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|  | · May 2022 · | | | | |  |
| ∙ **Sunday** ∙ | ∙ **Monday** ∙ | ∙ **Tuesday** ∙ | ∙ **Wednesday** ∙ | ∙ **Thursday** ∙ | ∙ **Friday** ∙ | ∙ **Saturday** ∙ |
| |  | | --- | | **1** |   Friendly Visits  &  Activity Packs | |  | | --- | | **2** |   AM plants  10:00 Keep fit  2:00 | |  | | --- | | **3** |   1:00  2:00 | |  | | --- | | **4** |  |  | | --- | | . |   10:00 Keep Fit  2:00 Church | |  | | --- | | **5** |  |  | | --- | | . |   10:00 Coffee Club  2:00 Bingo | |  | | --- | | **6** |   Sunshine cart  10:00 Keep fit  2:00 | |  | | --- | | **7** |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **8** |   Mother's Day Store, 52% OFF | www.emanagreen.com | |  | | --- | | **9** |  |  | | --- | | . |   AM plants  10:00 Keep fit  2:00 | |  | | --- | | **10** |   1:00  2:00 | |  | | --- | | **11** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **12** |  |  | | --- | | . |   10:00 Coffee Club  2:00 Bingo | |  | | --- | | **13** |   Sunshine cart  10:00 Keep fit  2:00 | |  | | --- | | **14** |  |  | | --- | | . |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **15** |   Friendly Visits  &  Activity Packs | |  | | --- | | **16** |   AM plants  10:00 Keep fit  2:00 | |  | | --- | | **17** |   1:00  2:00 | |  | | --- | | **18** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **19** |   10:00 Coffee Club  2:00 Bingo | |  | | --- | | **20** |   Sunshine cart  10:00 Keep fit  2:00 | |  | | --- | | **21** |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **22** |  |  | | --- | | [Biological Diversity Day](https://www.goldencarers.com/calendar/international-day-for-biological-diversity-activities/91/) . |     Friendly Visits  &  Activity Packs | |  | | --- | | **23** |  |  | | --- | | [World Turtle Day](https://www.goldencarers.com/calendar/world-turtle-day-activities/177/) . |   AM plants  10:00 Keep fit  2:00 | |  | | --- | | **24** |   1:00  2:00 | |  | | --- | | **25** |   10:00 Keep Fit  2:00 Church | |  | | --- | | **26** |   10:00 Coffee Club  2:00 Bingo | |  | | --- | | **27** |   Sunshine cart  10:00 Keep fit  2:00 | |  | | --- | | **28** |  |  | | --- | | . |   Friendly Visits  &  Activity Packs |
| |  | | --- | | **29** |   Friendly Visits  &  Activity Packs | |  | | --- | | **30** |   AM plants  10:00 Keep fit  2:00 | |  | | --- | | **31** |   1:00  2:00 | **To Book a family visit please call Recreation Therapy**  **at 902-885-3638 (Mon-Fri) after hours 902-885-3632**  Please refer to whiteboard for any changes and weekend plans  (Subject to change re: Public health measures) | | | |