

### **New Rules - 2023**

Intentional Grounding exception change  
Changes in basic spot penalty enforcement – fouls on offensive behind line of scrimmage

### **New Rules – 2022**

Redefined Chop Block  
New Intentional Grounding Rule  
40-Second Play Clock Clarification – Fouls only on the defense.

### **New Rules - 2021**

Blocking below the waist now requires the block to begin immediately following the snap. Action in the Free-Blocking Zone.

### **New Rules - 2020**

Defining Team Designated Representative for Penalty Decisions  
Halftime Intermission Option Following Weather Delay  
Spiking the Ball to Conserve Time  
Disconcerting Act Foul and Penalty Reclassified  
40-Second Play Clock Clarification – eliminate defense advantage – officials time out for defensive player injury or equipment  
25-Second Play Clock Clarification – following legal kick either team awarded a new series

### **New Rules - 2019**

New 40 second play clock  
Tripping the ball carrier  
New definition of horse collar  
Illegal kicking and batting – now 10 yds  
Redefined legal scrimmage formation

### **New Rules - 2018**

Improperly equipped players shall be replaced for at least one down  
Fouls by kicking team can now be tacked on

## **New Rules - 2017**

New definition for Blindsided block (2-3-10)  
Penalty for an illegal blindsided block (9-4-3n)  
Illegal Participation fouls during kicks can be PSK fouls (2-6-2h)  
Pop-up kicks are illegal and the play should be stopped (6-1-11)  
In last 2 minutes of the half, the offended team can start the clock on the snap (3-4-7)  
Face guarding is no longer a DPI foul (7-5-10)

## **New Rules - 2016**

Completely clear or all white mouth protectors are now legal (1-5-1d(5)a)  
Gloves are now required to meet either SFIA or NOCSAE standards (1-5-2b)  
Clipping in the free-blocking zone is now illegal (9-3-6)  
A Jersey must completely cover the shoulder pads and all pads above the waist (1-5-1b)

## **New Rules - 2015**

Can correct down prior to a new series and prior to the end of the period (5-1-1b)  
Free-Kick formation – 4 on each side of kicker and within 5 yards. Encroachment  
Unnecessary Roughness now includes defenseless player (9-4-3g)  
Not Roughing the Passer if face mask is grabbed without twisting (9-4-4)  
Dead ball fouls can now offset in even numbers (10-2-5)

## **New Rules - 2014**

Targeting (2-20-2; 9-4-3m) and Defenseless Player (2-32-16; 9-4-3i)  
The ball retains status when it is illegally kicked (2-24-9)  
Untimed down for an accepted live-ball foul when the period expires during the down (3-3-3; 3-3-4)

## **New Rules - 2013**

Players may wear solid-colored towels provided they all wear the same color (1-5-3a(5)a)  
Definition of catch now includes being carried out of bounds by the opponent (2-4-1)  
KCI now includes 15-yard penalty (6-5-6)  
OPI no longer includes Loss of Down (7-5-10)  
DPI no longer includes Automatic First Down (7-5-10)  
Only A may score on a Try (8-3-3)  
Loss of helmet includes after down is completed (3-5-10d)  
Initiating contact on a helmet-less opponent is a personal contact foul (9-4-3l)  
Continuing to play without a helmet (9-6-4g)