

Launching the Conversation About SEX and SEXual Health

Yes! No! Maybe?

Open up and explore new ways to connect with your partner. Don't be shy; express your desires, boundaries, interests, & sexual needs. Be curious!

YES

MAYBE

NO

- Scheduled sex
- Non-penetrative sex (outercourse)
- Oral Sex Giving
- Oral Sex Receiving
- Sensual massage
- Dry humping (clothed rubbing)
- Reading erotic stories
- Wearing vibrating panties
- Sex in other rooms
- Sex in other locations (car, taxi, outside)
- Foreplay only sex
- Try "69" position
- Different positions
- Dancing to sexy songs
- Act out a sexual fantasy
- Hotel sex
- Blindfolds
- Bathing together
- Caressing
- Compliments
- Cuddling
- Deep breathing together
- Dirty talk
- Dressing up
- Edging
- Eye contact

- Flirting
- Foot massage
- Genital massage
- Hand jobs
- Handcuffs
- Hot wax massage candle
- Internal (G-Spot) stimulation
- Internal (Prostate) stimulation
- Lap dance
- Licking
- Making out
- Mutual masturbation
- Neck kissing
- Nipple play
- Phone sex
- Period sex
- Penis rings
- Post-sex shower together
- Role playing
- Sexting
- Sex games
- Sex toy play
- Sex toy shopping
- Slow sex
- Strip tease
- Wearing lingerie