

# SEPTEMBER 2023

Duncan Unified Schools

This is an equal opportunity institution.

Monday

Tuesday

Wednesday

Thursday

Friday



**4**  
No School

**5**  
Breakfast bar, Fruit  
French bread Pizza  
Mixed Veggies  
Peaches

**6**  
Muffin, Fruit  
Ham & Cheese Melts  
Oven Fries, Spinach Salad  
Oranges

**7**  
Cereal, Juice  
Chicken Tot Casserole  
Breadstick, Green Beans  
Melons

**8**

**11**  
Bagel, Fruit  
Meatball Marinara Penne  
Garlic Bread, Corn  
Mixed Fruit

**12**  
Waffle, Fruit  
Turkey Bacon Subs  
Baked Chips  
Cheesy Broccoli  
Mandarin Oranges

**13**  
Yogurt, Crackers, Fruit  
Green Chile Chicken Nachos  
Pinto Beans, Salad, Salsa  
Mango

**14**  
No School  
*Enjoy the Greenlee  
County Fair!*

**15**

**18**  
No School

**19**  
Crackers, Cheese, Fruit  
Breakfast for Lunch  
Biscuits & Gravy, Eggs  
Sausage, Hash browns  
Sliced Peppers  
Warm Cinnamon Peaches

**20**  
Muffin, Fruit  
Grilled Chicken Sandwich  
Lettuce, Tomato, Pickle  
Oven Fries, Berries

**21**  
Cereal, Juice  
Teriyaki Beef & Broccoli  
Rice, Veggies  
Fortune Cookie, Kiwi

**22**

**25**  
Granola Bar, Fruit  
Popcorn Chicken  
Mac & Cheese  
Steamed Cauliflower, Pears

**26**  
Nutrigrain Bar, Fruit  
Hot Dogs  
Cheese Broccoli  
Baked Beans, Slush

**27**  
Whole grain bar, Fruit  
Bean Burrito  
Green Chile Cream Cheese Corn  
Apples

**28**  
Cereal, Juice  
Ground Beef Quesadilla  
Spanish Rice, Salad  
Grapes

**29**

If you haven't filled out a free/reduced lunch application for this school year, please do so at [EZMealApp.com](https://EZMealApp.com).

A new application is required every school year.

You can always reach out with questions or concerns at [spatton@duncanschools.org](mailto:spatton@duncanschools.org)