

2022 Annual Report

LIVINGSTON COUNTY MENTAL HEALTH

BOARD (708)

AND

LIVINGSTON COUNTY BOARD (377)

FOR THE CARE AND TREATMENT OF PERSONS WITH A
DEVELOPMENTAL DISABILITY

310 E. TORRANCE AVENUE
PONTIAC, IL 61764

DECEMBER 1, 2021
TO
NOVEMBER 30, 2022



From the Executive Director

Dear Residents of Livingston County,

As we reflect on this past year 2022, the only constant was change! Whether that's our town, county, state, nation or world, there's been more violence, crime, corruption, false news, incessant social media, homelessness, overdoses, and suicides. All of this affects everyone of us, especially our children and youth!

The Livingston County Mental Health Board has been a constant in Livingston County for over 50 years. We stand accountable to the community while embracing its role as a steward of local taxpayer dollars committed to ensuring levied funds are allocated in a responsible manner on behalf of the community. All funds are used for local citizens and local agencies and programming. Martin Luther King, Jr. once said, "We cannot walk alone." For Livingston County, we walk with the agencies that support people with mental health, developmental disability, and substance use issues. Together, we identify needed services that have no other source of state or federal funding to address the gap in the system that is integral to meet the needs of our citizens.

This 2022 Annual Report outlines each of the two separate Boards with two separate tax levies – the Mental Health Board (708) and the Board for the Care and Treatment of Persons with a Developmental Disability (377) and the agencies and programs that are supported with their funds.

The Livingston County Mental Health Board, in conjunction with the County Board, and the mental health, substance use, and developmental disability providers are committed to work together to sustain our local system of care. Now more than ever, we need to find ways to stay connected to our community. No one should feel alone or without information, support, and the help they need.



Christine Myers, Executive Director
Livingston County Mental Health Board

It is not our differences that divide us. It is our inability to recognize, accept and celebrate those differences.



Operation Snowball

- Operation Snowball is an alcohol and other drug use prevention program that focuses on leadership development to promote youth to lead drug-free lives. The name originates from the idea, if I have a positive impact on you, you can have a positive impact on someone else and the effect "Snowballs" .
- Operation Snowflurry was held on November 5, 2022 at Odell Grade School. They had 21 of the 4th & 5th grade participants and 14 high school student staff members all learning and doing activities to engage in the theme of "Picture This" .
- Operation Snowflake was held on May 14, 2022 at Prairie Central Junior High School with 33 junior high participants and 11 high school volunteer staff members.

In 2022, did you know...

- ◇ There are 28 individuals registered on the Livingston County Premise Alert program. This program allows individuals with special needs to be registered in the VCom 911 system so that responding law or emergency officers have pertinent information to respond to the call in a more effective manner.
- ◇ There were 14 deaths, all over the age of 21 years old, due to drug/alcohol usage. IHR and the Livingston County Health Dept. partnered to provide 19 substance disorder events and distributed 85 doses of Narcan. Our County also conducts a Drug Take Back event each year and in addition, there is the Pill/Drug Disposal Program P2D2 that is available at several locations.
- ◇ Six suicides occurred in Livingston County in 2022, all adults. This figure is one more than last year. IHR responded to 572 crisis contacts. Their phone number 815/844-6109 is answered 24/7. SASS (Screening Assessment Support Services) responded to 110 crises call related to children. This figure was up from 67 in 2021. 56% of adults with mental illness do not receive treatment.
- ◇ Dialing code 988 came to Illinois in 2022. This national three-digit dialing code for the Suicide and Crisis Lifeline is for individuals experiencing a crisis or any other kind of emotional distress. The Lifeline provides information and support to concerned family, friends, and caregivers.
- ◇ At the Livingston County Jail, IHR served 104 detainees with 200 contacts. They also provided 278 individual psychiatric evaluations there too. More than half of all prison and jail inmates have a mental health problem.
- ◇ IHR served 2,848 unduplicated clients. There were 278 individual psychiatric evaluations completed in FY22 (up from 192 in FY 21). For every \$1 invested into scaled up treatment for common mental disorders, there is a return of \$4 in improved health and productivity.
- ◇ Mental Health outreach services were provided at two OSF medical offices by IHR staff serving 169 individuals for a total of 516 hrs. IHR also provided mental health outreach to our six high schools, one junior high school and the Boys & Girls Clubs of Livingston County for a total of 284 youth.
- ◇ A total of 11 individuals were involved with Drug Court at some point during the fiscal year, each in different phases of the program.
- ◇ At the end of FY 22, there were 8 clients on the Vivitrol injections through IHR.
- ◇ Through the Child Advocacy Center, they completed 93 forensic interviews in Livingston County in 2022. They also provided 252 hours of free individual counseling services to child victims of abuse and their non-offending caregivers and 222 hours of criminal justice advocacy. Child Abuse casts a shadow the length of a lifetime.

- ◇ Operation Snowball held 2 events in 2022, Operation Snowflurry with 20 4th-5th graders and 14 high school student staff members and Operation Snowflake with 33 junior high participants and 11 high school volunteer staff members. 1 in 10 youth aged 12 and older, have used an illicit drug such as heroin, cocaine, or marijuana in the past month.
- ◇ During 2022, Project Oz served 67 youth between the ages of 11-17, with 7 of those youth being provided 19 nights of emergency placement. For the Homeless Youth, aged 17-23, Project Oz provided ongoing case management to 11 individuals, with 11 of those individuals needing 68 nights of shelter. Since 2019, Project Oz has been sharing office space with the LCMHB in order to provide these youth services within Livingston County.
- ◇ Safe Journeys provided direct services to 28 survivors of sexual violence and 14 survivors of domestic violence. They provide safe housing, 24-hr. support line, and all of their services are free of charge. In various schools and the community, they provided over 1800 hours of Prevention to Livingston County children/youth. Not all wounds are visible.
- ◇ The Infant Toddler Enrichment Program operated by OSF St. James Medical Center screen 12 children, made 37 referrals for further assessment, provided 39 case management referrals, completed 6 global evaluations, and served 6 children in their playgroup.
- ◇ In 2022, Futures Unlimited provided 207 individuals with disabilities services, whether that was Supported Employment, Employment Services, Community Support, Community Day Services, or Transportation Supports.
- ◇ Adapted & Inclusive Recreation (AIR) presented 163 activities for 184 individuals besides the Special Olympics that were offered. Track & field, basketball (3 teams), and bowling (44 individuals) sports were offered. Two individuals traveled to Florida to compete in the 2022 Special Olympics USA Games in Track & Field events.
- ◇ Mosaic served 46 individuals with developmental disabilities in their group homes, intermittent services, and in Mosaic at Home. IL continues to rely on large congregate care facilities to service people with developmental disabilities, such as our 7 State Operated Developmental Centers, like Fox Center.
- ◇ In 2022 in Livingston County, there were over 250 Drug/Alcohol charges, ranging from Driving under the Influence, possession, manufacturing, or delivery. Also, there were 10 charges of consumption of alcohol by minors, and over 60 charges of domestic battery, physical contact, and harm towards the victims in our County. These are why we support the programs in our County that battle drug/alcohol use disorder, domestic assault, and underage drinking.
- ◇ Livingston County Health Department provided 718 mental health visits in the school-based Health Center at PTHS in 2022.

SAFE JOURNEYS

formerly, ADV & SAS

Safe Journeys is a not-for-profit agency providing free, confidential supportive services to survivors of domestic and sexual violence in Livingston and LaSalle Counties.

Over the past year, they have worked to increase services in Livingston County through increased awareness and collaboration. During this time, we also separated one position into two. We had one staff member who provided counseling & advocacy services. We now have a full-time counselor and a full-time legal advocate in our Pontiac office along with a prevention educator and traveling staff. Finally, we have moved our office to the old IHR offices. This provided more space for staff and services. With all of this, we have seen an increase in the number of Livingston County residents whom we serve.

Services provided to Livingston County residents include a 24-hour support line; safe housing; legal and medical advocacy; supportive counseling; information & referral; case management; and education in schools, for professionals, and for the community in general. All services are free of charge and are provided regardless of the survivor's age or gender.

Percent/ Funding:

In our FY22, funding from the Livingston County 708 Board made up 2.05% of our agency funding.

People Served:

Funding from the Livingston County Mental Health (708) Board allowed us to serve 28 unduplicated domestic violence victims and 14 unduplicated sexual assault survivors from Livingston County from December 2021 through November 2022.

In addition to these clients, staff provided prevention education in schools and other agencies that work with children in Flanagan (Grade School and High School), Forrest (Prairie Central Upper Elementary), Pontiac (High School, Junior High, and Grade Schools), and Odell (St. Paul), and Streator (Woodland Grade School).

People Served from These Towns:

Cornell, Cullom, Dwight, Fairbury, Flanagan, Forrest, Long Point, Odell, Pontiac, and Streator.

Mosaic

Embracing God's call, Mosaic relentlessly pursues opportunities that empower people.

Mosaic is a faith based organization that has been providing supports to people with intellectual disabilities since 1913. Mosaic of Pontiac has provided residential supports to adults with intellectual disabilities in a variety of settings since 1982. Mosaic is committed to providing individualized supports based on the goals and dreams the person and their families have for them. We help people define their own happiness. We support and empower people in the pursuit of their goals. We help people create meaningful lives in caring communities and give voice to issues that affect people's lives.

Mosaic serves 46 individuals. Forty two are served in 24 hour CILA (Community Integrated Living Arrangements) homes across Pontiac and Dwight. We provide intermittent supports to one individual living in his own apartment and currently serve three individuals in the Mosaic At Home program. Mosaic at Home offers the most personalized services by integrating people into their caregivers home, life and community. Mosaic at Home works with Independent Contractors to provide personalized services for their unique needs and goals, achieving better outcomes.

377 Board Funding

Bills are covered for residents that are supported through Mosaic if there is no other funding source. Medicaid will not cover anesthesiology for dental work or extractions. Also, there are few dental/oral surgery providers that will accept Medicaid due to the low reimbursement rates. Summer camps are expensive especially for the individuals as they only receive a small personal allowance each month from their Social Security check.

Dental Bills:	\$5,000.00
Camp, Scholarships, Transportation:	\$3,000.00
Other:	\$3,000.00



Ron, John, Travis, Randy & Mackenzie



Ron



Brandy, Kris, & Gabe



Mackenzie



Michael



INSTITUTE FOR HUMAN RESOURCES

Counseling Services

MENTAL HEALTH

Total Intake Referrals	793
Unduplicated Clients	2848
Crisis Contacts	572
SASS	110
ODARA	9
Psych Rehab	69
Inside Story	6
MRT Group	51
Jail	104
Psychiatric Data	278

SUBSTANCE USE

Assessments	231
DUI Evaluations	58
Risk Education	29
Secretary of State Services	42
Out-Reach/Community Intervention	2690
Crises	42
Federal	1
Drug Screens	318

PREVENTION

Underage Drinking Prevention	346
Youth Vaping Prevention	241
Operation Snowflurry 4th and 5th	20
Operation Snowflurry High	14
Operation Snowflake Junior High	33
Operation Snowflake High	11
Youth Advisory Committee Participants	21

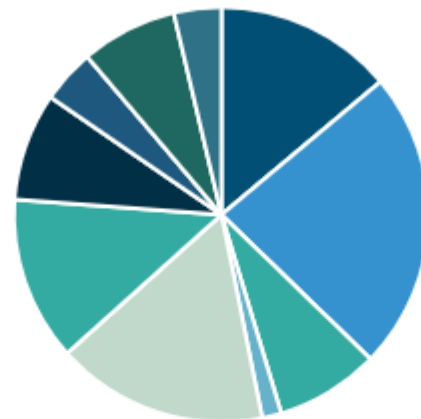
MEDIATION

Parents involved with mediation	65
Joint Sessions Completed	30
Agreements Achieved	22
Non-Agreements	8
Joint Sessions remaining in progress	4

In 2022...

- ◆ IHR Substance Use Department, in collaboration with Livingston County Health Department (LCHD), held 19 Narcan Outreach events.
- ◆ At these events 85 doses of Narcan were distributed.

Percentage of total number of clients served by outreach services



- Flanagan OSF Office
- Fairbury OSF Office
- Prairie Central District
- Prairie Central Junior High
- Pontiac High School
- Prairie Central HS
- Woodland High School
- Dwight High School
- Flanagan High School
- Tri Point High School

The Livingston County Mental Health Board's funding for IHR comprises approximately 24% of their total budget.

Adaptive & Inclusive

Recreation (A.I.R.)



- The A.I.R. Program is back to mostly in-person events. The first quarter of the year was 50/50 on participation in-person to virtual. Thursday in-person activities are offered virtually on Zoom as well as in person.
- The A.I.R. Program was able to offer Special Olympics again, including Track/Field, Bowling, and Basketball. The A.I.R. Program also offered the first Unified sport, Unified Bowling. They had 8 pairs compete and 4 advanced to state competition.
- Track/Field district events were cancelled this year, due to weather. There was a blind draw for the state advancement. Of the 32 A.I.R. athletes signed up, 15 athletes were selected in the blind draw.
- Two athletes went to Florida to compete in USA Games in June 2022.
- Bowling: The A.I.R. Program had 44 athletes sign up, at Districts several ribbons and medals were earned. Gold medalists advanced to Sectionals.
- The A.I.R. Program had 3 basketball teams that started practicing in September, competition started in December. The 3 teams equal 6 coaches, 3 managers, and 28 athletes.



OVERVIEW

- 207 Individuals with disabilities received services at Futures Unlimited
- 377 and 708 funded programs provided services to 144 unduplicated persons, with some involved in more than one program
- 10 different programs and services offered at FUI
- 5 million dollar annual budget; 6% of FY22 budget from 377-708 Boards
- Persons served have a disability or functional limitation including developmental disabilities, mental illness, physical disabilities, Autism, or addictions
- Paid work training is offered through contracts with area businesses
- Work in microbusinesses operated by FUI, including:
 - SeedBallz
 - Deluxe Details Car Detailing
 - Contract Cleaning Services.

SUPPORTED EMPLOYMENT

services provide job coaching and follow-up to help individuals work successfully at community jobs.

- 13 persons worked in the community with Job Coach supports funded by the 377 and 708 Board
- Individuals worked at 16 different businesses; 7 business hired 9 individuals directly; the other 7 individuals worked in the community as part of a contract with FUI
- 11 additional individuals worked in-house at FUI and received job coaching supports
- 677.25 hours of individualized job coaching and 131 hours of transportation supports provided; 1440 hours of in-house supported employment

EMPLOYMENT SERVICES

provides individualized training including classes, paid work training, service facilitation, and supports to assist person to obtain community jobs.

- 77 persons served
 - 10556.75 hours of individualized service (708 funded 6328.25 hours and 377 funded 4228.5 hours of service)
 - 17 persons obtained community jobs
 - 43% of persons served are under age 30
 - 30% of persons served have a felony or misdemeanor conviction
 - 49% of persons served have a mental illness
-

COMMUNITY SUPPORT

provides assistance for individuals to learn and reinforce skills so they can live successfully in their own home or apartment.

- 5 persons served
- 932 hours of individualized service and 20.75 hours of transportation services

COMMUNITY DAY SERVICES

includes classes, volunteer activities, work training, socialization, and community activities for clients with an intellectual disability diagnosis. The 377 Board funded for service overages, when clients have attended more hours than the IL Department of Human Services allowed for monthly billing.

- 58 clients served
- 333.5 hours of services funded



Chris moving shopping carts

Residences of Persons Funded by 377 and 708 Boards	
Pontiac	107
Forrest	2
Cornell	1
Fairbury	8
Cullom	4
Flanagan	3
Dwight	13
Odell	2
Other	4



Nancy making a bed



Roxy rolling Seedballz



2022 Infant Toddler Enrichment Program

The Infant Toddler Enrichment Program is operated by OSF Saint James John W. Albrecht Medical Center.

The program provides children in Livingston County from birth through three years of age the following services; Identification of children at risk of developmental delays, identification and referral of children with developmental delays, developmental education, developmental stimulation and environmental enrichment. The 377 Board funds those infants and toddlers that do not meet the standards of delay, but there is enough concern for the development of the child.

Children Served in Playgroup	6
Children Screened	12
Referrals Made for further Assessment	37
Case Management referrals	39
Global Evaluations completed	6

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Mental health problems don't define who you are. They are something you experience. You walk in the rain and you feel the rain, but you are not the rain.

MATT HAIG

Livingston County Mental Health 377 Board
Income & Expense Summary
Fiscal Year 2022
(unaudited)

Beginning cash balance - December 1, 2021	\$533,415
Income:	
Liv. Co. tax funds	421,704
Interest income	145
	421,850
Expenses:	
<u>Purchase of Service</u>	
Futures Unlimited, Inc.	253,239
O.S.F. - St. James	3,375
Mosaic	12,612
Adapted and Inclusive Recreation	8,500
Service development	5,141
	282,867.24
<u>Board Expenses</u>	
Staff salary & benefits	88,154
Travel & meals	380
Professional dues/expenses	1,140
Contractual services	2,660
Equipment	1,406
Lease/rent	2,470
Commodities/supplies	1,230
Board member expense	190
	97,630
	Total Expenses
	\$380,497
Cash balance - First Financial Bank	
First Checking Fund	29,461
First Money Fund	545,307
	Ending cash balance - November 30, 2022
	\$574,768

Livingston County Mental Health 708 Board
Income & Expense Summary
Fiscal Year 2022
(unaudited)

Beginning cash balance - December 1, 2021 **\$ 1,326,978**

Income:

Liv. Co. tax funds 918,738

Liv. Co. 377 Board admin/fees 96,587

Liv. Co. Youth Commission admin/fees 58,117

RFP - Medicaid 7,356

Interest income 354

Rental income 2,436

Misc. income/donations 354

Total Income: 1,083,941

Expenses:

Purchase of Service

Futures Unlimited, Inc. 146,737

Institute for Human Resources 573,720

Institute for Human Resources - RFP Medicaid 6,473

Safe Journeys 37,774

Operation snowball 5,040

Service development 4,863

Total Purchase of Service 774,607

Board Expenses

Staff salary & benefits 228,610

Travel & meals 776

Professional dues/expenses 2,488

Contractual services 5,380

Equipment 3,350

Lease/rent 6,500

Commodities/supplies 3,276

Board member expense 500

Total Board Expenses 250,879

Total Expenses \$ 1,025,486

Cash balance - First Financial Bank

First Checking Fund **29,931**

First Money Fund **1,355,500**

Payroll Clearing Fund **1**

Ending cash balance - November 30, 2022 **\$ 1,385,432**

Mission Statement

The mission of the Livingston County Mental Health Board is to assure that a comprehensive and coordinated community based system of effective and efficient mental health, developmental disability and substance use services is available and accessible to all the residents of Livingston County in need of such services.

Livingston County Mental Health Board **708 Board Members**

Jack Vietti - President

Edward Legner – Vice President

Rose Smith – Secretary

Debbie Studnicki – Treasurer

Pam Stone

Gary Beier

Lynette Barnett

Livingston County Board for the Care and Treatment **of Persons with a Developmental Disability** **377 Board Members**

Robert McCarty – President

Vicki Day – Vice-President

Chris Johnson – Secretary

708/377 Board Staff

Phone: (Office) 815-844-7708

Christine Myers - Executive Director

Mandy Roberts-Leib - Family Support Specialist (ending May 2022)

Lauren Watts - Family Support Specialist (beginning June 2022)

Amy Zick - 708/377/LCCCY Financial Officer

Meg Gillette - 708/377/LCCCY Office Manager