



**Our next Probus General Meeting**  
**Will take place on**  
**Thursday,**  
**September 21st, 2023 at 10:00 am,**  
**At Meadow Gardens Golf Club**  
**This is an “In-Person” meeting.**

**PLEASE NOTE!**

**Our invited speaker is;**

**Tracey Lewindon**

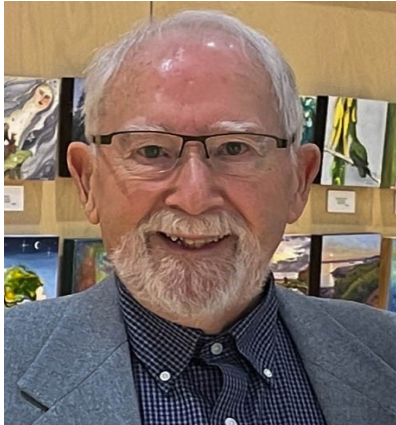
**Topic:**

**‘The Secret of Scent’**



# Probus Club of Maple Ridge

## President's Message and Program



Sam Lewindon, President

### Welcoming Our Fall Activities!

### Probus Meeting, Program

September 21st, 2023

9:40	Sign-in, social time
10:00	Welcome
10:05	Introduction of Guest Speaker
10:10	Guest Speaker
10:40	Q & A
10:55	Thank you
11:00	Social Break
11:20	Club speaker
11:30	Club business
12:00	Meeting closes

Our Summer Outdoor Events were a great success, despite the heat wave, with attendance levels surpassing those of last year - which we appreciate, as the volunteers who put on these activities like to see a good turnout! Thanks again to Renate, Aline, Marie and Noelleen for their excellent work in organizing these events!

Our September General Meeting is to be held on the 21st, at 10am, at the **Meadow Gardens Golf Club**, in the same meeting space as our February AGM. Please note that this General Meeting's program timing has a slight change to the regular meetings to allow for some social time. As mentioned at the last General Meeting, we plan to hold two 'in-Person' meetings a year, this one is more of a "Home Coming" event to welcome back those who have been out of town during the summer months. This meeting, with a Guest Speaker, refreshments, and a chance to get caught up on all the latest news, is the lead-in to our Fall activities and the new series of Special Interest Group activities. We have a wonderful array of groups to get involved with, so feel free to explore your options, or suggest a new one, after all, we are a social club!

Our membership continued to grow over the summer, and we now have 71 members enjoying the fellowship and fun that we offer. This would now be a great time to take on a role of support for your fellow members by volunteering to assist in an event, coordinate a SIG or fill a position on our Management Committee, we are always looking out for new energy and fresh ideas!

*There Is A Clarity About September – Faith Baldwin*



# Introducing our Guest Speaker:

Prepared by Michael Buckingham

## Tracey Lewindon

Tracey Lewindon is a Registered Aromatherapist who supports self-awareness and self-healing through the magic of aromatic plants. She is passionate about helping people discover the power of scent as a healing ally, and to use aromatics safely and sustainably.



In her work, Tracey blends her professional Aromatherapy training with the principles of nature-based spirituality. This gives a unique view on Aromatherapy for health and wellbeing from the perspective of Spiritual wellbeing as the foundation of wellness.

Her approach to working with plants as healing allies stems from her lifelong love of plants, her professional Aromatherapy training, and her nature-based spiritual study and practice.

In her practice, Tracey specializes in custom blending for her clients. Her joy is creating “sacred scent stories” to support clients in all aspects of their wellbeing—physical, mental, emotional, and spiritual.

Tracey is based in Maple Ridge, and when she’s not creating, you can find her in the garden or chasing her puppy.

More about Tracey and her work can be found online at [www.naturesheart.ca](http://www.naturesheart.ca)

### What a Small World!

By Sam Lewindon

In the 1980's we lived in North Vancouver and spent our summer holidays - usually in August, camping in our tent trailer. Our next-door neighbours, the McDonald family, who also had three children and who also attended the same High School as our three, usually vacationed staying in motels. However, for this year, they had rented a Lionel Tent Trailer and were to try camping for a change. Neither we, nor our neighbours, had discussed destinations for our annual vacations but were going to be away for the same three weeks in August.

For this particular year's vacation, we had traded our tent trailer for a 21-foot Terry Trailer to better accommodate our teenaged family, and were keen to try it out by camping along the west coasts of Washington, Oregon and California. The new trailer was really well appointed and roomy, and had a bathroom with shower, a well-equipped kitchen with stove top burners and an oven, a good-sized fridge/freezer, and a furnace - such camping luxury! Our large station wagon had been equipped with an equalizer hitch and air shocks and electric braking to provide a safe and comfortable towing experience. To add to the vacation luxury, we had also purchased a 3-person inflatable dingy for using in the ocean. We were so excited!

The State Parks of Washington and Oregon had provided a wonderful outdoor experience and the dingy had been a very useful addition to "surf the waves" of the coastal locations we chose. Our final destination was planned to be San Diego, at a campsite on the lagoon opposite Coronado Island. We had also planned a stop at Disneyland on the return journey. Arriving early at the campground, we joined the line-up outside the entrance to the registration kiosk, and as my wife looked out of the windshield said she thought she had seen the McDonald girls standing alongside a tent trailer positioned just three vehicles ahead of us. So, she went to explore.

Sure enough, it was the McDonald family!

Once the recognition was made and the laughter had subsided, we registered for our sites in the campground, found our spots and we set up our various items of equipment. These were not close together as we needed different 'hook-ups' but when that was done we started the socializing. The children had inflated the dingy and were busy taking turns paddling around the lagoon while the adults were sitting under the awning, drinking frozen daiquiris, courtesy of our new trailer's fridge-freezer, all the comforts of "Home". What a way to camp!!

After spending three delightful days enjoying the elegant and social entertainment of this location, we arranged to drive, in convoy, to Disneyland, where we spent another couple of days enjoying each others' company and the wonders of the playland. From there we made our separate ways home.

Of our unexpected encounter - we all agreed, that it really is a Small World!



# Through the Lens

Curated by Rick O'Doherty

## Buildings, Structures, and Bridges



Bright River Bridge *by Simon*



The Garden Shed *by Sam*



Bell Tower, Heritage Park, Mission *by Sam*



Gazebo at Tuscan Farms Garden *by Sam*



N. Kanaka Creek, *by Skip* (bridge materials from Expo 86 McBarge )



Guggenheim Museum, Bilbao *by Simon*



# Member Happenings

## At Coffee Morning



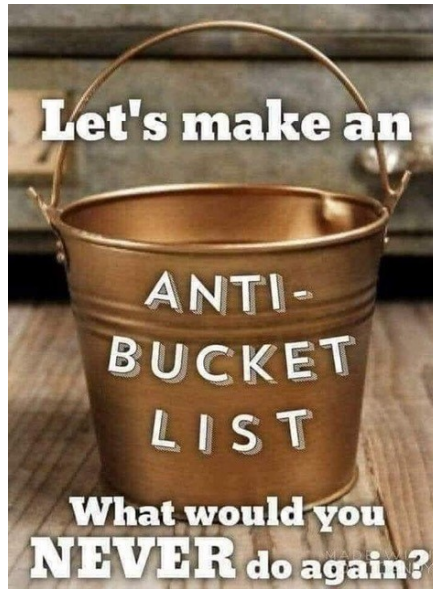
Tilly & Renate, enjoying the 'Mile High Pie'

## Dr. Bee Honeyland Event

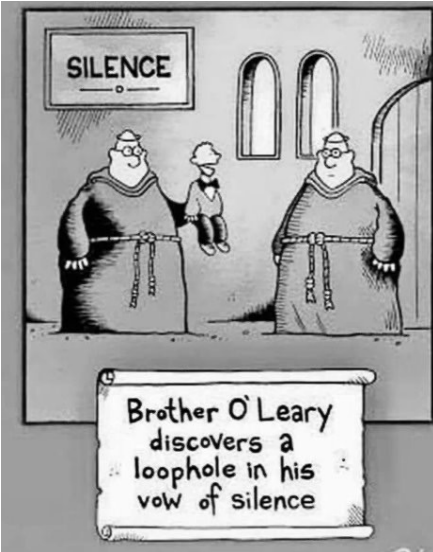
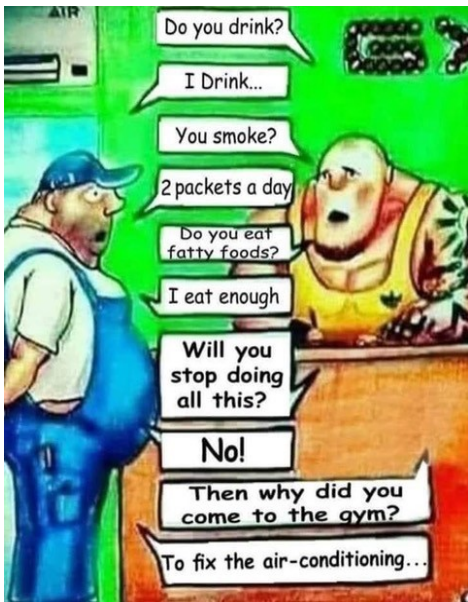




# Monthly Mirth



A photograph of the incredibly rare Scottish Hummingbird



Branch manager and assistant branch manager 😂



So our dog just brought the sprinkler in through his doggy-door. How's your day going?



# Messages, Notices and Information

## Wanted:

Stories for:

**Memory Lane:**

Contact Josine at: eikelenboom@telus.net

Photos for: **Through the Lens**

Contact Rick at: micricgoingplaces@gmail.com

## Probus in-person 'Coffee Morning'

**First Wednesday of the month, at 10am**

**Next meeting: September 6th**

## **Probus Members**

### **General Meeting**

**September 21st, 2023  
Meadow Gardens Golf Club.  
at 10am**

***This is an  
In-Person meeting, contact  
Simon to reserve a seat!***

**simon.modera@gmail.com**

## **Origin of the Phrase:**

### **SHOWBOAT -**

Definition: Someone who is being the life of the party.

Showboats were floating theaters built on a barge that was pushed by a steamboat. These played small towns along the Mississippi River. They were gaudy and attention grabbing, which is why we say a person is "showboating".

## Special Interest Groups

Book Club: *Convenor, Carla Reed*

*Meets 1:30pm, second Tuesday, monthly*

Bridge: *Convenor: Kathleen Spiess*

*Meets, 1:30pm First & third Monday, monthly*

Camping: *Convenor: Michaela O'Doherty*

Computer/Photography:

*Convenor: Simon Modera:*

*Meets, 10am, fourth Wednesday, monthly.*

Crafts: *Convenor, Michaela*

*Meets, 1pm second Wednesday, monthly*

Dining: *Convenors: Marie Slessor/Carla Reed*

*Meets 6pm second Thursdays, monthly*

Dine Away: *Convenor, Michaela*

*Meets 6pm third Tuesdays, monthly*

Discussion: *Convenor, Theo Rathonyi Reusz*

*Meets, 10am first Thursday monthly*

Lunch: *Convenor. Aline Drew*

*Meets, noon last Thursday, monthly*

Table Tennis: *Convenor; Michael Buckingham*

*Meets, Tuesday and Friday mornings, weekly*

Walking: *Convenor, Renate*

*Meets 9am Tuesdays, weekly*

Wine Club: *Convenor: Sam Lewindon*

*Meets, 5pm last Friday, monthly*

Word Weavers: *Convenor, Tracey Lewindon*

*Meets, 2pm second Monday, monthly*

## **"Groaner" of the Month:**

**How much money does a pirate pay for corn?**

**A buccaneer.**



# Probus Club of Maple Ridge



## Management Committee Members

For the period February 16, 2023 to February 15, 2024

<b><u>President</u></b>	<b><u>Sam Lewindon</u></b>
<b><u>Past President</u></b>	<b><u>Skip Johnson</u></b>
<b><u>Vice President</u></b>	<b><u>Simon Modera</u></b>
<b><u>Secretary</u></b>	<b><u>Marie Slessor</u></b>
<b><u>Recording Secretary</u></b>	<b><u>Chris Frandsen</u></b>
<b><u>Treasurer</u></b>	<b><u>Noelleen Modera</u></b>
<b><u>Historian &amp; Archivist</u></b>	<b><u>Carla Reed Bob Grist</u></b>
<b><u>Membership</u></b>	<b><u>Angie Hodgins Kathleen Spies</u></b>
<b><u>Speakers</u></b>	<b><u>Michael Buckingham Dick Drew</u></b>
<b><u>Communications</u></b>	<b><u>George &amp; Jean Crysler</u></b>
<b><u>Member at Large</u></b>	<b><u>Theo Rathonyi Reusz</u></b>
<b><u>Member at Large</u></b>	<b><u>Laurie Freebairn</u></b>

**LINK TO OUR PROBUS WEBSITE**

<https://www.probusclubofmapleridge.org>

**LINK TO THE PROBUS CANADA WEBSITE**

<https://www.probus.org>

**LINK TO THE PROBUS GLOBAL WEBSITE**

<https://www.probusglobal.org>