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|  | · March 2022 · |  |
| ∙ **Sunday** ∙ | ∙ **Monday** ∙ | ∙ **Tuesday** ∙ | ∙ **Wednesday** ∙ | ∙ **Thursday** ∙ | ∙ **Friday** ∙ | ∙ **Saturday** ∙ |
| To Book a family visit please call Recreation Therapy at 902-885-3638 (Mon-Fri) after hours 902-885-3632 |

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| **1** |

 Shrove Tues.10:00 Trivia & Word Games 2:00 Floor Hockey |

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| **2** |

10:00 Keep Fit2:00 Church |

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| **3** |

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| [World Wildlife Day](https://www.goldencarers.com/calendar/world-wildlife-day-activities/196/). |

10:00 Coffee ClubPM Bingo |

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| **4** |

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10:00 Keep Fit2:00 Baking |

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| **5** |

Friendly Visits& Activity Packs |
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| **6** |

Friendly Visits&Activity Packs |

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| **7** |

10:00 Keep Fit2:00 Creative Writing |

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| **8** |

10:00 International Women’s day Activities 2:00 Balloon Badminton |

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| **9** |

10:00 Keep Fit2:00 Church |

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| **10** |

10:00 Coffee ClubPM Bingo |

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| **11** |

Sunshine Cart10:00 Keep Fit2:00 Story Bag |

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| **12** |

Friendly Visits& Activity Packs |
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| **13** |

Friendly Visits& Activity Packs |

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| **14** |

10:00 Keep Fit1:30 Music with Russ |

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| **15** |

10:00 Irish Trivia & Word Games2:00 IndoorGardening |

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| **16** |

10:00 Keep Fit2:00 Church |

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| **17** |

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10:00 Coffee Club[This Photo](https://pngimg.com/download/75462) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/)PM St. Patrick’s Day Bingo/Party |

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| **18** |

Sunshine Cart10:00 Keep Fit2:00 Painting and Relaxation |

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| **19** |

Friendly Visits& Activity Packs |
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| **20** |

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| [Spring](https://www.goldencarers.com/calendar/spring-activities/26/). |

Friendly Visits& Activity Packs |

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| **21** |

10:00 Keep Fit2:00 Spring Craft |

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| **22** |

10:00 World Water Day Activities2:00 Card and Board Games |

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| **23** |

10:00 Keep Fit2:00 Church |

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| **24** |

10:00 Coffee ClubMaxine’s Lunch!PM Bingo |

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| **25** |

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| [Greek Independence Day](https://www.goldencarers.com/calendar/greek-independence-day-activities/56/). |

Sunshine Cart10:00 Keep Fit2:00 Arm Chair Travel |

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| **26** |

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| [Anniversary of Beethoven's Death](https://www.goldencarers.com/calendar/anniversay-of-beethovens-death-activities/159/). |

Friendly Visits& Activity Packs  |
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| **27** |

Friendly Visits& Activity Packs |

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| **28** |

10:00 Keep Fit11:00 Elders Council1:30 Music with Russ |

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| **29** |

10:00 Trivia & Word Games2:00 Floor Hockey |

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| **30** |

10:00 Keep Fit2:00 Church |

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| **31** |

10:00 Coffee ClubPM Bingo | Please refer to whiteboard for any changes and weekend plans(Subject to change re: Public health measures)[This Photo](https://pngimg.com/download/75462) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/) |

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