



Sofia's Specials Menu

Salads

Fennel Salad with mixed greens, orange, carrots, cherry tomatoes, raspberries, feta cheese, apple vinegar dressing.

Beet Salad arugula, goat cheese, celery, onions, crispy almonds in red wine vinaigrette.

Mango Salad with arugula, strawberries, dried cranberries in apple vinegar dressing with shaved parmigiano cheese on top.

Cucumber Salad with onions, tomatoes, corn, lemon in lite mayonnaise dressing.

Appetizers

Grilled Octopus arugula, roasted peppers, capers in chives dressing.

Burrata Cheese arugula, grilled asparagus, tomatoes in chives dressing.

Fried Zucchini served with marinara sauce.

Artichoke Hearts Oreganata in a lite lemon sauce.

Mozzarella in Carrozza stuffed with prosciutto served with marinara sauce

Entrees

Grilled Filet Mignon and Shrimp Scampi served with mashed potatoes and broccoli rabe.

Grilled Rack of Lamb with baked sweet potato, asparagus in rosemary sauce.

Snapper Oreganata with shrimp over spaghetti in lemon garlic white wine sauce.

Grilled Ribeye Steak with jumbo lump crab meat in garlic lemon white wine sauce over sauteed broccoli and carrots

Roasted Chicken on the Bone rosemary sauce over mushroom risotto.

Garlic Shrimp with roasted fennel over pappardelle pasta in garlic and oil sauce.

Grilled Salmon over sauteed mushrooms, artichokes, broccoli rabe, sun dried tomatoes with balsamic glaze on top.

Chilean Sea Bass and shrimp in scampi sauce over sauteed broccoli, carrots and roasted potatoes

Lobster and Shrimp Francaise over asparagus corn risotto.

Pan Seared Grouper and Shrimp over rigatoni pasta in lite pesto sauce.

Grilled Skirt Steak with mushrooms, onions, tomatoes, hot sausage with jalapeno peppers served over roasted potatoes, escarole and beans.

Baked Chicken Breast topped with spinach, gorgonzola cheese in a creamy shiitake mushroom sauce over cavatelli pasta.

Rigatoni Caponata eggplant, onions, celery, olives, capers, marinara with burrata on top

Gnocchi Bolognese in a rich meat sauce with ricotta cheese on top.