

BAKERY
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CAFE

125 N. Water St.
Cape Girardeau, Mo. 63701
573-645-7256

Monday • Closed
TUESDAY-9A.M. - 4 P.M.
WED-SAT - 9 A.M. - 10 P.M.
Every other Sunday
9 A.M. - 2 P.M.

Hot Beignets - 7
Four pieces of sweet dough fried to a light golden brown, covered with powdered sugar, and served with your choice of sauce (Strawberry, Chocolate, or Raspberry).
~ Add extra sauce: \$0.25

Quesadilla - 12
Chicken or beef seasoned with our house-made seasoning, sandwiched between a crunchy grilled tortilla, doused with queso \& cheddar cheese. Served hot.
$\sim$ Served with a few chips, salsa \& sour cream

## Frenzie Fries Or Tots - 10

Crispy fries or tots covered in queso \& cheese. Topped with bacon $\mathcal{E}$ chives. Add sour cream $\mathcal{E}$ jalapenos for free!
$\sim$ Make it frenzie steak fries for additional \$2

## House Made Kettle Chips - 5

Crispy, fresh house made kettle chips.

## Crunchy Cheese Curds - 12

Crispy, melty Wisconsin cheese bites. Served with your choice of ranch or sweet and spicy sauce.

## Hot Wings - 12

Crispy hot wings smothered in spicy buffalo sauce.Served with ranch dressing \& celery.

- OMELETS

ALL OMELETS ARE MADE WITH THREE EGGS AND SERVED WITH TOAST \& JAM (STRAWBERRY OR GRAPE)


## Garden Omelette - 9.75

Spinach, tomato, green pepper, onion \& cheddar cheese.
Cheese Omelette - 9.75
Folded over melted cheese \& topped with chives.
Denver Omelette - 12
Ham, green pepper, onion \& cheddar cheese.

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-& BREAKFAST 』-
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## Breakfast Croissant - 11

Your choice of sausage or bacon, cheese and a fried egg, served with plain tots or fries.
$\sim$ Make it frenzie tots or fries for $\$ 1$.

## Bon Bon's Breakfast Bowl - 15

Tater tots, scrambled eggs, green peppers, onions, bacon pieces, hashbrowns, queso cheese served with texas toast.
$\sim$ Premium bowl - Ham, sausage, \& extra bacon for $\$ 4$

## Loaded Browns - 11

A huge portion of hash browns loaded with bacon, onion, green peppers, and cheddar cheese. Add jalapenos for free!
$\sim$ Add fried egg on top for $\$ 1$.

Toasted Sandwich - 11
Your choice of bacon or sausage, fried egg, and cheese on crispy Texas toast. Served with plain fries or tots.
$\sim$ Make it frenzie tots or fries for $\$ 1$.

## Farmers Breakfast - $\mathbf{1 2}$

Crispy bacon along with diced onions, green peppers \& bite-sized potatoes sautéed to a tender crunch, then mixed into a bed of whisked eggs and cooked to a light golden brown. Served with grilled Texas* toast.

## Avocado Bacon Breakfast Croissant - 12

Generous slices of avocado, crispy bacon, fried egg and your choice of cheese. Served with plain fries or tots.
$\sim$ Make it frenzie fries or tots for $\$ 1$

- WRAPS 』-


## Breakfast Wrap - 11

Two eggs, crispy bacon, sausage crumbles, cheddar cheese, mild onion and spinach rolled in a warm tortilla, served with plain fries or tots.
$\sim$ Make it frenzie tots or fries for $\$ 1$.

## Veggie Wrap - 10

Hummus, black beans, spring mix, tomatoes, mushrooms, red onion topped with house made vinegrette. Served with fries or tots.
$\sim$ Make it frenzie fries or tots for $\$ 1$

## Grilled Chicken Wrap - 11

Grilled chicken, lettuce, tomato and cheese wrapped in a warm tortilla. Served with plain fries or tots and your choice of dip (Honey Mustard, Ranch, Spicy Buffalo).
$\sim$ Make it frenzie fries or tots for $\$ 1$

## Chicken, Bacon, \& Ranch Wrap - 12

Spinach, chunks of chicken, crispy bacon pieces, tomato, cheddar cheese, and avocado topped with ranch. Served with plain fries or tots.
$\sim$ Make it frenzie fries or tots for $\$ 1$
California Wrap - 12
Slices of turkey, bacon pieces, spinach, tomato and avacado topped with ranch dressing. Served with plain fries or tots.
$\sim$ Make it frenzie fries or tots for $\$ 1$

## SUNDAY BRUNCH ~ 9 A.M. - 2 P.M.

Pancakes - 8
Three made-from-scratch pancakes (Blueberry, Chocolate Chip, or Plain) served with a side of meat (Bacon or Sausage).
~ Single pancake \$1.50

## Belgian Waffles - 6

Delicious made-from-scratch waffles topped with fruit \& whipped cream. Served with a side of meat (Bacon or Sausage).

## Breakfast Combo - 10

Two eggs, your choice of meat (Bacon or Sausage). Served with toast or biscuit \& hash browns.

## Biscuits \& Gravy - 6

Two house-made biscuits served with traditional gravy.
~ Single biscuit with gravy $\$ 3.50$

## The Big Bon - 14

For the big Sunday morning hunger or shared as a light brunch! Two eggs, your choice of meat (Bacon or Sausage), toast or biscuit, hash browns \& two pancakes (Blueberry, Chocolate Chip, or Plain).

## Oh KALE yeah! - 15

Kale, quinoa, black beans, kidney beans, roasted seasonal veg, spinach, cherry tomatoes, mushrooms, onions, avocado, salsa, corn, hummus, cilantro, and chives.
$\sim$ Add scrambled egg for \$1

## Nice to MEAT you - 15

Your choice of chicken or steak, brown rice, black beans, mushrooms, bacon pieces, spinach, onion, cherry tomato, spicy mayo, cilantro, chives, and cheddar cheese.
$\sim$ Add extra meat for $\$ 2$ (Sauce: Ranch, Buffalo, Sweet Chili, or Ranch)

2 Choices of Sauce: Sour Cream, Salsa, Greek Yogurt, Spicy Mayo, Ranch *Additional Sauce . 50

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\because \text { LUNCH }
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## Hamburger ( $1 / 2 \mathrm{lb}$ Hand Pressed) - 11

Lettuce, tomato, onion, pickle, ketchup, mustard, and mayo. Served with plain fries or tots.
~ Add Cheese for \$1 Add Fried Egg for \$2

## Fish Tacos - 12

Three warm tortillas stuffed with creamy slaw and grilled fish. Topped with tomato, onion, and cilantro.

Bacon Cheeseburger - 14
Full $1 / 2$ lb, hand-pressed hamburger topped with crispy bacon, cheese (Pepper Jack, Gouda, or Cheddar), lettuce, tomato, onion, pickle, ketchup, mustard and mayo. Served with plain fries or tots.

## SANDWICHES

SERVED WIth plain fries, tots, or house CHIPS

## BLT - 12

Thick crispy bacon, juicy tomato, and a hefty piece of romaine lettuce stuffed between two toasted slices of Texas toast.

## Tuna Salad Croissant - 10

Thick chunk tuna, boiled egg and red onion blended in a creamy dill sauce. Served on a toasted croissant.
~ Sandwich only \$6

## Club Sandwich - 12

Layers of ham, bacon, and turkey with juicy tomatoes, crisp lettuce, and cheese (Pepper Jack, Gouda, Cheddar) served on thick slices of toasted Texas toast.

Hot Sammy - 11
Your choice of ham or turkey and cheese (Pepperjack, Gouda, or Cheddar) served between two slices of grilled Texas toast.

## Ruben Sandwich - 13

A generous portion of warm corned beef topped with sauerkraut and melted swiss cheese between two slices of marbled rye toast grilled to a light-golden brown. Topped with our delicious house dressing.
~Sandwich only \$10

## $\because$ SALADS $\because$

## Fresh Fruit \& Walnut Salad - 12

Crisp spinach topped with juicy seasonal fruit, crunchy walnuts, red onion, and feta cheese. Served with raspberry vinaigrette.
~ Add grilled chicken for \$2

## Fresh Garden Salad - 10

Crisp mixed greens, carrots, cabbage, green pepper, tomato, bacon, onion, and croutons.
~ Choose from: Ranch, Honey Mustard, French, Poppy Seed,
Thousand Island, or Caesar

## Caesar Salad - 12

Fresh romaine lettuce tossed in a creamy Caesar dressing and topped with crispy croutons and Parmesan cheese.
~ Add grilled chicken for \$2
$\therefore$ DRINKS $\quad$ -

Fruity Tootie - 6
Blend of mixed berries, banana, chia seed, coconut water $\mathcal{E}$ orange juice.

Rise and Shine - 6
Blend of greens, pineapple, chia seed, coconut water \& orangejuice.

Bottomless Coffee - 3.50
Latte - 5
Single serve coffee - 2
Milk - 3.50
Whole Milk, Chocolate Milk

## Orange Juice - 3

Fountain Soda - 3

OUR BAKERY \& CAFÉ MENU ITEMS ARE NOT FOOD ALLERGEN OR GLUTEN FREE. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.


