

MMIP REFLECTION MOMENT

ac·count·abil·i·ty / ə-ˌkaun-tə-'bi-lə-tē / n.

1. taking or being assigned responsibility for something that you have done or something you are supposed to do.
2. accepting responsibility.



Now Let it sink in....

Taking or being assigned responsibility for something that you have done or are supposed to do.

PREJUDICE

“The concept of **PREJUDICE** refers to negative often unconscious and preconceived notions about others prejudice arises because of our tendency to prejudge persons or situations for imposing definition an order on the world around us.”

Is there something you need to do? Dissect Prejudice, what is it, has it affected the way you see and treat others, or how others have judged and treated you?

DISCRIMINATION

Where prejudice refers to attitudes and beliefs by contrast **DISCRIMINATION** consists of the process by which these prejudgements are put into practice.

Is there something you need to do? Do you understand what Discrimination actually is, what it feels like when it happens... are you willing to call out discrimination even if it doesn't directly affect you?

STEREOTYPING

“**STEREOTYPES** are generalizations about others, unwarranted an unfounded on the basis of available evidence. Stereotyping reinforces a universal tendency to **reduce a complex phenomenon to simple or simplistic explanations** that are generalized to a whole category without acknowledging individual differences”.

Is there something that you have done or are supposed to do? What about reflecting on the times you observed or participated in Stereotyping.

There is something that each of us needs to do, and should do.

As humans, we have **always** spent too much time analysing and placing labels on others. After all, it's far easier to judge someone else rather than ourselves. **STOP AND THINK ABOUT THAT.** If you are reading this, you have at some point judged another without knowing the full story, basing your assessment purely on assumptions and **IT HAS HAPPENED TO YOU.**

It's time for each of us to look in the mirror and analyse, **honestly and courageously** if there is something we should do or should have done when it comes to eliminating Prejudice, Discrimination and Stereotyping. **It takes Courage to look deep and even more courage to make changes.** But if you do, Women, Girls, Twp Spirit and Gender Diverse People stand a better chance of living in a society where people are willing to **value and celebrate our differences rather than fear them.**

What a wonderful world that would be.