

MONDAY

LITTLE NINJAS

29

Coordination

THURSDAY

WEDNSDAY



2

9

16

30

CLOSED

SATURDAY

Women's

Self-Defense

Japanese

Demo

St. Sylvester's

	Coordi	nation	Con	trol	
M	4	5	6	7	8 Little Ninja
A	Bala	ince	Mem	ory	Testing
R	11 Fitn	12 ess	13 Disci	14 pline	15
С	18 Team	19 work		21 CUS Board Breaking	22
	25 SPRI	26 NG BR	EAK C	28 AMP	29 Good Friday CLO

28

TUESDAY

27

Control

M A

R

C

H

Monday & Wednesday 4:00-4:30

Tuesday & Thursday 5:30-6:00

FRIDAY