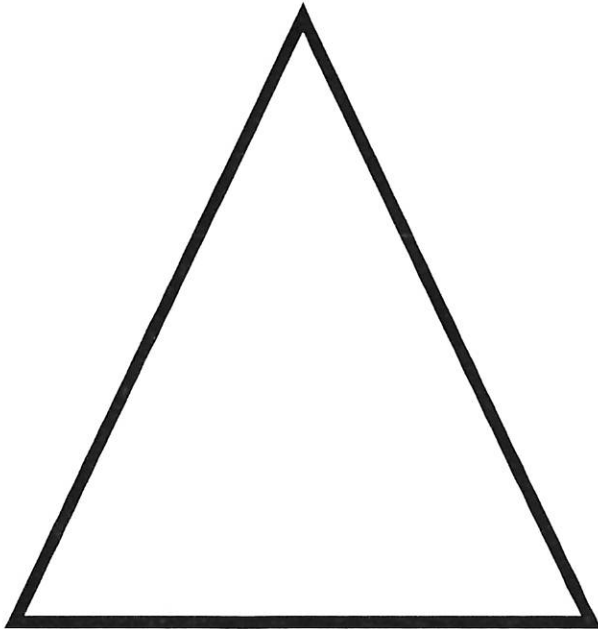
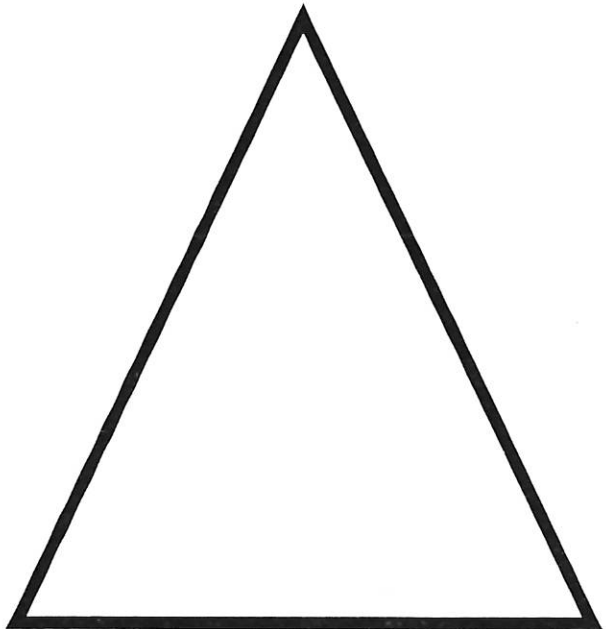


# Power, Families, and Violence

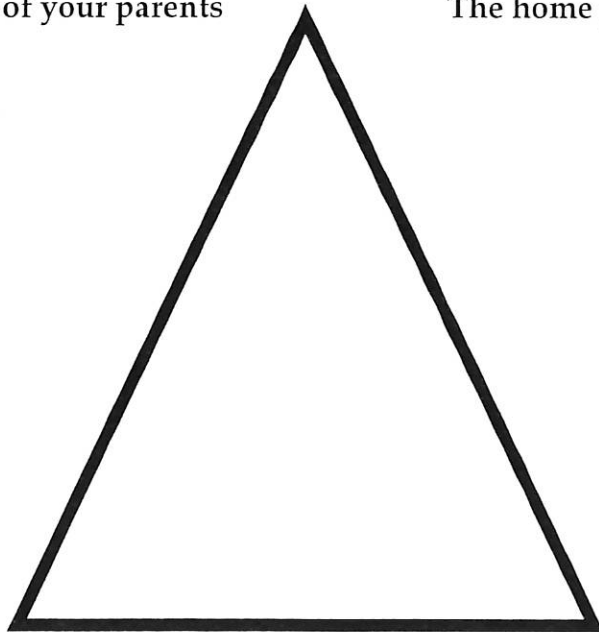
For the following three family structures; (1) the home that one of your parents grew up in, (2) the home you grew up in, and (3) your current home, name all the family members who lived in the home and put them on the pyramid based on their place within the family structure. If by chance there was no pyramid in the structure – everyone was equal- draw circles below the pyramid.



The home of one of your parents



The home you grew up in



Your current home

*After you fill in the pyramids, answer the following questions:*

- How do the heads of these structures keep people at the bottom from complaining?
- How do they share information?
- What kind of intimidation are people at the top typically allowed to get away with?
- How do they limit what people at the bottom can do?
- How do people at the top want the people at the bottom to feel about them (meaning people at the top)?
- How do they want people at the bottom to feel about themselves?
- Who is in the middle of the pyramid and who is at the bottom?
- How do people in the middle treat people at the bottom? Why?
- Do people at the top treat people in the middle and the bottom differently? How?
- Describe the difference between what happens when people at the top of the pyramid get angry and people at the bottom get angry.
- How do people at the top explain why they should get more resources than people at the bottom?
- What's the difference between the reasons for people at the top using violence toward those at the bottom and the reason people at the bottom use violence toward those at the top.
- What are the differences in the consequences for using violence if you are at the top compared to if you are at the bottom.
- Who is supposed to control the abuse of power by the person at the top? Why do they fail to so often?

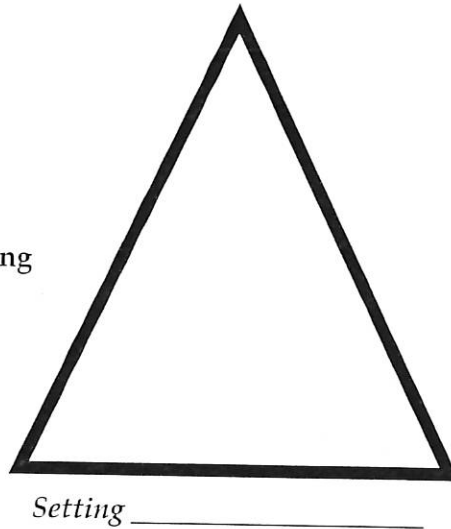
# Power, Families, and Violence

*Pick a setting from the following list or add your own:*

- Military
- Refugee camp
- Gang
- Family
- Workplace
- School
- Church
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*After you choose a setting look at the list of tactics next to the pyramid and list which tactics the person at the top of the pyramid uses. Describe how they use this tactic.*

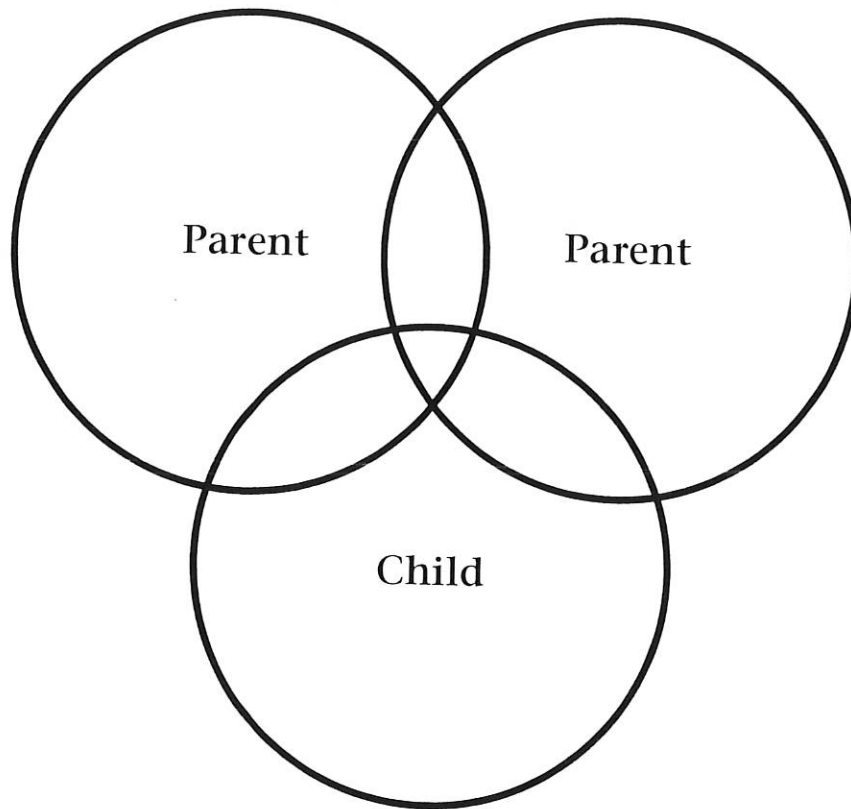
1. Using coercion and threats
2. Using intimidation
3. Using emotional abuse
4. Using isolation
5. Minimizing, denying, blaming
6. Using children
7. Using male privilege
8. Using economic abuse



*Based on the setting you chose, answer the following questions:*

- How do certain people get to the top of these structures?
- Who gets there and why?
- Who is supposed to control the abuse of power by the person at the top?
- Why do they fail so often?

# The Equal Family



*Make a list of specific changes that would need to happen in your family to move from a hierarchical family structure to something closer to the equal family shape.*

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