

Come Join in the Fun as Our Summer Outdoor Events continue!

The August Event will take place on Thursday, August 17th, 2023 At 10:00 am, As we visit Dr. Bee's Honeyland 'Where Nature meets Science' 17617 Ford Detour Road, Pitt Meadows,



Probus Club of Maple Ridge President's Message



Please Join Us at: Dr. Bee's Honeyland, Where Nature Meets Science! Thursday, August 17th, 2023

Sam Lewindon, President

Our Summer Outdoor Events are fully underway, and not to be outdone, some of the Special Interest Groups are also taking advantage of the great weather to get outdoors and celebrate! The Discussion Group held a very successful 'Potluck' gathering at Al Kozak's property— did I hear you say, "food for thought"? The Computer Group also conducted a session at the Learning Lab of the London Drugs Valley Fair location.

We are now preparing for our August 17th Outdoor Event - a visit to an exciting honey farm. The **Dr. Bee Honeyland** facility in Pitt Meadows started with just 16 hives and has now grown to a 173 acre operation, with thousands of hives. At the 2019 International Apicultural Congress, 'Apimondia', this honey won a world beekeeping award, placing it among the finest honeys in the world. There is an entry fee of \$9.50 per person for the conducted tour of the Honeyland facilities, and **Noelleen** is collecting the fee and keeping the list of those interested in attending. More details will be forthcoming but make sure you get your name on the list early as space is limited.

Our Annual "Picnic in the Park' was a great success - thanks to Renate and Aline for picking the perfect spot for our July 20th outing. We had 26 members turn out and the weather was just right too. A nice breeze from the river kept the temperature comfortable, and it was so nice to see everyone having such a good time. (See photos on page 6).

Many of the important news items we forward to our members come from the Seniors Network of Maple Ridge/Pitt Meadows, who's mission is to strengthen the health and well-being of older adults in our communities by advocating for improvements in: seniors' transportation options, seniors' affordable housing, health care, home support programs, mental health and dementia supports and more. Their free newsletter is a good source of important information, contact https://www.seniors-network.ca

August Is The Border Between Summer And Autumn. It Is The Most Beautiful Month I Know – Tove Jansson





An Adventure in the Kitchen

By Sandie Banni

I managed to finally pipe almost 2 dozen confetti cupcakes for my Granddaughters 21st birthday. I watched multiple YouTube videos on how to make the roses etc. and it looked really simple and easy.

Unfortunately, no-one on YouTube had any disasters, all appeared to be filmed smoothly and without effort. What they failed to omit was advice and warnings that the top can come off the bottle when you are shaking a "NEW" bottle of orange sprinkles which in my case were tiny round orange pellets that landed all over my kitchen or should I say "flew". (Note NONE left for the cupcakes.) Also, no-one on YouTube tells you how much it hurts when you accidentally walk on some of them when they are all over the floor and stuck in the groves between the tiles.

Also not pointed out in the YouTube videos is the fact that you need three times the amount of buttercream you expect to use as it doesn't go very far, especially on the roses. On You Tube the video shows multiple bags of various shades of icing with all the different piping nozzles neatly attached and of course that never happened in my case. (Multiple trips to the basement to look for different nozzles)! Also not mentioned was the fact that it really isn't the best idea to work with buttercream in 31C temps because it begins to melt with the heat of your hand as you pipe and that the rose petals won't hold up if the buttercream is too warm.

In the YouTube video the girls' kitchens were spotless not the disaster mine ended up being, and of course they forgot to show you storage options or advise you about the fact that when iced cupcakes have flowers on them that they are taller and consequently the lid of most storage containers is level and thus not suitable. In my case, an hour hunt managed to find 2 containers that would squeeze into my packed fridge and be high enough not to squash the cupcakes because ALL of them had to be in the fridge.

I would do them again but NOT in 31C weather. I ended up dragging myself into bed at midnight too exhausted to even care whether anyone ate them or not !!!! (Photos show only some of them).





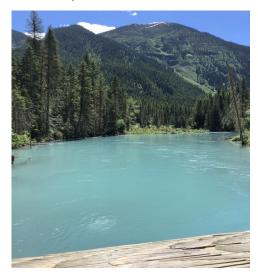
Through the Lens

Curated by Rick O'Doherty

Lakes, Rivers, Waterfalls



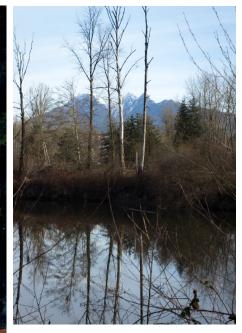
Jerry Sulina Park by Sam



Blue Lake by Michaela



Cascade Falls by Simon



Kanaka Creek by Sam





Cultus Lake by Simon



North Alouette River by Sam

The Lowly Recorder.

By Josine Eikelenboom

Did you play the recorder in Elementary School? That little plastic flute with the shrill high tone?

Who would want to play that miserable instrument once you grow up? Well, the recorder once was an essential instrument in musical ensembles, from solo to duets, trio's, quartets and orchestras. Especially in the Renaissance and Baroque time, roughly 15th to 18th century. After that, it became a forgotten instrument, till the 1960's when there was a revival in the interest of this musical period. Since then, numerous contemporary composers have used the recorder as well. And it is not only the little soprano recorders that are played, but a range of sizes, from alto, tenor, bass, C-base and even instruments that are taller than the average person. Of course, the lower the voice, the taller the instrument. And plastic? Good for practicing maybe but musicians will have recorders in ebony, European boxwood, palisander. The density and grain of the wood defines the intensity of the tone.

It was just an co-incidence that I became interested in this instrument. On a social evening of the Maple Ridge Choral Society, way back in the 1990's, a trio of recorder players had a little performance, and somehow, I was thinking: so nice to play in a group, instead of the solo piano, I could easily pick that up! And so I did, but "easy" it wasn't: the further you go, the more possibilities, and the harder to play. Controlling of the breath, nimble fingers, mastering all the sizes from soprano to bass, and in general understanding the nuances of the music, it's a field that asks for constant study. So that is what I still do. I take lessons, go to workshops and play in an ensemble weekly. I study every day and I would not want to miss that routine; it has become part of my life. I learn every day and keep my brain working.

One of the members of my ensemble, in her early marriage, was stationed on Bull Island, north of Vancouver Island, where her husband had to take care of the radio station. There were 7 families living on the tiny island. Every week a boat came by for foraging. What do you do all day in such isolation? My friend had brought a bunch of cheap recorders and a pile of simple music, and engaged the island residents into making music together. It was a great success and kept people from drinking away their boredom, so she claimed. My group started playing together close to 30 years ago and by now we are all in our 80s. Some are not quite keeping up anymore but we still get much musical satisfaction and we are, and remain, old friends.

Summer Activities

Member Happenings

Discussion Group's 'Potluck' Gathering



Annual "Picnic in the Park" July 20th













shared by womenafter50.com

What do we learn from cow, buffaloes & elephants?



It's impossible to reduce weight by eating green grass and salads and walking

Messages, Notices and Information

<u>Wanted:</u>

Stories for:

Memory Lane:

Contact Josine at: eikelenboom@telus.net

Photos for: Through the Lens Contact Rick at: micricgoingplaces@gmail.com

<u>Probus in-person 'Coffee Morning'</u> *First Wednesday of the month, at 10am Next meeting: August 2nd*



Invites us to visit the amazing HONEYLAND!

One of Canada's leading producers of bee products, on Thursday, August 17th at 10am

17617 Ford Detour Road, Pitt Meadows

Origin of the Phrase:

BARGE IN:

Definition: To be Pushy.

Heavy freight was moved along major rivers in large barges pushed by steamboats. These were hard to control and would sometimes swing into piers or other boats. People would say they "barged in".

Special Interest Groups

Book Club: Convenor, Carla Reed Meets 1:30pm, second Tuesday, monthly Bridge: Convenor: Kathleen Spiess Meets, 1:30pm First & third Monday, monthly Camping: Convenor: Michaela O'Doherty Computer/Photography:

Convenor: Simon Modera: Meets, I0am, fourth Wednesday, monthly. Crafts: Convenor, Michaela Meets, 1pm second Wednesday, monthly **Dining:** Convenors: Marie Slessor/Carla Reed Meets 6pm second Thursdays, monthly Dine Away: Convenor, Michaela Meets 6pm third Tuesdays, monthly **Discussion:** Convenor, Theo Rathonyi Reusz Meets, 10am first Thursday monthly Lunch: Convenor. Aline Drew Meets, noon last Thursday, monthly Table Tennis: Convenor; Michael Buckingham Meets, Tuesday and Friday mornings, weekly Walking: Convenor, Renate Meets 9am Tuesdays, weekly Wine Club: Convenor: Sam Lewindon Meets, 5pm last Friday, monthly Word Weavers: Convenor, Tracey Lewindon Meets, 2pm second Monday, monthly

"Groaner" of the Month:

What lies at the bottom of the ocean and twitches? A nervous wreck.

Probus Club of Maple Ridge



Management Committee Members

For the period February 16, 2023 to February 15, 2024

	<u>leen Modera</u> 1 Reed Bob G e Hodgins K	<u>Grist</u> Cathleen Spies	
	a <mark>ael Buckingha</mark> ge & Jean Cry	am Dick Drew /sler	
Member at Large The	e Rathonyi Reu ie Freebairn		

LINK TO OUR PROBUS WEBSITE https://www.probusclubofmapleridge.org

LINK TO THE PROBUS CANADA WEBSITE

https://www.probus.org

LINK TO THE PROBUS GLOBAL WEBSITE

https://www.probusglobal.org