



# BI-COUNTY PHYSICIANS, PC

21600 HARPER AVE, SUITE 100, ST. CLAIR SHORES, MI 48080

OFFICE: (586) 800-1001 | FAX: (586) 800-1002

## PATIENT INFORMATION

Name: \_\_\_\_\_ SSN: \_\_\_\_\_

Sex: ☐ M ☐ F DOB: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mailing address: ☐ Check if same as above

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Marital Status: ☐ Divorced ☐ Legally Separated ☐ Married ☐ Significant Other ☐ Single ☐ Widowed ☐ Declined

## EMERGENCY CONTACT

Name: \_\_\_\_\_ Relation to patient: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation to patient: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

## PARTY RESPONSIBLE FOR PAYMENT ☐ Check if same as patient

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

SSN: \_\_\_\_\_ Relation to patient: \_\_\_\_\_

Employer: \_\_\_\_\_

## Advance Directive

Do you have a Living Will / DNR? ☐ Yes ☐ No

Do you have a Durable Power of Attorney? ☐ Yes ☐ No



# BI-COUNTY PHYSICIANS, PC

21600 HARPER AVE, SUITE 100, ST. CLAIR SHORES, MI 48080

OFFICE: (586) 800-1001 | FAX: (586) 800-1002

Chief Complaint (Reason for Visit): \_\_\_\_\_

## ALLERGIES ☐ No Known Drug Allergies

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Other (latex, adhesive, food, environment): \_\_\_\_\_

Other (latex, adhesive, food, environment): \_\_\_\_\_

## MEDICATIONS ☐ None

Please list any medications you are taking (including aspirin, vitamins, supplements or any other over the counter medication).

Name of Medication	Dose	How often do you take	Reason for taking medication





# BI-COUNTY PHYSICIANS, PC

21600 HARPER AVE, SUITE 100, ST. CLAIR SHORES, MI 48080

OFFICE: (586) 800-1001 | FAX: (586) 800-1002

## PATIENT INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Last First MI

## PAST MEDICAL HISTORY (Please check all diagnoses that apply to you and add notes as needed)

☐ None

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> AIDS                      | <input type="checkbox"/> Ear Infection, recurrent     | <input type="checkbox"/> Macular Degeneration      |
| <input type="checkbox"/> Anemia                    | <input type="checkbox"/> Environmental/Food Allergies | <input type="checkbox"/> MI (Heart Attack) – Date: |
| <input type="checkbox"/> Angina (Heart Pain)       | <input type="checkbox"/> Fibromyalgia                 | <input type="checkbox"/> Motor Vehicle Accident    |
| <input type="checkbox"/> Arrhythmia / Palpitations | <input type="checkbox"/> Genetic/Congenital Condition | <input type="checkbox"/> Oxygen use                |
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> GERD (Heartburn)             | <input type="checkbox"/> Peripheral Artery Disease |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> GI Bleed                     | <input type="checkbox"/> Pneumonia                 |
| <input type="checkbox"/> Atrial Fibrillation       | <input type="checkbox"/> Glaucoma                     | <input type="checkbox"/> Restless Leg Syndrome     |
| <input type="checkbox"/> Bleeding disorder         | <input type="checkbox"/> Gunshot Wound                | <input type="checkbox"/> Rheumatoid Arthritis      |
| <input type="checkbox"/> Blood Clot                | <input type="checkbox"/> Head Injury / Concussion     | <input type="checkbox"/> Sciatica                  |
| <input type="checkbox"/> Blood Transfusion         | <input type="checkbox"/> Hearing Loss                 | <input type="checkbox"/> Scoliosis                 |
| <input type="checkbox"/> Bone Loss                 | <input type="checkbox"/> Heart Disease                | <input type="checkbox"/> Seasonal Allergies        |
| <input type="checkbox"/> Cataracts                 | <input type="checkbox"/> Heart Failure                | <input type="checkbox"/> Seizures                  |
| <input type="checkbox"/> Chronic Fatigue           | <input type="checkbox"/> Hepatitis – Type:            | <input type="checkbox"/> Sinusitis, recurrent      |
| <input type="checkbox"/> Chronic Kidney Disorder   | <input type="checkbox"/> HIV                          | <input type="checkbox"/> Sleep Apnea               |
| <input type="checkbox"/> COPD / Emphysema          | <input type="checkbox"/> High Cholesterol             | <input type="checkbox"/> Thyroid Disorder          |
| <input type="checkbox"/> CVA / Stroke              | <input type="checkbox"/> High Blood Pressure          | <input type="checkbox"/> Tuberculosis              |
| <input type="checkbox"/> Diabetes – Type:          | <input type="checkbox"/> Irritable Bowel Syndrome     | <input type="checkbox"/> UTI (bladder infection)   |
| <input type="checkbox"/> Dialysis – Type:          | <input type="checkbox"/> Kidney Stone                 | <input type="checkbox"/> Vertigo                   |
| <input type="checkbox"/> Disabilities – Type:      | <input type="checkbox"/> Long-term Steroid Use        |  |
| <input type="checkbox"/> Diverticulitis            | <input type="checkbox"/> Lupus                        |  |

## ADDITIONAL PAST MEDICAL HISTORY

---



---



---

## SURGICAL HISTORY (Please list surgeries and add any notes as needed)

☐ None

Year	Surgery / Procedure	Hospital / Location	Complications/ Comments





# BI-COUNTY PHYSICIANS, PC

21600 HARPER AVE, SUITE 100, ST. CLAIR SHORES, MI 48080  
OFFICE: (586) 800-1001 | FAX: (586) 800-1002

## PATIENT INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## SOCIAL HISTORY

### Tobacco – Smoking

- ☐ Never ☐ Former ☐ Current ☐ Passive Smoke Exposure  
☐ Cigarettes ☐ Pipe ☐ Cigar  
Start Date: \_\_\_\_\_ Quit Date: \_\_\_\_\_ #Years: \_\_\_\_\_ #Packs/day: \_\_\_\_\_

### Tobacco – Smokeless

- ☐ Never ☐ Former ☐ Current  
☐ Snuff ☐ Chew

### E-Cigarettes

- ☐ Never ☐ Former ☐ Current  
#Cartridges/day: \_\_\_\_\_ Start Date: \_\_\_\_\_ Quit Date: \_\_\_\_\_

### Alcohol

- ☐ Never ☐ Former ☐ 2-3 times/week ☐ 4 or more times/week  
☐ Monthly or Less ☐ 2-4 times/month  
# drinks per day typically when you are drinking: \_\_\_\_\_

### Substance Abuse

- ☐ Never ☐ Former ☐ Current  
Type: \_\_\_\_\_ How Often: \_\_\_\_\_

### Sexually Active

- ☐ Never ☐ Not Currently ☐ Yes  
☐ Male Partners ☐ Female Partners  
Type of Birth Control / Protection: \_\_\_\_\_

### Diet (check all that apply)

- ☐ Well Balanced ☐ Diabetic ☐ Excessive Fat/Calories ☐ Vegetarian  
☐ Weight Loss Products ☐ Vitamin / Herbal Use ☐ Routine Mealtimes ☐ Caffeine  
Other: \_\_\_\_\_

### Exercise

# days/week on average that you engage in moderate/strenuous activity (activity that causes light/heavy sweat): \_\_\_\_\_  
# minutes you exercise per day on average: \_\_\_\_\_

### Safety

- ☐ CO detector in home ☐ Guns Unloaded/Locked ☐ Helmet use ☐ Seat Belt Use  
☐ Smoke detector in home ☐ Sunscreen Use ☐ Water heater temp set ☐ Caffeine

### With Whom Do You Live

- ☐ Alone ☐ Children ☐ Parent(s) ☐ Spouse/Partner  
☐ Extended family ☐ Other



Name: \_\_\_\_\_

Last \_\_\_\_\_

First \_\_\_\_\_

MI \_\_\_\_\_

DOB: \_\_\_\_\_

mm/dd/yyyy

**FAMILY HISTORY**

What illnesses/conditions/diagnoses are in your family? Indicate the age of diagnosis in the boxes below, if known.

Relationship	Name	Status	No Known Problems	Alcohol abuse	Asthma	Blood clots	Breast cancer	Colon cancer	Prostate cancer	Other cancer(s)	Dementia	Diabetes	Heart disease	High blood pressure	High cholesterol	Kidney disease	Liver disease	Lung disease	Mental illness	Ovarian Cancer	Stroke	Thyroid condition(s)	Other	Other	Other
Mother		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Father		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Sister		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Brother		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Son		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Daughter		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Maternal Grandmother		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Maternal Grandfather		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Paternal Grandmother		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Paternal Grandfather		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Other: _____		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Other: _____		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							
Other: _____		<input type="checkbox"/> Alive <input type="checkbox"/> Deceased																							

Are you adopted?: ☐ Yes ☐ No





# BI-COUNTY PHYSICIANS, PC

21600 HARPER AVE, SUITE 100, ST. CLAIR SHORES, MI 48080

OFFICE: (586) 800-1001 | FAX: (586) 800-1002

## PATIENT INFORMATION

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

### FEMALE PATIENTS ONLY

Currently Pregnant: ☐ Yes ☐ No

Currently Breastfeeding: ☐ Yes ☐ No

Age at first Period: \_\_\_\_\_

Age at menopause: \_\_\_\_\_

Date of first day of Last Menstrual Period: \_\_\_\_\_

### PREVENTIVE HEALTH SCREENINGS (Please list date of last testing and results/ additional notes)

Test	Date	Result/Notes
Bone Density (DEXA)		
Cervical Cancer Screening (Pap Testing)		
Colon Cancer Screening		
Type: <input type="checkbox"/> Colonoscopy <input type="checkbox"/> FIT <input type="checkbox"/> FOBT <input type="checkbox"/> Sigmoidoscopy		
Mammography		
Lung Cancer Screening		
AAA Screening		
Hepatitis C Screening		

### VACCINE HISTORY: (please provide any known vaccines and dates)

Immunization Name	Date(s) (mm/dd/yyyy)
Influenza	
Tetanus with Pertussis	
Tetanus	
Shingles	
Meningitis	
Hepatitis A	
Hepatitis B	
HPV	
Pneumococcal 13	
Pneumococcal 23	



**Mark Alrais, MD, PC**

21600 Harper Ave, Ste 100, St. Clair Shores, MI 48080

**Phone:** 586-800-1001, **Fax:** 586-800-1002**CONSENT FOR SERVICES AND FINANCIAL RESPONSIBILITY**

**Consent to Treat:** I request and authorize the type of health care services that my physician(s), or their designees, advise. These may include routine diagnostic, radiology and laboratory procedures, therapeutic procedures, drugs, and medical, nursing, and hospital care. I understand that Bi-county Physicians has a role in teaching future health care personnel and that students and trainees may participate in my health care. Information Release. I give consent to Bi-county physicians to release information from my medical record for treatment, payment or healthcare operations purposes, including without limitation the following:

- ☐ Information about communicable diseases and serious communicable disease and infections as defined by statute and Michigan public health rules, which include sexually transmitted infection "STI", tuberculosis "TB", and human immunodeficiency syndromes such as "HIV" and "AIDS"
- ☐ Substance abuse treatment information protected by 42 Code of Federal Regulations Part 2.
- ☐ Psychological and social services information including communications made by me to a psychologist or social worker.

**Consent to Video Monitoring:** I consent to the use of video monitoring devices at Bi-county Physicians for patient and staff safety purposes.

**Patient Data and Authorizations:** The information given by me for payment is correct. I understand that being assigned to the correct PCP is my responsibility (Patients with HMO insurance type)

**Payment:** I agree to promptly pay Bi-county Physicians any charges not covered by or collected from an applicable health care benefits insurer. I know the facility's charges may be discounted under its charity care or discount policies. I agree to pay the facility's reasonable attorney's fees and collection agency expenses connected with the collection effort due to my not promptly paying for services provided. I know I am financially responsible for services except where contrary to law.

**Mark Alrais, MD, PC**

21600 Harper Ave, Ste 100, St. Clair Shores, MI 48080

**Phone:** 586-800-1001, **Fax:** 586-800-1002

**Telephone Contact:** I agree, in order for Bi-county Physicians to service my account or to collect any amounts I may owe, the facility may contact me by telephone at any telephone number associated with my account, including wireless telephone numbers, which could result in charges to me. The facility may also contact me by sending text messages or emails, using any email address I provide to the facility. Methods of contact may include using pre recorded/artificial voice messages and/or use of an automatic dialing device.

**NOTICE**

Please be advised that the Facility may perform an HIV test upon a patient without any special written consent if a health professional, health facility employee, police officer, fire fighter, medical first responder, emergency medical technician, emergency medical technician specialist, or paramedic sustains a percutaneous, mucous membrane, or open wound exposure to the patient's blood or other bodily fluids. These exposures may occur in the health facility, while the patient is treated before transport to the health facility or while the patient is transported to the health facility. An HIV test will also be performed pursuant to a request under MCL 333.20191 (2).

**Patient Name** \_\_\_\_\_**Patient Signature** \_\_\_\_\_**Date** \_\_\_\_\_



# Mark Alrais, MD, PC

21600 Harper Ave, Ste 100, St. Clair Shores, MI 48080

Phone: 586-800-1001, Fax: 586-800-1002

## HIPAA Privacy practices

HIPAA is the federal health insurance program portability and accountability act. This US law is designed to provide privacy standards to protect patients' medical records and other health information products provided to health plans, doctors, hospitals and other healthcare providers. This is used to provide the patients access to their medical records and give the patient more control over how personal medical information is disclosed. I understand that in order for Bi-County Physicians to provide me with the best medical care possible, I must follow instructions and notify the facility if I experience any problems with my treatment. By acknowledging the terms of Bi-County Physicians, HIPAA privacy practices protected health information will be shared amongst healthcare providers to provide a continuum of care.

I acknowledge that Bi-County Physicians has explained this practice to me and will authorize the following:

I do \_\_\_\_\_ do not \_\_\_\_\_ give my permission for the doctor/staff to leave a message on my answering machine.

I do \_\_\_\_\_ do not \_\_\_\_\_ give my permission for the doctor/ staff to speak to the persons listed below about my protected health information including test results, diagnosis, etc if I can not be reached:

Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone# \_\_\_\_\_

Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone# \_\_\_\_\_

I do hereby authorize Bi-County Physicians to send any specimen ordered by the doctor to the laboratory for further diagnostics. I understand any fee that should accompany the testing is billed by and from the laboratory not Bi-County Physicians and that any co-pays and our deductible is associated are my responsibility.

Signature \_\_\_\_\_ date \_\_\_\_\_

Parent or guardian \_\_\_\_\_ date \_\_\_\_\_

Patient Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

**Mark Alrais, MD, PC**

21600 Harper Ave, Ste 100, St. Clair Shores, MI 48080

**Phone:** 586-800-1001, **Fax:** 586-800-1002

**Patient No-show and Late Cancellation Policy**

**Dear Patients,**

To allow patients access to timely medical care, we require that you call us at least 24 hours prior to your scheduled appointment to cancel or reschedule.

1. I understand that I will be charged a **LATE CANCELLATION fee of \$25** if I fail to give at least 24 hour notice prior to cancelling my appointment.

2. I understand that I will be charged a **No-Show Fee of \$25** if I fail to show to my scheduled appointment.

**Patient Name** \_\_\_\_\_

**Patient Signature** \_\_\_\_\_

**Today's Date** \_\_\_\_\_