

	28 West Gym								
	Time	Monday	Tuesday	Wed.	Thursday	Friday	Saturday	Sunday	
	8:00 AM			Spinning Erika		Spinning Erika			
	8:30 AM							Spinning Erika	
	9:00 am						..Zumba.. Vivian		
	9:30 am	..Fusion.. Erika			Fusion Erika				
	10:00 am		Yoga Patrice	..Zumba.. Vivian				..Yoga.. Jess / Pat	
	10:15 am					Pilates Michelle	..Yoga.. Kim		
	2:00 pm	Gentle Yoga Jess							
	5:30 pm	Step-tacular Karen	..Yoga.. Sarah	Pilates Michelle					