# Reiki Healing Agreement

### My Commitment To You

I commit to prepare myself mentally, spiritually and physically prior to your session.

I commit to provide a safe space, free of judgment and full of compassion.

I commit to check in with you before, during (if necessary) and after the session to ensure I stay on track with your desired outcome.

I commit to being honest and open about what I see in the session and to let you know if something is outside my area of expertise. (For medical or psychological advice, please consult a licensed professional.)

#### What I Ask Of You

Before filling out the intake form, please take a quiet moment to think about the areas you need healing around. Please be open to sharing and providing feedback throughout the process so we might co-create a session that truly benefits you.

## What To Expect

Once I have read through your intake form, I will email you my thoughts regarding your session. This is to insure I am on the right track before moving forward.

During your scheduled appointment, I ask that you sit or lay comfortably in an area that provides you the least distraction. I will text you when I start and finish your session.

Once I've completed, I will prepare a full report describing my findings, as well as a supporting card for each of the seven main energy centers, which you will receive via email. Please allow up to two hour to receive this report. Once you have reviewed the report, please feel free to ask questions and/or deliver feedback.

## Payment and Refund Policy

Payment must be received prior to your session. Please send payment to paypal.me/SoulAlignedTarot. All sales are final.

