

# AUGUST 2023

Duncan Unified Schools

This is an equal opportunity institution.

Monday

Tuesday

Wednesday

Thursday

Friday

1

**EZMealApp.com**  
To fill out a free lunch application

2

*Please send money if you don't qualify for free lunches. Cash or check made out to DUSD*

3

**Lunch Prices**  
K-5<sup>th</sup>: \$2.50  
6<sup>th</sup>-12<sup>th</sup>: \$2.75

4

7

8

9

Muffin, Fruit

Chicken Taquitos  
Homemade Pinto Beans  
Salad, Churros, Melon

10

Cereal, Juice

Toasted Meatball Subs  
Baked Chips, Sliced Fresh Veggies, Grapes

11

Breakfast Bar, Fruit 14

Pizza  
Green Beans  
Fruit Slush

Granola Bar, Fruit 15

Orange Chicken over Rice  
Stir Fry Veggies  
Fortune Cookie, Pineapple

16

Bagel, Fruit

Cheeseburgers  
Oven Fries  
Lettuce Tomato Pickle Apples

17

Cereal, Juice

Ham & Cheese Bake  
Corn  
Fresh Berries

18

Banana Bread, Fruit 21

Popcorn Chicken  
Mashed Potatoes  
Mixed Veggies  
Peaches

Waffle, Fruit 22

Cheesy Turkey Melt  
Sweet Potato Fries  
Sliced Cucumbers  
Cuties

23

Muffin, Fruit

Beef Nacho Grande  
Salad, Spanish Rice  
Fresh Cut Melons

24

Cereal, Juice

BBQ Pork Sandwich  
Baked Beans, Carrot Sticks  
Grapes

25

Crackers, Cheese, Fruit 28

Corndog Bites  
Mac & Cheese  
Green Peas  
Mixed Fruit

Zucchini Bread, Fruit 29

Crispy Chicken Sandwich  
Lettuce, Tomato, Pickle  
Tater Tots  
Mandarin Oranges

30

Frudel, Fruit

Baked Ziti w/ Italian Sausage  
Garlic Bread, Salad  
Squash, Berries

31

Cereal, Juice

Toasted Chicken Bacon Ranch Subs  
Celery Sticks, Sugar Snap Peas  
Fruit Slush

Please fill out a free/reduced lunch application asap. If you do not qualify, you must send cash or check to pay for your child's lunches. You can fill out a paper copy and give it to your school secretary or you can fill out one online at [EZMealApp.com](https://EZMealApp.com) You can always reach out to me at [spatton@duncanschools.org](mailto:spatton@duncanschools.org)