



**KIDZCLUB NEWSLETTER JANUARY 2024**

Happy New 2024 Year to all our Families.

May all your dream become true. May the New year bring you happiness, prosperity, love, and all the best



In December, we covered some topics such as: "Christmas around the world"

Self-built house



Future scientists



Fun day outside



Kindergarten room



Knight of Kidzclub



## REMEMBERING CHRISTMAS PARTY 2023



## JANUARY CALENDAR

January 8, Monday - School re-opens. Program re-opens

January 26, Friday - Parents/Teachers interviews. No classes. Program is open

**Please note:** If your children are coming to the program on the Non-instructional days (PD days, Parents/teacher interview, you have to complete a special form and drop off your children not later than 10:00 am. Please ask staff.



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## COMMUNITY INFO

### Family resources

Please see the link below for an excellent resource for Family Resource Networks.

- Support for parents
- How FRN's help families
- Support for children and youth
- How to find an FRN

<https://www.alberta.ca/assets/documents/cs-family-resource-networks-fact-sheet.pdf>

Free Glasses for Children: 1<sup>st</sup> Floor of Chinook Centre at Clearly

Low Income Bus Pass . Online at [calgarytransit.com/shop](http://calgarytransit.com/shop)

Free Language Instructions for Newcomer at Immigrant Services Calgary. 403-262-2656

Calgary Food Bank. 403-253-2055

See below free nutrition classes information:



# Mealtime Struggles to Mealtime Success

## FREE Online Nutrition Class

for parents and caregivers of  
1 to 5 year olds

### Winter 2024 Schedule

January 16 <sup>th</sup>	6:30 pm - 8:00 pm
February 6 <sup>th</sup>	6:30 pm - 8:00 pm
February 21 <sup>th</sup>	12:00 pm-1:30 pm
March 19 <sup>th</sup>	6:30 pm - 8:00 pm
April 2 <sup>nd</sup>	1:30 pm - 3:00 pm
April 16 <sup>th</sup>	6:30 pm - 8:00 pm

Join Registered Dietitians to learn how to:

- create a positive mealtime environment
- introduce new foods
- cope with mealtime struggles

Easy to attend  
virtual classes!

### REGISTRATION:

- [birthandbabies.com](https://birthandbabies.com)
- 403-955-1450

