



# The Knollwood Voice



## The President's 2014 New Year's Message

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Next Issue: coming in  
April

### Special Dates/Events:

Next Community Meetings  
January 28 & March 26,  
2014 at 6:30 pm at the  
Waugh/Mt. Meigs Fire Sta-  
tion

To submit a topic for a future  
publication, contact your  
block captain or send an  
email to milledge6@aol.com.

I want to take this opportunity to wish you and your families a Happy New Year. I pray that your dreams, wishes and aspirations be fulfilled in 2014 and, that 2014 is a year of progress and achievements for you.

Having said that, there are several things that I want to mention as we embark on the journey for this New Year:

First, we were able to launch the new website for the Knollwood Homeowners Association in 2013; the web address is [www.knollwoodhomeownersassociation.org](http://www.knollwoodhomeownersassociation.org);

Second, we were able to develop the history for the Knollwood Subdivision in 2013; a copy may be obtained from the website or from the Executive Council;

Third, we were able to unveil a strategic plan for the Association in 2013;

Fourth, we launched a newsletter, the Knollwood Voice, for the Association in 2013;

Fifth, the pine tree that had affected the curb/roadway at Cottonwood Drive (preventing work to be effectively done on curb and roadway) was removed in 2013;

Sixth, the broken inlet top at the corner of "new" Elm Drive and Cottonwood

Drive was repaired in 2013 by the County, after constant prodding by the Council;

Seventh, we will strive in 2014 to deal effectively with known challenges, such as drainage and other infrastructure issues;

Eighth, I want to make an appeal that we all keep the provisions of the Covenants and Restrictions in order to make the Knollwood Subdivision a community that we can all be proud of;

Ninth, if you have any problems or concerns, please do not hesitate to direct them to any of the Executive Council members. We will do our best to respond in a timely manner.

Let us all try to be neighborly and work cooperatively to make the Knollwood Subdivision an ideal and pleasant community to live in 2014 and beyond.

Also, I want to take the opportunity to thank all Executive Council members and other volunteers for the several achievements and their hard work;

Once again, Happy New Year to you all!

Nii O. Tackie, President  
January 2, 2014

In three words I can sum up  
everything I've learned about  
life: it goes on.

~Robert Frost



### Community Update

#### No Soliciting Stickers

“No Soliciting Stickers” were provided for HOAs at the January 9, 2014 East Montgomery Neighborhood Alliance meeting for distribution to residents. If you choose to display a sticker, it must be placed on a door or in a window for visibility.

#### Directory

The Community Directory will be updated as additional information is received. If you would like to be included, contact Maxine Wheeler, 106 Cottonwood Drive or by e-mail at miteemax88@aol.com.

#### Information via E-mail Contact

To receive notices/information by e-mail, send your address to Glenda Horton at ghortonk@charter.net. This is optional. Hard copies will be provided for neighbors who prefer this method or do not have access to e-mail.

If neighbors have questions or inquiries about concerns, send them to Glenda Horton at 89 Cottonwood Drive or by email.

#### Recycle Memo Bags

The plastic bags used to deliver neighborhood in-

formation may be returned to your block captain’s mailbox/paper receptacle. Recycling helps to reduce cost.



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**Do you have a favorite recipe, story, or information to share with neighbors?**

**Does your organization have an event or program coming up?**

**Submit them for publication.**

“Life is really simple, but we insist on making it complicated.”  
~Confucius

#### Reminder—HOA Dues

The Knollwood Homeowners Association HOA dues are \$200.00 for year 2014.

Payment deadlines:

\$100.00 on or before June 15, 2014

\$100.00 on or before December 15, 2014

Payments may be made in any amount and as often as you would like to total the amounts due.

Payments by check or money order can be sent to:

Knollwood Homeowners Association, P.O. Box 241641, Montgomery, AL 36124-1641

or

Knollwood Homeowners Association, 137 Ash Drive, Montgomery, AL 36117

### Observances

**January 20**—Dr. Martin Luther King Day

**February 7**—National Wear Red Day  
*The first Friday of February has been designated by the awareness campaign, Heart Truth, as National Wear Red Day® in the United States. On this day, men and women are encouraged to wear red as a symbol of their support of women’s heart health.*

**February 17**—President’s Day

**March 2**—Read Across America  
*Read Across America Day promotes reading, particularly for children and young adults. Many schools, libraries, and community centers across the United States participate in the day by bringing people together to take part in reading books.*

**March 4**—Shrove Tuesday/Mardi Gras

**March 5**—Ash Wednesday

**March 9**—Daylight Savings Time Starts

**March 24—March 28**—Spring Break

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”

~Dr. Martin Luther King, Jr.



## Influenza in Alabama

Influenza-like illness (ILI) activity remains above baseline for the state. For the week ending January 4, 2014, the geographic spread of ILI in Alabama was widespread. This level indicates that the percentage of patients with ILI was significantly high in at least six Public Health Areas (PHAs), and there were positive influenza specimens from the same PHAs within the past three weeks. During the past three weeks, 64 (40%) of the specimens submitted to the Bureau of Clinical Laboratories (BCL) for influenza testing, were positive

for influenza. All positive specimens were identified as Influenza A, 2009 H1N1.

Influenza surveillance is a year round activity. Exact case counts for influenza are unknown because individual cases are not reportable. Alabama influenza surveillance is dependent on sentinel providers (doctor's offices, health clinics, urgent health centers, ERs, etc) who report the number of ILI visits that they see on a weekly basis and those who submit flu specimens for testing at the BCL.



## CDC Says “Take 3” Actions To Fight The Flu

1

### Take time to get a flu vaccine.



- CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses.
- While there are many different flu viruses, a flu vaccine protects against the three viruses that research suggests will be most common. Everyone 6 months of age and older should get a flu vaccine as soon as the current season's vaccines are available.
- Vaccination of high risk persons is especially important to decrease their risk of severe flu illness.
- People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older.
- Vaccination also is important for health care workers, and other people who live with or care for high risk people to keep from spreading flu to high risk people.
- Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for them should be vaccinated instead.

2

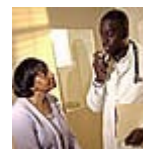
### Take everyday preventive actions to stop the spread of germs.



- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

3

### Take flu antiviral drugs if your doctor prescribes them.



- If you get the flu, antiviral drugs can treat your illness.
  - Antiviral drugs are different from antibiotics. They are prescription medicines (pills, liquid or an inhaled powder) and are not available over-the-counter.
  - Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious flu complications. For people with high risk factors, treatment with an antiviral drug can mean the difference between having a milder illness versus a very serious illness that could result in a hospital stay.
  - Studies show that flu antiviral drugs work best for treatment when they are started within 2 days of getting sick, but starting them later can still be helpful, especially if the sick person has a high-risk health or is very sick from the flu. Follow your doctor's instructions for taking this drug.
- Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.
- [www.cdc.gov/flu/protect/preventing](http://www.cdc.gov/flu/protect/preventing)

## Around the Corner (News and Notes)

### Congratulations!

**Jeriline and Johnny B. Raines, Jr.** on the birth of their grandchildren—triplets born to Nikki and Johnny B. Raines, III, of Montgomery on March 23, 2013; and girl born to Ashley and Trey-lon Raines of Birmingham on July 31, 2013. Marriage of son, Quandre' D. Raines and Artella McGowan on September 21, 2013.

**Herbert and Courtney Bell** (Elm Drive) on the birth of their son on October 23, 2013.

**Thinking of You** - Mrs. Mavis Dudley (Cottonwood Drive)



## Covenant Corner

### Ten Things Every HOA Resident Should Know!

1. Know the Rules. Understand and comply with the restrictive covenants, by-laws, and other rules and regulations.
  2. Know that you must pay your assessments on time.
  3. Do not ignore communications from your homeowner association, especially notices that may regard outstanding assessments, rule violations, or fines. The board has the responsibility to govern fairly and consistently in the interest of all members, which includes placing liens or foreclosing for nonpayment of assessments and fines. Don't let a minor fine escalate to the point that the association board must turn the matter over to an attorney. A fifty dollar fine can easily lead to five hundred dollars or even five thousand dollars.
  4. You must maintain your property according to the governing documents and rules.
  5. Know that an Architectural Review Application and approval is generally required before making improvements. This typically includes sheds, fences, above ground pools, playground equipment and much more. This may also include paint colors, door styles, landscaping, and mailboxes.
  6. Know that your association has certain responsibilities to the membership including compliance with federal and state laws, fiduciary responsibility by board members, elections, meeting notices, meetings, due process and much more as defined in the covenants and by laws.
  7. Stay informed and participate in the business of your homeowner association by reading the meeting minutes, attending the annual meeting, understanding the budget, and volunteering to serve on a committee or the board.
  8. Maintain a current address with your homeowner association. This is critical if you are a member of a homeowner association but do not live in the community. Examples include rental property, second homes, investment property, and homes used by children in college or retired.
  9. Know that if your home is rental property or occupied by others, the tenants/occupants should understand that they must also comply with certain restrictive covenants such as parking, pets, architectural changes, and other requirements. This may also include association rules regarding use of playgrounds, pools, tennis courts, parking and other common areas.
  10. Know who is in charge. Maintain contact information for an association representative. This may be an on-site employee, a management company, a board member, or the builder/developer.
- Source: Guide to Understanding Homeowner Associations, HOA-USA.com

Knollwood Homeowners Association

P.O. Box 241641, Montgomery, AL 36124-1641

www.knollwoodhomeownersassociation.org

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*Mission—To preserve and promote Knollwood Subdivision as a pleasant community for residents and a vital contributor to the Greater Montgomery Area.*

#### Executive Council:

President—Nii O. Tackie (272-5306)  
Vice President—John Ivery (272-8600)  
Secretary—Glenda Horton (396-9161)  
Treasurer—Brenda Savage (277-3010)  
Chaplin—Ollie Robinson (272-1959)  
Courtesy Chair—Annie Harris (277-6151)

#### Block Captains:

Knollwood Blvd—William Harrison (260-8675)  
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Pinetree Drive—Annie Harris (277-6151)  
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Cottonwood Drive—Glenda Horton (396-9161)

# The

# Knollwood Voice



## Vandalism Reported by EMNA

A notice was received from Linda Barnet, Halcyon South, to alert members of East Montgomery Neighbourhood Alliance (EMNA) to vandalism in Halcyon South on April 11, 2014. She indicated, "A number of houses in Halcyon South had vehicles ransacked early this morning. I am not sure what all was taken but I do know that the keys to one vehicle were taken and credit cards were taken from another. The credit card was used this morning on Narrow Lane Road so I hope they had surveillance cameras. A couple of days ago a lawn mower was taken on Worthing Road.

The east side had a low crime rate for a number of months and the criminals know the

police patrol the most heavily hit areas. They take advantage of this and move to low crime areas. The officer who came out this morning reminded us of that fact."

Additionally, she advised, "With summer approaching and more juveniles on the streets and at home during the day, we need to be extra cautious and be sure to look out for each other.

Never hesitate to call 911 or 311 if you see something suspicious in your neighborhood. If you have an alarm system, be sure you use it. Alarm systems are no good if they are not turned on. Most break-ins happen during the day and most vehicles are vandalized early in the morning.

If you are going out of town, be sure to let your neighbor know and inform them what vehicles are okay to be at your home, have someone get your mail or have the post office stop the mail and contact the police department to do house checks while you are away.

Lets keep everyone safe and protect our property."

The EMNA meets quarterly at Aldersgate United Methodist Church on Vaughn Road.



*It is only the farmer who faithfully plants seeds in the Spring, who reaps a harvest in the Autumn.*

~Richard Brinsley Sheridan

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## Community Update

### Waugh Area Development

Changes to Interstate 85, Exit 16 and Highway 80 are in progress. The KHOA is seeking information from parties involved to determine the extent of development and it's potential impact upon the Knollwood Community.

Representatives from Goodwyn, Mills & Ca-wood, Inc. presented the concept plan for Exit 16 (Waugh) area development, on March 21, 2014 at Pike Road Town Hall. The concept plan includes a gas station, hotel, and other businesses to be located along Highway 80 through Waugh. Pike Road Town Hall may be contacted for additional information.

### Summertime Social

The Social Event Committee is planning a community activity this summer to be held at the playground. Mark your calendar for June 21st for "Hot fun in the summer time." More details to come.

### City News

- BONDS National Night Out—May 15
- Next BONDS Gathering of Neighborhoods June 17 at noon in First Baptist Church's Huff Building, aka Caring Center, 200 South Perry Street, Lunch is available for \$6.00 (optional). Topic—Ask the Mayor (Q&A).
- The Montgomery City Council meetings every 1st & 3rd Tuesday @ 5:00 pm, City Hall.

### Special Dates/Events:

Next Community Meeting May 29, 2014 at 6:30 pm at the Waugh/Mt. Meigs Fire Station

To submit a topic for a future publication, contact your block captain or send an email to [milledge6@aol.com](mailto:milledge6@aol.com).

## Simple Gardening Tips and Tricks from Paul James, host of *Gardening by the Yard*:

1. To remove the salt deposits that form on clay pots, combine equal parts white vinegar, rubbing alcohol and water in a spray bottle. Apply the mixture to the pot and scrub with a plastic brush. Let the pot dry before you plant anything in it.
2. To prevent accumulating dirt under your fingernails while you work in the garden, draw your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt can't collect beneath them. Then, after you've finished in the garden, use a nailbrush to remove the soap and your nails will be sparkling clean.
3. To prevent the line on your string trimmer from jamming or breaking, treat with a spray vegetable oil before installing it in the trimmer.
4. Turn a long-handled tool into a measuring stick! Lay a long-handled garden tool on the ground, and next to it place a tape measure. Using a permanent marker, write inch and foot marks on the handle. When you need to space plants a certain distance apart (from just an inch to several feet) you'll already have a measuring device in your hand.
5. To create perfectly natural markers, write the names of plants (using a permanent marker) on the flat faces of stones of various sizes and place them at or near the base of your plants.
6. Got aphids? You can control them with a strong blast of water from the hose or with insecticidal soap. But here's another suggestion, one that's a lot more fun; get some tape! Wrap a wide strip of tape around your hand, sticky side out, and pat the leaves of plants infested with aphids. Concentrate on the undersides of leaves, because that's where the little buggers like to hide.
7. The next time you boil or steam vegetables, don't pour the water down the drain, use it to water potted patio plants, and you'll be amazed at how the plants respond to the "vegetable soup."
8. Use leftover tea and coffee grounds to acidify the soil of acid-loving plants such as azaleas, rhododendrons, camelias, gardenias and even blueberries. A light sprinkling of about one-quarter of an inch applied once a month will keep the pH of the soil on the acidic side.
9. Use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add a spot of tea to the soil around the base of seedlings once a week or use it as a foliar spray. *Adapted from www.HGTV.com*



## Yard of the Quarter



Home of The Summers Family, 124 Ash Drive



Nominations for yard of the quarter may be submitted to block captains.



See page 3 for lawn and garden tips.

## Property Maintenance Checklist

Standards have been identified for maintenance of properties in the KHOA Covenants and Restrictions. A checklist of items required has been developed and reviewed with attendees at the March 27, 2014 Community meeting. After receiving input from neighbors, the checklist has been finalized.

Properties maintained in good condition are essential to the attractiveness of the community, the maintenance of property values, community pride, and promoting desirability for family living. All property owners/occupants must adhere to all standards. Non-conformity to the

standards will be a violation of the Covenants and Restrictions.

The Executive Council will enforce standards for property maintenance. It will monitor properties for compliance with standards and send written notices of violations to property owners/occupants. Neighbors may report to the Executive Council any properties or problems that need attention.

The home of the Summers Family is the featured residence in recognition of the Yard of the Quarter. This residence is among several in the Knollwood subdivision that meet the standards outlined by the Covenants and Restrictions.

## Get Your Lawn and Garden Ready for Spring

Tired of being cooped up all winter? Hungering for a taste of spring? Your lawn and garden are ready to come out of hibernation too. Follow these tips to help them become lush and healthy. Then sit back and enjoy the beauty.

### YOUR LAWN

#### Out with the old.

Remove leaves, sticks and other seasonal debris to give your lawn a chance to breathe. Raking with a metal rake helps to dethatch the lawn and removes dead roots and grasses. Raking also clears the way for mowing, watering and planting seed.

**Bring on the seed.** Before seeding, rake area of dead or weak grass. Smooth and level the surface. Add new topsoil and starter fertilizer and work them into the soil. Follow by rolling with a weighted roller. Then spread the seed by sowing half in one direction and the other half at a right angle. Rake and roll again.

**Mulch for moisture.** Applying mulch around the bases of trees, shrubs and in flowerbeds helps keep plants moist and warm. After grass seeding, Lowes.com suggests mulching with a weed-free straw, like wheat straw, to keep the seed from blowing or washing away.

**Pour it on.** When should you water? Only when your lawn needs it. Then, really drench it. According to the Environmental Protection Agency (EPA), watering deeply as needed encourages the grass roots to dig deeper into the soil and promotes healthy growth.

**Raise your mower.** Raise the cutting height of your lawnmower to keep grass roots shaded and cooler. Keep the grass on the longer side so it will grow thicker and healthier. For most turf grasses, try keeping the length at 2 ½- to 3 ½-inches.



### YOUR GARDEN

**Plant early spring vegetables.** You can plant common early spring crops like peas, spinach, lettuces, leeks and potatoes if the soil is free of ice crystals and isn't too wet. If the soil crumbles easily, it's ready for planting. If you live in an area where a hard frost is still a possibility, make sure to cover the seedlings with items you have on hand, like overturned buckets or flowerpots.

**Prepare perennial beds.** For new perennial flowerbeds, spread a 6-inch deep layer of peat moss, compost or manure and work it into the soil. For existing beds, clear out debris and spread a 2-inch layer of mulch to prevent weeds and to retain moisture. This is also an ideal time to divide and replant overgrown perennials by digging them up and splitting them apart.

**Prune fruit trees.** If you want a juicy, tasty piece of fruit in a few months, prune your tree before new buds begin to bloom. Doing so keeps the tree from being stressed and helps produce a more plentiful crop. Also, make sure your tools are clean and sharp to ensure cleaner pruning cuts.

**Prune roses.** To grow stately roses with beautiful, full blooms, prune them before or just as new growth appears. Cutting your roses back helps produce strong, healthy shoots with more abundant blooms. Of course, your local climate will determine the best time to prune.

**Watch out for persistent pests.** Even pests need a place to stay warm over winter, which is why you may find slugs, snails or aphids in your perennials. Make sure to clear last year's pots of summer plants since certain weevils like to live there and feed on the plant roots.

**Clip ornamental grasses.** If you love the privacy and beauty of tall ornamental grasses, help them look their best by cutting them back to about 4-inches tall just as, or before, they show new growth. This is also a good time to divide grasses and move them to other areas of your yard. American Home Shield is providing this information for general guidance only.

<http://www.ahs.com/home-care-advice>

# Knollwood Homeowners Association

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P.O. Box 241641, Montgomery, AL 36124-1641

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## Happy Easter



*If we wait until our lives are free from  
sorrow or difficulty, then we wait forever.  
And miss the point.*

~Dirk Benedict



## Around the Corner (News and Notes)

### Our Condolences to:

The family and friends of **Ms. Mavis Dudley** (Cottonwood Drive). Ms. Dudley served graciously on the KHOA Executive Council as Chaplin.;

**Mr. Kenny Simon** (Cottonwood Drive), loss of his mother in January.

### Thank You to:

**Mr. Thomas Streety** (Ash Drive) for assisting with contacting the Department of Conservation and Wildlife and ridding the neighborhood of hundreds of buzzards occupying the water tower and a portion of Ash Drive near the water tower.

**Mr. Jerry Feist**, USDA and Wildlife, Greensboro, AL, for providing instruction and tools for ridding the neighborhood of buzzards.

**Submit names in recognition of the Class of 2014 graduates, milestones and other achievements to block captains.**

## Covenant Corner

### HOA Membership Dues

The KHOA experienced an increase in dues payments for calendar year 2013. During this period, 76% of homeowners paid HOA dues. This represents the highest level of payment in recent years. Reminders have been sent to homeowners who have outstanding payments.

The Knollwood Homeowners Association By-Laws, Article III, Dues, Section 1 states: "Conditions peculiar to the community (cost of street lights), maintenance of the Common Areas, the necessity of income for community improvement, and the cost of other approved expenses deemed necessary for the Association, dictate policies regarding financial obligations. Therefore, membership dues shall be assessed, and amended from time to time."

HOA dues for year 2014 - \$200.00

**\$100.00 due on or before June 15, 2014**

\$75.00 late fee due after July 15, 2014

**\$100.00 due on or before December 15, 2014**

\$75.00 late fee due after January 15, 2015

**\$200.00 may be paid in full (due on or before July 15, 2014)**

All payments by check or money order should be sent to:

**Knollwood Homeowners Association, P.O. Box 241641,  
Montgomery, AL 36124-1641**

### Who is a member of the Knollwood HOA?

Homeowner Association USA explains, "Membership in the HOA is mandatory, and you automatically become a member upon purchasing your home." Residents should understand that they are members of the KHOA and must comply with its tenets, by-laws, and covenants and restrictions; and in doing so, promote a positive outlook for the community.

## Observances

April—Autism Awareness Month, Donate Life Month, Minority Health Month

April 20—Easter Sunday

April 22—Earth Day

May—Arthritis Awareness Month

May 11-17—Women's Health Week

May 11—Mother's Day

May 17—Armed Forces Day

May 26—Memorial Day

June—Men's Health Month

June 15—Father's Day

June 19—Juneteenth





# HOT FUN IN THE SUMMERTIME





# Summer EVENTS





# The Knollwood Voice



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## Montgomery City-County Public Library

In June, the MCCPL announced, "We are making a lot of "Hoopla" over something new and great."

Hoopla is an innovative new service that partners with your local public library to bring you thousands of movies, television, music, and audiobook titles. There are no costs or hassles. All you need is a library card and a web browser, phone, or tablet.

From Hollywood blockbusters to best selling authors and artists, you're sure to find something you'll enjoy. But it's not just the latest

titles - MCCPLs also have an extensive catalog of educational materials, children's titles, foreign films, and other hard-to-find content not offered anywhere else.

The hoopla web site and mobile apps are easy to use. An unlimited number of copies are made available to your library, so there are never any waiting lists. Start streaming immediately, or download a title to your phone or tablet for offline viewing later. MCCPL will return it for you at the end of the lending period, so there are never any late

fees.

<https://www.hoopladigital.com/home>

Visit the MCCPL website at:  
<http://mccpl.lib.al.us/montgomery/index.asp>

For summer reading lists visit:  
<http://mccpl.lib.al.us/montgomery/readinglists.asp>



We may encounter many defeats but we must not be defeated. —Maya Angelou (April 4, 1928 – May 28, 2014)

## Community Update

### Stray Dogs and Wild Animals

Montgomery County officials have identified an "ongoing problem of unrestrained dogs becoming a nuisance and a danger" in areas of the county, including Knollwood. (See enclosed notice)

In addition to dogs, neighbors have seen foxes in the area. A fox was trapped by officials in the community in May. For stray animals in Montgomery County, call Montgomery Humane Society 334-409-0622 ext. 208 or 210

### City News

**EMNA Quarterly Meeting**—July 10, 2014  
Aldersgate Methodist Church, 6610 Vaughn Road, 7 p.m.

**BONDS** (Building Our Neighborhoods for Success and Development) Program is hosting the following Meetings:

- August 19 - Alabama State University, What's Happening At ASU? First Baptist Church Huff Building, aka Caring Center 200 South Perry Street
- August 14 - Seminar to be announced City Hall Auditorium 103 N. Perry Street, 6:00 PM - 8:00 PM
- September 11 - Neighborhood Social Media ToolBox: Facebook? Twitter? YouTube? Website? BLOG? Neighborhood Link? What's a Neighborhood To Do? City Hall Auditorium, 103 N. Perry St., 6:00 PM - 8:00 PM

### Special Dates/Events:

Next Community Meeting July 31, 2014 at 6:00 pm at the Waugh/Mt. Meigs Fire Station

To submit a topic for a future publication, contact your block captain or send an email to [milledge6@aol.com](mailto:milledge6@aol.com).

### Things a Burglar Won't Tell You

1. Of course I look familiar. I was here just last week cleaning your carpets, painting your shutters, or delivering your new refrigerator.
2. Hey, thanks for letting me use the bathroom when I was working in your yard last week. While I was in there, I unlatched the back window to make my return a little easier.
3. Love those flowers. That tells me you have taste.... And taste means there are nice things inside. Those yard toys your kids leave out always make me wonder what type of gaming system they have.
4. Yes, I really do look for newspapers piled up on the driveway. And I might leave a pizza flyer in your front door to see how long it takes you to remove it.
5. If it snows while you're out of town, get a neighbor to create car and foot tracks into the house. Virgin drifts in the driveway are a dead giveaway.
6. If decorative glass is part of your front entrance, don't let your alarm company install the control pad where I can see if it's set. That makes it too easy.
7. A good security company alarms the window over the sink. And the windows on the second floor, which often access the master bedroom-and your jewelry. It's not a bad idea to put motion detectors up there too.
8. It's raining, you're fumbling with your umbrella, and you forget to lock your door-understandable. But understand this: I don't take a day off because of bad weather.
9. I always knock first. If you answer, I'll ask for directions somewhere or offer to clean your gutters. *Don't take me up on it.*
10. Do you really think I won't look in your sock drawer? I always check dresser drawers, the bedside table, and the medicine cabinet.
11. Here's a helpful hint: I almost never go into kids' rooms.
12. You're right: I won't have enough time to break into that safe where you keep your valuables. But if it's not bolted down, I'll take it with me.
13. A loud TV or radio can be a better deterrent than the best alarm system. If you're reluctant to leave your TV on while you're out of town, you can buy a \$35 device that works on a timer and simulates the flickering glow of a real television. *Find it at [faketv.com](http://faketv.com)*

### 8 More Things A Burglar Won't Tell You

1. Sometimes, I carry a clipboard. Sometimes, I dress like a lawn guy and carry a rake. I do my best to never, ever look like a crook.
2. The two things I hate most: loud dogs and nosy neighbors.
3. I'll break a window to get in, even if it makes a little noise. If your neighbor hears one loud sound, he'll stop what he's doing and wait to hear it again. If he doesn't hear it again, he'll just go back to what he was doing. It's human nature.
4. I'm not complaining, but why would you pay all that money for a fancy alarm system and leave your house without setting it?
5. I love looking in your windows. I'm looking for signs that you're home, and for flat screen TVs or gaming systems I'd like. I'll drive or walk through your neighborhood at night, before you close the blinds, just to pick my targets.
6. Avoid announcing your vacation on your Facebook page. It's easier than you think to look up your address.



7. To you, leaving that window open just a crack during the day is a way to let in a little fresh air. To me, it's an invitation.
8. If you don't answer when I knock, I try the door. Occasionally, I hit the jackpot and walk right in.

Sources: Convicted burglars in North Carolina, Oregon, California, and Kentucky; security consultant Chris McGoey, who runs [crime-doctor.com](http://crime-doctor.com); and Richard T. Wright, a criminology professor at the University of Missouri-St. Louis, who interviewed 105 burglars for his book [Burglars on the Job](#).

## Yard of the Quarter

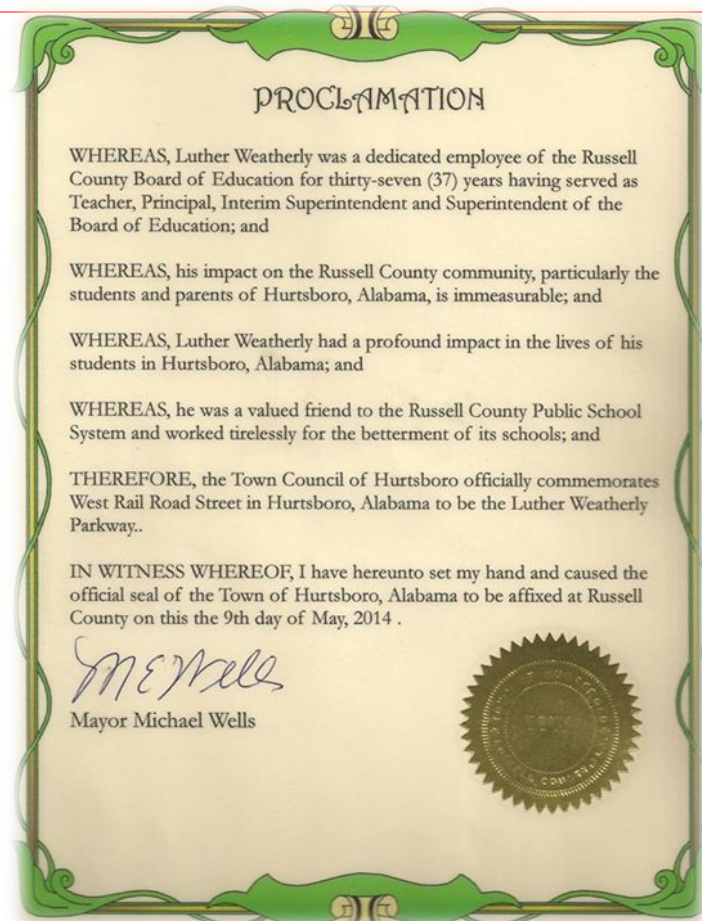
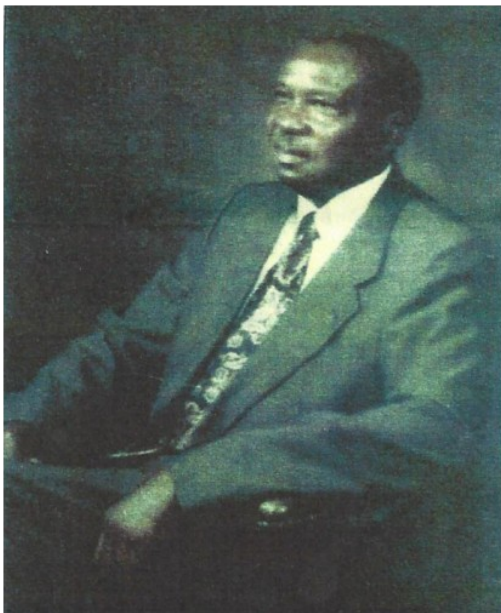


Home of The Wheeler Family 106 Cottonwood Drive

### Dedication in Honor of Luther Weatherly

A special dedication in honor of Mr. Luther Weatherly was held on Friday, May 9, 2014 in Hurtsboro, Alabama. A portion of Railroad Street was designated as Luther Weatherly Parkway.

Mr. Weatherly, a former resident of Knollwood (154 Elm Drive) passed away in June 2013.



### Central Alabama Community Foundation Grants Workshops

The Central Alabama Community Foundation is a non-profit philanthropic foundation created by and for the people of central Alabama. Individuals and corporate donors make gifts and bequests of any size for the betterment of our community. Through their grants program, the Foundation addresses a wide variety of needs and opportunities, supporting programs and projects in education, human services, health, cultural arts, and other civic concerns.

Grants can be the life blood of a community. They provide critical funds for food banks serving people who are currently down on their luck, for libraries and art programs that entertain and educate a city, and for social service programs offering various types of hope and help to individuals. Each year, the Central Alabama Community Foundation and its affiliates (Autauga Area Community Foundation, Elmore County Community Foundation, and Southeast Alabama Community Foundation) distribute millions of dollars in grants that touch almost every aspect of life. Funds administered by CACF support programs,

organizations and institutions throughout Central Alabama and across the country.

#### CACF's Summer Series of Events

Wed., July 23-**Keeping Neighborhoods Safe** 11:30 a.m.-1:00 p.m. --A conversation with three of CACF's Focus Grant Finalists about community-driven initiatives to curb the violence in Lowndes, Macon and Montgomery counties. MACOA's Archibald Senior Center (115 E Jefferson St., Montgomery). Bring a lunch if you wish. Please RSVP by Monday, July 21. (334) 264-6223

Wed., Aug. 27-**Back to School Without Bullying** 11:30 a.m.-1:00 p.m.--**with speakers from ROCK and Family Sunshine Center** What measures are in place at community schools to address and prevent bullying in school and online? MACOA's Archibald Senior Center (115 E Jefferson St., Montgomery). Bring a lunch if you wish. Please RSVP by Monday, August 25. (334) 264-6223

# Knollwood Homeowners Association

*Vision—We welcome all to our thriving community with love, courtesy, and respect.*

*Mission—To preserve and promote Knollwood Subdivision as a pleasant community for residents and a vital contributor to the Greater Montgomery Area.*

P.O. Box 241641, Montgomery, AL 36124-1641

www.knollwoodhomeownersassociation.org

## Executive Council

President—Nii O. Tackie (272-5306)  
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Cottonwood Drive—Glenda Horton (396-9161)



September 1, 2014

## Around the Corner (News and Notes)



*Well done is better than well said.*

~Benjamin Franklin

### Congratulations Class of 2014

**Muhammad Hasan** (Elm Drive) - Bachelor of Science degree from Alabama State University

**Rachel Comer** (Elm Drive) - Brewbaker Technology Magnet High School

**Jalen Levett** (Cottonwood Drive) Brewbaker Technology Magnet High School

### Thinking of You:

Mrs. Margie Toney (Pinetree Drive)

### Our Condolences to:

**Mr. & Mrs. Clyde Jackson** (Pinetree Drive)—on the passing of their son in April

**Mr. & Mrs. Lee Ballard** (Knollwood Blvd)—Mr. Ballard's sister passed in May

**Mr. & Mrs. William Harrison** (Knollwood Blvd)—Mr. Harrison's brother passed in May.

**Mr. & Mrs. Lucious McDade, Jr.** (Elm Dr)—Mrs. McDade's sister passed in June

**Mr. & Mrs. Jimmie Horton** (Cottonwood Dr) - Mr. Horton's sister passed in June

## Summer Time Social

On Saturday, June 21, 2014, neighbors came together for an afternoon of good food, fun, and fellowship. Many neighbors contributed time, hard work and donations to make this an enjoyable event. Many thanks to the Social Event Committee for their planning and successfully hosting "Hot Fun in the Summer Time"; Mrs. Maxine Wheeler, chairperson, Mrs. Glenda Horton, Mrs. Heidi Sanchez, Mrs. Fannie McDade, and Mrs. Brenda Savage. Also, thank you to Mr. Lee Wheeler for all that was done to ensure the success of the social and Mr. George Savage for the work done on the field and gazebo area. See the insert for pictures of the event.

## Covenant Corner

### HOA Membership Dues

HOA dues for year 2014 -\$200.00

**\$100.00 due on or before June 15, 2014**

\$75.00 late fee due after July 15, 2014

**\$100.00 due on or before December 15, 2014**

\$75.00 late fee due after January 15, 2015

**\$200.00 may be paid in full (due on or before July 15, 2014)**

All payments by check or money order should be sent to:

**Knollwood Homeowners Association, P.O. Box 241641, Montgomery, AL 36124-1641**

## Observances

July 4—Independence Day

July 27—Parents Day

August 21—Senior Citizens Day

September—National Childhood Obesity Awareness Month

September—Fruits & Veggies - More Matters Month

September 1—Labor Day

September 5—International Day of Charity

September 5—National Grandparents Day

September 8—International Literacy Day

September 10—World Suicide Prevention Day

September 11—Patriot Day

# The Knollwood Voice



## Inside this issue:

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| <i>10 Foods That Are Sur-<br/>prisingly Good Cleaners</i> | 2 |
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### Seeking: Writers to Write, Poets to Pen, Thinkers to Share Thoughts—No Age Requirement

The Knollwood Homeowners Association newsletter, "The Knollwood Voice," is published as a vehicle to keep residents informed of community activities. Write or submit an article for publication, share coming events of organizations and ideas for newsletter topics.

Printed by:



Building Our Neighborhoods

# BONDS

For Development and Success

A Program of the City of Montgomery

## Surgeon General's Family Health History Initiative

Health care professionals have known for a long time that common diseases - heart disease, cancer, and diabetes - and rare diseases - like hemophilia, cystic fibrosis, and sickle cell anemia - can run in families. If one generation of a family has high blood pressure, it is not unusual for the next generation to have similarly high blood pressure. Tracing the illnesses suffered by your parents, grandparents, and other blood relatives can help your doctor predict the disorders to which you may be at risk and take action to keep you and your family healthy.

To help focus attention on the importance of family history, the Surgeon General, in cooperation with the U.S. Department of Health and Human Services, has launched a national public health campaign, called the Surgeon General's Family History Initiative, to encourage all American families to learn more about their family health history.

### Community Update

#### Meeting Day Changed

The Knollwood Subdivision Meetings are now being held on Thursday at 6:00 pm. The change was necessary in response to the Waugh-Mt. Meigs VFPA's revised training schedule.

The next Community Meeting is November 20, 2014 at 6:00 pm at the Waugh/Mt. Meigs Fire Station.

#### Donation to Crimestoppers

The KHA donated \$100 dollars to the Central Alabama Crimestoppers; a local, nonprofit, community-based program that uses the

#### My Family Health Portrait Tool

Americans know that family history is important to health. A recent survey found that 96 percent of Americans believe that knowing their family history is important. Yet, the same survey found that only one-third of Americans have ever tried to gather and write down their family's health history.

Because family health history is such a powerful screening tool, the Surgeon General has created a new computerized tool to help make it fun and easy for anyone to create a sophisticated portrait of their family's health.

The revised version of the "My Family Health Portrait" tool is a Web-enabled program that runs on any computer that is connected to the Web and running an up-to-date version of any major Internet browser. The new version of the tool offers numerous advantages over previous versions, which had to be downloaded to the user's computer.

The Web-based tool helps users organize family history information and then print it out for presentation to their family doctor. In addition, the tool helps users save their family history information to their own computer and even share family history information with other family members. [Access the My Family Health Portrait Web tool at https://familyhistory.hhs.gov/](https://familyhistory.hhs.gov/)

#### National Family History Day

Each year since 2004, the Surgeon General has declared Thanksgiving to be National Family History Day. Over the holiday or at other times when families gather, the Surgeon General encourages Americans to talk about, and to write down, the health problems that seem to run in their family. Learning about their family's health history may help ensure a longer, healthier future together.

For information on other activities of the Office of the Surgeon General, please visit [www.surgeongeneral.gov](http://www.surgeongeneral.gov).

public, media, and law enforcement to wage war on crime. It is "designed to help law enforcement fight crime by gathering information from the public." Crimestoppers encourages the public to help them fight crime by offering tipsters anonymity. [www.215stop.com/](http://www.215stop.com/)

#### Pike Road Stone Park

The Pike Road Planning Commission has approved construction of townhouses on the eastern side of the entrance to Stone Park. This area abuts Knollwood Subdivision at Cottonwood and Elm drives.

#### East Montgomery Neighborhood Alliance - Quarterly Meeting with Election of Officers

October 2, 2014 Aldersgate Methodist Church, 6610 Vaughn Road 7 p.m.

#### BONDS

**Training Seminars—October 9 -** Autumn is Here, What Can We Grow Now? City Hall Auditorium, 103 N. Perry Street 6:00—8:00pm

**November 13—**Crime Prevention—Safety During the Holidays

**Gathering of Neighbors—October 21 -** Montgomery Streets - Gangs & Drugs—What's Up With That? at noon, First Baptist Church's Huff Building, aka Caring Center, 200 South Perry Street

## 5 things ID thieves want you to do

### Keep your ID safe online

Keeping your identity safe online and elsewhere is paramount in today's highly digitized world. If you allow hackers to access information about you, it could result in a wiped-out bank account or a hacked email address, which will lead to major frustrations.

As chairman and co-founder of Credit.com and IDT911 Adam Levin believes, escaping identity thieves is nearly impossible, but you can make their job tougher.

"With identity theft and hacking running neck and neck as the third certainty in life, here are some behaviors to be avoided at all costs, because failure to follow best practices here will definitely come at a cost."

So what are some mistakes that might lead to your identity being hacked? Here are five examples of the worst things you can do.

### Ignore your bank account and credit scores

Keeping your credit scores under close watch has been discussed here before. Checking your online bank statement is the fast-

est way to determine if someone has stolen your bank credentials and begun to make purchases. You should review your bank account regularly, especially after buying something online or from a business that you know was recently hacked.

Check your credit scores as well ([here's how to do it for free with Credit.com](#)), to ensure someone else isn't opening credit lines in your name. It's also a good idea to check your credit reports (also free -- [here's how to get them](#)).

### Use one password

Your passwords are often the only thing keeping you from being hacked, so make them complicated, and use different ones for every site you access, [suggests the California Office of the Attorney General](#). If someone discovers that an easily hacked site contains the password to your Amazon account, they could begin making purchases before you realize it -- especially if you ignore your bank account.

### Don't bother to check website credentials

Phishing is everywhere. If you don't look to see if a website is the authentic site for Amazon or some other online shopping center, then you could easily fall prey to a phishing scheme that will steal your password.

Be careful of emails as well, as these can be used to phish for information.

### Give out your Social Security number

Your Social Security number is the most valuable piece of data you possess. Hackers can set up all kinds of accounts in your name if they have your Social Security number and your address. Don't give them that chance. Keep your Social Security number as secure as possible.

### Tell everyone on Facebook where you're going

Remember that Facebook is readily available to anyone with a computer, and if someone wants to break into your house, they can find out the best time for that by looking at your social updates. So don't say whether you're on vacation, and don't make your daily schedule of when you're out of the house



Keep your face to the sunshine and you cannot see a shadow.  
~Helen Keller

## 10 foods that are surprisingly good cleaners Add these kitchen staples to your cleaning arsenal. Seriously.

Your go-to cleaners might come in a bottle, but when tackling a tricky stain, it's worth cleaning outside the box. Try these fridge and pantry finds to freshen and brighten nearly every area of your home.

### 1. Lemons

Citrus can zap grime from your microwave, remove stains from linens, and shine brass.

### 2. Rice

Swish a scoop of uncooked grains (with warm water and a little dish detergent) around the inside of a vase to scrub hard-to-reach spots.

### 3. Ketchup

This french fry sidekick can shine copper and get your car gleaming again.

### 4. Table salt

The coarse texture of this cooking staple can erase stains from butcherblock countertop, and helps release stuck-on food from your cast-iron skillet.

### 5. Walnuts

Got a scuff or a scratch on your wood furniture? Rub it with a walnut (shell removed) to mask the damage.

### 6. Powdered lemon or orange drink

The citric acid in your favorite drink powder can help banish rust and stains from your dishwasher.

### 7. Cream of tartar

This common baking ingredient can remove the grayish residue that shows up on aluminum utensils after you run them

### 8. Baking soda

This stuff deserves a star spot in your cleaning cabinet. Mixed with warm water, it's an effective all-purpose cleanser — it can even shine jewelry.

### 9. Vinegar

Like baking soda, white vinegar is a powerful cleaning tool. It can freshen laundry, lift stains from carpet, brighten windows, and so much more. Just don't use it in [these spots](#) — you might do more harm than good.

### 10. Vodka

Grab the bottle leftover from your last big party to deodorize clothes and shine chrome and porcelain fixtures.

[www.goodhousekeeping.com](http://www.goodhousekeeping.com)





### Health Notes

**Breast cancer** is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that many women can survive breast cancer if it's found and treated early.

If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.

If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a

close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

**American Diabetes Month** - Diabetes is one of the leading causes of disability and death in the United States. If it's not controlled, diabetes can cause blindness, nerve damage, kidney disease, and other health problems.

One in 12 Americans has diabetes – that's more than 25 million people. And another 79 million adults in the United States are at high risk of developing type 2 diabetes.

The good news? People who are at high risk for type 2 diabetes can lower their risk by

more than half if they make healthy changes. These changes include: eating healthy, increasing physical activity, and losing weight.

**World AIDS Day** is a global initiative to raise awareness, fight prejudice, and improve education about HIV, the virus that causes AIDS. World AIDS Day is December 1.

Around the world, about 34 million people are living with HIV. In the United States, about 50,000 people get infected with HIV every year.

It's important that everyone ages 15 to 65 gets tested for HIV at least once. Some people may need to get tested more often.

[www.healthfinder.gov/nho](http://www.healthfinder.gov/nho)

**"People who are at high risk for type 2 diabetes can lower their risk by more than half if they make healthy changes."**



### Observances

|           |             |   |
|-----------|-------------|---|
| Month     | October     | National Breast Cancer Awareness                      |
| Monday    | October 13  | Columbus Day  |
| Thursday  | October 16  | Boss's Day  |
| Friday    | October 31  | Halloween   |
| Month     | November    | National Alzheimer's Awareness / American Diabetes    |
| Saturday  | November 1  | All Saint's Day                                       |
| Sunday    | November    | Daylight Savings Time ends                            |
| Tuesday   | November 4  | Election Day  |
| Tuesday   | November 11 | Veteran's Day   |
| Thursday  | November 20 | Great American Smokeout                               |
| Thursday  | November 27 | Thanksgiving Day / National Family Health History Day |
| Monday    | December 1  | World AIDS Day / Awareness Month                      |
| Sunday    | December 7  | Pearl Harbor Remembrance Day                          |
| Wednesday | December 17 | Chanukah/Hanukkah (first day)                         |
| Sunday    | December 21 | December Solstice                                     |
| Wednesday | December 24 | Last Day of Chanukah                                  |
| Wednesday | December 24 | Christmas Eve   |
| Thursday  | December 25 | Christmas Day   |
| Friday    | December 26 | Kwanzaa (until January 1)                             |
| Wednesday | December 31 | New Year's Eve  |

**Time and health are two precious assets that we don't recognize and appreciate until they have been depleted.**

~[Denis Waitley](#)



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P.O. Box 241641, Montgomery, AL 36124-1641

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Communication with the Knollwood Homeowners Association must be sent to the Secretary.

[www.knollwoodhomeownersassociation.org](http://www.knollwoodhomeownersassociation.org)



**Congratulations to Dr. Evelyn Crayton, Elm Dr.** To celebrate Kids Eat Right Month, the Academy of Nutrition and Dietetics was invited to ring the closing bell on Wednesday, August 20, at **NASDAQ**. This is the 6th consecutive year in which the Academy has been invited to be part of NASDAQ's trading day. <http://www.eatright.org/Media/>

## Covenant Corner

### Property Maintenance

The Knollwood Property Maintenance Committee distributed three (3) property maintenance documents to residents of the Knollwood Subdivision on August 16, 2014; (1) Steps for Property Maintenance Enforcement - outlined with the steps taken when instances of violation of the KHA covenants and restrictions occur. (2) Checklist for Property Maintenance procedures. (3) Request for Architectural Changes. Please refer to the Knollwood Covenants and Restrictions.

Additionally, the Home Inspection Advisory was provided as a guide for the homeowner to have a sound dwelling. The property maintenance enforcement process began on Monday, September 1, 2014.

*Vision—We welcome all to our thriving community with love, courtesy, and respect.  
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Happy  Thanksgiving

### Crock Pot Caramel Apples

**2 pkg. Caramels, 14oz each**  
**1/4 c Water**  
**8 Medium Apples**

**In crock pot, combine caramels and water. Cover and cook on high for 1 to 1 1/2 hours, stirring frequently. Wash and dry apples. Insert stick into stem end of each apple. Turn control on low. Dip apple into hot caramel and turn to coat entire surface. Holding apple above pot, scrape off excess accumulation of caramel from bottom of apple. Place on greased wax paper to cool. Makes 8.**  
[www.food.com](http://www.food.com)

### *Around the Corner (News and Notes)*

#### **Our Condolences to:**

**The family of Mrs. Clara Clark, formerly of Ash Drive; Ms. Clark passed away August 21.**

**Mrs. Lucinda Harden's (Elm Drive) brother passed on October 6 in Texas.**

#### **Thinking of You:**

**Ms. Mayme Van Cleve (Maple Drive); Ms. Jean Malden (Elm Drive); and Mr. Leo Allen (Ash Drive)**

**Welcome Neighbors: The Kim Family (167 Ash Drive)  
ThuyTran and Trieu Nguyen (200 Elm Drive)**

**Congratulations to: Dominique Fields (Pinetree Drive) Class of 2014  
Graduate of Jefferson Davis High School**

## Yard of the Quarter



**Home of the McDade Family, 136 Elm Drive**

### **HOA Membership Dues for 2014—Payment Options**

\$200.00 – May be paid in full (due on or before July 15, 2014)

\$100.00 on or before June 15, 2014; \$75.00 late fee due after July 15, 2014

\$100.00 on or before December 15, 2014; \$75.00 late fee due after January 15, 2015

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