



Cyber Security and Disaster Recovery

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CYBER SECURITY WHY DO WE CARE?



This is why we care!

A November 7th 2021 Cyberattack Causes Significant Disruption at Colorado Electric Utility

The Delta-Montrose Electric Association (DMEA) CEO told local news outlets that the cyberattack led to 90% of internal controls and systems becoming corrupted, broken or disabled, and claimed that a majority of **historical data dating back more than 20 years was lost.**

Dec 6th New Article - Colorado cooperative Delta-Montrose Electric Association (DMEA) was hit by a "malicious" cyberattack on Nov. 7, and since then has been without payment processing, billing and other internal systems. The utility also said it suffered a significant data loss, but there was "no breach of sensitive data within our network environment" and that its distribution grid was not impacted.

July of 2021 – Rural Alabama Electric Cooperative Hit by Ransomware Attack

Wiregrass Electric Cooperative, which serves about 25,000 members, did not pay a ransom and didn't have any data compromised in the attack, chief operating officer Brad Kimbro said. Electrical service wasn't interrupted.

But member account information and payment systems were taken offline for maintenance and as a precaution, he said, and information technicians were starting work to reestablish customer sites.

"Our IT guys spent all weekend out of an abundance of caution looking at every server, every laptop, every computer, everything," Kimbro said.

Cyber Security Measures

- **Top Tier Endpoint Protection – Zero day vulnerability protection a must!**
- **Multifactor Authentication**
- **Strong Password Policies – Minimum 15 character passwords or phrases.**
- **No admin rights for desktop users. Including System administrators!**
- **No unattended vendor access to your systems or data.**
- **Comprehensive backup solution, including offsite or cloud based backups**
- **Geo-block internet web traffic. Block the Chinese Government!**
- **VPN required for remote access**
- **Subscriptions and memberships to cyber security related organizations – E-ISAC, CISA and Infragard to name a few. The Purple Arrow is my favorite.**
- **Monthly Updates for all systems**
- **Comprehensive system documentation**
- **Cyber Security Incident Response Plan**
- **Disaster Recovery Plan**
- **User Training. Should include periodic phishing test campaigns.**
- **Periodic cyber security audits by a third party. Internal and external.**
- **Cyber Security Training for IT Staff**

The Purple Arrow

NMCIWG Purple Arrow
Counterintelligence Working Group

THE CYBER SHIELD

Cyber News for Counterintelligence / Information Technology / Security Professionals

14 February 2022

You may need to manually copy/paste/execute hyperlinks depicted below if your computer's security settings disable embedded hyperlinks displayed within a PDF file

HACKERS COMPROMISE CROWDFUNDING PLATFORM

As escalated tensions continue throughout Canada related to its COVID policies and a trucker blockade, a crowdfunding site that received public donations on behalf of the truckers was recently hacked. The hacker's leak site (used to spotlight their latest exploits) announced they had successfully hacked the site and had stolen over 30GB of donor PII. The crowdfunding site had been [redirected](#) to another domain's web page that was defaced with a popular movie clip and a derogatory textual manifesto placed on its home page. The hackers claimed they would make the stolen data available to researchers and journalists.

<https://news.yahoo.com/leak-says-given-list-canada-092422935.html>

INDIA BANS 50 MORE CHINA-LINKED APPS FOR ITS CITIZENS

Chinese smartphone app vendors are having a tougher time selling their apps around the world as global governments increasingly determine the apps pose serious security problems to citizens (and in some

Purpose
Educate recipients of cyber events to aid in protecting electronically stored DoD, corporate proprietary, and/or Personally Identifiable Information from unauthorized access, theft or espionage

Source
This publication incorporates open source news articles to educate readers on cyber security matters IAW USC Title 17, section 107, Para a. All articles are truncated to avoid the appearance of copyright infringement

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* CI Agent Scott Daughtry
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Subject Line - SUBSCRIBE: NMCIWG Daily Cyber Newsletter

USEFUL CYBERSECURITY INFORMATION



Cybersecurity Tips

- Enable installed software to perform automatic updates
- Minimize the use of web browser add-ons
- Research applications prior to installing them
- Restrict use of Administrator-level accounts on your PC
- Enable antivirus software to scan ALL files on PC
- Configure antivirus software to scan attached USB devices
- Scan USB thumb drives for malware prior to use
- Backup important data to detachable USB drive or DVD
- Ensure firmware, device drivers are updated
- Enable WPA-2 encryption for your home router
 - access setting via your web browser URL ; typically via entering **192.168.0.0** or **192.168.0.1** in the address bar
- Use password phrases –vs- alphanumeric passwords
- Use 2-factor authentication wherever possible
- Ensure family members know/use computer security**



Email Phishing Indicators

- Sender's email address mimics legitimate business
- Generic greeting used –vs- your name
- Lack of contact information within signature block
- Email content misspelled your name
- Email content contains poor grammar
- Email content demands your urgent action
- Email requests you to click an embedded hyperlink
- Email requests you to read a suspicious file attachment

Your Actions:

- Confirm true destination of URL before clicking
- Manually visit the alleged sender's website
- Scan the file attachment for malware before opening
- **Notify your security/CI office of the email; they will require the original email so don't delete it**



Internet Crime Assistance

Victims of Internet Crime can request assistance from several avenues:

- The FBI's Internet Crime Complaint Center IC3
www.ic3.gov
- Their state's Attorney General office

Internet Crime involves the use of the Internet to convey false or fraudulent representation to consumers. These crimes include: willful non-delivery of goods/services, employment and/or business opportunity schemes and advance-fee schemes.

It is IMPORTANT for you to gather all relevant information related to the scheme to assist an investigation, to include receipts, original email/text messages, phone bills, etc.

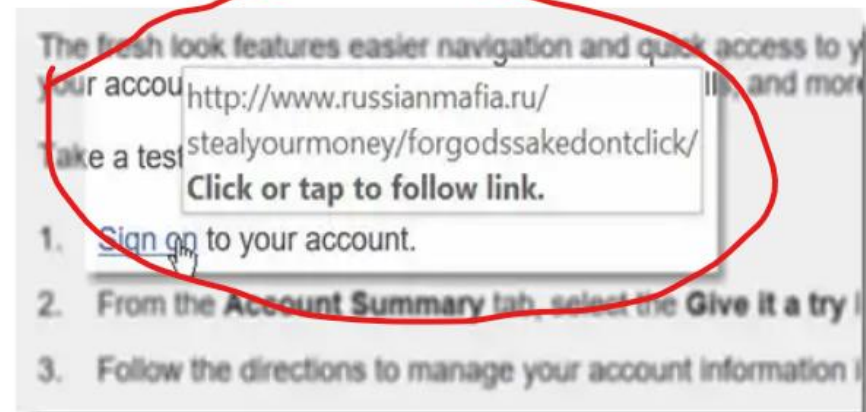


Hyperlink Verification

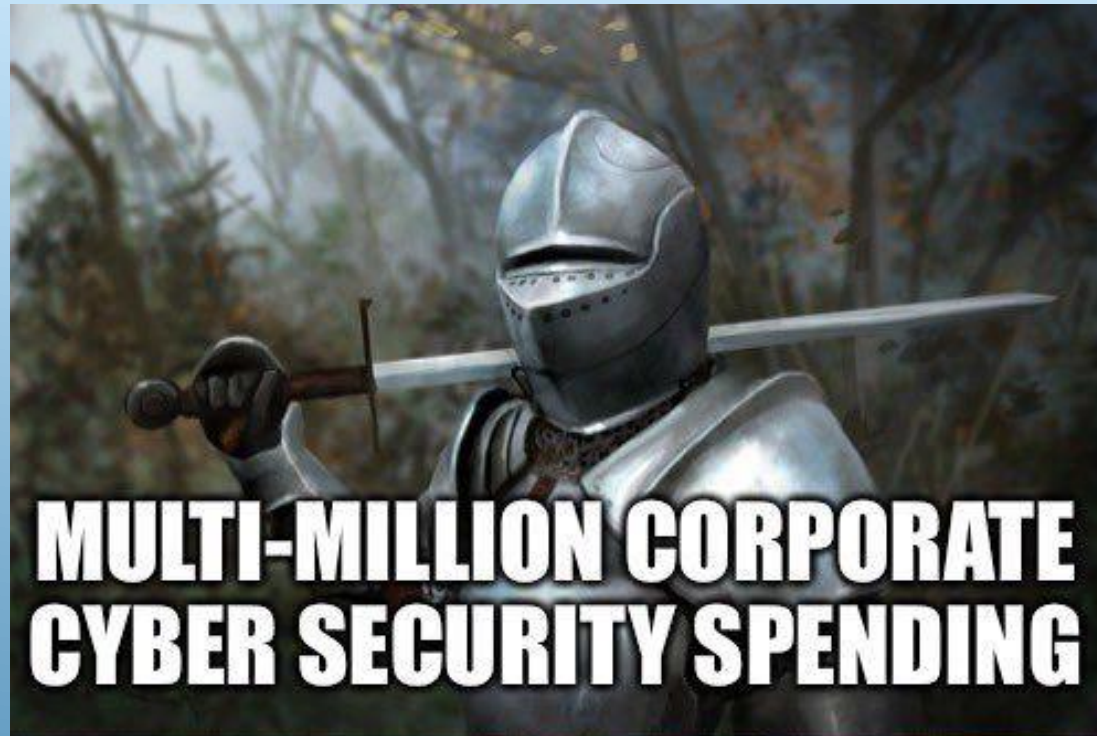
Whenever you encounter a hyperlink embedded within a document, an email or a web page, it is CRITICAL that you verify where the hyperlink is going to send you. To do this, hover the mouse pointer over the hyperlink – the operating system should display a popup box that shows its true destination.

The example at right depicts a hyperlink associated with the text 'Sign on'; in reality, the text is linked to a web site hosted on the <http://www.russianmafia.ru> web site.

Also know that hackers will register domains that are similar to a known/trusted domain (for example, FBI.BIZ instead of FBI.GOV)



That DANG Human Factor



The Importance of having a Cyber Security Incident Response Plan - IRP

Sophos – The State of Ransomware 2021

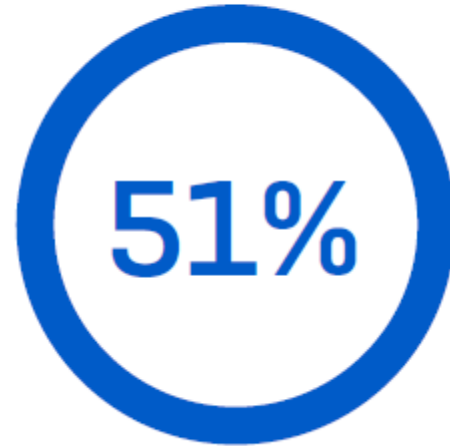
- Sophos commissioned independent research house Vanson Bourne to survey 5,400 IT decision makers across 30 countries. 197 from the Energy, oil/gas & utilities sector. The survey was conducted in January and February 2021.
- 50% of the respondents in each country came from organizations with 100 to 1,000 employees.
- 37% of respondents' organizations were hit by ransomware in the last year
- 54% that were hit by ransomware in the last year said the cybercriminals succeeded in encrypting their data in the most significant attack
- 96% of those whose data was encrypted got their data back
- **The average ransom paid by mid-sized organizations was \$170,404**
- However, on average, only 65% of the encrypted data was restored after the ransom was paid.
- **The average bill for rectifying a ransomware attack, considering downtime, people time, device cost, network cost, lost opportunity, ransom paid etc. was \$1.85 million**
- Extortion-style attacks where data was not encrypted but the victim was still held to ransom have more than doubled since last year, up from 3% to 7%

Ransomware remains a major threat! BUT, It's not All Bad News.....

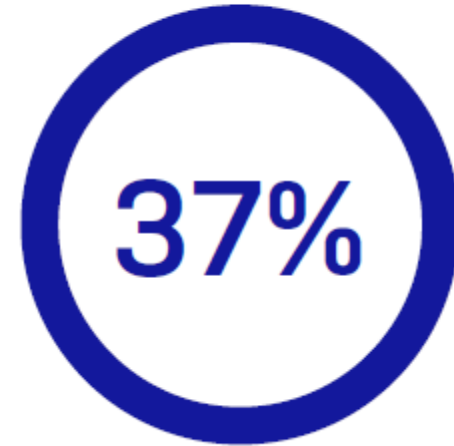
2017



2020



2021



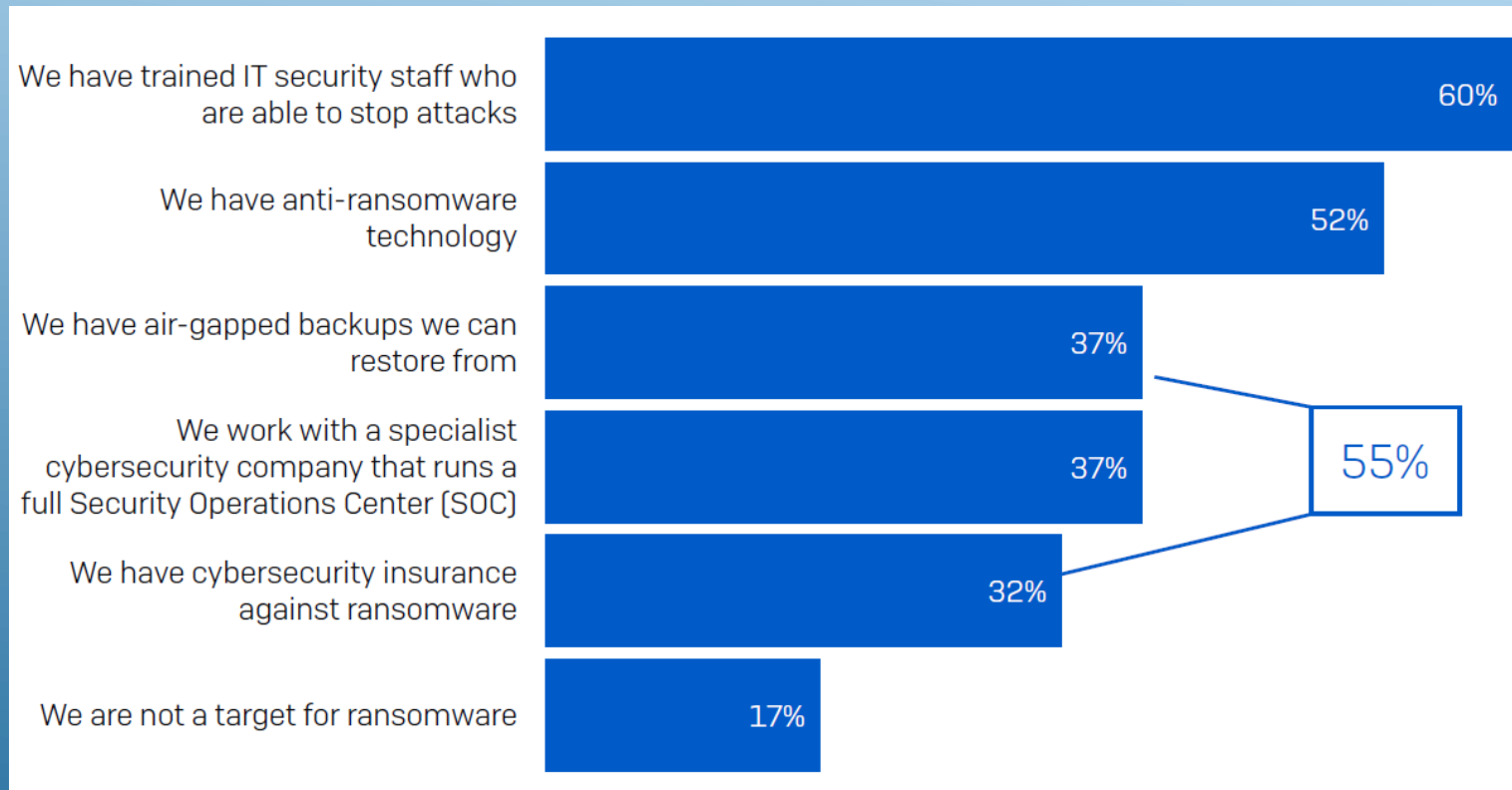
54%

51%

37%

Trained IT staff give ransomware confidence

Of those surveyed 1,166 respondents said they weren't hit by ransomware last year, and don't expect to be hit in the future. The #1 reason for this confidence in the face of ransomware is having trained IT staff who are able to stop attacks.



55% of respondents that don't expect to be hit are putting their faith in approaches that don't offer any protection from ransomware. From Sophos - [Download the Full Report](#)

Everyone Has a Plan Until They Get Punched in the Mouth – Mike Tyson

Don't expect your response to go the way you think it will or should. IT WONT!

At Oakdale Electric has an IRP that has three primary documents included as a guide when responding to a basic cyber event to an all out Ransomware attack. I used example templates I got from colleagues and other cyber security resources to help me build it.

1. Cyber Incident Response Process - TOC

- Document Purpose and Mission
- Definitions
- Roles and Responsibilities
- High-level process work flow – Includes the Detection, Analysis, Containment, Eradication, Recovery phases and more. The meat of the document.
- Appendix A – Definition of Severity
- Appendix B – Definition of Impact

2. Ransomware Response – TOC (We felt that a document should be in place that addresses Ransomware specifically)

- Detection and Analysis
- Containment and Eradication
- Recovery and Post-Incident Activity
- Forensic Artifacts

3. Security Incident Response Form – A form fillable PDF that is available to all employees. It is to be used to report any and all cyber security events. It includes everything from the date and time, the type of incident, a description, the location and several others. It is to be used in collaboration with IT or the person responding to the event.

Download our IRP - [Oakdale Electric IRP Files](#)

"Officer, how did the hacker
escape?"

"Dunno, he just ransomware"

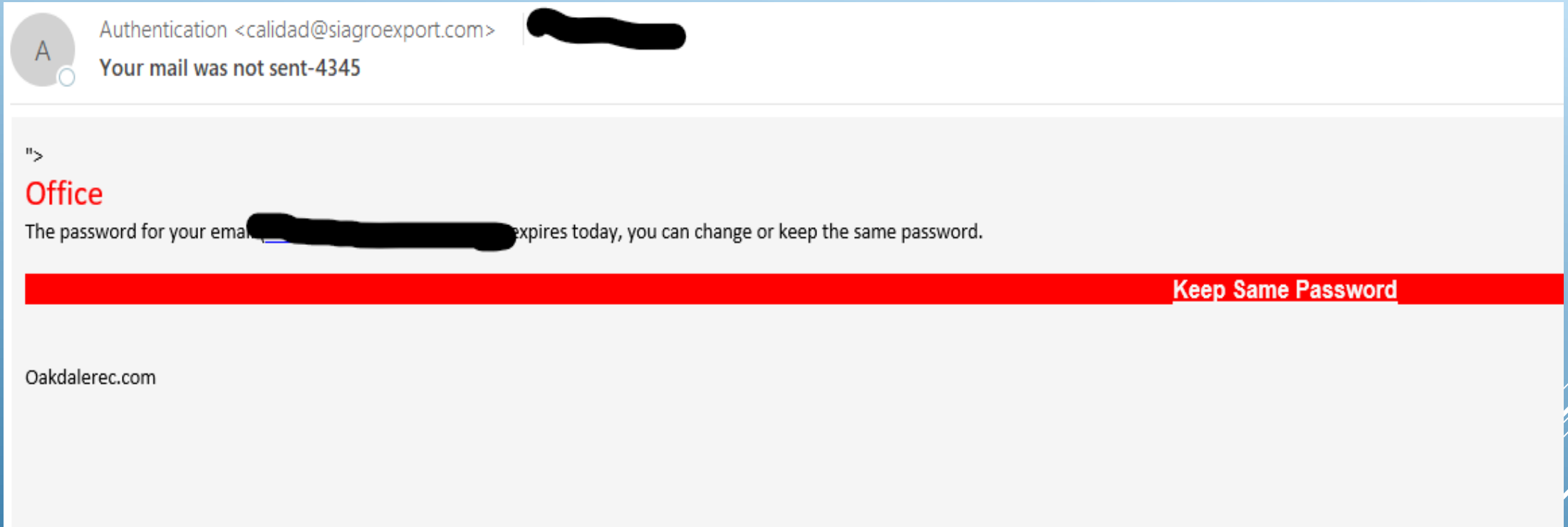


I can't compete with
Todd Copeland's dry
humor but here is a
shot at it! 😊

Tips for keeping yourself, your company and your family and friends safe!

- Don't re-use passwords
- Use complex long password phrases
- Do not open unsolicited emails. If it is at all suspicious, delete it!
- Ignore smishing text messages
- Don't click "Like" so quickly – "Like Farming" – It's a thing!
- Use a password manager – Don't save passwords in your browser. LastPass or 1Password
- Keep your devices up to date
- Backup your files
- Freeze your credit and your children's credit. "Because child identity theft schemes can go undetected for years, often until they're old enough to open up a credit card account, their data is considered especially valuable." – CNN Business
 - [Security Freeze | Freeze or Unfreeze Your Credit | Equifax®](#)
 - [Credit Freeze | Freeze My Credit | TransUnion](#)
 - [Security Freeze Center at Experian](#)

Phishing Attempt – O365 Quarantined



According to CISCO's 2021 Cybersecurity Threat Trends report, **about 90% of data breaches occur due to phishing.** Spear phishing is the most common type of phishing attack, comprising 65% of all phishing attacks. The 2021 Tessian research revealed that employees receive an average of 14 malicious emails every year.

This one got through - Spearphishing

From: Robert Hess <lordofhost@lycos.com>

Sent: Tuesday, November 27, 2018 8:41 AM

To: [REDACTED]

Subject: Update Request

Hi cheryln ,

Are you in the office?

I changed my bank and I'll like to change my paycheck dd details, can the change be effective for the current pay date?.

Best Regards,
Robert Hess

Spearphishing

From: Bruce Ardelt <chief.executiivedirector@aol.com>

Sent: Sunday, January 13, 2019 9:29 AM

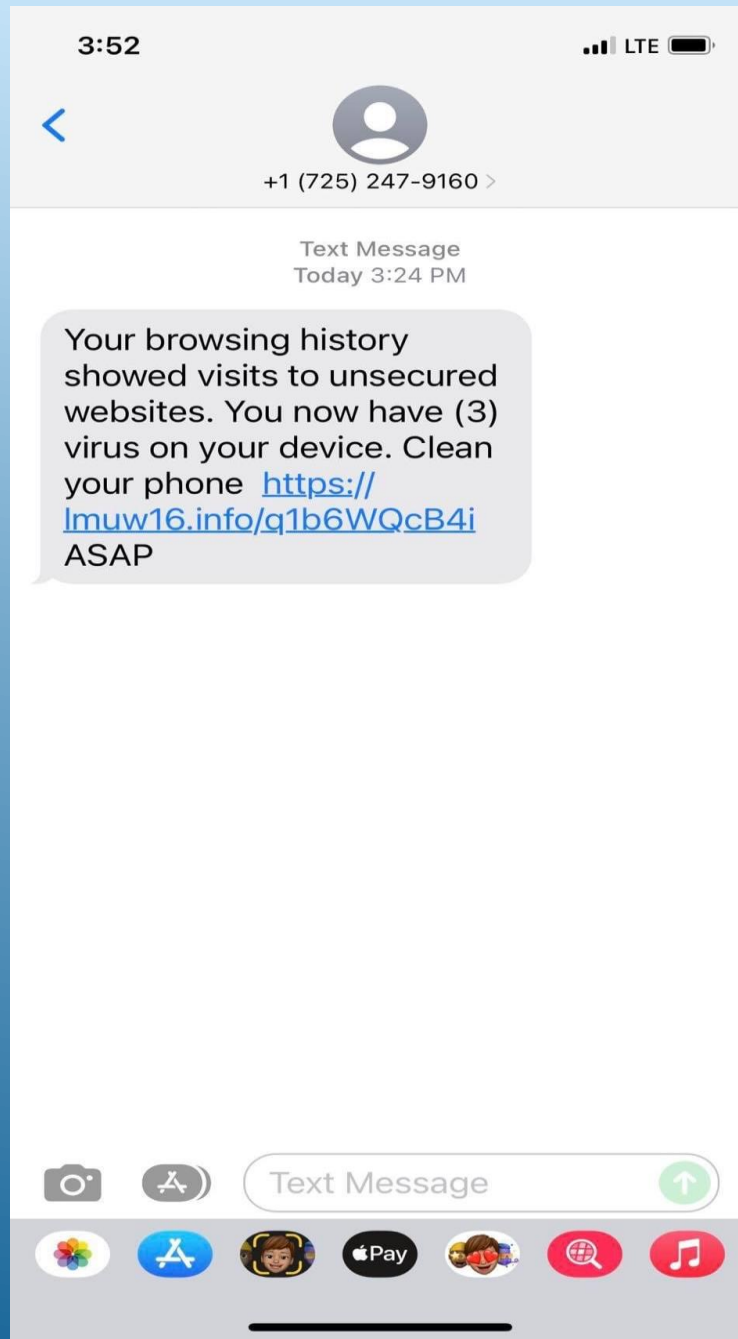
To: Shane Rowan [REDACTED]

Subject: Request

How are you doing today Shane? Are you available to run an errand ? I need you to make provision for some gift cards for me at any local store around. Email me back immediately you receive this message.

Thanks,
Bruce Ardelt

SMISHING ATTEMPT



Like Farming – Once you “like” it anyone who see’s this can now see your Facebook profile!
Your FB account wasn’t hacked, you just liked something you shouldn't have!

VIRAL MATH PROBLEM

$$6 \div 2(1+2) =$$

WE FINALLY HAVE
THE RIGHT ANSWER
TO THIS VIRAL
MATH PROBLEM



223

1.6K Comments 38 Shares

Like

Comment

Share



CAN YOU SOLVE THE STOLEN MONEY RIDDLE?

A man steals a **\$100 bill** from a stores register. Then he buys **\$70 worth** of goods at that store using the **\$100 bill** and gets **\$30** in change.

How much **money** did the **store lose**?

1.7K

2.8K Comments 296 Shares

Don't Be The One!



Disaster Recovery

"TIME TO RELOCATE"

BY DIANE ALBER



Disaster Recovery Defined

Wikipedia Says - Disaster recovery involves a set of policies, tools, and procedures to enable the recovery or continuation of vital technology infrastructure and systems following a natural or human-induced disaster.

Things to consider in your disaster recovery plan

- **Accessible DR documentation.**
- **Systems Software/License information**
- **IT, Software and Hardware Vendor Contacts including after hours support contact numbers (Cell phones)**
- **Updated spare parts list**
- **Annual DR drill**

Your plan should cover anything from Minor Data Issues to Major Data Issues

Minor data issues, such as an accidentally deleted file, are easily handled. As long as the file(s) in question has existed for at least 1 day it will be part of the nightly backups and can be found.

Major Data Issues: A major data issue constitutes a single crash, a major loss of data that spans multiple files and folders or complete loss of facilities. These are more time consuming to recover since they usually mean restoring an entire server or could also mean there are hardware replacement issues that need to be addressed.

I THINK WE MAY NEED TO
UPDATE OUR DISASTER RECOVERY PLAN.
THIS ONE SUGGESTS WE ALL RUN
AROUND IN CIRCLES SHOUTING
'WHAT DO WE DO?!!' 'WHAT DO WE DO?!!'



DR Strategies

- **Tape backups**
- **Backups to a disk storage device. A NAS or SAN**
- **Cloud backups – O365 backup strategy?**
- **Immutable Backups – Backup files are isolated and cannot be modified.**
- **USB Drives – yes a USB drive is a relatively easy way to backup your personal stuff but should never be the only strategy used.**
- **Server Replication – Fault Tolerance**
- **Alternate Backup Site Locations**
- **Spare hardware – Store it offsite or in a secure location outside of your server room.**
- **Network configuration backups – Firewall, Switches and Router configs**
- **Documentation**
- **Documentation**
- **Documentation**
- **Documentation**
- **Updated Documentation**

Keep your plan up to date!!



Oakdale Electric is a member of an IT Shared Services group of several cooperatives geographically close to each other. Our goal is to support each other as best we can by sharing documentation, developing standards, meeting a few times a year and participating in disaster recovery drills. In 2021 we came together as a group and built a portable DR rack with spare parts. Once it was built we came up with a plan for a disaster recovery drill.



Shared Services DR Drill

Scenario:

The test scenario for this drill involves a total failure of IT resources at the Riverland Energy's main datacenter in Arcadia, WI. This means that the local IT datacenter has been destroyed with no hardware resources available. At this point temporary IT infrastructure will be re-created from backups at one of the satellite offices. This drill is a test of that procedure to recreate the IT infrastructure and provide working systems for end users.

The Shared Services DR Rack will be utilized as a temporary network space to restore backups and get the network up and running.

Goal:

The goal of the drill was to restore and provide access to the following:

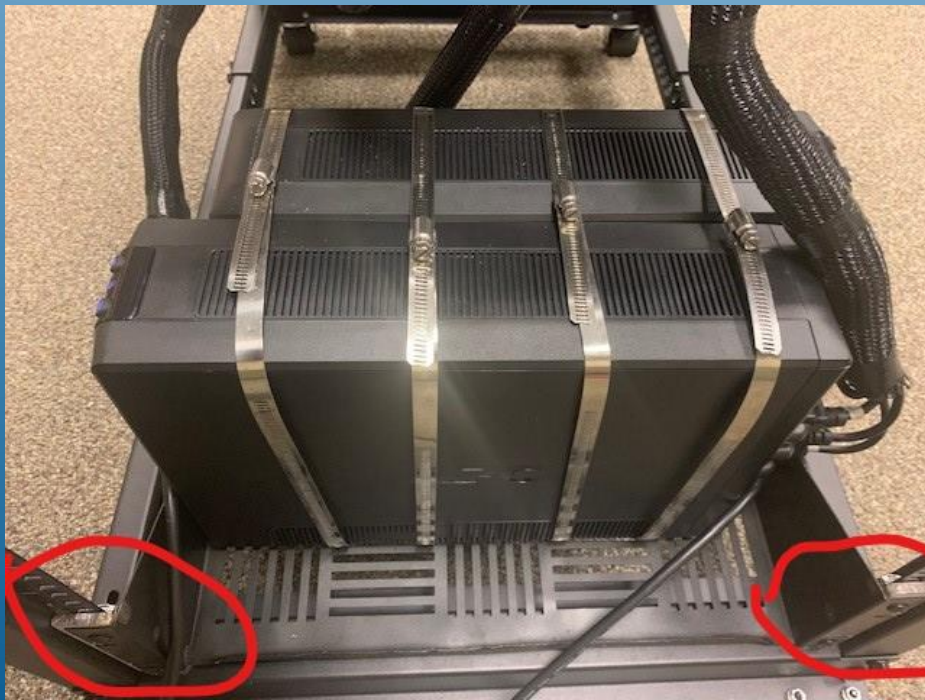
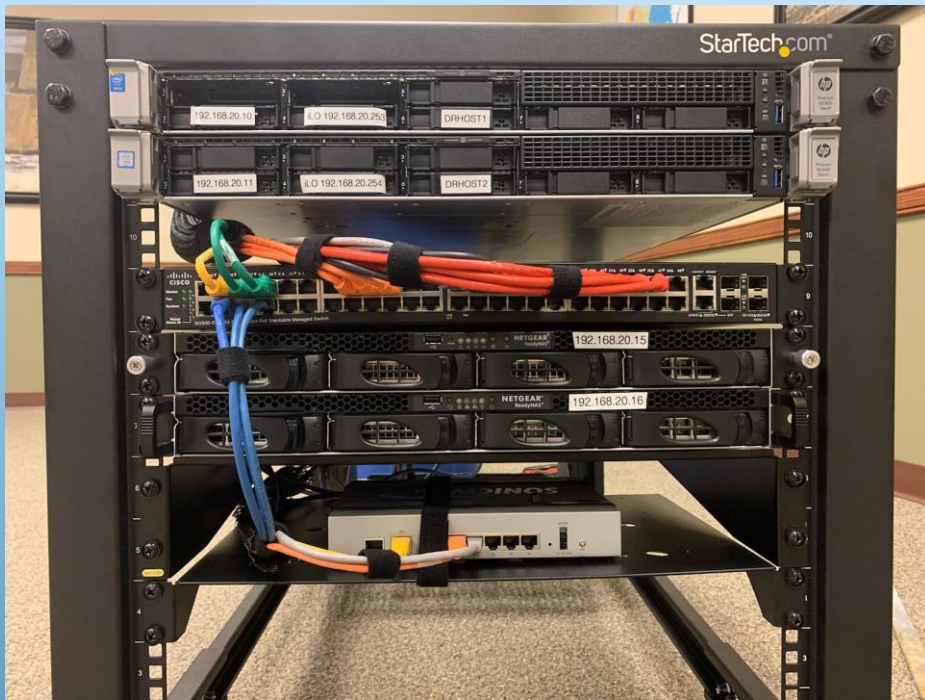
- Basic network (DNS, DHCP, Active Directory)
- iVue
- Mapping (OMS)
- Network shared drives
- At least one user PC that can access these systems

Download the entire summary - [Shared Services DR Drill](#)



The Build

Finished Product



Configuration



Questions?



March of 2020 – The COVID Rush

