

The Knollwood Voice



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To submit a topic for a future publication, contact your block captain or send an email to milledge6@aol.com.

Community Meetings
Suspended due to Safe-at-Home health order.



Printed by: Pike Road Printing

Don't Succumb to 'COVID Caution Fatigue'

The novel coronavirus COVID-19 has changed behaviors in our society as we have adjusted to new everyday practices that reduce risk. For months you may have been practicing social distancing, washing your hands frequently, using bottle after bottle of hand sanitizer, disinfecting surfaces assiduously, staying home as much as possible, and wearing a face covering in public. You have remained well physically, are tired of following the rules of prevention, and are ready to relax. Perhaps you have a false sense of security if you have not been directly impacted by COVID, if neither you nor anyone with whom you are closely associated has contracted the virus. This condition has been called "COVID caution fatigue."

Too many people are failing to take precautions and follow the simple steps that have been proven to prevent transmission of the virus. As Alabama is experiencing increased numbers of cases and, regrettably, more deaths, now is not the time to let your guard down. Ignoring the evidence-based guidance poses dangers to you, your family, and your community just because you are experiencing occasional burnout.

Young men and women are thought to drive some of the rise in cases, perhaps because of their perceived invincibility since most cases are mild. Many millennials rely on social media and other sources that are not necessarily qualified to guide health decisions. Other adults mistakenly view practices

such as wearing face coverings as political statements. The virus is highly contagious and threatening to everyone. Regardless of age, disability, or underlying risk factors we are all interconnected and can spread the infection to others who are more vulnerable than ourselves.

To offset reckless behavior in this time of uncertainty, experts suggest doing the things that give physical, emotional, and spiritual energy. Do not attempt to cope by misusing substances as some Alabamians have done. The Office of Emergency Medical Services found a significant increase in the administration of naloxone for drug overdoses this spring as compared with pre-pandemic levels. Instead of dealing with stress and anxiety by misusing drugs, including alcohol, engage in physical activity, eat nutritious food, drink plenty of water, and get sufficient sleep.

I urge you to carefully consider your actions and be consistent in maintaining your newly acquired habits as we live through this serious pandemic. Ultimately, it is every individual's responsibility to take the necessary steps to help contain the spread, care for others, and save lives at this unique time. COVID-19 cases and deaths in Alabama continue to rise, but each of us has the power to reverse this alarming trend.

Scott Harris, M.D. State Health Officer

www.alabamapublichealth.gov

Community Update

Community Alert

Neighbors reported seeing an individual take an envelope from a mailbox on Pinetree Drive in July. Continue to be watchful and notify the Montgomery County Sheriff's Office with information.

Knollwood Directory Update

An updated Knollwood Telephone Directory will be made available to neighbors. Contact your block captain or KHA secretary for a copy of the directory or copy of the form to be added to the directory.

Community Meetings

KHA community meetings are suspended until further notice. The KHA executive council has continued to conduct activities in the interest of the community during the COVID-19 stay at home health order. The council Scheduled KHA community meeting dates are

A rainbow is a promise of sunshine after rain, of calm after storms, of joy after sadness, of peace after pain, of love after loss.

~Unknown



July 30, 2020, October 29, 2020 and January 28, 2021.

East Montgomery Neighborhood Alliance meets every 2nd Thursday in January, April, July, & October at First Christian Church, 1705 Taylor Rd.

Neighborhood Services (BONDS)

Recommends attendees of city and county meetings contact meeting hosts. "In support of Stay-at-Home mandates many are rescheduling or offering a virtual method of participation."

Cybersecurity and Back to (Virtual) School 2020: What You Need to Know

Even though the 2020 Back to School season may look very different from those in years past, there are a few things that will remain the same. First, since Back to School is often when parents and caregivers stock up on new clothes, tech, and school supplies for students, it's also when lots of stores (especially online retailers) run huge sales.

Second, there will be the customary spike in cyberattacks. In fact, the attacks on the Education sector are already up. The [latest data from Microsoft](#) shows that the Education sector has recently suffered more encounters with malware (over 5,000,000 in the last 30 days) than any other industry!

Since a lot of children and teens will be attending school virtually, either part-time or full-time, they'll be spending even more time on the internet than they currently do. The more time they spend online, the higher the risk they face. Here are the top threats to watch out for, as well as tips for how to help keep young learners safe during Back to (Virtual) School.

Phishing

According to Tyler Moffitt, security analyst at Webroot, "phishing isn't going to go away any time soon. As tactics go, it's an oldie, but goodie. Times of year when people do more shopping, like Back to School or Christmas, are a big draw for cybercriminals. We always see a spike in phishing during those times. And with more people shopping and streaming online during COVID-19, I'm betting we'll see even more activity this year than we would normally expect."

To underscore Tyler's point, the latest intelligence from the Webroot BrightCloud® Real-Time Anti-Phishing service shows that phishing URLs targeting global streaming services have increased significantly. In March 2020 alone, we saw the following increases in phishing URLs, broken out by service:

- Netflix – 525% increase
- YouTube – 3,064% increase
- Twitch – 337% increase
- HBO – 525% increase

Not only should you and your young learner keep an eye out for email scams, but also bear in mind that phishing can happen through a [variety of channels](#). Because many students will end up communicating mostly via online chat, text message (SMS), or social media, it's important for us all to be extra vigilant about what we click, what we download, and what information we transmit.

Zoom-bombing

The rise in the use of Zoom and other videoconferencing platforms has also paved the way for [malicious actors to cause trouble](#). While it's named after Zoom, zoom-bombing as a term refers to the act of intruding on a video conference on any platform and creating a disruption, such as spreading hate speech, displaying pornography, and more. Additionally, Webroot threat researchers have seen videoconference executable files (i.e. the file you run to launch the program) either faked or manipulated so that unwitting victims end up downloading malware.

Fake Websites and Spoofing

Webroot researchers have seen [huge jumps](#) in the number

of fake websites out there, particularly those with "COVID" and related terms in their domain names. Tyler also warns us to be on our guard for website spoofing, which is when malicious actors create a fake version of a website that looks like the real thing.

"A lot of people will have to access specific websites and online systems for school and related activities," he says. "Criminals will effectively set traps, so that a mistyped URL or a fake search result could land you on a fake page that looks completely real, only to steal your info or install malware on your system."

How to Keep Yourself and Your Family Safe

Here are Tyler's top tips for staying safe online through Back to School and beyond.

Use internet security software.

If you haven't already, install [internet security with antivirus](#) on all your devices, especially those that will be used for schoolwork. Don't forget about using a [VPN](#) to protect kids' internet activity from prying eyes.

Update videoconferencing software.

Make sure children and teens are always using the most up-to-date versions of Zoom (or any other videoconferencing software) to ensure they have the latest patches to prevent malware distribution and disruptions.

Watch out for phishing in all its forms.

Talk to kids about phishing. Make sure you all know to look before you click. And remember, phishing scams can look just like a text message from a best friend, classmate, or teacher, so always be wary of messages that ask you to click a link or download a file. Use a secondary means of communication, like a phone call, to verify that these are legitimate.

Use your bookmarks.

Bookmark all required distance learning pages. Criminals may try to spoof these for phishing, especially if there is a popular portal that many schools use. Using a bookmark, instead of Googling and clicking a search result, will help ensure that your kids are on the right page.

Just say 'no' to macros.

If you or your kids download a document and it asks you to enable macros or enable content, DO NOT DO IT. This is very likely to be a malicious file that will infect your computer.

Use a secure backup.

When we're all so reliant on our computers and other internet-connected devices to work and study, it's extra important to make sure they're backed up. Nobody wants to lose a term paper or other important documents to a malware infection, hardware failure, damage, loss, or theft. Save yourself the hassle and heartache by investing in [backup software](#).

This Back to School season, it's especially vital that we all do what we can to ensure children and teens have the skills, awareness, and security protocols to stay safe. By following these tips, you can help make sure they stay safe today, tomorrow, and beyond.



9 Everyday Experiences You May Never Have Again Post Pandemic

The COVID-19 pandemic has massively changed the day-to-day of most people's lives. Wearing masks whenever you step outside, social distancing from loved ones, and washing your hands after every move have become part of the temporary lifestyle. During these, people have thought about and discussed when life will go back to "normal." And while some things may return to the way they were, there are many post-pandemic life changes that will likely be here for a while.

That sounds a bit scary and unpredictable, but it's important to keep in mind that most of these changes will benefit the health and safety of the country. It may be hard to accept some of the things you may never experience again post-pandemic, but it's better than the alternative. And don't lose hope completely — there's a chance some of these may return to their pre-pandemic state at some point in the future.

1) *Shaking Hands*

Even without the threat of coronavirus, shaking hands with someone you don't know is potentially exposing you to a whole host of germs, especially if you touch your face after. Immunologist and infectious disease expert Dr. Anthony Fauci has said that [in a perfect world handshakes would stop](#), according to ABC News. The casual way of greeting someone you don't know may now be replaced with a nod or wave instead.

2) *Blind Dates*

Meeting someone for the first time can be terrifying without the threat of a pandemic, but saying hello to that cute guy at the bar without knowing if he's got a fever or has been in contact with someone with COVID seems extra risky now. In fact, according to Business Insider, dating new people is among [the high risk activities](#) during the pandemic.

Many dating apps, like [Bumble and Hinge](#), have found a workaround, implementing video chat features to help people make connections without risking infection. But there is still nothing like that first IRL meeting.

3) *Ball Pits*

The ball pit is fun in theory, but scary when you think more about the transmission of not only COVID-19, but colds, flus and other ailments. A recent study showed that, despite sanitation, [ball pits do carry a lot of bacteria](#) which could be dangerous for people with compromised immune systems. Staff would have to make major alterations to the cleaning process for these to be considered safe again. Add in [Chuck E Cheese filing for bankruptcy...](#), and the ball pit could be in jeopardy.

4) *Traditional In-Office Work*

There is little-to-no rush for many people to be crowding and commuting and squeezing into office space. Especially given all the benefits. Recent research suggests [businesses can save over \\$11,000 a year](#), explore a larger hiring pool, and have less people calling in sick. Additionally, the work-life balance creates such a positive impression that people are less likely to quit. With [many companies](#) following [Twitter's lead](#) to allow employees to stay home, going forward there should be much more flexibility in allowing people to telecommute full or part time.

5) *Packed Concerts and Clubs*

Hopefully, Gen Z will get a chance to experience the "fun" of dancing in a big, sweaty crowd. But large gatherings of people crammed together remain the most high-risk activity, according to Business Insider. And when you add dancing, sweat and screaming to the mix, it gets even riskier. CNN reports that clubs around the [world have attempted to reopen](#), with many requiring registration for contact tracing and temperature checks before entering.

6) *Stressful Shopping*

The increased amount of options for curbside pickup has been one of the bright spots during the pandemic. [A few chains were doing this before the quarantine](#), as Forbes noted, but now being able to order online and pick up your items knowing you'll get exactly what you need is key. Although it can't fully replace browsing and buying impulse items, for busy people this quick pick-up option is a lifesaver. Same with grocery delivery from [shopping apps like Instacart](#) and Amazon Fresh. One less time-consuming chore and fewer lines to contend with.

7) *Buffets*

Buffet style dining is great for larger groups and people who like options. But [shared serving tools](#), tongs, and utensils could pose a problem, according to CNN. Companies like [Golden Corral](#) have begun offering "no touch" buffets where a staffer handles the tongs and puts food on plates, or they will bring food directly to your table like a restaurant. Other buffet chains like [Souplantation](#) have shut their doors for good.

8) *Entry Without a Temperature Scan*

Many places opening up, like [Six Flags](#) and [Walt Disney World](#), are implementing temperature screenings at the gate, along with requiring pre-registering and reserving a time to visit. While [temperature checks](#) won't catch every asymptomatic person visiting or working there, as CNN reported, they might stop a few sick people from getting in and passing germs around to others.

9) *Snow Day*

Now that the majority of the schools around the country have found a way to do remote learning, there's a chance that there [may not be snow days any more](#), according to CNN. Sure, there will be days where the weather is too treacherous to physically attend school, but that might not be an excuse for a day off.

Knollwood Homeowners Association

P.O. Box 241641, Montgomery, AL 36124-1641 www.knollwoodhomeownersassociation.org

Executive Council

President—David Nii Tackie (272-5306)
 Vice President—John Ivery (272-8600)
 Secretary—Glenda Horton (322-2508)
 Treasurer—Katie Daniel (409-0613)
 Chaplin—Annie Harris (277-6151)

Block Captains

Knollwood Blvd/Maple Drive—Ollie Robinson (272-1959)
 Pinetree Drive—Annie Harris (277-6151)
 Ash Drive—Vacant
 Elm Drive—Jacqueline Milledge (244-8044)
 Elm Drive—Khalilah Hasan (322-9032)
 Cottonwood Drive—Maxine Wheeler (270-9120)

Communication with the Knollwood Homeowners Association must be sent to the Secretary.



KHA Covenant and Restrictions Highlight

Knollwood Homeowners Association Policies and Procedures Regarding Violation of Covenants and Fines (Abridged) Summative Statement

Ideally, covenant enforcement should not be necessary. Every homeowner paying his/her fair share of the community's expenses and maintaining his/her property should be a priority. If, however, legal enforcement of violations should be necessary, it will be done in a priority manner. That is, the failure to pay Association dues may be legally enforced before property maintenance violations are enforced.

www.knollwoodhomeownersassociation.org

COVENANT CORNER

HOA Membership Dues

\$200.00 - May be paid in full
 Due on or before July 15, 2020

\$100.00 - Due on or before June 15, 2020
 \$75.00 late fee due after July 15, 2020

\$100.00 - Due on or before December 15, 2020
 \$75.00 late fee due after January 15, 2021

All payments by check or money order should be sent to:
 Knollwood Homeowners Association, P.O. Box 241641,
 Montgomery, AL 36124-1641

Vision—We welcome all to our thriving community with love, courtesy, and respect.

Mission—To preserve and promote Knollwood Subdivision as a pleasant community for residents and a vital contributor to the Greater Montgomery Area.

Around the Corner (News and Notes)

Our Condolences:

Mr. & Mrs. William (Gladys) Harrison and family, Knollwood Blvd., in the passing of her brother in July.

Mrs. Ethelrene Franklin and family (Elm Drive) in the passing of her husband, and our neighbor, the late Mr. Marvin Franklin in September.

Mr. & Mrs. Walter (Annie) Harris and family, Pinetree Drive, in the passing of her sister September 5, 2020.

Thank You:

For working on the clean up of the median—Thomas Anderson, Jimmie Horton, Lucious McDade, John Summers, Lee Wheeler, and Woody Wordlaw

For working on the clean up of the common areas—Taylor Hough, Lee Ballard, Bennie Harris, and Renard Brooks

For keeping drains clear—Evelyn Crayton

For keeping drains clear, taking care of vacant properties, and picking up trash throughout the neighborhood—Rena Harris

Confirm Your Voter Registration Status

Remember to **check your registration information before the state's deadline** to register to vote. That could be **up to 30 days before the election**. This gives you time if you need to re-register or make changes.

Checking ahead of time to be sure you are still registered to vote and making any needed changes ensures:

- Your name, address, and party affiliation are up-to-date
- Your state didn't purge your registration from its list of eligible voters. If it did, you have time to re-register to vote.
- You're able to vote
- You're voting at the correct polling place

EVENT FOR 2020 STATEWIDE ELECTIONS

GENERAL ELECTION

Absentee Voting Begins

09/09/2020

Voter Registration Deadline

10/19/2020

Absentee Application Deadline

10/29/2020

Absentee Ballot Hand Delivery/
 Mailed Ballots must be received by noon on Election Day

11/02/2020

ELECTION DAY

11/03/2020

OFFICE

CONTACT

Montgomery Election Center

(334) 832-7744

Board of Registrars Office

(334) 832-1215

Absentee Election Manager

(334) 832-1281

Secretary of State - Elections Division

www.alabamavotes.gov