



## Positive Change Counseling Services

A Professional Corporation of Marriage and Family Therapists  
850 Merchant Street, Suite A  
Vacaville, CA 95688  
(707) 446-8600

### Minor Intake Paperwork

Today's Date \_\_\_\_\_

Referred By \_\_\_\_\_

Please take time to fill out this form. This will aid greatly in providing appropriate therapeutic care for your child.

Name of Child \_\_\_\_\_ Date of Birth \_\_\_\_\_

- Name of parent \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

- Name of parent \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Are there any custody issues? \_\_Yes \_\_No

If so, what are the legal stipulations? \_\_\_\_\_

\_\_\_\_\_

Current school \_\_\_\_\_ City \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship to Client \_\_\_\_\_ Address \_\_\_\_\_

### Current Living Situation

Please circle which of the following best describes your child's living situation.

Rent apartment

Shelter

Rent house

Homeless

Own house

Group home

Foster care

Residential treatment

### Support System

List the household members living in your child's home.

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

List important friends, family members or relatives living outside of your child's home.

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Relationship to you \_\_\_\_\_

**Areas of Concern**

What issues/concerns cause you to seek treatment for your child? Please describe.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did the problems start? \_\_\_\_\_

What would you like your child to achieve in therapy?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any concerns or fears about therapy? \_\_ Yes \_\_ No

If yes, please describe \_\_\_\_\_

**Psychological History**

Name of previous therapist \_\_\_\_\_ Phone \_\_\_\_\_

Dates of treatment \_\_\_\_\_ Focus of treatment \_\_\_\_\_

What was helpful/not helpful about treatment? \_\_\_\_\_  
\_\_\_\_\_

Has your child had psychological testing? \_\_\_\_\_ If yes, by whom? \_\_\_\_\_

Has your child ever had suicidal or homicidal

- Thoughts? \_\_\_\_\_
- Attempts? \_\_\_\_\_

Has your child been hospitalized for mental or emotional problems? \_\_ Yes \_\_ No

If so,

- When? \_\_\_\_\_
- How long? \_\_\_\_\_
- What was the reason? \_\_\_\_\_

Hospital Name \_\_\_\_\_

**Current Medications**

- 1. Name of medication \_\_\_\_\_ Dose \_\_\_\_\_  
Start Date \_\_\_\_\_ Prescribed by \_\_\_\_\_ Phone \_\_\_\_\_
- 2. Name of medication \_\_\_\_\_ Dose \_\_\_\_\_  
Start Date \_\_\_\_\_ Prescribed by \_\_\_\_\_ Phone \_\_\_\_\_
- 3. Name of medication \_\_\_\_\_ Dose \_\_\_\_\_  
Start Date \_\_\_\_\_ Prescribed by \_\_\_\_\_ Phone \_\_\_\_\_
- 4. Name of medication \_\_\_\_\_ Dose \_\_\_\_\_  
Start Date \_\_\_\_\_ Prescribed by \_\_\_\_\_ Phone \_\_\_\_\_

**Medical History**

Has your child ever been diagnosed with a serious illness?

Please describe \_\_\_\_\_

Date of last physical exam \_\_\_\_\_ Physician \_\_\_\_\_ Phone \_\_\_\_\_

Is your child experiencing any medical/physical symptoms you attribute to emotional, or stress-related condition? Please describe \_\_\_\_\_

Are you concerned your child is using alcohol or drugs? \_\_Yes \_\_No

If yes,

- What makes you think so? \_\_\_\_\_
- What has been done to reduce risk? \_\_\_\_\_
- Has law enforcement been involved? \_\_\_\_\_

**Family of Origin History**

Description of your child's relationship with Mother.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Description of your child's relationship with Father.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please describe your child's experience

- At home

---

---

---

- At school

---

---

---

Has your child ever subjected to abuse?  Yes  No

If yes, please describe verbal, bullying, physical, and/or emotional abuse.

---

---

---

Has your child ever been a victim of a violent crime? Please describe.

---

---

---

### Early Development

Were there birthing complications?  Yes  No

If yes, please describe \_\_\_\_\_

Was the baby unwanted by either parent?  Yes  No

Please check any issue that applied to your child in the early years.

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Bed wetting               | <input type="checkbox"/> Head banging                    | <input type="checkbox"/> Rocking              |
| <input type="checkbox"/> Sleeping problems         | <input type="checkbox"/> Grind teeth                     | <input type="checkbox"/> Avoid eye contact    |
| <input type="checkbox"/> Feeding problems          | <input type="checkbox"/> Flapping hands/twirling fingers | <input type="checkbox"/> Using "I" properly   |
| <input type="checkbox"/> Focus on spinning objects | <input type="checkbox"/> Seeming in own world            | <input type="checkbox"/> Tantrums             |
| <input type="checkbox"/> Over cautious             | <input type="checkbox"/> Fearful                         | <input type="checkbox"/> Avoid new situations |
| <input type="checkbox"/> Accident prone            | <input type="checkbox"/> Lack of ability to focus        | <input type="checkbox"/> Poor coordination    |
| <input type="checkbox"/> Avoid new people          | <input type="checkbox"/> Depressed mood                  | <input type="checkbox"/> Nail biting          |

Check any task your child did NOT accomplish at normal age.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Crawl         | <input type="checkbox"/> Dress self            | <input type="checkbox"/> Tie shoes       |
| <input type="checkbox"/> Walk          | <input type="checkbox"/> Ride a bike           | <input type="checkbox"/> First word      |
| <input type="checkbox"/> Feed self     | <input type="checkbox"/> Three-word sentence   | <input type="checkbox"/> Toilet training |
| <input type="checkbox"/> Write legibly | <input type="checkbox"/> Manipulate small toys | <input type="checkbox"/> Puzzles         |

How was your child disciplined by each parent? \_\_\_\_\_  
\_\_\_\_\_

Were there times discipline got out of control?  Yes  No

### Academics

Age of child when entered school \_\_\_\_\_

How did your child react to separating from caregivers to go to school? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Grades

- In elementary school \_\_\_\_\_
- In middle school \_\_\_\_\_
- In high school \_\_\_\_\_

### Identified problems

Has your child been in trouble at school?  Yes  No

If yes,

- Please describe  
\_\_\_\_\_  
\_\_\_\_\_
- When did they begin? \_\_\_\_\_
- What has been done to help? \_\_\_\_\_

Does your child have an IEP in place?  Yes  No

**Other Information**

Spiritual identity/Orientation\_\_\_\_\_

Interests/Hobbies\_\_\_\_\_

Has Child Protective Services ever been involved? \_\_ Yes \_\_ No

Is your child involved with legal problems? \_\_ Yes \_\_ No      If yes, for what?\_\_\_\_\_

**Areas of Concern**

Please check any areas you are concerned about. Check all that apply.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Strange behaviors       | <input type="checkbox"/> Lack of friends          |
| <input type="checkbox"/> Crying a lot       | <input type="checkbox"/> Paranoia                | <input type="checkbox"/> Avoid others             |
| <input type="checkbox"/> Sexual abuse       | <input type="checkbox"/> Destroy things          | <input type="checkbox"/> Lack of attention        |
| <input type="checkbox"/> Obsessive thoughts | <input type="checkbox"/> Learning difficulties   | <input type="checkbox"/> Stealing                 |
| <input type="checkbox"/> Anxiety            | <input type="checkbox"/> Promiscuity             | <input type="checkbox"/> Panic attacks            |
| <input type="checkbox"/> Physical abuse     | <input type="checkbox"/> Hopelessness            | <input type="checkbox"/> Self injurious behaviors |
| <input type="checkbox"/> Weight loss        | <input type="checkbox"/> Suicidal thoughts/plans | <input type="checkbox"/> Vandalism                |
| <input type="checkbox"/> Hot temper         | <input type="checkbox"/> Odd beliefs             | <input type="checkbox"/> Fire setting             |
| <input type="checkbox"/> Gambling           | <input type="checkbox"/> Substance use           | <input type="checkbox"/> Violence                 |
| <input type="checkbox"/> Nightmares         | <input type="checkbox"/> Hyperactivity           | <input type="checkbox"/> Physical problems        |
| <input type="checkbox"/> Worry excessively  | <input type="checkbox"/> Perfectionist           |   |

### Strengths

Please check any areas you consider your child's strengths. Check all that apply.

- |                                      |   |   |
|--------------------------------------|---|---|
| <input type="checkbox"/> Employed    | <input type="checkbox"/> Easy going           | <input type="checkbox"/> Athletic             |
| <input type="checkbox"/> Independent | <input type="checkbox"/> Regularly copes well | <input type="checkbox"/> Structures time well |
| <input type="checkbox"/> Intelligent | <input type="checkbox"/> Caring               | <input type="checkbox"/> Loyal                |
| <input type="checkbox"/> Responsible | <input type="checkbox"/> Honest               | <input type="checkbox"/> Positive outlook     |
| <input type="checkbox"/> Spiritual   | <input type="checkbox"/> Helpful              | <input type="checkbox"/> Artistic             |
| <input type="checkbox"/> Playful     | <input type="checkbox"/> Good looking         | <input type="checkbox"/> A leader             |

Thank you for taking the time to fill out this intake form.

---

Printed Name	Signature	Date
--------------	-----------	------

### Appointment Reminders:

I consent to receive appointment reminders from Positive Change Counseling Services in the following formats (check any/all that apply):

- Email
- Text Message
- Phone Call

---

Printed Name	Signature	Date
--------------	-----------	------