



Happy New Year!

Our next Probud General Meeting

Will take place on Thursday,

January 18th, 2024

At 10:00 am,

via Zoom.

The Invitation & Link will be sent a day or two before the meeting, by email.

PLEASE NOTE!

Our invited speaker is;

Tanya Lyn Werk

Topic:

Executorship



Probus Club of Maple Ridge

President's Message and Program



Sam Lewindon, President



Probus Meeting, Program

January 18th , 2024

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|-------|-------------------------------|
| 9:40 | Sign -in |
| 10:00 | Welcome |
| 10:05 | Introduction of Guest Speaker |
| 10:10 | Guest Speaker |
| 10:40 | Q & A |
| 10:55 | Thank you |
| 11:00 | Club speaker |
| 11:20 | Club business |
| 11:45 | Meeting closes |

A Time for Resolutions?

Now that our successful year of 2023 activities has drawn to an end, we focus forward!

Start the New Year off right!

Apart from the Resolution to spend more time at the GYM, have you considered a resolution to stand for one of the exciting volunteer activities of our growing club? The Management Committee is looking for a Vice President—and some other exciting positions need to be filled too. Some of our committees are also looking for help. The 'Golden Moment' can be yours at our **February 15th AGM?** If you are not sure how to do that, just attend the Coffee Morning on January 3rd and we'll be pleased to show you how easy it is to volunteer. Any organization is only as good as it's members' enthusiasm - would you care to show yours?

A Friendly Reminder that your Membership fees for 2024 are due now! We are pleased to say, that despite rising costs in many areas of our daily life, your membership dues for this year are still **\$40!** Please forward this amount to Noelleen, (noel.modera@gmail.com) to keep your membership current and to benefit from our exciting activities this year - and what an **Exciting** year it is going to be!

I Love Beginnings. If I Were In Charge Of Calendars, Every Day Would Be January 1—Jerry Spinelli



Introducing our Guest Speaker:

Prepared by Michael Buckingham



TANYA LYN WERK

CPCA, EPC, RRC SENIOR CONSULTANT Estate Growth, Protection & Transition

Tanya Lyn Werk has been a Financial Planner, focused on Estates, for more than 20 years. She also regularly leads workshops for many groups across the Province of BC, including Fraser Health Authority, BC Government Employees, BC Teachers and many, many more.

“TL” has multiple designations within our Financial Industry, a Diploma in Legal Studies and has a straightforward ability to speak to the issues of today’s adults.

She is a wife, a mother of two and a grandmother of ten!

She was born in North Vancouver and currently, lives in Brookwood.

K.C . Irving

By Dick Drew

Irving Oil Company was rocked last October when Arthur Irving resigned as Chair and Grand daughter Sarah resigned as President. It caused me to reflect on my meeting with company Founder K.C. Irving in 1989.

I had been booked by the Miramichi Regional Development people to travel to New Castle, New Brunswick [now Miramichi] to present K.C. Irving with an Achievers Award. They had planned a gala event in the city arena. Turned out it was packed.

While travelling to New Brunswick I wondered what it would be like to meet the man who had achieved so much in his lifetime. What would I say to a man who had become almost larger than life.

According to Forbes magazine he was then one of the worlds fourteen richest men.

It all started for him in 1924 when at age 25 he built his own garage and service station in his hometown of Buctouche N.B. He began importing gas and oil from the U.S. He went up against the giants and became one himself. By 1989 there were thousands of Irving gas stations throughout Eastern Canada and Eastern U.S. and refineries, radio stations, television stations, newspapers, retail stores, You name it, he had it or was in the process of acquiring it.

When I met him at age 90, his handshake was as firm and strong as the will and determination that brought him his success.

In presenting his Achiever Award, I quoted Dr. Frankel who wrote in his book *“The Doctor and the Soul”*; *“happiness is doing, doing is achieving”* if Dr. Frankel is correct , and I believe he is, then you must be one of the happiest men alive “

While driving into town looking for directions I phoned the radio station, spoke with manager Bob Henry, told him I was in a phone booth near an Irving gas station (this was pre cell phone days) . He laughed and said *“Dick, when you are in New Brunswick you are always near an Irving gas station”*

I told that story during the presentation. Mister Irving and the audience laughed. Sadly, he died a short while later. Today I wonder, had he lived, how he would react to his son and grand daughter being removed from the company he built.

Buctouch Mayor Leblanc, Aline & Dick Drew, at the KC Irvine statue in his hometown of Buctouch NB.



Aging and Nostalgia

By Mary Wilson

Homesickness was identified in 1688 by the Swiss medical student Johannes Hofer, who named it nostalgia from the Greek *nostos*, meaning homecoming, and *algos*, meaning an ache, pain, grief and distress. It was the disease of soldiers, sailors, convicts and slaves. The only effective treatment was to send the afflicted person back to wherever they belonged.

There is always nostalgia associated with ageing, because there can be no possibility of a return to an irrecoverable youth. It is also a kind of homesickness, and how badly those afflicted suffer seems to depend on how they manage their relationships today, as well as with the past. Sometimes the loss of youth comes with a jolt of emotion that feels like a bereavement. We need to learn how to navigate our relationship with time, and on reaching a calm acceptance of the distance travelled.

Another source of grief is when a person is the last one standing - with the loss of friends and family. None of us can avoid the so-called "Age of Grief", but we can deal with it. Currently, we are all still young enough to be members of PROBUS, so obviously we are taking advantage of sharing friendships with others with the same dilemma. It is one way of dealing. Another is getting involved in club activities and its committees, and avoiding the "I've been there and done that" attitude. We've heard it often!

It may be true, but the secret of coping with age is to continue to push the boundaries, to continue to contribute and to move out of one's comfort zone. Try something new, but keep up with the old. Make new friends. While you do that, you are alive and managing the onset of age, well!

*Courtesy of **Probus Global**, December 2023*

Photo Art & Art Photos



Photo Art -Angels & Flower Fairies *by Bruce*



Photo Art—Laycock's Bakery *by Simon*



Charcoal Sketch *by Georges Seurat*



Sunflowers & Loch Ness - in watercolour, *by Sam*

Art Photos



Photo Art - Replaced sky *by Simon*



Art Photo - The Land of two Rivers *by Anselm Keifer*

Scenes of Joy at the Christmas Dinner!



Our Christmas Dinner was well attended, as 34 members joined together to celebrate the end of another successful year of Probus activities.

Sincere thanks goes to Aline, Marie and Renate for the organizing and 'Festive Preparations' that made this event memorable.

An evening of good food and good company was what was needed—and that was exactly what happened!



Samta 'checking his list'!

A Buffet with many mouth watering favourites, like, a Roast Beef carvery, Poached Salmon, Chicken in Cream Sauce, pasta and salads galore, was able to satisfy the various appetites. With Tapas to start and sweet treats to finish, the smiles in the accompanying pictures tell it all!

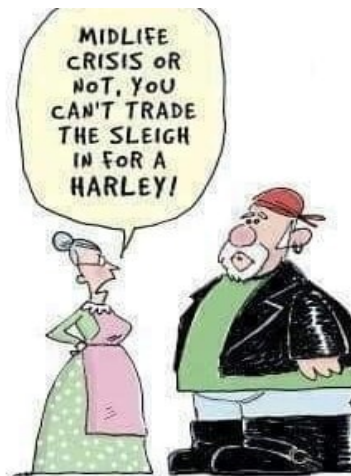
Two Christmas-themed quizzes rounded out the evening's festivities, and the gathering stayed socializing beyond the planned time.

"A Good Time Was had By All"!

Monthly Mirth



"I don't want to worry you, but the guy who delivered the pizza was your financial planner."



—Where are u?
—I'm at the gym
—Send pic



IN ORDER TO MAKE AN APPOINTMENT, HE FIRST HAD TO UPDATE HIS OPERATING SYSTEM, DOWNLOAD AN APP, GET A USERNAME, CHOOSE A PASSWORD, LOG IN TO A HEALTH PORTAL, NAVIGATE TO MESSAGES AND WRITE HIS DOCTOR...BY THEN IT WAS TOO LATE.



Messages, Notices and Information

Wanted:

Stories for:

Memory Lane:

Contact Josine at: eikelenboom@telus.net

Photos for: **Through the Lens**

Contact Rick at: micricgoingplaces@gmail.com

Probus in-person 'Coffee Morning'

First Wednesday of the month, at 10am

Next meeting: *January 3rd*

Notice of Annual General Meeting

The AGM for our Probus Club will be held at the

Meadow Gardens Golf Club

February 15th 2024 at 10am

With sign-in at **9:45** when Coffee will be served!

Origin of the Phrase:

Big Wig

Meaning: An important person, in a particular sphere.

Origin: Back in the 18th century, the most important political figures would wear the biggest wigs, hence today influential people are called big wigs.

Special Interest Groups

Book Club: *Convenor, Carla Reed*

Meets 1:30pm, second Tuesday, monthly

Bridge: *Convenor: Tom Halewood*

Meets, 1:30pm First & third Monday, monthly

Camping: *Convenor: Michaela O'Doherty*

Computer/Photography:

Convenor: Simon Modera:

Meets, 10am, fourth Wednesday, monthly.

Crafts: *Convenor, Michaela*

Meets, 1pm second Wednesday, monthly

Dining: *Convenor: Marie Slessor*

Meets 6pm second Thursdays, monthly

Dine Away: *Convenor, Michaela*

Meets 6pm third Tuesdays, monthly

Discussion: *Convenor, Theo Rathonyi Reusz*

Meets, 10am first Thursday monthly

Lunch: *Convenor. Aline Drew*

Meets, noon last Thursday, monthly

Scotch Sippers: *Convenor, Jim Tarasuk*

Meets, October and February, yearly

Table Tennis: *Convenor; Michael Buckingham*

Meets, Tuesday and Friday mornings, weekly

Walking: *Convenor, Renate*

Meets 9am Tuesdays, weekly

Wine Club: *Convenor: Sam Lewindon*

Meets, 5pm last Friday, monthly

Word Weavers: *Convenor, Tracey Lewindon*

Meets, 2pm second Monday, monthly

"Groaner" of the Month:

The midget fortune-teller who escaped from prison was a small medium at large.

Probus Club of Maple Ridge



Management Committee Members

For the period February 16, 2023 to February 15, 2024

| | |
|----------------------------------|--|
| <u>President</u> | <u>Sam Lewindon</u> |
| <u>Past President</u> | <u>Skip Johnson</u> |
| <u>Vice President</u> | <u>Simon Modera</u> |
| <u>Secretary</u> | <u>Marie Slessor</u> |
| <u>Recording Secretary</u> | <u>Chris Frandsen</u> |
| <u>Treasurer</u> | <u>Noelleen Modera</u> |
| <u>Historian & Archivist</u> | <u>Carla Reed</u> <u>Bob Grist</u> |
| <u>Membership</u> | <u>Kathleen Spies</u> |
| <u>Speakers</u> | <u>Michael Buckingham</u> <u>Dick Drew</u> |
| <u>Communications</u> | <u>George & Jean Crysler</u> |
| <u>Member at Large</u> | <u>Theo Rathonyi Reusz</u> |
| <u>Member at Large</u> | <u>Laurie Freebairn</u> |

LINK TO OUR PROBUS WEBSITE

<https://www.probusclubofmapleridge.org>

LINK TO THE PROBUS CANADA WEBSITE

<https://www.probus.org>

LINK TO THE PROBUS GLOBAL WEBSITE

<https://www.probusglobal.org>