# The Knollwood Voice





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We Honor the Service of Our Knollwood Neighbors, Family Members, and Friends

To submit a topic for a future publication, contact your block captain or send an email to milledge6@aol.com.

Printed by:



# **Preparing for College**

Your college application check-list includes many steps, like filling out the FAFSA®, narrowing down your list of schools, and working on your application essay. You need to complete your application checklist before January of the year you'll be starting college, because that's when most applications are due. Take note of any early deadlines, and start preparing as soon as your senior year in high school begins.

#### Checklist

#### Junior Year

Start your college search.

- \* Register to take or re-take the SAT/ACT exams.
- \* Schedule as many college visits as possible.
- \* Start evaluating how you'll pay for school.

#### Senior Year

#### Fall

- \* Make a list of all the things you need to do and the deadlines you need to meet during your senior year.
- \* Get admissions forms or apply to colleges online. Complete the forms and essays (as required) and submit them by

the required **deadlines**. If letters of recommendation are required, request them well in advance of the deadline.

- \* File your Free Application for Federal Student Aid (FAFSA) as soon as possible after October 1. You can complete it online at fafsa.ed.gov or fill out a printed form and mail it. You'll need information from your parents' tax return to complete the application.
- \* Register to take or re-take the SAT/ACT exams. If you've changed your list of schools you're applying to since you took the ACT® or SAT®, arrange to have your test scores forwarded to the colleges you're applying to.
- \* Visit the colleges you're most interested in attending.

#### Winter

After your application has been reviewed, you'll be able to view your Student Aid Report (SAR) online. This will include your Expected Family Contribution (EFC). The EFC is a number used by schools to calculate how much you'll be expected to pay for college, as well as the amount of federal student aid

you may be eligible for.

- \* Complete scholarship applications by **deadlines**.
- \* Ask your high school to send your transcripts to the colleges you're applying to.
- \* Boys who are 18 years or older must be registered for Selective Service to receive student financial aid.
- \* Complete scholarship applications by **deadlines**.

#### Spring

- \* Watch your mailbox for acceptance decisions around April. Return your acceptance letter by the **deadline** (usually the beginning of May) to save your spot.
- \* Submit your tuition deposit to the college you've chosen. Be sure to get it on time (typically early in May). A late payment could jeopardize your admission.

The college application process takes time. You can't rush your checklists in a weekend and hope to submit a quality application. Take months and spread out these tasks so you don't lose sight of your high school academic work or overwhelm yourself with too much at once.

# Community Update

#### **Outdoor Burning**

Fires shall be extinguished such that no smoke or flame is evident after 1pm. Burning that creates noxious fumes shall not be allowed. - KHA Covenant and Restrictions.



Montgomery County Sheriff Halloween Spooktacular at Garrett Coliseum on Wednesday, October 31st from 6:00pm - 8:00pm.

## **Community Meetings**

Mark your calendar, upcoming KHA community meeting dates are October 25, 2018; January 31, 2019; April 25, 2019, July 25, 2019, October 31, 2019.

East Montgomery Neighborhood Alliance meets at 7:00 pm every 2nd Thursday in January, April, July, and October at First Christian Church, 1705 Taylor Road.

## **BONDS**

Gathering of Neighborhoods meetings 3rd Tuesday of every month at noon in First Baptist Church's Huff Building, aka Caring Center, 200 South Perry Street, Lunch is available for \$6.00 (optional). Topics TBA.

# Stress and the Holidays

Some people look forward to the holidays all year, while others see the holiday season approaching and are overcome by a sense of dread. Try these tips for managing stress that seem to be built around the holiday season.

Set priorities. People tend to get wrapped up in trying to create perfection at this time of the year. Set reasonable goals for what you will do to celebrate. Decide in advance what is most important to you and your family, and focus your celebrations around those things.

Don't over-schedule. Both you and your kids need downtime to enjoy this special time of the year. Be careful to choose activities based on what you want to do rather than what you think you must do.

Make a plan. Once you have decided what your priorities are for holiday celebrations, plan how you will organize yourself to get the important work done. Make a calendar and include all important dates on it. You may even want to schedule time for any shopping, decorating, baking, writing cards, or other

holiday traditions that you have decided will be part of your holiday.

Make a budget and keep it. If gift buying is part of your holiday celebration, decide in advance what you can afford to spend this year. Create a list of all the people you will shop for and allocate a portion of your total holiday budget to each person. That is the easy part—the hard part is sticking to the budget you create.

Care for yourself and your family. During the holidays, when stress can really take its toll, people tend to neglect doing those things that reduce stress. You may overindulge with food or drink, and leave such things as rest, relaxation and exercise out of your daily life. Make it a goal to change that this holiday season and prevent your choices from affecting you negatively. Make choices that you don't have to backpedal from later.

www.behavioralhealthsvstems.co.





# THE IMPORTANCE OF HOUSE (MAILBOX) NUMBERS

Every house has an assigned identifying number that displays your home address. Although these numbers are important for the mailman and guests visiting you, house numbers are crucial for emergency personnel when responding to the location of an emergency.

When 911 is called to report an incident or emergency, dispatchers receiving the call have a key job to do by determining where the emergency is taking place. The call takers must then relay the location to the proper emergency responder such as law enforcement, the fire department, or ambulance. While emergency personnel are responding to the location of the incident, they are relying on accurate information from the dispatcher to ensure that they are going to the correct address.

There isn't always someone available to wave down

a police office or a firefighter and direct them to the location of the emergency, so the emergency personnel responding are depending on those numbers in front of a residence or business. It is difficult for emergency vehicles to find homes or businesses whose address numbers are not clearly visible or properly posted. Searching for the location where the address is not appropriately marked can increase the response time and possibly affect the outcome of the situation.

Make sure the numbers are large enough and can be easily seen from the road. *Numbers should be at least four inches tall.* 

### Maintain your house numbers.

If your house numbers accumulate dirt, wipe them off to keep them clear and visible.

If you have painted house numbers, touch them up as they begin to fade or chip. www.dailymom.com

Is your house number visible? See Street Numbering diagram for Knollwood Subdivision.

# AMENDED COVENANTS AND RESTRICTIONS OF THE KNOLLWOOD SUBDIVISION (PLAT NO. 1)

### GENERAL PROVISIONS 8.10 Mail boxes

Mailboxes shall be kept in good condition. Attention should be given to paint, general appearance, and position. Repairs or replacement must be done in reasonable time. To further enhance the aesthetics of the Knoll wood Subdivision, mailboxes of like design may be required of Lot Owners. Mailboxes in enclosed structures may remain upon approval by the Homeowners Association.

B. STANDARDS FOR PROPERTY MAINTENANCE B.12. **MAILBOXES** - Mailboxes shall not remain in need of repair. - Boxes should be painted as needed.

# Enjoy a Safe Holiday Season

Holiday safety is an issue that burns brightest from late November to mid-January, when families gather, parties are scheduled and travel spikes. Take some basic precautions to ensure your fami- • Spraying artificial snow ly remains safe and injuryfree throughout the season.

## Traveling for the Holidays? Be Prepared

Many people choose to travel during the holidays by automobile, with the highest fatality rate of any major form of transportation. In 2015, 355 people died on New Year's Day, 386 on Thanksgiving Day and 273 on Christmas Day, according to Injury Facts 2017. Alcoholimpaired fatalities represent about one-third of the totals.

- Use a designated driver to ensure guests make it home safely after a holiday party; alcohol, over-thecounter or illegal drugs all cause impairment
- Make sure every person in the vehicle is properly buckled up no matter how long or short the distance traveled
- Put that cell phone away; many distractions can occur while driving, but cell phones are the main culprit • Make sure paths are clear
- Properly maintain the vehicle and keep an emergency kit with you
- Be prepared for heavy traffic, and possibly heavy snow

Even Angel Hair can Hurt Decorating is one of the best ways to get in a holiday mood, but emergency rooms see thousands of injuries involving holiday decorating every season.

- "Angel hair," made from spun glass, can irritate your eyes and skin; always wear gloves or substitute non-flammable
- can irritate your lungs if inhaled; follow directions carefully
- Decorate the tree with your kids in mind; move ornaments that are breakable or have metal hooks toward the top
- Always use the <u>proper</u> step ladder; don't stand on chairs or other furni-
- Lights are among the best parts of holiday decorating; make sure there are no exposed or frayed wires, loose connections or broken sockets, and don't overload your electrical circuits
- Plants can spruce up your holiday decorating, but keep those that may be poisonous (including some Poinsettias) out of reach of children or pets; the national Poison Control Center can be reached at (800) 222-1222
- so no one trips on wrapping paper, decorations, toys, etc.; NSC provides tips for older adults on slip, trip and fall protection

It's Better to Give ... Safely We've all heard it's important when choosing toys for infants or small children to avoid small parts that might prove to be a choking hazard. Here are some additional gift-related safety

- Be aware of <u>dangers asso-</u> ciated with coin lithium batteries; of particular con- holidays by frying a turkey. cern is the ingestion of button batteries
- · For answers to more of your holiday toy safety questions, check out ...Consumer Product Safety Commission blog
- See which toys have been recalled

### Watch Out for Those Firestarters

# Candles and Fireplaces

Thousands of deaths are caused by fires, burns and other fire-related injuries every year, and 12% of home candle fires occur in December, the National Fire Protection Association reports. Increased use of candles and fireplaces, combined with an increase in the amount of combustible, seasonal decorations present in many homes means more risk for fire.

- Never leave burning candles unattended or sleep in a room with a lit candle
- Keep candles out of reach of children
- Make sure candles are on stable surfaces
- Don't burn candles near trees, curtains or any other flammable items
- Don't burn trees, wreaths or wrapping paper in the fireplace
- · Check and clean the chimney and fireplace area at least once a year

# **Turkey Fryers**

While many subscribe to the theory any fried food is good even if it's not necessarily good for you - there is a

reason to be on alert if you're thinking of celebrating the

The Consumer Product Safety Commission reports there have been 168 turkey-fryer related fires, burns, explosions or carbon monoxide poisoning incidents since 2002. CPSC says 672 people have been injured and \$8 million in property damage losses have resulted from these incidents.

NSC discourages the use of turkey fryers at home and urges those who prefer fried turkey to seek out professional establishments or consider a new oil-less turkey fryer.

## Don't Give the Gift of Food Poisoning

The U.S. Department of Health and Human Services provides some holiday food safety tips. Here are a few:

- Do not rinse raw meat and poultry before cooking
- Use a food thermometer to make sure meat is cooked to a safe temperature
- Refrigerate food within two hours
- Thanksgiving leftovers are safe for four days in the refrigerator
- Bring sauces, soups and gravies to a rolling boil when reheating
- When storing turkey, cut the leftovers in small pieces so they will chill quickly
- Wash your hands frequently when handling food

www.nsc.org/



# 3-Ingredient Sugar Cookies (... four, if you count sprinkles)

These buttery cookies spread a lot when baking, so be sure to place them at least two inches apart on the baking sheet. Yields: 12 Prep Time: 0 hours 10 mins Total Time: 0 hours 30 mins

Ingredients - 1 stick plus 2 tbsp. salted butter; 1/3 c. sugar; 1 c. all-purpose flour; Sprinkles (optional)

#### Directions

- 1. Preheat oven to 325°.
- 2. Use an electric mixer to cream the sugar and butter, whipping the two until the butter is almost white and the mixture is light and fluffy, almost like a slightly gritty frosting, then stir in flour.
- 3. Form the cookies into 1" balls, placing them about 2 inches apart on a baking sheet. If using sprinkles, flatten cookies into a disc shape and top with sprinkles.
- 4. Bake for 15 to 17 minutes, or until the edges of the cookies are lightly golden.

## The Knollwood Voice

Vision—We welcome all to our thriving community with love, courtesy, and respect.

Mission—To preserve and promote Knollwood Subdivision as a pleasant community for residents and a vital contributor to the Greater Montgomery Area.

P.O. Box 241641, Montgomery, AL 36124-1641

#### **Executive Council**

President-Vacant Vice President—John Ivery (272-8600) Secretary—Glenda Horton (396-9161) Treasurer—Katie Daniel (409-0613) Chaplin-Lucinda Harden (333-4192) Courtesy Chair—Lucinda Harden (333-4192)

#### **Block Captains**

Knollwood Blvd/Maple Drive—Ollie Robinson (272 - 1959)

Pinetree Drive—Vacant

Ash Drive—Vacant

Elm Drive—Jacqueline Milledge (244-8044) Elm Drive—Khalilah Hasan (322-9032)

Cottonwood Drive—Maxine Wheeler (270-9120)

Communication with the Knollwood Homeowners Association must be sent to the Secretary.

www.knollwoodhomeownersassociation.org

# Around the Corner (News and Notes)

#### **Our Condolences to:**

Mrs. Michelle Boozer & Family, Ash Drive on the passing of her husband Mr. Henry Boozer in June.

Mrs. Loe Vetter Jackson & Family, Ash Drive on the passing of her husband Mr. Clyde Jackson in July.

## Thinking of You:

Ms. Mamie Muse, Maple Drive \*\* Mr. Howard Daniels, Elm Drive

#### Thank You:

For working on the clean up of the median—Thomas Anderson, Bennie Harris, Jimmie Horton, Taylor Hough, Lucious McDade, and Woody Wordlaw and...

For pitching in for the neighborhood clean-up day in June with – Lucinda Harden, Glenda Horton and Leo Allen.

Obcorvances

For keeping drains clear, taking care of vacant properties, and picking up trash throughout the neighborhood - Mr. Rena Harris



# KHA Executive Council Vacancies

The KHA Executive Council has vacant positions to fill for calendar year 2019; president and two block captains (Ash Drive and Pinetree Drive).

Please contact Glenda Horton (Secretary) for more information at ghortonk@charter.net or via phone.

## COVENANT CORNER

KHA Covenant and Restrictions Spotlight

# B. STANDARDS FOR PROPERTY MAINTENANCE

- B.9. **FENCES** Chainlink or wood fences shall be erected on the rear and side of Lot and no closer than (75) feet to the street.
- B.17. REMODELING/ADDITIONS Plans for exterior remodeling or additions shall be submitted to the Executive Council before work begins.
- 3.3 MEMBERSHIP—Each residential Lot Owner shall

be obligated by ownership of said Lot to be a member of the Homeowners Association and shall be obligated to pay an annual assessment and any special assessments or other charges and any fines or penalties that may be requested, assessed, or levied by the Homeowners Association.

Observance	S		
Month	October	National Breast Cancer Awareness	
Monday	October 8	Columbus Day	
Tuesday	October 16	Boss's Day	
Wednesday	October 31	Halloween	
Month	November	National Alzheimer's Awareness / American Diabetes	
Wednesday	November 1	All Saint's Day	
Sunday	November 4	Daylight Savings Time ends	
Sunday	November 11	Veteran's Day	
Friday	November 16	Great American Smokeout	
Thursday	November 22	Thanksgiving Day / National Family Health History Day	
Saturday	December 1	World AIDS Day / Awareness Month	
Friday	December 7	Pearl Harbor Remembrance Day	
Friday	December 21	December Solstice	
Tuesday	December 25	Christmas Day	
Monrday	December 31	1 New Year's Eve	



All payments by check or money order hould be sent o: Knollwood lomeowners Association, P.O. Box 241641, 1ontgomery AL 36124-1641

pefore cembe 15

•\$75.00

late fee

due after

January

15

\$75.00

late fee

due after

July 15