

Pumpkin

Bulletin of Abbeydale Rotary, District 1220

Service above self

March 2024 No.720



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From President Heather Morris

March 2024 – the start of meteorological Spring and St David's Day - 1st March; start of Spring according to the earth in relation to the sun 21st – 23rd March, the vernal equinox; and notable days and dates in between – Mothering Sunday; St Patrick's Day; special football and other sports matches; most of the forty days of Lent and Easter weekend; spring flowers showing their colours as they press through many a waterlogged garden or parkland, including the crocuses in Millhouses Park – planted to bring attention to the 'End Polio Now' campaign; and dates special to you, the Pumpkin reader.

A late arrangement for a coffee morning hosted by Jane Ward raised funds for the Grace Foodbank at Lowedges. Thanks to all who attended, made donations and provided items for the table top sale. Jane was able to shop for an extensive range of provisions for those in need. (See next page)

I hope too, that you are looking ahead to Rotary events in March and April and beyond, when your presence is requested at the Whirlow Hall Farm Lambing event, 9th and 10th April; Sheffield Young Artists exhibition, 23 – 27 April at the United Reform Church – city centre, and further ahead to the Classic Car and Bike Show at WHFT on 7 July 2024.

Please consider these projects when planning your holidays and if family and friends are visiting you – please bring them along to these events. We would be delighted to welcome them to our regular weekly meetings too.

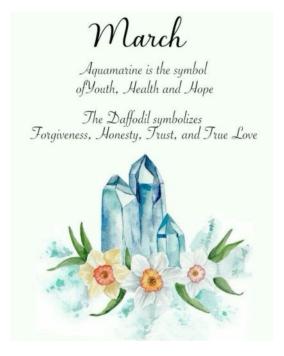
The walk in Millhouses Park to see the crocuses was bravely engaged in by intrepid Rotarians donning serious waterproof clothing to face a real downpour, and will be repeated on Saturday 9 March to bring the attention of park visitors to Abbeydale Rotary, the crocus heart and what it stands for. We hope for improved weather! (See p5)

The visit of several Abbeydale Rotarians to Bochum is now well underway with travel plans and accommodation reserved for early May. We hope you are enjoying the planning as much as you will enjoy your visit. Please plan to talk about your experiences at a lunchtime meeting on your return – lots of photos/videos and 'chat' to share with your fellow Rotarians.

We look forward to having our own packed lunches at the S6 Foodbank, learning from those engaged in food distribution and other support services there, about how and why individuals and families find themselves in need of such services and how they are carried out. Always remembering our own situations and the opportunities we have to offer service above self. (See p.6).

Thanks to all in Abbeydale Rotary who continue to lead the many projects in which we engage in order that we can, for example - improve the environment e.g. clearing weeds from a sensory garden; provide practical items such as towels for Aquabox, electrical equipment for Aspire, medical equipment for those in great need; opportunities for a drive in to Derbyshire and meal at a local pub; admin work so Abbeydale Rotary continues to be well run – the Treasurer, Secretary, Committee Chairs; all who regularly attend meetings enjoying fellowship maintaining friendship links over a good meal.

As we approach Spring in all its forms and the natural world comes back to life, let us continue to do all we can to offer Service above Self in our community and wherever we are needed.



11am
Monday 19th Feburary 2024
at
20 Cavendish Avenue
Dore
S17 3 NJ

Proceeds to
Grace food bank
Lowedges.

£3-00
Table Top Sale.
Any unwanted gifts to sell
would be much apprecia
Abbeydale Rotary welcome
Friend's and Family.
Tel 07772 650162

Jane Ward held a very successful event and raised £360 for our local Grace Foodbank.

In addition to being the full-time carer for her 99 year old mother, Jane volunteers at the foodbank and very involved in supporting several charities, animal both local and international.

Combining the two

worthy causes, Jane spent the money raised at the coffee morning on pet food, which she delivered to the Grace Foodbank.



Well done Jane.

Dore and Totley Station

Chris Morgan, chairman of FoDaTS, (Friends of Dore and Totley Station), gave a wonderful talk at our evening meeting at the end of February, updating us about the situation at the station and the whole of the Hope Valley line.

A second platform has been built and is now connected by a new footbridge and lifts, (see photo). It is all scheduled to be opened on 25th March.

The planter, (made by Phil Haywood), which Abbeydale Rotarians and FoDaTS installed outside the station three years ago is, thankfully, safe but will need relocating, (and some TLC!), when the workmen have finished. No news on the bench which Phil also made.....

N.B. From 'The Star' 12th March: From Sat 16th— Sun 24th March there will be a reduced service on the Hope Valley line.



Ukraine – A service in Sheffield Cathedral to mark the 2nd Anniversary of Russia's invasion. 25th February 2024

This was attended by Abbeydale Rotarians Heather Morris, David Dickenson and Jan Ogden. It was a very moving occasion enhanced by paintings and testimonies from

Testimonies (by Victoria Amelia, May 2923, Eastern Ukraine)

In this strange city only the women testify one tells me about the child that disappeared.

Two talk about people tortured in the basement.

Three say they didn't hear about the rapes and avert their eyes.

Four talk about screams coming from their headquarters.

Five about people shot in their yards.

Six speak, but it doesn't make any sense.

Seven are still counting their food reserves out loud.

Eight say I'm lying and that justice does not exist.

Nine talk amongst themselves on the way to the cemetery.

I'm going there too, for I already know everyone in the city., and all of its dead are my dead, and all the survivors are my sisters.

Ten talk about the man who survived he too was detained by **them,** he can testify about the torturers.

I knock on his door, but his neighbor comes out, she answers for him.

It only seems like he survived - go ahead and talk to the women.

Victoria Amelia, 1 January 1986 – 1 July 2023, was killed by a Russian missile in June 2023 while gathering information on war crimes in recently de – occupied territories.

Rtn David Dickenson (International Committee)



Ольга, 26 років. Дочка військовослужбовця з м. Рівного.

Обличчя нагадує море, яке перетікає з глибини душі. Блакитні мазки створюють відчуття руху, легкості та вільності, що символізує внутрішній світ лівчини

Під час створення цієї картини, я відчувала сильні емоції. Блакитний колір викликав у мене спокій та гармонію, які поєднувалися з почуттями невизначеності та непередбачуваності, які притаманні морю.

Золото символізує надію, прекрасні мрії та світло, яке переповнює життя. Білий втілює чистоту, невинність та свіжість, а рожевий надає тепла, любові та ніжності.

Olga. I'm 26 years old, I'm a daughter of a military serviceman from the city of Rivne.

This face resembles a sea that flows from the depths of the soul. Blue strokes create a feeling of movement, lightness and freedom, which symbolizes the inner world of the girl. During the creation of this picture, I felt strong emotions. The color blue evoked calmness and harmony in me, combined with the feelings of uncertainty and unpredictability inherent in the sea. Gold symbolizes hope, beautiful dreams and the light that fills life. White embodies purity, innocence and freshness, while pink gives warmth, love and tenderness.



Ukrainians.





Photos by Heather Morris

Crocus Walk... The poster below was posted in Millhouses Park to advertise Rotary's involvement with the eradication of Polio. It was hoped that the crocus heart, planted by Abbeydale Rotarians over 10 years ago and replenished two years ago, would be a s glorious as in the photo. Sadly, not so good this year. In addition the walk round the park was a gesture to engage with the general public and showcase Rotary.



Well worth a very short walk - keep right past the entrance to the children's playground. It is near the river just before the skate park.

Enjoy!!

The crocuses were planted over 10 years ago by ABBEYDALE ROTARY to remind folk of Rotary International's effort to eradicate POLIO.

You can also join
Rotarians for a 1 mile
walk round the park on
Sat. 2nd 9th March at
10 o'clock. Meet outside
the café.



Originally planned for Sat 2nd March, the walk was curtailed, as Trev Ward succinctly puts it: '12 Rotarians turned up for the crocus walk for polio. Despite the heavy rain



some of us still did the walk after enjoying a coffee and a chat in the cafe.'



Our second attempt for the walk was on Sat 9th..Although cold and damp, it wasn't raining!

Six Rotarians. 'Friend' а of Millhouses Park and three dogs set off to walk round the park whilst. Alex and Claudia were stationed at crocuses, the chatting to folk as they passed by.





Right: Alex, like the rest of us, very disappointed with the crocuses this year..... NOT so good as most years!

Left: The plaque, which was originally set in the ground near the crocuses, now in a much better position by the path.



Photos by Heather Morris and Pat Jackson

Abbeydale's visit to the S6 Foodbank — 6th March

Whilst tucking into our packed lunches in the café Chris, the Foodbank Manager, talked to us about how the Foodbank works, who uses it and how it is funded. Chris then took us on a tour of the large warehouse.



S6 is different from the other 12 Foodbanks in Sheffield in that where possible it deals direct with major suppliers from around the country and enables other Foodbanks to buy food household supplies much more cheaply. At the moment Chris is exploring getting tomatoes direct from Italy and Spain! Supplies come in bulk on large pallets and are purchased by, then distributed to, the smaller Foodbanks. 70,000 people in Sheffield, Rotherham and Chesterfield are currently using Foodbanks.

In addition S6 still works directly with local families. As well as providing food supplies, there is a café where clients can get free tea/coffee/squash and toast. Families also have access to an advice service which helps folk sort out their debt problems and manage their finances.

An alarming development is the increasing number of families where someone is in full-time employment yet expenses are greater than income. Another interesting fact is that all food distributed is 'in date'. Giving out-of date food Is considered to devalue the receivers.



Most Foodbank users are aged between 30

and 50, though numbers of over 60s are growing. Language is still a barrier, and appropriate food for religious and medical needs are more difficult to supply.



Young Artists...

As you can see from the adjoining poster we are celebrating 20 of running the competition. Well done to Ken Marshall who has masterminded it the whole time and all the many Rotarians who over the years have ensured its success.

This year's exhibition will again be held in the United Reform Church on Norfolk Street, (at the end of Chapel Walk). The exhibition is on Friday and Saturday 26th and 27th April.

Art work is already being collected, registered and judged by Rotarians. Further help will be needed in setting up the exhibition, whilst others will be printing name labels and certificates for all the 1000+ entries.

A real highlight of this year's competition is that a number of students have drawn their favourite

Celebrating 20 Years!



Sheffield Abbeydale Rotary

In 2004, Sheffield Abbeydale Rotary believed that there were opportunities to show the talents of young people in sport and music but art was confined to school walls and 'grandma's kitchen'. It was agreed that an Art Competition/Exhibition for all students in Sheffield, aged 5 – 18 years be introduced. 2024 celebrates the 20th Anniversary of 'Sheffield Young Artists'. SYA recognises that art, sometimes created under very different personal and environmental pressures, can have many additional benefits apart from the talent and creativity exhibited in the end product.

Every year, Sheffield schools submit artwork for the Exhibition, to be held during the last week in April. There are 9 categories covering the age groups, drawing, painting, and mixed media. There is no set theme, giving freedom for the choice of subject.

The Exhibition has also displayed work produced by Special schools, the Cancer Ward at the Sheffield Children's Hospital, The Sheffield Royal Society for the Blind, work created by Orphans in Zimbabwe, and more recently, children from Ukraine. This year, approximately 50 Sheffield schools have registered to submit artwork and it is expected that the Exhibition will display more than last year's 1000 pictures. Each artist is awarded a certificate.

Sheffield Young Artists is reliant on sponsors and is reputed to be the largest, annual young people's art exhibition in the UK.

https://sheffield-abbeydalerotary.co.uk

www.sheffieldyoungartists.org.uk







snooker players and commented on their work. These portraits will be displayed in the Crucible Theatre, with their comments, during the Snooker World Championships which will be held from 20th April to 6th May. As the Crucible is across the road from The United Reform Church we hope to get visitors from the snooker! *Here's one to whet you appetite!.....*

Summer Ellis – Ali Carter

My name is Summer Ellis and this is my tonal pencil portrait of Ali Carter, I am delighted to have been selected as one of the artists to produce a portrait for the World Snooker Championships. I am very proud that Sheffield hosts one of the most prestigious competitions in the world of snooker and I have followed it since a young age, I have fond memories of watching it with my Grandad. My portrait tries to capture the poise and tension of competing on the world stage, I will be supporting Ali Carter in 2024 and hope that he makes it to the final!



Once again Steve Walker is undertaking the



On Sunday 19th May. To support him in this challenge and donate just scan the QR code.....

Good luck Steve!



In preference to joining fellow Rotarians at the Foodbank, on 6th March Mike Jackson chose to go to Windsor Castle to receive his M.B.E.!

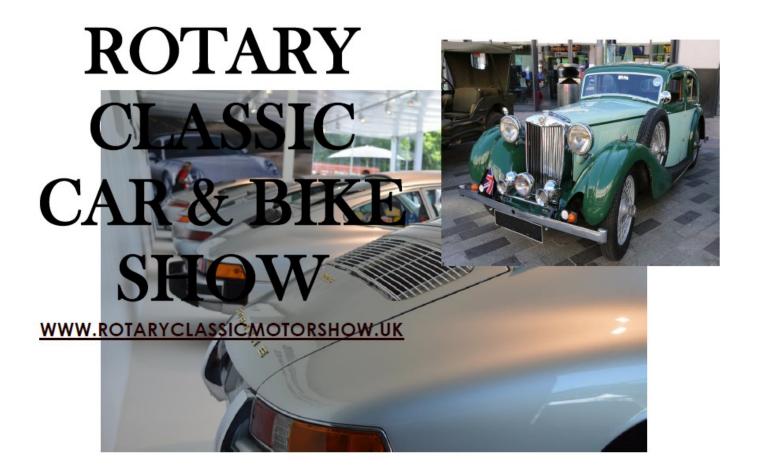
Mike says: "It was a wonderful day and a fabulous experience not just for me, but also my sons John and Christopher and my



daughter Lisa.
Visiting Windsor
Castle was an
experience in itself and Princess



Anne was both gracious and friendly, puttimg me completely at ease whilst we chatted,"



The Classic Car & Bike Show in Sheffield is organised by the Abbeydale and Vulcan Rotary Clubs. We will be raising funds for local charities including the Whirlow Hall Farm Trust and the event is part of the Farm's Summer Fair. The cost of entry includes entrance to the fair www.vulcanrotary.org.uk

www.sheffield-abbeydalerotary.co.uk

Use the QR code for more details and prebooking or Click Here

SUNDAY 7TH JULY 2024



SCAN HERE FOR DETAILS



This date Should be in EVERYONE'S diary by now ... organised by Abbeydale—(Steve Walker) — and Vulcan Rotary.

Flyers available from Steve



It's not too late to volunteer at Whirlow Hall Farm's lambing event..



There's a new chef in the restaurant — and new items on the menu!!





There is also a new Fund Raising Organiser, Maria Watkins.

Maria is asking for volunteers for the next major event **'LAMBING'**

9th & 10th April 10am to 3pm

Maria says:

'Volunteer support is absolutely crucial to the delivery/success of all our fundraising events and I was just looking to see who was available/able to donate their time to help out at the Lambing event. Activities requiring volunteers support are...

- Pay Gates
- Car Parking
- Volunteer Base
- Facepainting (taking payments only)
- Kids Crafts
- Bouncy Castle (Payments)
- Café (selling hot drinks/cakes)
- Tractor Trailer Rides (Taking Payments)
- Whirlow Stall
- Old Hen House Animal Handling (queue management)

(Also as Easter Bunny, David????)

GET INVOLVED! We're always looking for volunteers to join our great team. Current opportunities with: Education Team (DBS required) Vineyard Team Fundraising Events Team Farm Shop Team

And another date for your diary... PLUS the Car Rally in July - details on previous page..





FOR those less physically able, we are still collecting....

1. Unwanted medical equipment

Goura Kudesia is collecting any home medical equipment like thermometers, BP instrument etc. (however old) if no longer in use. Please pass on so it can be donated to a charity working in

remote area of Kenya.

2. Towels

Aquabox are still need new, and good condition used, towels. Alex Ritchie collecting.





3. Foodbanks

Not forgotten!! Many members individually contribute directly, but if not please pass on items to Graham Stevens or Pat

Jackson.

4. Electrical equipment

Heather continues to take items of electrical equipment, including computers, to 'Aspire' for young people to work on.



5. Used stamps Heather continues to col-

Here's another challenge... How many of these can you



I make NO APOLOGY for repeating the pleas for these 'Throw-Away' collectables....

As Rotarians these are on-going service opportunities in which we can continually be involved — however old and absent minded we get!

PLEASE involve friends and family too.

The media are constantly reminding us, and we saw for ourselves at the Foodbank, that there is immense poverty in this country as well as further afield.

PLEASE KEEP COLLECTING

PMJ, Editor

Getting old is no joke — or is it ??



"Inside every OLDer person is a younger person wondering what happened." (Stevie Wonder)

"Old age is like a plane flying through a storm. Once you are aboard, there is nothing you can do about it." (*Golda Meir*)

"The older I get, the more clearly I remember things that never happened." (Mark Twain)

"If you want to know how old a woman is, ask her sister-in-law." (Eva Gabor)

"I'm at that age where my back goes out more than I do." (Phyllis Diller)

"Nice to be here? At my age, it's nice to be anywhere." (George Burns)

"First you forget names, then you forget faces, then you forget to pull your zipper up; then, you forget to pull your zipper down." (Rob Reiner)

"You spend 90 percent of your adult life hoping for a long rest and the last 10 percent trying to convince the Lord that you're actually not THAT tired." (*Princess Grace*)

"Old people shouldn't eat Health foods. They need all the preservatives they can get." (Bob Hope)

"It's like you trade the virility of the body for the agility of the spirit." (Ed Sullivan)

"The years between 55 and 75 are the hardest. You are always being asked to do things, and yet you are not decrepit enough to turn them down." (T.S Elliot)

"At age 20, we worry about what others think of us... at age 40, we don't care what they think of us... at age 60, we discover they haven't been thinking of us at all." (Ann Landers)

"When I was young, I was called a rugged individualist. When I was in my fifties, I was considered eccentric. Here I am doing and saying the same things I did then, and I'm labelled senile." (Milton Berle)

"The important thing to remember is that I'm probably going to forget." (Martin Scorsese)

"We don't grow older, we grow riper." (Pablo Picasso)

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone." (Andy Rooney)

"The older I get, the better I used to be." (Lee Trevino)

"I was thinking about how people seem to read the Bible a lot more as they get older, and then it dawned on me — they're cramming for their final exam." (George Carlin)

"Everything seems to slow down with age, except the time it takes cake and ice cream to reach your hips." (Elizabeth Taylor)

"Grandchildren don't make a man feel old, it's the knowledge that he's married to a grandmother that does." (Norman Vincent Peale)

"When your friends begin to flatter you on how young you look, it's a sure sign you're getting old." (Mark Twain)

"You know you are getting old when everything either dries up or leaks." (Dennis Quaid)

"There's one advantage to being 102, there's no peer pressure." (Adam & Eve)

"There are three stages in man's Life: he believes in Santa Claus, he does not believe in Santa Claus, he is Santa Claus." (Leon Phillips)

"Looking fifty is great — if you're sixty." (Joan Rivers)

"Time may be a great Healer, but it's a lousy Beautician." (Zsa Zsa Gabor)

Japanese scientist have invented a camera with a shutter that operates so fast that it can capture an image of a woman with her mouth shut. If you're a woman, who just got upset, remember, it's a jokell Of course there's no camera that fast.

Husband: "When I get mad at you, you never fight back. How do you control your anger?"

Wife: "I clean the toilet " Husband: "How does that help?" Wife: "I use your toothbrush."

TAKING STEPS TO OVERCOME MY HIKING ADDICTION I'M NOT OUT OF THE WOODS YET

WHEN THE DENTIST MARRIED THE MANICURIST THEY FOUGHT TOOTH AND NAIL!

DESPERATION: When you rear-

More clever stuff from Peter Keen....

range the letters:

A ROPE ENDS IT

PRESBYTERIAN:

When you rearrange the letters:

BEST IN PRAYER

ASTRONOMER:

When you rearrange the letters:

MOON STARER

THE EYES:

When you rearrange

the letters: THEY SEE

Laugh — it's good for you!

This woman goes to her doctor complaining about her husband getting cross and complaining about minor matters.... The doctor makes a suggestion, "Ok, here's what I want you to do: anytime you feel like your husband is about to get cross, I want you to go the kitchen, pour yourself a glass of water, and then take a swig and keep swilling it around your mouth until he looks as if he's calmed down..." The woman, puzzled, says: "I'll give it a try, thank you doctor." Two weeks pass by and she goes back to her doctor and says, "That suggestion of yours worked like a charm doctor; anytime my husband became cross -looking, I just swilled the water around my mouth like you said and he calmed down. How in the world does a glass of water do that?" The doctor replies, "The water itself doesn't do anything, I think you'll find that it's keeping your mouth shut that does the trick."

Don't stress about your eyesight failing as you get older. It's natures way of protecting you from shock as you walk past the mirror.

from Peter Keen....

JAMES BOND

SPORTS GRAY HAIR

IN HIS

LATEST FILM

"NO TIME TO DYE'

MY WIFE TOLD ME

TO PUT KETCHUP ON

THE SHOPPING LIST

NOW I CAN'T.

READ ANYTHING!

More 'Moaners & Groaners

GREAT BAND

EMERGED

A businessman was interviewing for the position of senior manager.

He devised a test for choosing the most suitable candidate, by simply asking each applicant this question, "What is two plus two?"

The first interviewee was a journalist.

His answer was, "Twenty-two".

The second was a social worker.

She said, "I don't know the answer but I'm very glad that we had the opportunity to discuss it."

The third applicant was an engineer.

He pulled out a slide rule and came up with an answer "somewhere between 3.999 and 4.001."

Next came an attorney.

He stated that "in the case of Jenkins vs. the Department of the Treasury, two plus two was proven to be four."

Finally, the businessman interviewed an accountant. When he asked him what two plus two was, the accountant got up from his chair, went over to the door, closed it, came back and sat down.

Leaning across the desk, he said in a low voice, "How much do you want it to be?"

He got the job.





WHEN I WAS A KID, THERE

WERE NO PHONES OR TABLETS.

WE READ CEREAL BOXES AT

BREAKFAST

Club Diary — Lunch and meetings at Abbeydale Sports Club unless specifically stated

	20	12.45	Club Chat inc. Compliance videos	Julia Massey & Heather Morris
	27	9.30—12	Pond tidying in Whirlow Park	Trev Ward
	27	19.15 evening	'I may be gone a while'	Jim Morton
April		13.13 evening	No meeting - Bank Holiday week	Jill Worton
^p'''	10	11.00	Council Meeting	Heather Morris & Julia Massey
	10	12.45	P.A.C.T. (Parents of children with tumours or	•
		_	·	•
	9&1	10	Lambing — Whirlow Hall Farm	Alex Ritchie
	13		District Assembly	Mike Waters
	17	11.30	VocCom Committee	Goura Koudesia
	17	12.45	The dis-United Kingdom — part 2	Alex Ritchie
	24	19.15 evening	The History of the R.N.L.I	Clive Merry
	25	13.00—17.00	Young Artists Preview—United Reformed O	Church Chris Jones
	26 &	. 27	Young Artists Exhibition	Ken Marshall/ Keith Tomlinson
May	1	12.45	Sight Savers — Joint with Inner Wheel	Heather Morris & Lynda Tulley
	2-5		Weekend away to Bochum	Steve Walker
	8	12.45	Club A.G.M.	Heather Morris & Julia Massey
	15	12 noon	Environment Committee	Trev Ward
	15	12.45	District Environment Officer	Philip Wilbourn
	19		Rotary Bike Ride for Prostate Cancer (p8)	Steve Walker
	22	12.45	Report on Club's visit to Bochum	Steve W & Chris Jones
	29	19.45 evening	'Dressing the late Queen Elizabeth II'	Angela Kelly
June	12	12.45	Club Assembly	Mike Waters
	16	2-6pm	Open Garden in aid of P.A.C.T	Mike Jackson & Inner Wheel
	28	19.15 evening	Fund Raising Bingo for S.R.S.B.	Goura Kudesia
July	3	12.45	Hand-over — to be confirmed	
	7		Vintage Car Rally at Whirlow Hall Farm	Steve Walker
Aug	11	Sunday	Lowedges Festival (by the 'Bowshaw' roundabo	ut A61) Julia Massey

Deadline for next Pumpkin: midnight Wed 24th April

FINALLY...H. W. LONGFELLOW wrote

Fellowship Rota

Mar Goura Kudesia
Badrul Islam
Apr Trevor Ward
Kath Williams
May David Dickenson
Mona Malik



N.B. The editor takes NO responsibility for opinions expressed in this publication which are written by and ascribed to another contributor.

Kind hearts are the gardens, Kind words are the roots, Kind thoughts are the flowers, Kind deeds are the fruits.

Take care of your garden And keep out the weeds; Fill it with sunshine, Kind words and kind deeds.

www.abbeydalerotaryclub.org.uk www.sheffieldabbeydale-rotary.co.uk/

www.facebook.com/AbbeydaleRotaryClub

Other useful links www.rotary.org www.rotarygbi.org www.district.rotary1220.org

