

wild NURTURER

WELLNESS ACADEMY

Practical Aromatherapist Lab Kit

INCLUDED IN YOUR TUITION:

(5ml sizes for most oils = approx. 100 drops) Essential oils

1. Eucalyptus *Eucalyptus globulus*
2. Lavender *Lavandula officinalis*
3. Lemon *Citrus limon*
4. Patchouli *Pogostemon cablin, pogostemon patchouly*
5. Sweet Orange *Citrus sinensis*
6. Geranium *Pelargonium x graveolens*
7. Grapefruit *Citrus paradisi*
8. Peppermint *Mentha piperita*
9. Rosemary *Rosmarinus officinalis ct cineole*
10. Black Spruce *Picea mariana*
11. Atlas Cedarwood (required)
12. Clary Sage *Salvia sclarea*
13. Cypress *Cupressus sempervirens*
14. Roman Chamomile *Anthemis nobilis*
15. Rosemary *Rosmarinus officinalis*
16. Tea Tree *Melaleuca alternifolia*
17. Ylang Ylang *Cananga odorata*
18. Marjoram *Origanum majorana*
19. Lemongrass *Cymbopogon flexuosus*
20. Cinnamon Bark *Cinnamomum zeylanicum*

Carrier Oils

- Apricot Kernel *Prunus armeniaca*
- Sunflower Oil
- Olive Oil
- Carrier of choice

Included Supplies

- Qty 10- 5ml Amber Bottle with lid & dropper
- Qty 10- 5-10ml Roller Ball Bottle
- Qty 5 – various sized spray bottles – Amber
- Waterproof Labels
- Small funnels
- Glass stirring sticks
- Pipettes or droppers
- Distilled Water
- Everclear Vodka – 1oz

Not included but Required:

- Water proof pens or sharpies
- Notebook
- Required Book: Aromatherapy a complete Guide to Healing – Keville

https://www.amazon.com/gp/product/1580911897/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1

Recommendations but not required

- Aromatree – book – Salvatore Battaglia
- Essential Oils Safety – Tisserand