

TE MAURI AIO.™

MĀTAURANGA

MĀORI

MAURI

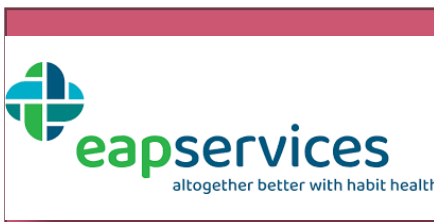
RONGOĀ



HE AHA TE MAURI AIO? What is it?

Indigenous knowledge systems are increasingly valued in addressing present-day problems notably hinengaro and mental health. This process will complement Western mental health therapy with an innovative approach.

SERVICES



SERVICES

EAP APPROVED

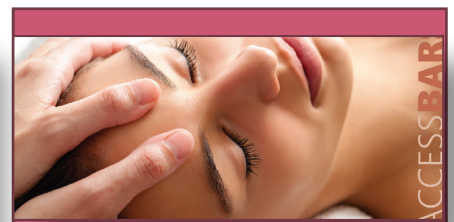
Our organisation offers services associated with the Employee Assistance Programme (EAP).



SERVICES

ACC RONGOĀ

What does that mean? I can provide you with the services approved by ACC



SERVICES

ACCESS BARS

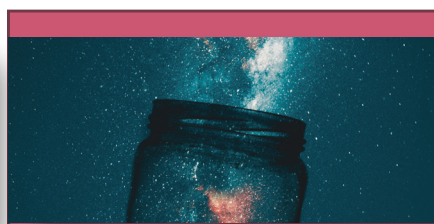
An opportunity for you to let go of everything or how I put it - Ditch Your Shit!



SERVICES

WAIRUA RESET

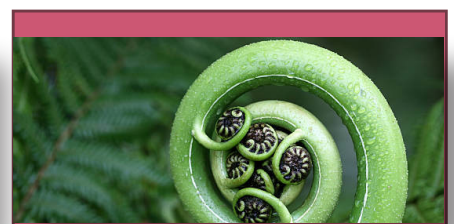
Is reconnecting with traditional beliefs, values, and practices necessary to restore balance and harmony within...



SERVICES

MAURI RESET

A "mauri reset" involves restoring balance within one's emotional energies. It encompasses practices and...



SERVICES

RONGOĀ RAKAU

Maori native plants refer to flora that have been traditionally used for health and wellbeing purposes.

SPECIALIST SERVICES



SPECIALIST SERVICES

TE MAURIAIO

Te Mauri AIO has been kept under wraps, and it remains so now. When you share this technique with the world, you shift people's attitudes.

When it comes to addressing present-day problems, especially mental health and hinengaro.



SPECIALIST SERVICES

WHAKAWAATEA

At its essence, whakawaatea is a highly efficient tool for cleansing and purifying different parts of life. It goes beyond physical cleansing to purify one's spiritual and emotional dimensions.

Whakawaatea releases and shifts stagnant negative energy and emotions, old traumas, or destructive thought patterns,

MAHI Ā WAIRUA

Mahi ā Wairua is a specialised class in Te Mauri AIO that aims to support and empower individuals in their wairua journey.

It acknowledges the existence of wairua and mauri and encompasses various aspects of wairua well-being.

The purpose of Mahi ā Wairua is to settle your thinking, feelings, emotions, and overall functioning in relation to te taha wairua and daily life...

MAHI Ā TINANA

Because your body is always taking in a lot of information, it tends to copy other people's mauri, both positive and negative.

We tend to hold on to everything in our bodies so they get full of unpleasant heaviness and headaches. Mahi ā Tinana is a body process that checks for imbalances, finds problems, and provides ease for whaiora.

RONGOĀ RĀKAU SPECIALISED

Rongoā Rākau Specialised provides a personalised approach to treat physical, emotional, and spiritual concerns. It combines nature's force with Rongoā's therapeutic abilities to promote general health.

Find out more :

www.temauriaio.com/services-1



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