

Equality Log

MEN'S NONVIOLENCE CLASSES

1. ACTIONS: What are the actions (statements, gestures, tone of voice, physical contact or presence, facial expressions) you use to demonstrate equality (respect, trust and support, etc.) with your partner?

2. INTENTS: What do you want to happen when you act this way?

3. BELIEFS: What beliefs do you have that support your actions and intents?

4. EFFECTS: What is the impact when you choose to act this way?

On you _____

On her _____

On others _____

5. PAST VIOLENCE: How does your past use of violence impact your efforts to have an equal partnership?
