****October 2022

 Sunday Monday Tuesday Wednesday Thursday Friday Saturday

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|  | **Happy Birthday****Mary Marshall Oct 12, 2022** |  | Why Leaves Really Fall Off Trees : Krulwich Wonders... : NPR |  | 10 Gluten-Free Ways to Enjoy Pumpkin This Fall | Pumpkin, Pumpkin images,  Pumpkin clipart | **1**MC900439367[1]1pm Trip to Heritage Village for Forestry Event |
| **2** | **3** 10am Thanksgiving day craft2pm Thanksgiving day craft | **4** 10am Creative Writing1:30pm Thanksgiving Day Craft | **5** 10am Keep Fit program2pm Church | **6** 10am Coffee ClubBingo Balls stock vector. Illustration of elderly, retro - 178462162pm  | **7** 10am Keep Fit program 1:30pm Floor Hockey | **8** |
| **9** | **10** 10,212 Thanksgiving Tradition Illustrations &amp; Clip Art - iStock | **11** 10am Jeopardy1pm Scenic DriveMC900439367[1] | **12** 10am Keep Fit program 2pm Church | **13** Tim Horton’s MorningBingo Balls stock vector. Illustration of elderly, retro - 17846216 2pm  | **14** 10am Keep Fit program 1:30pm Activity to announced | **15** |
| **16** | **17**10am Keep Fit program 2pm Boccia Ball | **18** 10am Trivia6pm Movie night with Mike Coady | **19** 10am Keep Fit program 2pm Church | **20** 10am Coffee ClubBingo Balls stock vector. Illustration of elderly, retro - 178462162pm  | MC900439367[1]**21** 10am Keep Fit program 1pm Scenic Drive | **22**Halloween Movie Night6pmCommunity Movie Night – Calgary Glenmore Temple |
| **23****30** 2pm Chair Yoga | **24** 10am Keep Fit 2pm Halloween Craft**31** 10am Elders Council2pm Halloween Party (Russ) | **25** 2pm Pumpkin Bowling10 Gluten-Free Ways to Enjoy Pumpkin This Fall | Pumpkin, Pumpkin images,  Pumpkin clipart | **26** 10am Keep Fit program 2pm Church | **27** 10:30am Let’s get our Halloween Treats ReadyBingo Balls stock vector. Illustration of elderly, retro - 178462162pm  | **28** 10am Keep Fit program MC900410575[1]2pm Pumpkin People   | **29** |