**Education**

M.S. Social Work, May 2016

*Florida Atlantic University*, Boca Raton, FL

B.S. Counseling and Psychology, May 2013

*Washington Adventist University*, Tacoma Park, MD

# Professional Experience

# Adaptive Connection Consultants Therapist

November 2018

* Co-Founder, therapist
* Therapy services, trainings, workshops

## SunServe, Wilton Manors, FL Youth Therapist

June 2016 – Present

* LGBTQ+ expert
* Maintain caseload of 15-20 clients
* Provide individual and family therapy
* Deliver LGBTQ trainings in Broward County
* Regular use of electronic database for documentation
* TFCBT, EMDR, CBT, MI, suicide prevention, etc.
* Conduct intake interviews, complete biopsychosocial assessments, and provide clinical diagnosis using DSM V criteria
* Document all services, attend treatment team meetings and work closely with treatment team to enhance client outcomes
* Develop and maintain clinical records such as treatment plans, progress notes, and termination summaries
* Co-facilitate various groups
* Worked with MSD youth post shooting

## SunServe, Wilton Manors, FL Therapist

September 2015 – June 2016

* Maintain caseload of 10-15 clients
* Co-facilitate open support group with 5-15 people covering transgender issues/concerns
* Complete BIRP notes on daily basis
* Case Management connecting individuals to resources as needed

## Pace Center for Girls Broward, Wilton Manors, FL Internship

September 2014 – April 2015

* Complete biopsychosocial assessments by participating in intake interview to evaluate the needs of each girl and family, collaborate with intake team
* Work in partnership with girls and their families to find a common approach to problem solving, crisis counseling and intervention
* Counsel girls whose behavior, school progress, or mental or physical condition indicates need for assistance
* Lead group counseling sessions to enhance social development of individual students and provide peer support in areas such as grief, stress, abuse or chemical dependency

## Catholic Charities Organization, Landsdown, MA Internship

June 2012- July 2012

* Observe therapeutic after-school program and individual Psychiatric Rehabilitation Program for various groups of children
* Complete behavioral reports for 5-7 children daily
* Assist lead counselor in teaching and leading group projects as well as events

**Presentations**

* Caring for Gender Non-Conforming and Transgender Youth, September 2018

Southern Comfort Transgender Medical Care Conference

* Effective Clinical Care: Therapist Perspective on Working with May 2018

Transgender Youth, United Way Behavioral Health Conference

* ChildNet LGBT Presentation, New Case Manager Training March 2017

# Skills

* EMDR Certification in process
* Pediatric First Aid, CPR, and AED certified
* Cognitive Behavior Therapy Certified
* Neurobiology of Trauma and Grief trained
* Ethics and Boundaries certified
* Motivational Interviewing Skills trained
* TF-CBT trained
* Broward County Suicide Prevention certified
* Broward County School Board New Clinician Trained
* Florida Institute for Group Supervision trained
* Grant Writer
* Transgender Youth Expert
* LGBT Trainer
* Technology Competent
* Working with Child Welfare System
* Team Collaborator

# Professional Membership

* National Association of Social Workers 2016 – Present

References Available Upon Request