

SEPTEMBER 2021



# OASERVIC NEWS

A Newsletter by Ohio Association for Spiritual, Ethical,  
and Religious Values in Counseling



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## AOCC - Wellness Room

All-Ohio Counselors Conference (AOCC) is approaching quickly and will be held October 27-29, 2021 at the Hyatt Regency Columbus. OASERVIC will again be providing an interactive Wellness Room to all participants of AOCC. Be sure to stop by the OASERVIC table for more information or follow the signs to find the Wellness Room. The Wellness Room is free to all participants so stop by to engage in some self-care during your time at AOCC!

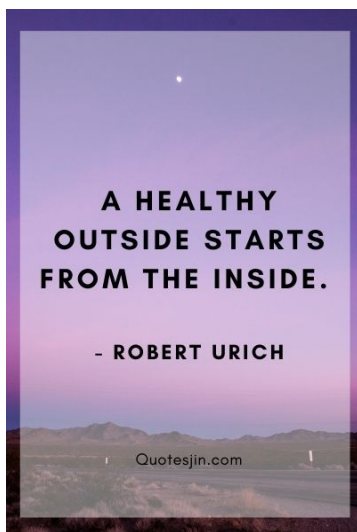


Photo and quote from quotesjin.com

# OASERVIC Info

## 2021-2022 OASERVIC Board

**President** - Ellise Raghavan

**President-Elect** - Stephanie Durham

**Past-president** - Morgan Stohlman

**Secretary** - Autumn Crawford

**Treasurer** - Dominique Burns

**Members-at-Large** - Michael Desposito and Dr. Stephanie Moore

**Ethics and Values Committee** - Morgan Stohlman and Stephanie Durham

**Membership Committee Chair** - Alysha Blagg

**Emerging Leaders Committee Chair** - Mike Desposito

**Media Committee Chair** - Christiana Lander

**Religious and Spiritual Values Committee Chair** - TBD

**Financial Chair** - Dominique Burns

## Mission Statement

Professional Counselors are confronted with events and discoveries that challenge our spiritual, ethical, and religious values. The mission of the Ohio Association for Spiritual, Ethical, & Religious Values in Counseling (OASERVIC) is to provide a forum for informed and thoughtful consideration of these issues and how they affect counselor education, the counseling profession and the client-counselor relationship.

OASERVIC seeks to create an association which empowers and enables the expression, exploration, development, and research involving spiritual, ethical, and religious value dimensions as they relate to the person, to society, and to the profession of counseling.

OASERVIC is one of the largest divisions of the Ohio Counseling Association.

## Helpful OASERVIC Links:

**Website:** <https://oaservic.org>

**Email:** [OhioASERVIC@gmail.com](mailto:OhioASERVIC@gmail.com)

**Facebook:** <https://www.facebook.com/groups/oaservic/>

# Member Spotlight

In order to serve our clients and their spiritual, ethical and religious wellness needs, we know it is important to examine our own needs and practices. This is a new section in our newsletter where we hope to highlight members who are putting into practice OASERVIC's mission. This series will explore how one of our OASERVIC members engages in and experiences spiritual, ethical, and religious values and wellness.

This month's newsletter is spotlighting **Morgan Stohlman**. Below you will read how Morgan practices spiritual, ethical, and religious wellness.

## **How do you practice spiritual wellness?**

M: I try to stay engaged in my spirituality in creative and active ways like volunteering, spending time in nature, and reading texts written by spiritual leaders such as Archbishop Tutu and the Dalai Lama.

## **How do you practice ethical wellness?**

M: Ethics are central to everything we do. I try to keep a list of the Fundamental Principles at the top of my head at all times.

## **As a counselor, how do you support your fellow counselors in committing to spiritual, ethical, and/or religious wellness?**

M: I just try to create community and invite my peers to have open conversations on all three topics. Sometimes we swap book recommendations or just talk about spiritual preferences.

## **In light of ASERVIC competencies (Spiritual and Religious Competencies (aservic.org)) and the ACA ethical mandate for counselors to be competent in religious, spiritual, and ethical areas of counseling, why are you a part of OASERVIC?**

M: I am part of OASERVIC because it keeps me in active pursuit of clinical competence and encourages me to seek out opportunities to build relationships with peers who have similar and differing opinions.

## **Want to share how you practice spiritual, ethical, and religious values/wellness?**

If you are interested in being a part of our Member Spotlight, please contact us at [OhioASERVIC@gmail.com](mailto:OhioASERVIC@gmail.com). We would love to hear and share with other members how you are practicing spiritual, ethical, and religious values and wellness. Once you indicate that you are interested in participating, we will send you a short list of questions (similar to what you see above) for you to answer and email back to us.

# Special News

## Call for Applications: Emerging Leaders Program

OASERVIC is now accepting applications for the OASERVIC Emerging Leaders Program!

The OASERVIC Emerging Leaders Program was designed to provide graduate counseling students and new professionals with experiences that enhance leadership skills, competency development, and diverse opportunities to actively participate in Board meetings; serve on a committee, task force, and/or engage in projects of interest; receive mentorship; build professional networks; and gain exposure to the responsibilities associated with fulfilling elected leadership positions.

If this sounds like something that you would be interested in, please visit the OASERVIC website ([oaservic.org](http://oaservic.org)) for more information and to get a copy of the application! Applications are due at the beginning of October 2021.

## Opportunities to Interact

Please visit the OASERVIC Facebook page ("OASERVIC - The Official Facebook Group for Members and Events") and OASERVIC website ([oaservic.org](http://oaservic.org)) to interact with other professionals about ethics and fundamental principals in the counseling field! We look forward to your interaction and discussion. Also, be on the look out for more information regarding ways to interact with OASERVIC on ethical wellness.