place!

Jet Ski/WaveRunner Pricing

• 1 Hour \$120

• 2 Hours \$210

• 4 Hours \$385

• 1 Day \$550

• 2 Days \$1000

• 3 Days \$1400

• 1 Week \$3000

**Tube Rental Pricing** 

• 4 Hours \$25

• 1 Day \$50









Sessions

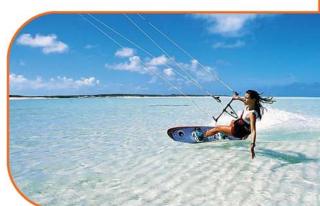
Morning: 8:30 a.m. - Noon

Afternoon: 2:00 p.m. - 5:30 p.m.

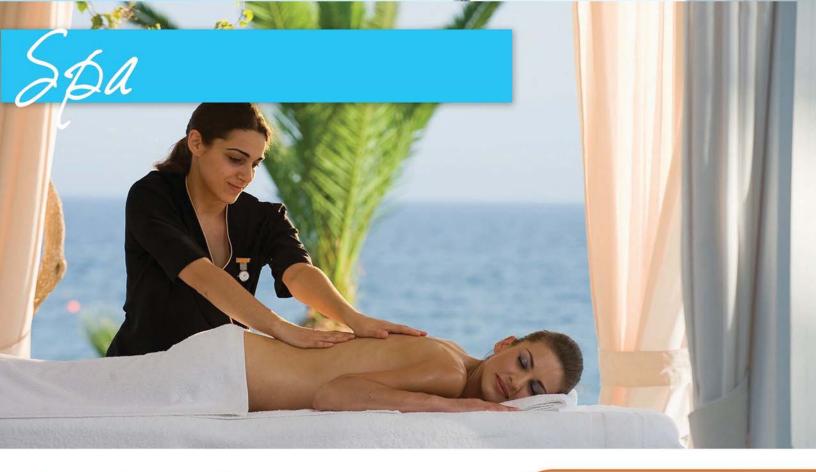
1/2 Day Session with Lessons \$250 USD 1/2 Day Session without Lessons \$200 USD

Please pre-order in advance so we may assure availability.









# Pamper Gourself

Treat yourself to one of the many relaxing spa treatments to enhance your body, mind and spirit. The most effective local and exotic plants, plant extracts, essential oils and minerals from land and sea are available for your total rejuvenating experience. Certified Massage therapists and aestheticians are trained in massage, body wraps, body scrubs, manicures, pedicures, and facials.

Our Spa is located in Beach Estate One, closest to the clubhouse. You can also enjoy Spa Services in the comfort of your own villa, estate, or seaside upon your request.







# Spa Menu



### **CLASSIC RELAXATION**

This gentle, full body massage with harmonizing, calming, and therapeutic Swedish techniques will lull your cosmos into tranquility. Relax, unwind, enjoy.

60 min \$90 USD 75 min \$110 USD 90 min \$130 USD

### LIGHT TOUCH

Effleurage, Swedish, and Myofascial Release (gentle stretching and massage) techniques are performed in rhythmic motion with light "tickling" strokes for a restful, tender therapy.

60 min \$90 USD 75 min \$110 USD 90 min \$130 USD

### **DEEP TISSUE THERAPEUTIC**

Deep and specific to your special needs, this massage works on your designated areas aiming to release patterns of pain and discomfort.

60 min \$110 75 min \$135 USD 90 min \$160 USD

### **COUPLES MASSAGE**

Side by side massages for you and yours. Choose from any of the above therapies.

# Facials

A Fantastic way to gain clarity and symetry while pampering yourself and basking in serenity. All facials are tailored to your skin and include a thorough cleansing of the face, neck, and decolletage, exfoliation, a restful relaxing massage, a masque and moisterizing.

#### EQUALIZE

Cleansing and detoxifying, this facial is best suited for oily skin leaving you with a healthy and stabilized complexion. 60 min \$95 USD

### **UN-BELIZABLE**

Elevating and refining this facial will lift, tighten and tone your skin giving your complexion a brightening boost and leaving your skin supple, glowing, and vivacious.

60 min \$95 USD



### **Finger Food Manicure**

A hydrating therapy for your hands 50 min \$55 USD

### TOE"TALLY PAMPERED PEDICURE

A complete restorative treatment with a foot massage, that leaves you feeling pampered. 60-70 min \$80 USD







Please pre-order in advance so we may assure availability. Prices shown in SUSD





# Wellness broup Events Schedule

Monday - Wednesday - Friday Sunrise Yoga + Meditation

Tuesday + Thursday Beginner Aerial Yoga Stand Up Paddleboard (SUP) Yoga

Privates and Semi-Privates Available
Aerial Yoga, Mat Pilates, Yin Yoga, SUP, Barre,
Ayurvedic Counseling, Macrobiotic Counseling

By Appointment Only

\$25 per Person Scheduled Yoga Classes \$30 per Person Scheduled Aerial Classes\* \$30 per Person SUP Yoga classes\*\* \$250 Private One-on-One Classes or Counseling \$350 Private 2 Persons \$500 Groups of 3-8

\*Aerial Classes are limited to a maximum of 6 people
\*\*SUP Yoga is limited to a maximum of 8 people









# Exploring the Blue

The second largest barrier reef in the world is located a half a mile from the shore of Ambergris Caye. With the average water visibility 100 Ft. and the water temperature around 75-80 degrees, there isn't a bad time of year to dive in Belize. The Blue Hole is also located in Belize and is a must for divers.

For those who want to experience the beauty of the reef from above, snorkeling is also available. The most popular snorkel sites are: Hol Chan Marine Reserve, Mexico Rocks, and Coral Gardens.

\$25 Local Snorkeling around the property

\$50 Snorkling and Transportation Day Pass to Hol

Chan Marine Reserve (plus \$10 Day Pass)

\$75-300 Scuba Diving - Prices vary depending on location and depth









# Fisherman's Delight

Whether you are a first time fisherman or a seasoned professional, Belize offers some of the world's finest fishing. Belize has one of the world's most diverse fishing ecosystems with 100's of Square kilometers of flats, estuaries, rivers and reefs.

Fisherman will be happy to know that spin, fly, and trolling are all available all year round. The estuaries, inlets and mouths to the many rivers are known for their tarpon, snook, and jack. The lagoons and flats are known for their bonefish, permit, and barracuda. The coral reefs support grouper, snapper, jack, and barracuda while the deeper waters off the reef are home to sailfish, marlin, bonito, and pompano.

\$25 Reel Rental for Local Fishing at Grand Estate Properties

\$150 Two hours within Reef with Our Boat & Captain

\$250 Four Hours within Reef with Our Boat & Captain

\$350 Full Day of Reef Fishing

\$650 Full Day of Deep Sea Fishing

Chef Megs can prepare your catch for your meal!









# Wellness Group Events Schedule

Cruise to Secret Beach \$25 per person

Sunset Cruise to the SandBar Includes 2 Drinks and Hors d'oeuvres \$50 per person

Private Boat available to take you anywhere you want to go Private Trip to Caye Caulker Pricing will vary depending on distance and duration









# I'm Hungry! What do we have to eat?

**Grocery** - We can pick up all your favorite Food and Supply items and stock the pantry and fridge in you Villa or Beach Estate prior to your arrival.

**Drinks** - We can also pick up your favorite Beverages, Including Alcohol, and have them ready in your Beach Villa or Estate

**Private Chef** - We have a fantastic private chef on staff who can prepare breakfast, lunch, dinner meals or a light snack to enjoy poolside.

Food is served in the Clubhouse or we can deliver meals to your private villa or beach estate for a more intimate setting.

Heading out on an excursion? We can prepare a picnic basket of goodies to send with you!









# Breakfast in the Clubhouse Room Delivery Available Please pre-order in advance so we may assure availability. \* Prices shown in USD

# CONTINENTAL - \$10/PP

Juice, fresh fruit display, fresh cinnamon rolls, yogurt, cereal, and mixed pastries

# PREMIUM - \$15/PP

Chef Megs prepares custom omelettes, scrambles, veggies, potatoes, bacon and sausage, waffles, fresh fruit, and pastries

Special requests are considered.





## Lunch in the Clubhouse Room Delivery Available

Please pre-order in advance so we may assure availability.

\* Prices shown in USD

Chicken Quesadilla Marinated grilled chicken with fresh peppers, onions, Monterey Jack and cheddar blend, pico an sour cream - \$12

Fish Tacos Chile lime sauce, cabbage, signature sauce - \$12

Vegan Tacos Avocado, charred corn pico, cabbage, signature sauce \$10

Chicken Tacos Onion & cilantro, guajillo salsa Served with lemon and marinara - \$12

Fried Calamari Served with lemon and marinara - \$12

Cilantro Ceviche Del Mar Shrimp, catch of the day, calamari, cilantro, lime, red onions - \$12

**Fish Sandwich** Panko-breaded Catch of the Day golden fried, topped with sliced tomato, cilantro lime coleslaw and a side of jalapeño tartar sauce - \$12

**Grilled Chicken Sandwich** Grilled marinated chicken breast, Monterey Jack cheese, Applewood smoked bacon, lettuce sliced tomato and a side of Dijon aioli - \$12

**Cheeseburger** Our signature burger topped with American cheese, lettuce, sliced tomato, and pickles. Served with fries. - \$10

**Deluxe Burger** Topped with Monterey Jack cheese, Applewood smoked bacon, lettuce, sliced tomato, pickles and ranch dressing\* Served with fries. - \$12





## **Nibbles & Starters**

Room Delivery Available
Please pre-order in advance so we may assure availability.

\* Prices shown in USD

## Dips & Spreads

Rosemary Focaccia with Roasted Garlic Olive Oil Dip served with Pita Bread \$8

Fresh Ceviche with Homemade Tortilla Chips \$10

Roasted Garlic with Extra Virgin Olive Oil & Herbs served with fresh baked bread \$8

Sundried Tomato Pesto Drizzled Over Cream Cheese with Basil Served with Cajun Baguettes \$15

### With a Fork

Side Salad \$7

Mozzarella Tomato Basil with Garlic and Olive Oil \$10

Fresh Salad with "Peel & Eat" Shrimp with Creamy Garlic or Spicy Sauce \$12

Sauteed Conch (When Available) \$16

# From the Fyer

Fries \$7

Popcorn Shrimp \$12

Calamari \$12

Chicken Tenders \$12



■ ■ Guest Services

STAY

PLAY

**EXPLORE** 



## **MAIN ENTREES**

Spaghetti \$8

**Chicken Tenders & Fries \$7** 

Fried Fish & Fries \$8

Grilled Cheese Sandwich & Fries \$7

Fettucine Alfredo with Chicken \$9

Mac & Cheese \$7

Cheese Pizza \$9

Burger \$8

## **DRINKS**

Sodas, Juices, Milk, Chocolate Milk



■ ■ Guest Services

EXPLORE

**STAY** 



Chef Megs will prepare all dinners family-style. Your group will have the choice of two entrees, choice of salad, choice of two sides and a choice of dessert.

Please pre-order in advance so we may assure availability.

\* Prices shown in USD

Family Dinner Classic (Two Classic Entrees) - \$20/PP
Family Dinner Vegetarian Entree - \$20/PP
Family Dinner Combo (One Classic Entree, One Vegetarian Entree)- \$20/PP
Family Dinner Combo (One Classic Entree, One Premium Entree)- \$30/PP
Family Dinner Combo (One Classic or Vegetarian Entree, One Premium Entree)- \$30/PP
Family Dinner Premium (Two Premium Entrees) - \$40/PP

Choose two entrees, one salad, and two sides for your group. Include Baked Bread and one type of dessert for your group.

### CLASSIC ENTREE OPTIONS

Grilled Chicken
Seafood in a Mushroom & Sherry Sauce
served in a Clam Shell
French Crepe - Seafood
French Crepe - Chicken & Asparagus or
Asparagus & Mushroom
Fish of the Day
Tomato Basil Garlic & Olive Oil Pasta

### PREMIUM ENTREE OPTIONS

Grilled Lobster
Medallion of Filet Mignon
Chilled Stone Crab (When Available)
Seafood Combo
French Crepes with Fish of the Day
Pasta: Tomato Basil Garlic and Olive Oil
with Sauteed Shrimp or Lobster in
Tomato Basil Garlic & Olive Oil Pasta

### **VEGETARIAN ENTREE OPTIONS**

Vegetarian Paella
Black Bean Enchiladas
Stir-Fry Vegetables with Rice
Creamy Lemon & Asparagus Pasta
French Crepe - Asparagus
& Mushroom
Tomato Basil Garlic & Olive
Oil Pasta
Tofu can be added to any entree upon
upon request

### CHOICE OF SALAD OR SOUP

Classic Caesar Salad, Tropical Salad, Spinach Salad, Cole Slaw, Pasta Salad, Escabeche Belizean Onion Soup, Vegetable Soup

### CHOICE OF TWO SIDES

Baked Potato, Roasted Herb Potatoes, Mashed Potatoes, Rice Pilaf, Asparagus, Buttered Corn, Green Beans, Belizean Rice & Beans, Vegetable Medley, Honey Glazed Carrots, Quinoa

### CHOICE OF DESSERT

Molten Chocolate Cake, Key Lime Pie, Crème Brûlée, Brownie with vanilla ice cream



■ ■ Guest Services

STAY

PLAY

**EXPLORE** 

