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|  | · March 2022 · | | | | |  |
| ∙ **Sunday** ∙ | ∙ **Monday** ∙ | ∙ **Tuesday** ∙ | ∙ **Wednesday** ∙ | ∙ **Thursday** ∙ | ∙ **Friday** ∙ | ∙ **Saturday** ∙ |
| To Book a family visit please call Recreation Therapy at 902-885-3638 (Mon-Fri) after hours 902-885-3632 | | |  | | --- | | **1** |   Shrove Tues.  10:00 Trivia & Word Games  2:00 Floor Hockey | |  | | --- | | **2** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **3** |  |  | | --- | | [World Wildlife Day](https://www.goldencarers.com/calendar/world-wildlife-day-activities/196/) . |   10:00 Coffee Club  PM Bingo | |  | | --- | | **4** |  |  | | --- | | . |   10:00 Keep Fit  2:00 Baking | |  | | --- | | **5** |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **6** |   Friendly Visits  &  Activity Packs | |  | | --- | | **7** |   10:00 Keep Fit  2:00 Creative Writing | |  | | --- | | **8** |   10:00 International Women’s day Activities  2:00 Balloon Badminton | |  | | --- | | **9** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **10** |   10:00 Coffee Club  PM Bingo | |  | | --- | | **11** |   Sunshine Cart  10:00 Keep Fit  2:00 Story Bag | |  | | --- | | **12** |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **13** |   Friendly Visits  &  Activity Packs | |  | | --- | | **14** |   10:00 Keep Fit  1:30 Music with Russ | |  | | --- | | **15** |   10:00 Irish Trivia & Word Games  2:00 Indoor  Gardening | |  | | --- | | **16** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **17** |  |  | | --- | | . |   10:00 Coffee Club  [This Photo](https://pngimg.com/download/75462) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/)  PM St. Patrick’s Day Bingo/Party | |  | | --- | | **18** |   Sunshine Cart  10:00 Keep Fit  2:00 Painting and Relaxation | |  | | --- | | **19** |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **20** |  |  | | --- | | [Spring](https://www.goldencarers.com/calendar/spring-activities/26/) . |   Friendly Visits  &  Activity Packs | |  | | --- | | **21** |   10:00 Keep Fit  2:00 Spring Craft | |  | | --- | | **22** |   10:00 World Water Day Activities  2:00 Card and Board Games | |  | | --- | | **23** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **24** |   10:00 Coffee Club  Maxine’s Lunch!  PM Bingo | |  | | --- | | **25** |  |  | | --- | | [Greek Independence Day](https://www.goldencarers.com/calendar/greek-independence-day-activities/56/) . |   Sunshine Cart  10:00 Keep Fit  2:00 Arm Chair Travel | |  | | --- | | **26** |  |  | | --- | | [Anniversary of Beethoven's Death](https://www.goldencarers.com/calendar/anniversay-of-beethovens-death-activities/159/) . |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **27** |   Friendly Visits  &  Activity Packs | |  | | --- | | **28** |   10:00 Keep Fit  11:00 Elders Council  1:30 Music with Russ | |  | | --- | | **29** |   10:00 Trivia & Word Games  2:00 Floor Hockey | |  | | --- | | **30** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **31** |   10:00 Coffee Club  PM Bingo | Please refer to whiteboard for any changes and weekend plans  (Subject to change re: Public health measures)  [This Photo](https://pngimg.com/download/75462) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/) | |

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